

# Dickson Endurance & Iron Nugget Sprint Triathlons

## Iron Nugget Splits

May 05, 2012

### Results By Endurance Sports Management Endurance Sports Management

Place	Name	Bib	Gend	Pos	Group	Rnk	Time	Pace	T1 Time	Rnk	Time	Rate	T2 Time	Rnk	Time	Pace	Total Time
1	James Slaba	215	M	1	Opn	4	11:48.123:36		1:27.9	1	46:56.2	21.7		1	19:46.6	6:23	1:19:59.0
2	Daniel Trott	230	M	2	Opn	1	10:25.120:50		1:37.0	6	50:52.0	20.1		2	21:31.8	6:56	1:24:26.0
3	Todd Hinton	207	M	3	Opn	6	12:01.224:02		2:01.1	2	48:37.3	21.0		4	22:03.2	7:07	1:24:43.0
4	Douglas Sedivy	203	M	1	Mst	7	12:06.824:12		2:04.5	3	49:30.8	20.6		3	21:33.8	6:57	1:25:16.0
5	Bill Archie	273	M	2	Mst	3	11:33.923:06		1:53.0	7	51:18.5	19.9		5	22:15.5	7:11	1:27:01.0
6	Scott Blackman	213	M	3	Mst	2	11:22.422:44		1:31.4	5	49:56.0	20.4		9	24:54.1	8:02	1:27:44.0
7	David Price	208	M	1	45-49									67	1:30:50.729:18		1:30:50.7
8	Robert Pautienus	220	M	1	35-39	27	14:58.429:56		2:28.0	4	49:55.2	20.4		8	24:25.1	7:53	1:31:46.8
9	Andrea Miller	253	F	1	Opn	13	12:55.225:50		3:00.3	8	51:23.2	19.9		11	25:17.8	8:09	1:32:36.6
10	Shawn Butler	228	M	1	30-34	22	13:31.827:02		1:46.9	16	54:41.2	18.7		7	23:11.0	7:29	1:33:11.0
11	richard tomkins	276	M	1	40-44	5	11:51.323:42		2:02.7	17	54:41.6	18.7		10	25:05.0	8:05	1:33:40.7
12	Melissa Steinhart	257	F	2	Opn	10	12:15.924:30		2:27.2	11	53:26.7	19.1		16	25:57.1	8:22	1:34:07.1
13	Thomas Bryant	225	M	2	30-34	8	12:07.724:14		3:09.6	14	54:22.6	18.8		13	25:25.2	8:12	1:35:05.1
14	Andrew sanchez	234	M	1	25-29	20	13:13.326:26		1:54.6	25	58:23.7	17.5		6	22:50.4	7:22	1:36:22.1
15	Tony Casassa	224	M	2	35-39	37	15:49.631:38		1:18.5	18	55:27.8	18.4		14	25:41.2	8:17	1:38:17.3
16	Thad Beaty	222	M	3	35-39	18	13:08.826:16		2:27.3	21	57:22.4	17.8		15	25:47.3	8:19	1:38:46.0
17	Clint Jordan	236	M	2	25-29	34	15:24.630:48		1:16.9	22	57:23.9	17.8		12	25:18.3	8:10	1:39:23.8
18	Brian Williams	201	M	1	50-54	9	12:12.824:24		3:33.9	15	54:24.5	18.8		29	29:34.1	9:32	1:39:45.5
19	jeff lane	204	M	2	50-54	35	15:27.230:54		2:51.8	13	54:16.5	18.8		21	27:34.3	8:54	1:40:09.9
20	Paul Dorsa	200	M	1	55-59	19	13:10.726:20		2:49.5	12	53:40.7	19.0		34	30:45.4	9:55	1:40:26.5
21	Tal Lefler	221	M	4	35-39	32	15:16.930:32		3:09.4	26	58:28.3	17.4		18	26:05.6	8:25	1:43:00.4
22	Sam Balthrop	226	M	3	30-34	42	16:19.632:38		3:23.0	10	53:15.3	19.2		37	31:28.4	10:09	1:44:26.4
23	Carrie Hunter Roll258		F	3	Opn	24	14:42.129:24		3:01.5	20	57:18.4	17.8		32	29:45.1	9:36	1:44:47.2
24	Rusty Varenkamp	247	M	5	35-39	36	15:46.131:32		3:10.5	24	57:43.3	17.7		24	28:30.5	9:12	1:45:10.5
25	James Richeson IIII240		M	1	15-19	14	13:02.226:04		2:54.4	29	1:01:58.7	16.5		22	27:42.7	8:56	1:45:38.0
26	bill berrell	214	M	2	40-44	29	15:10.630:20		2:55.5	23	57:29.9	17.7		33	30:26.5	9:49	1:46:02.6
27	Todd Gober	209	M	2	45-49	56	18:23.136:46		2:17.1	9	53:08.8	19.2		47	33:41.7	10:52	1:47:30.9
28	Holly Jones	260	F	1	30-34	38	15:50.531:40		2:57.9	31	1:02:50.1	16.2		17	26:02.8	8:24	1:47:41.4
29	Taylor Babb	223	F	1	0-14	23	14:20.228:40		1:17.7	34	1:03:56.9	16.0		25	28:41.1	9:15	1:48:16.1
30	Devin Murphy	237	M	1	20-24	61	18:47.437:34		4:07.1	19	57:11.5	17.8		23	28:11.8	9:05	1:48:18.0
31	Scott Schumann	216	M	3	40-44	30	15:13.730:26		3:26.1	30	1:02:39.7	16.3		20	27:31.0	8:53	1:48:50.7
32	Bryce Aberg	241	M	2	15-19	17	13:08.126:16		2:13.0	32	1:03:16.5	16.1		35	30:48.2	9:56	1:49:25.9
33	Andrew Tate	239	M	2	20-24	16	13:07.826:14		2:44.3	40	1:05:04.4	15.7		30	29:41.1	9:35	1:50:37.8
34	Matthew Webb	227	M	4	30-34	47	17:15.134:30		4:21.5	39	1:05:00.8	15.7		19	27:23.8	8:50	1:54:01.4
35	Judy Aberg	250	F	1	Mst	49	17:35.035:10		2:22.9	28	1:01:25.3	16.6		44	33:14.0	10:43	1:54:37.3
36	Joanna Bivins	272	F	1	35-39	58	18:32.537:04		2:50.5	33	1:03:52.5	16.0		36	30:59.6	10:00	1:56:15.2
37	Laura Mills	252	F	2	Mst	11	12:23.824:46		3:38.5	45	1:07:44.8	15.1		43	32:59.3	10:38	1:56:46.5
38	Sandy Coomer	251	F	3	Mst	57	18:28.236:56		4:34.2	27	1:00:40.0	16.8		46	33:18.5	10:45	1:57:01.0
39	Paul Deem	217	M	4	40-44	28	15:09.730:18		4:37.2	49	1:08:27.0	14.9		27	29:01.3	9:22	1:57:15.3

40	William Kennison	299	M	5	40-44	25	14:42.729:24	4:36.2	35	1:04:13.0	15.9	48	34:39.011:11	1:58:11.1
41	Chris Pastina	205	M	3	45-49	50	17:41.035:22	3:33.2	43	1:05:52.2	15.5	41	31:55.610:18	1:59:02.1
42	Fran McConnell	255	F	1	40-44	41	16:00.732:00	3:39.7	48	1:08:10.8	15.0	39	31:47.210:15	1:59:38.5
43	Michael Jordan	245	M	6	40-44	33	15:21.530:42	3:43.2	51	1:09:07.0	14.8	40	31:54.410:17	2:00:06.3
44	steve delaney	244	M	7	40-44	15	13:06.126:12	4:10.1	36	1:04:53.7	15.7	53	37:58.612:15	2:00:08.7
45	Christine Schmalze	254	F	2	40-44	12	12:36.025:12	4:04.0	50	1:09:01.9	14.8	50	35:08.011:20	2:00:50.0
46	Christina Deehl	264	F	1	25-29	60	18:47.137:34	3:01.0	53	1:11:10.6	14.3	26	28:58.7 9:21	2:01:57.5
47	Matthew Sullivan	233	M	3	25-29	31	15:15.530:30	4:20.5	37	1:04:55.7	15.7	55	38:45.312:30	2:03:17.1
48	Kimberly Allen	275	F	2	35-39	55	18:21.636:42	5:13.7	47	1:07:56.8	15.0	42	32:41.810:33	2:04:14.1
49	bruce heiser	202	M	3	50-54	44	16:38.833:16	3:52.5	46	1:07:45.1	15.1	51	36:23.411:44	2:04:40.0
50	Chris Holt	246	M	6	35-39	62	18:48.137:36	3:38.3	38	1:04:59.7	15.7	54	38:17.112:21	2:05:43.3
51	Emily Tate	266	F	1	20-24	26	14:52.129:44	3:25.3	52	1:09:22.4	14.7	57	38:56.012:34	2:06:36.0
52	Kevin Conrad	211	M	8	40-44	63	19:45.339:30	6:26.3	42	1:05:42.7	15.5	49	34:57.511:16	2:06:51.9
53	guy dotson	206	M	4	45-49	54	17:58.135:56	5:54.1	54	1:12:11.9	14.1	45	33:18.010:45	2:09:22.2
54	Steve Tate	242	M	4	50-54	64	21:02.542:04	2:46.3	44	1:07:00.1	15.2	56	38:46.512:30	2:09:35.5
55	Kathy Grayson	269	F	2	30-34	53	17:57.535:54	5:07.1	59	1:17:41.5	13.1	58	39:05.112:36	2:19:51.4
56	Bret Hoffman	235	M	4	25-29	69	29:27.158:54	4:51.9	58	1:16:26.7	13.3	28	29:23.2 9:29	2:20:09.0
57	Greg Philpott	218	M	9	40-44	66	25:27.850:54	3:24.8	56	1:14:04.0	13.8	52	37:28.612:05	2:20:25.3
58	Erin Jesse	261	F	3	30-34	59	18:43.137:26	5:37.7	60	1:17:45.4	13.1	59	39:31.412:45	2:21:37.8
59	McKight Pete	271	M	10	40-44	43	16:27.332:54	6:16.4	57	1:15:05.9	13.6	64	49:48.916:04	2:27:38.6
60	Sandy Stokes	274	F	3	40-44	52	17:56.535:52	6:43.9	62	1:23:29.6	12.2	60	40:50.013:10	2:29:00.1
61	Paul Putnam	243	M	5	45-49	51	17:50.035:40	4:25.7	65	1:35:31.7	10.7	38	31:44.610:14	2:29:32.1
62	Michael Finnegan	210	M	6	45-49	70	31:47.463:34	5:08.6	55	1:13:30.7	13.9	62	43:51.714:09	2:34:18.4
63	Annalisa Churchill	256	F	4	40-44	67	26:22.952:44	5:25.2	61	1:21:13.9	12.6	63	45:00.014:31	2:38:02.1
64	Dianne Webb	267	F	5	40-44	68	27:53.655:46	5:53.3	63	1:26:01.7	11.9	61	43:49.614:08	2:43:38.4
65	Tammy Flake	265	F	2	25-29	48	17:23.534:46	3:34.6	67	2:00:24.6	8.47	31	29:43.7 9:35	2:51:06.5
66	Molly Miller	249	F	1	65-69	65	24:43.149:26	7:00.7	66	1:35:35.1	10.7	66	54:56.017:43	3:02:15.0
67	natalie mcghee	262	F	4	30-34	39	15:57.231:54	3:50.5	68	2:10:24.4	7.82	65	52:32.016:57	3:22:44.2