



62 Whittier Street
Dover, NH 03820
(603) 742-5804

HOW DOES WHITTIER FALLS “OPEN DOORS TO OPPORTUNITIES”?

1. **21ST Century After School Program at Woodman Park Elementary School.** *Over 100 students are offered a comprehensive activity program from 3-6 pm on school days. Snacks, homework lab, enrichment activities and recreation are delivered by trained professional staff to bridge the gap hours between school and family time at home in the evening.*
2. **Family Self-Sufficiency (FSS)** *Over 80 families are enrolled guided by trained counselors in a structured, resident driven, self-improvement program with an innovative financial incentive. Goals are set and monitored. Graduation from the program includes distribution of the financial incentive to the graduate.*
3. **Seymour Osman Community Center (SOCC).** *Led by a trained professional social worker, the SOCC offers a variety of activities and programs for children and their family members within walking distance.*
4. **Middle School After School Program at the SOCC.** *Americorps and SOCC staff deliver critical educational and enrichment activities for middle school students living at Whittier Falls.*
5. **Berwick Academy Scholarships.** *Deserving young residents are attending Berwick Academy in South Berwick Maine on full scholarships starting in the 4th grade and continuing. Berwick Academy is well-regarded as the oldest private preparatory secondary school in the State of Maine.*
6. **Laughton Family Scholarships.** *Adult learners and college students of Whittier Falls are eligible for financial assistance through the generous annual donations of the Laughton family.*
7. **New Hampshire Housing Authorities Scholarships (Buddy Romano).** *College students who are residents of New Hampshire Housing Authorities are eligible for financial assistance through the Buddy Romano scholarship fund.*
8. **Internet Tablets for neighborhood children.** *Neighborhood children ages 10-14 have free T-Mobile tablets with 2 years of free internet service provided by Whittier Falls as part of a national initiative to bridge the digital divide in public housing.*
9. **Hand in Hand Van.** *Seniors and disabled individuals have access to transportation for medical appointments. (temporarily suspended)*
10. **Meals on Wheels.** *Seniors and disabled individuals at Waldron Towers have access to nutritional meals at lunch 5 days per week.*
11. **Senior/Disabled Van.** *Social trips allow residents to enjoy the world.*
12. **Wellness Programming:** *Seniors and adults with disabilities are encouraged to participate in physical and mental health workshops.*
13. **REAP (Resident Education and Prevention).** *Four free mental health session to each resident dealing with depression, substance abuse, or other mental health issues.*



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14. **Community Meals at the SOCC.** *Timely meals are offered by community groups for families who may be hungry.*
15. **Community Policing.** *A dedicated staff member of the Dover Police Department is available to address the needs and concerns of residents.*
16. **USDA Commodities Distribution.** *Seniors and individuals with disabilities have access to quarterly, free distribution of nutritious food.*
17. **Rotary Club Back Pack and Boot Programs.** *Young residents are challenged to meet expectations to earn a free back-to-school backpack donated by the Rotary Club; shoe and boots are offered to all students.*
18. **Summer Camps.** *Fun and engaging educational and enrichment activities and field trips for young residents*
19. **Summer Breakfast/Lunch.** *Free breakfast and lunch are offered to Whittier Falls children.*
20. **Summer Reading.** *Students are engaged in the wonders of reading while on summer recess.*
21. **PAWS clinic.** *Cost effective monthly veterinary care by Vet Tech UNH students under the supervision of a licensed veterinarian*
22. **Farmers Market Transportation.** *Residents are transported by bus/van to shop at local markets*
23. **Community Gardens.** *Fresh vegetables are grown (and eaten!) in the neighborhoods; additional benefits for SNAP recipients.*
24. **Self-Improvement Adult classes.** *Important classes are offered. Example: Basic computer course for adults.*
25. **Pathways to Home Ownership.** *Habitat for Humanity; Regency Mortgage Planning NH Community Loan Fund and Bean Realty Group consults by Barry Pallet are available for groups and individuals.*
26. **Newsletter for families.** *Community news is hand delivered each month.*
27. **Family Fun Events.** *Bike Parade, Family Egg Hunt, Parade Float and Family baseball trips*
28. **Hoops, climbing and slides.** *Neighborhood basketball court and playground.*
29. **Holiday Food Baskets.** *The Dover Police meet a need at an important time of the year.*
30. **SOCC events center.** *Available for events, birthday parties, baby showers and more*
31. **Whittier Falls Track Club.** *Exercise is for everyone.*
32. **Public Charter School.** *CATA in the neighborhood (Cochecho Arts and Technology Academy)*
33. **Recovery education.** *The opioid crisis is in every neighborhood.*
34. **“Housing with a Heart”.** *Snow removal for senior cars, late office hours, extra help for HCV voucher holders, individual meetings for re-certifications, Listening Tour, 24/7 maintenance staff availability, and a smile and help for new applicants are all part of Whittier Falls.*