

FEVER

“Sometimes the smallest things take up the most room in your heart.”

– Winnie the Pooh



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Fever Resources

Fever Fears: A Guide to Treating Fever in Children

<http://www.parents.com/health/fever/fever-fears-a-guide-for-treating-fever-in-children/>

Treating Fever: Comfort is your goal!

http://www.tylenolprofessional.com/assets/patient_education/pediatrics/english/children-fever-tips.pdf

Fever Facts

- Fever is one of the most frequent complaints for which parents seek medical attention
- Fever is the way our bodies fight off infection
- Treat your child's behavior NOT the number on the thermometer
- Try cool baths before fever reducers
- Fever doesn't always have to be feared or treated
- Fever is a temperature >100.4 F, taken rectally
- Fever under 3 months of age warrants immediate medical attention
- In children 3 months to 6 months of age seek medical evaluation if temperature >101 F
- Children 6 months and up seek medical attention if fever > 103 F or if shows signs of dehydration, pain or trouble breathing



DID YOU KNOW?

MYTH: ALL fevers are bad for children

FACT: Fevers turn on the body's immune system. Fevers are one of the body's protective mechanisms.

Most fevers between 100°F and 104°F (38°C to 40°C) are good for sick children and help the body fight infection.