



Throughout the course of American History, courageous men and women have taken up arms, to secure, defend and maintain these core principles upon which our Nation's freedom depends.

George W. Bush

Thank you for your service and Sacrifice

SCENIC HILLS SENIOR CENTER PRESENTS



David Church

Saturday, December 2, 2017

Doors open @ 4:30. Performance Begins @ 6:30

TICKETS ARE \$15.00 IN ADVANCE—ON SALE NOW
& Include a Lasagna Dinner with Drink & Dessert
OPEN SEATING. SEATING IS LIMITED.

Traditional "retro" country music artist, David Church has been featured on RFDTV for over 10 years and is the "most requested" artist. He is featured on the TV show, "Midwest Country" on primetime Saturday nights. From college students to great grandparents the impact of his "roots/retro" music brings a connection that crosses generations.

David was born and raised in Lancaster, OH. The youngest of 14, David grew up surrounded by country music and bluegrass. His father taught him to play the 5 string banjo and David has played at local barn dances and picnics, where he performed some of the songs by artists such as Uncle Dave Macon, The Carter Family, Jimmy Rodgers, Hank Williams and Bill Monroe.

David has gained attention from the mega music website, "Reverbnation". Reverbnation features over 2.9 Million artists all over the world. His original song, "The Old Red White & Blue" rose to #8 on the national charts & "I Don't Live In Lonely Anymore" rose to #20 on the national charts.



REMINDERS THAT WE ARE CLOSED ON THE FOLLOWING DATES:

November 7—Tuesday	November 10—Friday	November 23 & 24—Thursday & Friday
December 25 & 26—Monday & Tuesday	January 1 & 2—Monday & Tuesday	

DAILY ACTIVITIES AT THE CENTER

EXERCISE ROOM, WII GAMES & BILLIARDS ARE AVAILABLE THROUGH OUT THE DAY

MONDAYS:

10:00 Strength & Balance Class (1st , 3rd & 5th Mondays)
 10:00 Chair Yoga (2nd & 4th Mondays)
 1:00 Line Dancing



TUESDAYS:

9:00 Chair Volleyball
 10:45-11:30 *Free Blood Pressure 3rd Tuesday Only.*
 12:00 Free Bingo (1-HVCH, 2-SAM FM , 3-The Laurels, 4-Citizen's Bank
 5 Tuesday First Settlement Physical Therapy
 12:45 Chair Volleyball



WEDNESDAYS:

10:00 Fellowship/Devotional Group
 11:30 Senior Chorus Practice
 10:45-11:30 *Free Blood Pressure Last Wednesday Only*
 1:00 Tai Chi \$2.00 per class

THURSDAYS:

MAKE A NOTE: On the FIRST Thursday of the month, the center does not open until 9:30 am.

9:00—10:30 Chair Volleyball
 10:45—11:30 *Free Blood Pressure (2nd & 4th Weeks Only)*
 11:00 Chess Club
 12:00 Free Bingo (1-Hickory Creek, 2-Caretenders, 3-Carlin House, 4-Logan Care
 & Rehab, 5th week-FPS)
 1:00 Chair Volleyball
 3:30 Line Dancing—Free (*Donations welcome*)



FRIDAYS:

9:00 Pinochle Cards
 10:00 *Fit4Life Class—Danielle Arnett*
 12:00 Progressive Euchre
 5:00 *Last Friday of Month: Carry In*



EVENTS IN NOVEMBER

- ♦ **SATURDAY, NOVEMBER 4**—Spaghetti Dinner 4-6:30 pm
- ♦ **TUESDAY, NOVEMBER 7**—Election Day. Building Closed to Activities
- ♦ **FRIDAY, NOVEMBER 10**—Closed in Observance of Veterans Day
- ♦ **MONDAY, NOVEMBER 13**—Veterans Pinning @ 11:30 am
- ♦ **THURSDAY, NOVEMBER 16**—Thanksgiving Luncheon @ Old Dutch (SOLD OUT)
Building Closed .
- ♦ **THURSDAY & FRIDAY, NOVEMBER 23 & 24**—**CENTER CLOSED.** Happy Thanksgiving
- ♦ **MONDAY, NOVEMBER 27**—Foot Care Clinic & OSHIP Here (Appointments required.)
- ♦ **TUESDAY, NOVEMBER 28**—Nutritional Bingo & Chair Volleyball with the Nursing Students from Hocking College.
- ♦ **TUESDAY, NOVEMBER 28**—Southeastern Ohio Legal Service here 12:30—3:30 pm
***Call 1-800-686-3668 for Appointment.**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
WEEKLY	10AM STRENGTH & TONE CLASS/YOGA 1PM LINE DANCE	9AM CHAIR VOLLEYBALL 12PM FREE BINGO 12:45PM CHAIR VOLLEYBALL	10AM FELLOWSHIP GROUP 11:45AM CHORUS PRACTICE	9AM CHAIR VOLLEYBALL 11AM CHESS 12P FREE BINGO 12:30 CHAIR VOLLEYBALL 3:30PM LINE DANCE	9AM PINOCHLE 10:00 FIT4LIFE 10AM BILLIARDS 12PM PROGRESSIVE EUCHRE	Check for Special Meals.
			1	2 Center Opens 9:30am	3	4 Spaghetti Dinner 4-6:30pm
5 Daylight Saving Time Ends.	6	7 Election Day Building Closed 	8	9 PERI 1:00pm	10 Closed Veterans Day	11
12	13	14	15	16 THANKSGIVING LUNCH OLD DUTCH	17	18
19	20	21	22	23 CLOSED 	24 Center Closed	25
26	27 *Footcare Clinic *Open Enrollment *Health Talk	28 Nutritional Bingo with Nursing Students! SEOLS	29	30	<div> <p>When autumn darkness falls, what we will remember are the small acts of kindness: a cake, a hug, an invitation to talk, and every single rose. These are all expressions of a nation coming together and caring about its people.</p> </div>	

Photos from Senior Day at the Fair



EVENTS IN DECEMBER

- Saturday, December 2- Dinner & Performance—Musician & Singer David Church (Reservations Required)
- Friday, December 8— Carry In @ 5 pm with the Logan Middle School Choraliers
 - Friday, December 15—Open House with Senior Chorus
- Thursday, December 21—Hocking County Children's Chorus @ 2 pm.
- Monday & Tuesday December 25 & 26 Merry Christmas—Center Closed
 - Thursday, December 28—Health Talk @ 11:30 am
 - Monday & Tuesday, Jan. 1 & 2—Center Closed



Sun	Mon	Tue	Wed	Thu	Fri	Sat
WEEKLY	10AM STRENGTH & TONE CLASS 1PM LINE DANCE	9AM CHAIR VOLLEYBALL 12PM FREE BINGO 12:45PM CHAIR VOLLEYBALL	10AM FELLOWSHIP GROUP 11:45AM CHORUS PRACTICE 1PM TAI CHI	9AM CHAIR VOLLEYBALL 11AM CHESS 12P FREE BINGO 12:30 CHAIR VOLLEYBALL 3:30PM LINE DANCE	9AM PINOCHE 10:00 FIT4LIFE 10AM BILLIARDS 12PM PROGRESSIVE EUCHRE	Check for Special Meals.
					1	2 Special David Church
3	4	5	6	7 Open @ 9:30am	8 5pm Senior Christmas Carry in	9
10	11	12	13 HCCOA 1p	14	15 Christmas Open House 10a-2p	16
17	18 Deadline for Donations	19 Ugly Christmas Sweater Day	20	21 Winter Solstice HC Children's Chorus 2pm	22	23
24	25	26 CLOSED	27	28 Health Talk 11:30am	29	30
31	1 CLOSED	2 CLOSED	Happy New Year!			



Winter Solstice marks the beginning of winter and is the shortest day of the year. On this day, it seems as if the nighttime darkness lasts all day and all night. At the North Pole, the sun never rises on this day.

This will continue until late in winter, as the longer daylight hours at that point begin to have a net warming affect. But for now, heat up a cup of hot chocolate and put another log on the fire! Winter will be here for a while.

HAPPY BIRTHDAY TO OUR FRIENDS

Linda	Columber	11/1	Glen	Whittington	11/22	Deborah	Thrush	12/18
Todd	Hinerman	11/1	Joan	Fink	11/23	Janice	Winters	12/19
Jane	Howard	11/1	Audrey	Garren	11/23	Corene	Callender	12/19
Ralph	Ogle	11/1	Jean	Newton	11/23	Donald	Daubenmire	12/21
Sandra	Ogle	11/1	Milissa	Uhl	11/23	Valerie	Daubenmier	12/22
Rosemary	Hampton	11/2	Alicia	Coffill	11/24	Debbie	Dodd	12/22
Ken	Wilson	11/2	Mary	Giffin	11/25	Darrell	Smith	12/22
Bonnie	Thompson	11/3	Clark	Truax	11/26	Marcia	Hynus	12/24
David	Harkins	11/3	John	Bond	11/27	William	Emrick	12/26
Dixie	Roukie	11/3	Larry	DeBerry	11/28	Barbara	Carrier	12/27
Dorothy	Sloan	11/3	Brandy	Stamper	11/28	Lynk	Caldicott	12/27
Tamara	Turner	11/3	Harold	Johnson	11/29	Christine	Risch	12/28
Floretta	Johnston	11/4	Wayne	Courtney	11/30	Becky	Todd	12/28
Roy	Stahr	11/4				Sharon	Smith	12/29
Carolyn	Lewis	11/5	Irene	Davis	12/1	Jim	Iles	12/29
JoAnn	Roop	11/5	Bob	Stamper	12/1	Irmgard	Warthman	12/29
Lelia	Spicer	11/5	Jeri	Smith	12/3	Lori	Gee	12/30
Beverly	Hemsworth	11/6	George	Saines	12/4	Crystal	Brown	12/30
Shan	Brown	11/7	Ron	Arnett	12/5	Jack	Roberts	12/30
Shirley	Durst	11/7	Georganne	Daubenmire	12/5	Janet	Kaising	12/31
Diana	Hawk	11/7	Roger	Hedges	12/6			
Art	Smith	11/7	Laura	Brooks	12/6			
Sue	McBroom	11/7	Christine	Glenn	12/6			
Charlotte	Sampson	11/7	Brenda	Malone	12/7			
Norma	Kessler	11/9	Jo Anne	Conkle	12/8			
Becky	Smith	11/10	Diana	Mallon	12/8			
Martha	Wright	11/10	George	Brown	12/9			
Sharon	Frazier	11/11	Ardith	Ralph	12/9			
Rita	Boyle	11/12	Lois Ann	Tolbert	12/9			
Theresa	Laster	11/12	Joyce	Schultheiss	12/10			
George	Wolfe	11/13	William	Cantrell	12/11			
Barbara	Riddlebarger	11/13	Karolyn	Brown	12/12			
Betty	Brooks	11/14	Joan	Cook	12/12			
Carolyn	Wallace	11/14	James	Helber	12/12			
Judith	Miller	11/16	Robert	Lindsey	12/12			
Judy	Bloomquist	11/16	Pam	Nelson	12/12			
Sue	Hinerman	11/16	Kerry	Looney	12/13			
Lynda	Mellinger	11/16	Jeff	Riddlebarger	12/13			
Mike	Krumlauf	11/17	Edna	Wilson	12/13			
Sharon	Loudermilk	11/17	Harry	Nihiser	12/14			
Nita	Wollet	11/18	R Joyce	Hooper	12/14			
Delmar	Columber	11/19	Thelma	Adair	12/15			
Melvena	Wolfe	11/19	Bill	Bowers	12/15			
Stephanie	Robinson	11/20	Don	Sigler	12/15			
Cheryl	Pickett	11/21	Donald	Cather	12/16			
Charlie	Faulkner	11/21	Carla	Dicken	12/17			
Anita	Lindsey	11/21	Lawrence	Ellinger	12/17			
James	Grover	11/22	Elaine	Hart	12/17			



BIRTHDAYS ARE CELEBRATED AT THE FRIDAY NIGHT CARRY IN

(Held @ 5:00 pm the last Friday of
the month.)

Flowers are donated by Krogers

Cake provided by Fairhope Hospice
& Palliative Care

In Memoriam of our Friends

Clyde Campbell

May 7, 1942 —Sept. 4, 2017

Carroll McMillen - Oct. 18, 2017

NOVEMBER & DECEMBER

Veterans Pinning Ceremony



Scenic Hills Senior Center and FairHope Hospice & Palliative Care are honoring the Veterans of SHSC on Monday, Nov. 13 @ 11:30am for a pinning ceremony.

***Please call the office with the name of the veteran & Branch of Service, who will be attending by Monday, Nov. 06.*

***SPECIAL GUEST SPEAKERS**

Following Ceremony Please stay for Refreshments

All are welcome to attend.



MONTHLY CARRY-IN

December 8 @ 5:00 pm.

Guests: Logan Middle School



☐ Thank you to Kroger's for the flowers and to Fairhope Hospice for the Birthday Cake.

☐ There will be no Friday Night Carry-In during the months of January & February.

**SATURDAY, NOVEMBER 4
SPAGHETTI SUPPER 4:00—6:30 pm**

Menu:

Spaghetti with Meat Sauce,
Cottage Cheese or Salad,
Garlic Bread, Drink &
Dessert



Suggested Donation \$8.00

Kids 12 & under \$4.00

**LAURELVILLE SENIOR CENTER
16184 MAPLE ST, LAURELVILLE, OH 43135
November 15—Health Fair 10a-1p
December 20 — Musician/Singer Mike Sigler @ 11:00am
Lunch Following**



CHRISTMAS OPEN HOUSE

***Friday, December 15th
@ 10:30 am***



***Senior Chorus Christmas
Concert @ 10:30 am***

**Light Luncheon @ 11:30 am
Free Bingo to Follow**

***Food Sponsored by
Logan Care and Rehabilitation***



HEALTH & WELLNESS

Tuesday, Nov. 28th @ 9:00 am



NUTRITIONAL BINGO!

The Hocking College Nursing Students will be here to challenge us in Chair Volleyball and play Nutrition Bingo.



You won't want to miss this!

Thursday, December 28 @ 11:30 am

Jeremy Young from Hocking County EMS will be here speaking on the following topic:

Sepsis, Blood Infections & the Dangers associated with them.

Sepsis in adults is a serious condition that can look like flu, gastroenteritis or a chest infection.

Learn Recognition, Prevention and Reducing

MEDICARE PART D – OPEN ENROLLMENT OCTOBER 15 – DECEMBER 7, 2016

IF YOU DO NOT ENROLL IN A PART D PLAN during this enrollment period you would be without a Medicare prescription drug plan for the following year or may be stuck with your current plan that has changes that are not in your best interest.

Certified trained Ohio Senior Health Insurance Program (OSHIP) volunteers will be at the senior center on: **NOV. 6, NOV. 27 & DEC. 4 (9:00 AM—4:00 PM)**

Please call 385-6581 to schedule an appointment.

MEDICARE PART D



Rick Wagner with Wagner insurance agency offers Medicare insurance plans from the majority of the insurance carriers in the area. Rick will be here on **Nov. 8 and 9 from 9—11 am.**

During this time, he will be reviewing new plans now available in Hocking County, along with answering questions, offering some tips on plans, and/or making appointments.

For additional information call Rick @ 614-203-3158.



As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them. -John F. Kennedy

MONTHLY (FREE) BLOOD PRESSURE SCHEDULE Time for all 10:45—11:30 am.

2nd THURSDAY:

3rd TUESDAY:

4th THURSDAY:

LAST WEDNESDAY:

Sponsored by **Care Tenders Visiting Nurses**

Sponsored by **The Laurels of Athens**

Sponsored by **Logan Care & Rehabilitation**

Blood Sugar & BP sponsored by **Fairhope Hospice**



Literature from our Bingo Sponsors can be found in our lobby.

SCENIC HILLS SENIOR CENTER PRESENTS THE FOLLOWING TRIPS:

SCENIC HILLS SENIOR CENTER PRESENTS CALIFORNIA COASTAL WITH PRINCESS CRUISES® ON THE RUBY PRINCESS® 9 DAYS / 8 NIGHTS ~ NOVEMBER 2 – 10, 2018

DAY	PORT	ARRIVE	DEPART
1	Depart for Los Angeles California. Arrive and check in at the Universal Hilton Hotel. You'll have time to visit Universal Studios on your own. (Your hotel property adjoins the studio.) A back lot tram ride would be a great way to see movie sets and more.		
2	Check out by 9am. Enjoy a morning guided tour of Los Angeles, including Hollywood and the Walk of the Stars. Board the Beautiful Ruby Princess by 1pm.		
2	Los Angeles, California		4:00 pm
3	At Sea		
4	San Francisco, California	7:00 am	11:00 pm
5	Monterey, California (Tender Required), (Wheelchair Access Limited)	7:00 am	6:00 pm
6	At Sea		
7	San Diego, California	8:00 am	11:00 pm
8	Ensenada, Mexico	8:00 am	5:00 pm
9	Los Angeles, California	6:15 am	

Inside Cabin Category	IC	\$2,241
Outside Cabin Category	OC	\$2,451
Balcony Cabin Category	BC	\$2,551

Rates are per person, double occupancy, and include roundtrip airfare from Columbus, 1 pre-night with city tour, cruise, port charges, government fees, taxes, and transfers to/from ship. PRINCESS CRUISES HAS ADVISED THAT ALL AIR PRICES ARE SUBJECT TO CHANGE AND ARE NOT GUARANTEED UNTIL FULL PAYMENT HAS BEEN RECEIVED.

*****PASSPORT REQUIRED*****

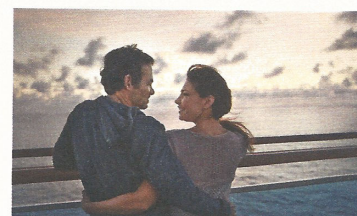
DEPOSIT POLICY: An initial deposit of \$305 per person double occupancy or \$610 per person single occupancy is required to secure reservations and assign cabins. Final balance is due July 20, 2018. **Those who book early get the best prices, the best cabin locations, and their preferred dining times.**

**FOR RESERVATIONS OR MORE INFORMATION PLEASE CONTACT
MARJIE MOORE ~ 740-385-6581 or click here to sign up**

6/26/18GS



Escape to breathtaking ocean views,
fresh, local flavors and the chance
to see someone you love
in awe of the world again.




PRINCESS CRUISES
come back new®

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SENIOR SERVICES



Scenic Hills Senior Center is proud to be an official site for Medicare Enrollment. Marjie Moore, Executive Director is a certified OSHIIP Counselor. Open Enrollment begins in October 2017.

- ♦ **NOTARY PUBLIC SERVICE:** Scenic Hills Senior Center offers a free notary public service. Please call ahead to make an appointment. 740 385-6581. You must bring a form of identification: Driver's license, Birth Certificate, Passport or ID issued by an employer.
- ♦ **SENIOR NUTRITION CENTER:** Scenic Hills Senior Center is a Congregate Meal Site for the Meals-On-Wheels Program. They serve a well-balanced meal for seniors age 60+ Monday thru Friday @ 11:00 am. Please call HAPCAP at **740 385-6813 to reserve your lunch.**

SOUTHEASTERN OHIO LEGAL SERVICES — FREE LEGAL SERVICE TO SENIOR CITIZENS
An Attorney from Southeastern Ohio Legal Services will be at Scenic Hills Senior Center to offer assistance to senior citizens on **NOV. 28. PLEASE CALL THEIR OFFICE TO SCHEDULE AN APPOINTMENT 1 (800) 686-3668**

Medical Transportation

Scenic Hills Senior Center provides out of county medical transportation to Athens, Fairfield, and Franklin Counties and locations in Circleville and Chillicothe.

Local Transportation is available to and from our center and to local medical appointments.



Homemaker & Alzheimer's Respite Care

Respite care provides caregivers a temporary rest from caregiving, while the person with Alzheimer's continues to receive care in a safe environment.

Homemaker Services

Homemaker services provide assistance to individuals who are unable to perform day to day household duties such as light housekeeping and laundry.

Senior Services listed are funded by:

Title IIIB administered by the Ohio Department of Aging through the Area Agency on Aging 8, the 317 Board, United Way, Donations, Local Levy Dollars. Scenic Hills Senior Center is a 501(c)3 Non-Profit.

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SPECIAL NOTICE

COMMUNICATION CORNER On Tuesday November 7th the center will be closed to all activities and meals. Scenic Hills Senior Center is now a Polling Place in Hocking County.



Seniors Helping Seniors Please Help Scenic Hills Senior Center in Brightening Christmas for some of our elderly and isolated seniors. *During the month of November thru December, there will be a Collection Box in the lobby to donate items for 10 Gift Baskets.*



We are collecting hams & turkeys, and 10-\$25.00 Gift cards from Kroger's or Walmart. *Other Suggested items for the baskets are: Gloves, socks, toiletries, paper products, game books, puzzles, playing cards, cereal, canned food & other non-perishable items.*

DEADLINE FOR DONATIONS IS MONDAY, DEC. 18TH.



Raffle Tickets are available for the beautiful hand pieced, hand quilted full size quilt.

\$1.00 each or 6 tickets for \$5.00

The Drawing will be held at the Thanksgiving Luncheon on 11/16



Volunteer



WITH APPRECIATION!!

Recognizing Kevin Canan, member, who has been a regular volunteer at our Fish Fry Fundraisers!



*Our Chinese Auction was a great success! We'd like to give a **Big Thank You** to Ruth Bowling for her dedication and hard work in soliciting gifts to raffle off and putting this Auction together.*



IT'S THAT TIME AGAIN!

Time for Ken & Sue Wise's Delicious Peanut Brittle.

\$5.00 per bag (Approx. 1lb). Can be purchased at the Senior Center! All supplies are donated and the proceeds from the Candy Sales are generously donated to the Senior Center.

Serving Older Americans, 50+ years old of Hocking County, Ohio



187 S. Spring St/, Logan, OH 43138

Executive Director: Marjorie Moore

Program Supervisor: Loretta Kemper

Fiscal Officer: Brandy Stamper

Office Clerk: Janet Blair

Event & Program Coordinator—Tina Koska

Maintenance: Dave Beck

Phone: 385-6581 , Fax: 385-3548

www.scenichillsseniorcenter.com

During November & December, it is the time to be thankful, a time to remember and to embrace those who enrich our lives. Here at Scenic Hills Senior Center, Marjie Moore and the staff are thankful for all our sponsors, volunteers and each and everyone of you.



Hocking County

Gateway to Ohio's Scenic Wonderland

Jeff Dickerson
County Commissioner

1 East Main St.
Logan OH 43138

740.385.5195

Email: commissioners@co.hocking.oh.us



HOCKING HILLS
BANKING CENTER

A member of the VCNB financial family

Autumn I. Warthman

Officer In Charge

Phone: 740.380.9542 • 1.800.542.5004 • Fax: 740.380.0443
autumn.warthman@vintoncountybank.com

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LAURELS
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A Skilled Nursing and Rehabilitation Center

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and Rehabilitation