

TITLE OF COURSE:**NCLEX-RN CONTENT REVIEW AND TESTING PREPARATION****INSTRUCTOR:** Prof. Claudia Petty Romero, MSN, MEd, RN**DURATION OF COURSE:** The intensive course consists of five 6-hour classes**DESCRIPTION:** This content review and testing strategies course is an all-inclusive program designed to equip the graduate nurse with the theoretical content and essential testing strategies necessary to pass the National Council Licensure Examination for Registered Nurses (NCLEX-RN).**OBJECTIVE OF COURSE:**

The objective of this NCLEX-RN review course is to provide an avenue for successful test preparation in order to pass the NCLEX-RN examination.

METHOD OF INSTRUCTION:

The course will use the Nursing Process as the fundamental framework to guide the selection of care for the client with physiological and/or psychosocial health variants. Critical thinking exercises and group activities will be practiced in order to enhance the students' professional nursing judgment and to facilitate the selection of the appropriate NCLEX-RN responses to test questions. Testing strategies, including decision support system (DSS) algorithms, will be employed to direct the graduate nurse's choices during the examination experience. Within these established structures the graduate nurse will be able to validate clinical situations as presented in the NCLEX-RN test questions, identify solutions to problems, and make appropriate decisions related to the care of the client. Principles of professional nurse management, delegation, and collaborative care will be emphasized to clarify the expanding role of the generalist nurse as practiced in the United States.

The course activities will include lecture, handouts, textbook review, clinical scenarios, and team activities as didactic materials to guide the graduate nurse in the management of the nursing care of the neonate, child, adolescent and adult client-systems.

BACKGROUND OF INSTRUCTOR:

Prof. Claudia Petty Romero, MSN, MEd, RN has been a professor of nursing science in California and Puerto Rico for more than twenty-five years. She possesses Master's degrees in Nursing Education and Nursing Informatics and has devoted the last six years to teaching the NCLEX-RN review in the Caribbean to non-native English speaking graduate nurses.

NCLEX-RN CONTENT REVIEW AND TESTING PREPARATION

DIDACTICS

The course is presented in four sections

Part 1: An overview of the specifics of the NCLEX-RN examination

Part 2: Nursing content in the nursing specialty areas of care of the adult, psychiatric care, maternal-neonatal care, and care of the child, including pharmacology and laboratory and diagnostic testing review as well as pathophysiology of selected disorders most commonly encountered during the NCLEX-RN examination.

Part 3: Test taking strategies including decision support algorithms to guide answer selection.

Part 4: Intensive review of questions with rationales including alternative format questions (select all that apply, drag and drop, identify the area, fill-in-the-blank, chart/exhibit) and all NCLEX-RN client needs categories and subcategories:

1. Safe and effective care environment
 - 1.1 Management of care
 - 1.2 Safety and infection control
2. Health promotion and maintenance
3. Psychosocial integrity and the
4. Physiological integrity
 - 4.1 Basic care and comfort
 - 4.2 Pharmacological and parenteral therapies
 - 4.3 Reduction of risk potential
 - 4.4 Physiological adaptation

NCLEX-RN CONTENT REVIEW AND TESTING PREPARATION

ITINERARY

- Day 1:** Explanation of the NCLEX-RN examination process and computer adaptive testing (CAT)
Nursing content: The Nursing Process Review
BREAK
Nursing content: Laboratory value assessment
Nursing content: Pharmacology and Drug calculation review
Critical Thinking scenarios in pharmacology
Practice questions with review of rationales
- Day 2:** Nursing content: Equipment management in patient care delivery
Nursing content: Adult care of specific disorders, causes, assessment findings, diagnostic tests results, nursing diagnoses, treatment, nursing interventions with rationales
BREAK
Introduction to test taking strategies
Introduction to decision support systems (DSS) algorithms
Critical Thinking scenarios in adult care
Practice questions using DSS with review of rationales
- Day 3:** Nursing content: Maternal-neonatal and care of the child with specific disorders. causes, assessment findings, diagnostic tests results, nursing diagnoses, treatment, nursing interventions with rationales
BREAK
Critical Thinking scenarios in Maternal-neonatal and care of the child
Practice questions using DSS with review of rationales
- Day 4:** Nursing content: Psychosocial care of specific disorders, causes, assessment findings, diagnostic tests results, nursing diagnoses, treatment, nursing interventions with rationales
Nursing content: Professional Issues in nursing Leadership and management and Law and Ethics
BREAK
Critical Thinking scenarios in Psychosocial care and professional issues
Practice questions using DSS with review of rationales
- Day 5:** Critical Thinking scenarios in all care needs categories
Practice questions with emphasis on test taking strategies and DSS
BREAK
Mock NCLEX-RN Exam (100 questions)
Study tips and time management before the actual NCLEX-RN exam.

RECOMMENDED: NCLEX-RN Review Made Incredibly Easy (Lippincott)
Taber's Cyclopedic Medical Dictionary (Davis)
Nursing Drug Handbook (Lippincott)