

SECOND STORY STUDIO CLASS SCHEDULE

Last revised 091119 / 11:45 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	8:15-9:05 am FUNdamental Fitness* <i>Jen Hoeft</i>	9:00-10:30 am Adult Ballet* <i>Donna Carver</i>	8:15-9:05 am FUNdamental Fitness Fitness* <i>Jen Hoeft</i>	9:00-10:30 am Adult Ballet* <i>Donna Carver</i>	8:15-9:05 am FUNdamental Fitness* <i>Jen Hoeft</i>	9:00-10:15 am Mindfulness Yoga* <i>Leslie Matthews</i>
	9:30-10:45 am Slow Flow Yoga* <i>Mary Thorstad</i>					10:30-11:50 am Adult Ballet* <i>Donna Carver</i>
	<u>Fall 2019</u> 12:30-1:15 pm Nashville Theatre School <i>See NTS website for details</i>		2:00-3:00 pm Private Lessons* <i>Carrie Gerow</i>			1:00-1:45 pm Teen Jazz
4:30-5:30 pm Gentle Flow Yoga* <i>Jen Hoeft</i>	2:00-3:30 pm Private Lessons* <i>Carrie Gerow</i>		<u>Fall 2019</u> 4:00-6:00 pm Nashville Theatre School <i>See NTS website for details</i>	<u>Fall 2019</u> 5:00-7:30 pm Nashville Theatre School <i>See NTS website for details</i>	5:30-7:00 pm Private Lessons* <i>Carrie Gerow</i>	
5:45-7:15 pm Private Lessons* <i>Carrie Gerow</i>	6:30-8:00 pm Teen Ballet <i>Marci Murphree</i>					

Class pricing for those marked with an asterisk (*) are set by individual instructors. Details can be found on the SSS website.

CHECK THE WEBSITE FREQUENTLY FOR CLASS UPDATES.