



January 2021

1423 S Hastings Way
Eau Claire, WI
In Studio & Virtual
Purefitness4you.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
In Studio, Live Streaming and On Demand	NEW Classes – Hip Hop Step and FIT Reboot	Shoes are needed for all Step classes.			1 New Years Day	2 PiYo Express 8am Step Express 8:35am
3 Fusion Flow 8am	4 PiYo 9am Kettles 5:30pm	5 Yoga HIIT 5:45am Yoga Fusion 9am Step 5:30pm	6 PiYo 9am FIT Reboot 4:50pm Iron Flow Exp 5:30pm	7 Sculpt 9am Pound Express 4:50pm Hip Hop Step 5:30pm	8 Step Express 5:45am	9 PiYo Express 8am Kettles 8:35am
10 Mobility Flow 8am	11 PiYo 9am Kettles 5:30pm	12 Booty Blast 5:45am Iron Flow 9am Step Strength 5:30pm	13 PiYo 9am PiYo Express 4:50pm Iron Flow Exp 5:30pm	14 Kettles 9am Hip Hop Step 4:50pm Pound Express 5:30pm	15 Iron Flow 5:45am	16 PiYo 8am (50 minutes)
17 Fusion Flow 8am	18 PiYo 9am Kettles 5:30pm	19 HIIT 5:45am Yoga Fusion 9am Step 5:30pm	20 PiYo 9am Iron Flow Exp 5:30pm (TBD 4:50pm)	21 Sculpt 9am Pound Express 4:50pm Hip Hop Step 5:30pm	22 Step Express 5:45am	23 PiYo Express 8am Iron Flow Ex 8:35am
24 Mobility Flow 8am 31 Fusion Flow 8am	25 PiYo 9am Kettles 5:30pm	26 Sculpt 5:45am Iron Flow 9am Step Strength 5:30pm	27 PiYo 9am Iron Flow Exp 5:30pm (TBD 4:50pm)	28 Kettles 9am Hip Hop Step 4:50pm Pound Express 5:30pm	29 Kettles 5:45am	30 PiYo Express 8am Sculpt 8:35am

