

**WAIVER,RELEASE AND ACKNOWLEDGEMENT OF RISK** - I acknowledge that participation in the sport of off-road triathlon / duathlon might result in personal injury to myself due to the endurance nature of the sport and the inherent risks associated with trail running / hiking / walking / biking on uneven ground with rocks, roots and other wildlife hazards present.

In consideration of my acceptance of entry into this event, I accept these risks during my participation in the XTERRA Canmore Off-road Triathlon & Duathlon on August 06, 2017. I agree that **Grizzly Mountain Events Inc, Town Of Canmore and Rocky Mountain Heritage Foundation** directors, officers, employees, coaches, volunteers, members, and agents shall not be liable for any personal injury or loss I might suffer from any such participation, unless such loss shall be caused by the negligence of any one or more of the above-named whilst acting within the scope of their duties.

I grant to Grizzly Mountain Events, its representatives and employees the right to take photographs and/or video footage of me and my property in connection with the above-identified subject.

me with or without my name and for any lawful purpose, including for example such purposes as publicity, illustration, advertising, and Web content.

I agree that Grizzly Mountain Events may use such photographs and/or video footage of

Print Full Name	Signature	Date
For participants under 18 ye XTERRA Canmore Off-road Trisks involved and to be safety	Triathlon & Duathlon and have	1 1
Print Child Full Name	Parent Signature	 Date