# *2021 USATF <br> Region 15 <br> Junior Olympic Cross Country Championships 

*USATF Sanctioned Event

| Age Division | Distance |
| :--- | :---: |
| $7 \& 8$ (born 2013-2014) | $2 \mathrm{~km}(1.24$ miles) |
| $9 \& 10$ (born 2012-2011) | $3 \mathrm{~km}(1.86$ miles) |
| $11 \& 12$ (born 2010-2009) | $3 \mathrm{~km}(1.86$ miles) |
| $13 \& 14$ (born 2008-2007) | $4 \mathrm{~km}(2.48$ miles) |
| $15-18$ (born 2006-2003) | $5 \mathrm{~km}(3.1$ miles) |
|  |  |

*Age is determined as of 12/31/2021. Athletes must turn 7 but not 19 by 12/31/21.
MEET DIRECTOR: Kim Wachowski (909)260-6962
Email: youthxc@scausatf.org
DATE/ TIME: Sunday, November 21st, 2021 at 8:00 a.m. Course walk starts at 7:00 a.m.
PARKING DIRECTIONS: Upon entering the park from Bouquet Canyon, head west towards the large play structure/exercise equipment. The course start/finish line will be in the grass area on the right side of the parking lot.

COURSE: The Central Park course is on a mostly dirt trail with some hills as well as grass areas at the start and finish lines. Course maps will be posted on the SCA website.

PREREQUISITE: Registration opens on October 10th, 2021. Entries must be completed by Wednesday, November $17^{\text {th }}, 2021$ 11:59pm PST. This is a firm deadline. Athletes not registered by this time will not be in the meet. DO NOT wait until the last minute as there are several time consuming and technically challenging steps.

ADVANCEMENT: This year there are no advancement requirements to attend Nationals.
WAIVERS: There are no waivers from the Regional meet to Nationals.
ENTRY FEES \& DEADLINES: On-Time Registration: Must be completed by 11/17/2021
ONLY ONLINE ENTRIES WILL BE ACCEPTED. There will be no late entries accepted.
Individual Entries: \$15.00 per athlete. Team Entries: No charge

REGISTRATION: To compete in this meet you must do the following:
3) Register and pay (\$15) for the meet online at Athletic.net by Wednesday, November $\mathbf{1 7}^{\text {th }}$, 202111:59pm PST. You must have your membership number and DOB verified to register. Please visit https://www.athletic.net/CrossCountry/ meet/201055/register to enter.

An instructional video on the online registration process may be accessed by visiting, http://cs.athletic.net/blog/b/athletic/archive/2016/01/18/getting-started-athletic-net-tutorials.aspx

TEAMS: Only registered USATF member clubs may enter a team. When entering your team into the Athletic.net database, you must declare which athletes are on you scoring team $A, B, C$, etc...Clubs must submit changes to their scoring teams no later than 7:00 am on the morning of the meet.

RACE TIMES: The first race will start at 8:00 am and we will be on a rolling schedule starting with the youngest age group girls, then boys followed by the next age group girls, etc. It is the responsibility of the coaches and parents to pay attention to which race is on the starting line. If your athlete misses their race, they will not be permitted to run with another sex or division. Athletes may proceed to the starting area a few minutes after the previous race has begun. NO PARENTS OR COACHES ARE ALLOWED IN THE STARTING AREA AT ANYTIME AFTER THE COURSE WALK!

IMPORTANT After the Course Walk Through, spectators (including parents and coaches) are not allowed on the course, in the starting area, or at the finishing area. You cannot pace athletes or spray water on them during the race. ANY INTERFERENCE WITH THE FINISH LINE JUDGES WILL RESULT IN AN EJECTION FROM THE MEET. THERE WILL BE ZERO TOLERANCE AND NO WARNINGS! If you have a grievance, please give it in writing to the results/awards table and they will forward it on to the proper meet management personnel.

AWARDS: Medals will be given to at least the top ten finishers in each division. Team Championship awards will be given to the top team in each division. A team must consist of a minimum (5) runners and maximum (8) runners per team. Trophies will be awarded at the end of the meet

SNACK BAR: Assorted food and drinks will be available. T-Shirts and sweatshirts will also be for sale.
TEAM SCORING: 8 athletes on the team entry/declaration form may be declared as scoring athletes. The top 5 finishers among the declared runners will score.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition, chest-high on the front of their jerseys. Bib numbers will be distributed to athletes at the meet in the registration packets.

EVENT RESULTS: Event results will be posted at https://www.scausatf.org/youth/youth-results/

Please assist us in policing your own area for trash. It takes all of us to keep the facilities willing to allow us to return year after year. Your cooperation will keep us from having to start charging a clean-up fee in the future. Thanks from the SCA Meet Management and Santa Clarita Central Park.

