

Hello AUGUST

Here
and
Now!

August 2023

Volume 70, Issue 8

PASTOR LEANNE'S MESSAGE:

“In your patience possess ye your souls.”

Luke 21:19

Years ago when I told my bother Scott that I intended to adopt a baby, he said, “Oh, you’ll be a good mother. You’re really patient.” I nodded in agreement, although I was really shocked. Never before had I been called “patient.”

My mind went back to my teenage years, to many days of pestering my mother to set aside her chores of bottle-washing, house-cleaning and child-rearing in order to attend to my plans for her. Often she would say, “patience is a virtue!” which meant nothing to me, as I was not particularly concerned with virtue and had no idea why I should care. I would hear people joke, “never pray for patience, because you don’t know what God will do to help you learn it.” But I knew that I had hit her limit when she pulled out the scripture and quoted Jesus to my nagging spirit. “*In your patience, possess ye your soul,*” she advised me. Even at a young age I had been taught that protecting your soul was important. In fact, nothing on heaven or earth was as important as doing what was right for one’s soul, and allowing one’s soul to be slowly devoured by frustration and a lack of patience was a high risk.

I did not know then that Jesus’s words were not aimed at teenage girls who were tired of waiting for a ride to the mall. In Luke, Jesus warned his readers of a coming time of war and tragedy – when Jerusalem would be sacked by the Romans and families would flee, or like their neighbors find death in their own homes. Patience here is more than the knack of waiting patiently – it is endurance through struggle – endurance that is fueled by faith in the goodness of God. Apparently, the soul is at extra risk during such times – positivity wanes, faith doubts, the person hits the end of their strength, and the soul shrivels in hopelessness and weariness.

All through scripture, we are reminded that God has a big plan, and that in that plan, those who love God can expect a happy, eternal ending. We are encouraged to pray, always, as in prayer the Holy Spirit communicates the hope of God to us, and we are empowered with strength for our troubles. We are promised support through the family of God, the church, and admonished to stay connected to them through fellowship and worship. In all these ways, it is the expectation of scripture that we have what we need to fuel patience and endurance, and in so doing – protect our souls.

So, hold on tight – to your faith, to your God, and to your church family. Not only are these things the gift of God for our benefit, but they are necessary for our well-being and nourishment in Christ. *Philippians 2:12-13* ¹² *Therefore, my dear friends, as you have always obeyed—not only in my presence, but now much more in my absence—continue to work out your salvation with fear and trembling,* ¹³ *for it is God who works in you to will and to act in order to fulfill his good purpose.*

Leanne

INSIDE THIS ISSUE	
PASTOR’S MSG.	1
PARISH NURSE NOTES	2-4
HOSPITALITY	4
HIGH TEA “ND 4 UKRAINE”	5
DAY OF CARING CHRISTIAN ED - “BRAG BOX”	6
VBS WORSHIP & PICNIC MEALS ON WHEELS	7
CCC NEWS FPC GARDEN UPDATE	8
SESSION HIGHLIGHTS	9
BIRTHDAYS & ANNIVERSARIES	10
CALENDAR	11
FAMILY NEWS	12



FROM OUR PARISH NURSE - WANONA

Happy August everyone! I must say this summer has been going fast. Mother nature has given us rain, the northern lights and sunshine this past month. Hope everyone has a great harvest from your gardens and fields.

The Balance & Strength Exercise Class will resume October 3rd, 2023 at 11:00am. Classes will be every Tuesday and Thursday at 11:00am in the Ramstad Hall.

The Sunday Blood Pressure Clinics will begin on Sunday, October 8th from 9am to 10 am and 11am to 12pm in the conference room. Everyone is welcome to get their blood pressure checked.

FPC's 2nd Annual Health Fair will be Thursday, September 28, 2023 from 10:00am to 2:00pm. Everyone is welcome to see what our community has to offer in the Bismarck/Mandan area. Auntie Jade's Catering will sell sample plates of Philippine dishes. More information to come.



GIGGLES

A minister said to a precocious six year old boy, "Does your mother say prayers for you each night?" The boy says, "Yes." The minister says, "That is very commendable, what does she say?" The little boy replied, "Thank God he is in bed!"

A Scotsman and his wife walked by a swanky café. "Did you smell that food?" said his wife. "It smells absolutely incredible." Being a kind-hearted Scotsman, he thought what the heck I will treat her! So he escorted her past the café again!

A Sunday School teacher decided to have her young class memorize one of the most quoted passages in the Bible-Psalm 23. She gave the youngsters a month to learn the chapter. Psalm 23: The LORD is my Shepherd, I shall not be in want. He restores my soul. He guides me in paths of righteousness for his name's sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

Little Rick was excited about the task; but he just couldn't remember the Psalm. After much practice, he could barely get past the first line.

On the day that the kids were scheduled to recite Psalm 23 in front of the congregation; Rick was so nervous. When it was his turn, he stepped up to the microphone and said proudly, "The Lord is my Shepherd and that's all I need to know".



“A Word with Wanona” - I have the pleasure to introduce you to Mary Sherman

Mary Haluzak Berg Sherman was born and raised in Wilton, ND. She was the youngest of 7 siblings. She has three brothers and three sisters.

Mary’s very first job was a telephone operator in Bismarck, ND. Fun fact about her work history that most people never knew: she was a cake decorator. She graduated from Wilton High School 1948.

Mary’s first husband George and his friend followed Mary and her girlfriend to a dance. George asked Mary to dance and thus romance began.

George told her, ‘he does not dance!’

They married in 1949!

Mary had three goals she wanted to accomplish during her life:

1. being a wife
2. being a mother
3. and owning a home.

She accomplished all of these goals!

The most memorable event in her life was having her first born on her 1st anniversary.

When asked what she was thankful for Mary said having a great, large family and having some wonderful friends. She raised three boys mostly by herself. She is so proud of their accomplishments growing up. Her eldest son Keith was a art teacher, her second son Jerry was a school counselor/teacher and her youngest son Tim is an engineer. All three boys are devoted to their mother and make a point to call her every week.



Mary has been a member of the First Presbyterian Church from 1949 to present. Some of her involvement within the church includes Women’s Circle and she was a part of the group that made the “can top bells”, a fundraiser for the Bell Choir!
Thank you Mary for sharing your life journey!

(pictured with Mary left to right: Tim, Keith, and Jerry)



“A Word with Wanona” - continued

What a wonderful celebration!

Mary celebrated her 95th birthday on July 22, 2023 with her family and friends.



HOSPITALITY COMMITTEE - Paper products donated to Heaven’s Helpers Soup Cafe

First Presbyterian’s congregation donated almost 5,000 napkins to the Heaven’s Helpers Soup Kitchen in the month of June. The paper products drive, organized by your Hospitality Committee, also collected 1,257 sandwich bags, 160 paper plates and 30 rolls of paper towels.

The committee thanks you for your generosity as First Presbyterian strives to do God’s work to feed the hungry in our community.

Heaven’s Helpers
Soup Cafe



FIRST PRESBYTERIAN TO HOST HIGH TEA:

SATURDAY, SEPTEMBER 9, 2023
AT 2:00PM

First Presbyterian Church is bringing back its popular High Tea in commemoration of the congregation's 150th Anniversary celebration. The Tea will be held at 2:00pm Saturday, September 9, in Ramstad Hall. Tickets go on sale on Sunday, July 30, at the church or by calling 255-3910 or 223-6091.

Tickets are \$30 per person or \$225 for a table of eight. **The cutoff date for tickets is September 5.** The proceeds will benefit First Presbyterian's Parish Nurse program.



The High Tea Committee is making a bit of noise about their **“Silent Auction”** as a part of the High Tea Celebration Saturday, September 9th. We're looking for about 30 very special, one of a kind, antiques, select collectibles or treasures to be donated to the auction. Please bring your treasures to the church office with a short description before Sunday, **September 3rd.**

First Presbyterian Church has joined an effort to bring a Ukrainian mother and her daughter to safety in Bismarck. Mother, Alina, and daughter, Adelaid, will arrive in Bismarck on August 2nd.

“ND 4 Ukraine” in Bismarck is hoping churches come together to support this family. The group is replicating a partnership model developed by Bottineau's Presbyterian and United Church of Christ churches to support Ukrainian refugee families. The First Presbyterian Deacons and Hospitality Committee voted to contribute \$700 to the “ND 4 Ukraine” fund for this family.



Day of Caring - United Way's Annual Day of Caring is Wednesday, August 9, 2023. The Day of Caring was established to promote volunteerism throughout the Bismarck-Mandan community.



Volunteers work on projects with United Way partner agencies and other organizations. If you are interested in helping, please visit the United Way website at: volunteerbismarck.com or contact United Way at 701-255-3601.

Fun New Section of the Newsletter: "Brag Box"

Parents and Grandparents please send us a little email bragging about your child's/grandkid's accomplishments no matter how big or small! (I would love pictures too)

Example: "Finn has 2 new teeth"

We want to celebrate all the milestones by recognizing them in the Newsletter!!

firstpresbyterian@fpcbismarck.com

Brag Box:

"Finn has 2 new teeth"

Finn is the son of Marete & Colby Farver



"Brighe Huggins was baptized"



**Brighe is the daughter of Erin & Matt Huggins
Granddaughter of Juanita & Kim Hocking**



VBS Is Here!!
Vacation Bible School
July 31 - August 3, 2023
5:30 - 7:30pm



Worship & Church Family Picnic

Sunday, August 20th at 10:00am

New Generations Park

1021 Mustang Drive

(be aware of construction on Ash Coulee)

Please bring a side dish to share

(ex. Baked beans, vegetable dishes, potato dishes, fruit dishes, etc.)

Chicken, buns, beverages, plates, napkins, and utensils will be provided by the Hospitality Committee
(bingo, trivia, playground, and splash pad for the kids to enjoy!)

Sign-up sheet is on the bulletin board!

Bismarck Meals on Wheels, Inc. was formed in 1972 when a group of community leaders and dietitians saw the need to provide home-delivered meals to individuals who were not able to prepare a healthy meal for themselves—especially those who were aged or had special dietary needs. This nonprofit organization began with one client and now arranges the delivery of more than 580 meals per month to clients in the Bismarck community. There are no age, income, or dietary requirements to receive meals from Bismarck Meals on Wheels.

Meals are prepared in the kitchen of Sanford Health, under supervision of a registered dietitian with certification from the State Health Department. Clients can be assured that the meals are well-balanced and nutritious. Each meal, complete with beverage, comes in separated hot and cold containers and is ready to eat. Specially planned menus meet the needs of clients whose physicians have prescribed low-sodium, low-calorie, diabetic, or other specific diets. Special diets represent about 75% of the clients on our program. Meals on Wheels pays the actual cost of the meals, but a sliding fee scale is used to determine a recipient's share of the cost.

Community volunteers continue to be vital to the success of the program. Each month, 60 or more volunteers are needed to deliver over 580 meals to clients. Every year our congregation commits to providing drivers for one month for this much-needed service.

We are looking for volunteers again this year for the month of **September**. One volunteer is needed for each day, Monday through Friday. Please consider helping bring warm meals and a smile to homebound folks. **Sign-up on the Volunteer Bulletin Board in the Narthex.**



The Child Care Center News

We hope each and everyone of you has had an enjoyable, safe summer, so far. Parents and students are again focusing their thoughts and activities on buying school supplies, clothing, etc. On behalf of the FPC CCC and Board, we thought busy parents may appreciate a quick, easy, nutritious & delicious, protein packed recipe for those hectic mornings before heading out to daycare, school and work! It can also be made ahead of time, and after baking, be put in the fridge or freezer & easily warmed up in either a microwave or an air fryer. Enjoy!

AUTUMN EGG & HAM BITES: breakfast/snack crediting for ages 3-5 & 6-18

TOTAL TIME	SERVING SIZE	SERVINGS	COMPONENTS
20 minutes	1 bite	24	meat/meat alternate

Ingredients: vegetable oil spray
10 large eggs
1/2 cup milk
1/2 tbsp onion powder
1 cup spinach, finely chopped
4 slices Canadian bacon or ham, diced
3/4 cup shredded cheese

Directions: Preheat oven to 350* F.
Spray mini muffin tin with oil spray.
in a medium bowl, beat the eggs,
milk and onion powder.
Add spinach and diced meat into the
egg mixture. Pour out evenly, filling
about halfway into all 24 mini
muffin cups. Add 1/2 tbsp of cheese
on the top of each muffin cup. Bake
for 15 minutes or until egg mixture
looks puffed up, the top is golden
brown, and the egg is cooked
through.



Many thanks to those of you who have generously donated money, paper towels and hand soap. CCC needs list for August will again be paper towels and hand soap. Thank you!



**CCC Needs List for August: again
paper towels & hand soap**



FPC Community Garden Shares the Bounty!

The First Presbyterian Community Garden is overflowing with produce for those in need in our community. The garden's bounty has been shared with programs that feed the area's hungry. The plot is on the corner of Third and Teton in Bismarck if you want to appreciate the efforts of FPC's Hospitality Committee.



SESSION HIGHLIGHTS

July 25, 2023

CLERK'S REPORT

There were no membership changes; membership remains at 313.

FINANCIAL REPORTS

Total Income YTD Actual \$259,841 Budget \$257,950

Total Expense YTD Actual \$283,251 Budget \$134,186

Net Income -\$23,410 Budget -\$56,236

Unrestricted General Fund \$211,115

MODERATOR'S REPORT

This month, Pastor Leanne baptized Rhett Shockman, Quinn and Grace Blair. Pastor Leanne will be on vacation August 7-15. Ron Klein will preach on August 13. Tony Bartole's ashes were placed in Glencoe Cemetery on July 27. The time capsule from the 125th anniversary is being located.

COMMITTEE REPORTS

Administration and Personnel—An additional maintenance person has been hired to work Tuesday, Thursday-Saturday. Pavlo Diak has recently arrived in the US from Ukraine and is an experienced electrician.

Hospitality—Donations have been made to Ukraine in the US, Heaven's Helpers, Students in Transition and Ministry on the Margins. Sign up sheet is posted for Meals on Wheels in September. Outdoor worship and picnic is August 20. Blessing of Pets and Chipping will be September 23.

Proclamation-

Christian Education—VBS will be July 31-August 3.

Worship and Music—Anniversary Concert is planned for October 15.

Resource Management—Stifel investments will be discussed at the August meeting. Eide Bailly audit report is being completed.

Nominating—Class of 2025 nominees is nearly filled.

UNFINISHED BUSINESS

Thank you to Muriel Peterson for funds to buy the streaming equipment which has been ordered.

NEW BUSINESS

Session approved Becky Rosenkranz to be acting clerk for the August 22 meeting.

Alice Nix, Clerk of Session





BIRTHDAYS AND ANNIVERSARIES

BIRTHDAYS

AUGUST

Brant Boeckel	2nd
Kim Wassim	2nd
Kim Christianson	4th
Matthew Skaret	6th
Enid Thompson	7th
Joanne Pearson	8th
Ashlee Fox	8th
Tamara Hellman	10th
Dale Hoerauf	12th
Backett Hedland	13th
Ruth Jensen	14th
Lael Hoerauf	16th
Amy Kinnischtzke	18th
Connor Hellman	21st
Kenley Gratz	22nd
Winston Satran	23rd
Bryan Skager	24th
Sandra Cofell	25th
Jerry Wilson	26th
T.J. Ball	27th
Evelynn Bitz	27th
Jessica Feist	30th
Cole Svihovec	31st

ANNIVERSARIES

AUGUST

Winston & Barb Satran	10th
Dennis & Becky Rosenkranz	16th
Joe & Katherine Satrom	16th
Darin & Karmen Svihovec	17th
Larry & Peggy Hoge	19th
Rick & Lori Lee	21st
Mark & Sandra Ohlhauser	29th



Please let us know if we've made a mistake, omission or if you would prefer not to have your special day published.

~ Thank you ~

First Presbyterian Church

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Bismarck, ND 58501

Phone: 701-223-6091

firstpresbyterian@fpcbismarck.com

www.fpcbismarck.com

Sunday Worship: 10:00 am

Office Hours: 8:00 am - 4:30 pm



Pastor

Rev. Dr. Leanne Simmons

Finance Assistant

Carol Thompson

Administrative Assistant

Maureen Chrest

Parish Nurse

Wanona Goetz

Christian Ed. Co-Directors

Marete Farver & Mark Jensen

Organists

Arvy Smith & Gail Snustad

Chancel Choir Director

Debi Rogers

Westminster Chimes Director

Lael Hoerauf

Audio/Visual Specialist

Josh Stokka

Membership Services

Judy Lentz

Child Care Center Director

Shawn Stettner

Child Care Center Asst. Director

Vanessa Hein

Nursery

Mary Jones

Christian Ed. Intern

Sophie Svihovec

August

2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	VBS >>	1 > July 31- 5:45pm Prop. & Equipment 6:30m Lay Pastors	2 August 3 Noon "Munch & Mingle"	3 5:30-7:30	4	5
6 10am Worship	7 Pastor > on 1:30pm Prayer Shawl Ministry 6:30pm Scouts 7:00PM Christ. Ed	8 vacation > 5:30pm CCC Board	9 > August UNITED WAY 	10 7-15th 6:00pm Hospitality	11 >>>	12 >>
13 >>> 10am Worship Guest Speaker	14 >>> 5:30pm Worship & Music 6:30pm Scouts	15 >>>>	16	17 7:00pm Deacons	18	19
20 10am Worship Outdoor Worship & Picnic at New Generations Park	21 Noon -Resource Management 1:30pm Prayer Shawl Ministry 4:30pm Admin. Personnel 6:30pm Scouts	22 2:00pm Presby Friends at Augusta Place 6:00pm Session	23	24	25	26
27 10am Worship	28 6:30pm Scouts	29	30	31		



FAMILY NEWS:
**CONGRATULATIONS TO THE HOGE AND BLAIR
FAMILIES ON THE BAPTISM OF:
QUINN ELISE & GRACE RYANN**

HAPPY 90TH BIRTHDAY:

LETHA LEWIS

CAROLE WATREL

