

Class Title: Introduction To Holistic Acupressure 1

Presenter: Ova Luethye NCBTMB Approved Provider #45038-12

CEs Awarded: 12

Dates: Sunday, Sept. 9 Hours: 9-1, 2-6pm

Monday, Sept.10 Hours: 9-1

Cost: \$300. After August 10th \$350.

Course Style: Live

Comfortably seated next to the patient on the massage table, the Therapist uses light to medium pressure on Apex points of Acupressure Energy Lines (Meridians) of the major organs and processes of the body to: Strengthen weaknesses; Release blocked or stagnant energy; Relax and Calm; Balance Organ Energy; and Energize the Whole Person in Body, Mind, and Spirit!

In this Beginner Acupressure Course we will practice giving and receiving Acu-Release Patterns for: Headaches; Shoulder and Neck Relaxation; Spinal Back Pain; and Balance the Metabolic fluids of the Entire Body to support the Immune System.

Acupressure may be applied from Infants to the Elderly, with only a few important exceptions, and effectively addresses deep issues within the Whole Person (Physically, Emotionally and Mentally). Acupressure may be applied during any other massage style. A manual is included. Please come to class in light clothing, no jeans, belts, or heavy fabrics, as we will work through the clothes.

For more info check out my website: www.wholistichealingarts.net