



Grizzly Mountain Bike Marathon & Relay Sunday, July 21, 2019

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Registration Fee Includes:

- Draw Prizing From Generous Sponsors
- Awards For Top Age Group And Overall Winners
- Finish Line Grizzly Paw Soda
- Finish Line Lunch
- World Class Event At Former Olympic Venue
- Well Stocked Aid / Water / Nutrition Station
- Highly Trained Medical / Emergency Evacuation Team

Team Mate Finder

Looking for Team Mates ? Post your request on the Grizzly Events Facebook Page.

Event Updates

'Like' us on [Facebook](#) to receive event updates.

Where ?

Canmore Nordic Centre Provincial Park is located just minutes from downtown Canmore, Alberta. The Canmore Nordic Centre offers World-class cross country skiing in the winter and over 100 km of trail ideally suited to mountain biking in the summer. Host site to many international sporting events, the Canmore Nordic Centre is also home to Canada's National Cross Country and Biathlon Teams.

When ?

Race day is Sunday, July 21. Pre race briefing will take place at 9:45 a.m. at the start / finish area. Race start will be 10 a.m. Sharp !

Race Package Pick Up

Will be available in Canmore from Rebound Cycle on Main Street Canmore:

Saturday, July 20 from 1pm until 5 p.m.

Rebound Cycle, 902 8 Street Canmore, AB T1W 2B8
(866) 312-1866 www.reboundcycle.com

Race Morning Package Pick Up is also available but not recommended. Packages will be available at the Canmore Nordic Centre from 08:30 – 09:30 a.m. Please **arrive early** if you plan to pick up on race day.

Timing Chips

Must be picked up by all racers at the Canmore Nordic Centre on event morning from 08:00 until 09:30.

Online Waivers

Online waivers will be available for download from the event webpage at www.grizzlyevents.ca these must be printed and signed by all solo and team runners. Signed copies must be presented at time of race package pick up.

No signed waiver = no race package.

Start & Cut Off Times

Start Time is 10:00 a.m. Sharp! Riders will have 8 hours to complete as many laps as possible. Only laps completed under the 8 hour cut off time will be counted towards overall results / awards.

Course Maps

Check out www.grizzlyevents.ca for detailed course descriptions, maps and elevation profiles. Email tony@grizzlyevents.ca for gpx files.

Safety & Medical

All riders must be self sufficient. Our medical base station will be located at the start / finish line in the stadium area. All participants will be required to submit the signed Grizzly waiver at racer check in. We will have a team of sweepers on course for each leg; they will be equipped with radio communications to our emergency medical team.

Water / Aid Station

Each and every leg will start and finish in the main stadium. We will have one main water / aid station located here. Hammer Sports drink and gels will be provided at this station. Riders must provide their own solid nutrition.

Prizing And Awards

Will take place at the start / finish area at 6:30 p.m.

Changes & Refunds

The Grizzly entry fee is non-refundable under any circumstances. Please do not email us with requests for refunds.

