



The Connection

"Keeping our community connected"

JANUARY 2020

Monthly Newsletter of the East Central Newcomer Welcome Centre Inc.

Happy
New Year
2021

We would like to wish you a safe and Happy New Year and all the best in 2021!

ECNWC HOLIDAY OFFICE HOURS

December 31st – 8 am to 12 pm

January 1st - CLOSED

We will be back to our regular office hours of Monday to Friday from 8am to 12pm and 12:30pm to 3:45pm starting January 4th

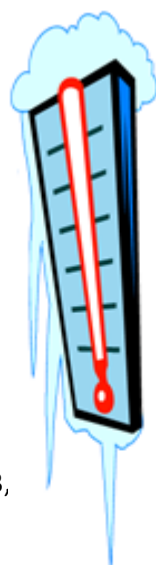
Call (306)783-2777 to book an appointment.

Immigration, Refugees and Citizenship Canada (IRCC)

Canada plans to embark on the most ambitious immigration plan in its history. Beginning in 2021, Canada will target the arrival of over 400,000 new permanent residents each year! Canada has only achieved this target once in its history, back in 1913. The 400,000 figure was set to offset lower immigration to Canada during the pandemic, and to support Canada's post-coronavirus economic recovery. But, the announcement will be discussed among Canadian history classes and in policy settings well beyond the pandemic. It marks the beginning of a new era in Canadian immigration and will have significant economic and social implications for the country and its people.

FUN Fact about Canada!

Canada's lowest recorded temperature is as cold as Mars!! One of the least surprising facts about Canada is that it can get pretty cold in the winter (anyone who's ever had to chisel their car out of a block of ice in the morning knows this to be true). The average low for the month of January in Yorkton is -22 C (-8 F), with the coldest recorded temperature in Saskatchewan being -56.7 C. That's pretty cold! However, a temperature recorded in 1947 in Snag, Yukon holds the record. A temperature of -63 C (-81.4 F) was recorded in the small village of Snag on Feb. 3, 1947. That's roughly the same temperature as the surface of Mars!



For more information and updates, please visit and like our [East Central Newcomer Welcome Centre Facebook Page](#).



We provide free settlement services to newcomers and their families within the East Central region. It's our goal to provide the information, referrals and advice you may need to assist in your settlement!

Call our office at (306) 783-2777 if you have ANY questions. We are happy to help you!

This is Home

Meet Anna Komarenko!

Anna moved to Canada from the city of Poltava, Ukraine in 2008 and she now calls Esterhazy, Saskatchewan HOME. She really likes the people in Saskatchewan and Canada. Anna also enjoys the weather, especially the snow!



"After 12 years of living here, I consider it my home because I have new friends, I have a job which I really like and my kids were born here. I would like people to know that there's so many nice people in Saskatchewan. I think it's so nice and a safe place to live for you and your family." - Anna

SEND US YOUR PHOTOS!



Show us your love for East Central Saskatchewan by contributing a photo (taken by you) that highlights the beauty of our area!

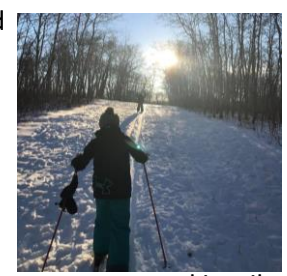
If your photo is selected, it will be highlighted in our Newsletter and you will WIN an ECNWC prize! Email photos to sallard@ecnwc.ca.

EXPLORE our Community!

Cross country skiing is one of the leisure activities that you could try this winter season. It's great exercise, you experience the beauty of the winter landscape and it's fun for the whole family! There are a number of beautiful ski trails located throughout our region. Cross Country Ski Clubs may also have skis available to rent.

Here are the clubs in our region as provided by Cross Country Ski Saskatchewan:

1. Good Spirit Cross Country Ski Club
2. Kamsack Ski Club
3. Esterhazy Cross Country Ski Club
4. Yorkton Cross Country Ski Club
5. Rocanville Cross Country Ski Club



Melville, Preeceville and Saltcoats also have cross country ski trails. You can also visit <https://www.crosscountrysask.ca/> to learn more about Cross Country Skiing in Saskatchewan!



Community Activities & Event

Here is a list of some of the activities or events happening in our community this month!
If you are interested in any of these please call our office at (306) 783-2777 and we can help you register and /or attend with you.



New Year's Day

Statutory Holiday /All Ages

- WHAT?** The first day of a new year, known as New Year's Day. It's a statutory holiday in Canada.
WHEN? January 1, 2021
WHERE? Celebrated across the world in many different ways (such as count downs or fireworks).



Virtual ORT (Office of Residential Tenancies) Clinic

Education / 18 +

- WHAT?** A virtual clinic presented by the Office of Residential Tenancies that reviews Tenant's Rights and Responsibilities. In partnership with ECNWCI.
WHEN? January 27, 2021 (Time to be announced)
WHERE? Online. Must register by emailing sallard@ecnwc.ca or call our office (306)783-2777.



Project SCAR – Support for Covid-19 Adaptability & Recovery Program

- WHAT?** Community Future Ventures is hosting a series of webinars to help small businesses.
WHEN? There are a number of sessions in January. Register for what interests you.
 Jan. 12 – 9- 11am -Crisis Management Webinar by Q5 Consulting
 Jan. 14 – 9am-12pm - QuickBooks Desktop
 Jan. 26 - 9 -11am- Mental Health Webinar by Achieve Centre for Leadership
 Jan. 28 - 9am-12pm - MS 365 Office with Skype
WHERE? ONLINE but you need to register in advance for the session you are interested in.
COST? FREE (Contact sallard@ecnwc.ca or our office for help registering.)



Multifaith Festivals in January

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|--------------------------------|--|-----------------|--|
| Baha'i Faith | Jan 17 – World Religion Day, Jan 18 – Sultan (Sovereignty) | Hinduism | Jan 14 – Makar Sankranti |
| Buddhism | Jan 1 – Temple Day (Solar New Year), Jan 10 - Linji Memorial
Jan 25 – Honen Shonin Memorial, Jan 28 – Mahayana New Year | Judaism | Jan 28 – Tu B'Shevat |
| Christianity | Jan 6 – Epiphany (W), Theophany (E, New), Armenian Christmas
Jan 7 - Orthodox Christmas, Jan 14 - Orthodox New Year E, Old
Jan 19 – Feast of Theophany (E-Old) | Shinto | Jan 1 – Gantan-sai (New Year's Day)
Jan 11 – Seijin-no-hi |
| Aboriginal Spirituality | Jan/Feb – Iroquois Midwinter Ceremony | Sikhism | Jan 5 - Birth of Guru Gobind Singh Ji
Jan 13 - Maghi |

These dates were highlighted in the Multifaith Calendar which is distributed by the Multicultural Council of Saskatchewan.

RECIPES

from
Around the World!



WE WANT TO HEAR FROM YOU!

What's your favourite recipe from home?
Please email recipes to sallard@ecnwc.ca.
Recipes will be featured in our newsletter and you will win a prize from ECNWCI.

BUTTER CHICKEN RECIPE - originated in India Recipe by: Prerna Singh (Simply Recipes)

INGREDIENTS:

For the chicken and marinade:

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|----------------------------------|-------------------------------|--------------------------|
| 1 lbs boneless, skinless chicken | 1/4 cup full-fat plain yogurt | 1 tbsps olive oil |
| 1 tbsps ginger garlic paste | 1 tsp dried coriander | 1 tsp Kashmiri Lal Mirch |
| 1 tsp cumin | Salt to taste | |

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|-----------------------|------------------------------------|------------------------------|----------------------------------|-------------------------------|
| <u>For the sauce:</u> | 8 to 10 whole almonds | 8 to 10 whole cashews | 2 tbsps unsalted butter, divided | 1 tbsps ginger garlic paste |
| | 1 tsp sugar | 1 (15-oz) can diced tomatoes | 2 tbsps dried coriander | 1 1/2 tsp ground Garam Masala |
| | 1/2 tsp salt | 1 cup water | 1/4 cup heavy cream | 1/2 tbsps Kasuri Methi* |
| | 1/2 tsp ground Kashmiri Lal Mirch* | | | |

To serve: Cooked rice, roti, or naan bread

DIRECTIONS:

- Bring cubed chicken and marinade ingredients together in a large bowl. Massage marinade into the chicken. Cover with plastic wrap and refrigerate for at least 1 hour, or up to overnight. Soak cashews/almonds in water for at least an hour (or up to overnight) too.
- Heat skillet over medium-high heat. Drizzle tsp of oil to pan. Working in batches, remove chicken from marinade and grill on pan for 3-5 minutes on each side, until chicken is cooked through. Once cooked, transfer chicken into separate dish. Cover and set aside.
- Melt 1 1/2 tbsps of butter in a medium sized skillet on medium low heat. As soon as butter melts, add ginger garlic paste followed by sugar. Sauté for 1-2 minutes. Stir in the tomato and cook for 8-10 minutes on medium high heat, until all liquid is cooked off. Add coriander, garam masala, Kashmiri Lal Mirch, and salt. Stir and cook on medium heat for 2-3 minutes. Turn off the heat.
- Transfer the paste to a blender or the bowl of a food processor. Add the soaked cashews and almonds. Blend into a smooth paste.
- Return the paste to the cooking pan over medium heat. Add the water to the paste and stir to make a smooth sauce. As the sauce begins to boil, add the grilled chicken and heavy cream. Stir well. Cover the pan and simmer for 5 minutes.
- Turn off the heat and uncover the pan. Stir in the remaining 1/2 tbsps butter and the kasuri methi. Cover again, and let the dish rest for 8-10 minutes so the flavor of kasuri methi can marry into the butter chicken.
- Serve the butter with a side of steamed basmati rice, roti, or naan. Leftovers will keep refrigerated, covered, for five days.



*You can substitute paprika for the Kashmiri Lal Mirch and skip the Kasuri Methi.

