

# San Diego



## RoadRunners

### 17<sup>th</sup> Annual Development Youth Track Meet

- Date:** April 11<sup>th</sup> 2020 (Rain or Shine)
- Time:** 8:00 am (First call 7:30 am track events & 7:30 am field events)  
(1<sup>st</sup> 1500 meter race will start at 8:00 am)
- Location:** Orange Glen High School  
2200 Glenridge Rd.  
Escondido, Ca 92027
- Concession:** A full concessions will be available
- Package Pick-up:** Timing Table (starting @ 6:45 am)
- Meet Director:** Mike Mena (sdrxc@gmail.com)
- Asst Meet Dir:** David Lay
- Sanction:** This event is sanctioned by USATF San Diego Imperial
- Facility:** The track is a nine lane all weather surface, including the long and high jump approaches. Two shot put rings and one discus ring; 2 long jump pits and one high jump pit. **3/16 needle spikes are the maximum allowed.** All spikes will be checked for the appropriate spikes and athletes not wearing the 3/16 needle spikes will not be permitted to compete. There is no refund for athletes missing their event due to inappropriate spikes. **(NO PYRAMID)**  
**Canopies are restricted to the top rows only**, please secure them.
- Warm up Area:** We will be using the open field behind the Visitor's stands **infield will be closed**
- Entry Fees:** \$9.00 per athlete. Entry fees must be paid before the athlete competes.  
Please pay with club check, money order or cash. **NO PERSONAL CHECKS**  
Participants and clubs may pay the day of the meet when they pick up their package, or
- Registration:** Register online at: On-line registration [www.athletic.net](http://www.athletic.net) will close at 11:00 pm  
Thursday April 9<sup>th</sup> 2020
- LATE Registration restricted to 7:00 a.m. to 8:00 am on Meet day with an additional cost of \$3.00 plus the \$9.00 entry fee.**
- First Aid:** First Aid will be available and located in a designated area.
- Age Divisions:** The athlete's year of birth shall determine the age division in which he/she will compete:
- 8 & under (2012 and Later)
  - 9 - 10 (2010 - 2011)
  - 11 - 12 (2008 - 2009)
  - 13 - 14 (2006 - 2007)
  - 15 - 16 (2004 - 2005)
  - 17 - 18 (2002 - 2003)
- Event Limitations:** 8 & under thru 11- 12 are limited to **three** events. 13 & above are limited to **four** events
- Awards:** The top 8 overall will be awarded. Medals will be awarded **1st through 3rd place** Ribbons will be awarded to places 4th through 8<sup>th</sup>
- Coaches Meeting:** **7:45** A.M. at the center of the infield
- Meet Results:** Meet results will be provided free to all registered teams and participants, via e-mail or you may view them at: [www.scr-sd.com](http://www.scr-sd.com) also available on [www.sandiego.usatf.org](http://www.sandiego.usatf.org)
- Timing:** Fully automated timing (FAT) provided by **J&M Timing.**

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**Check-in Area:** Will be at located on the north end of the visitor's stands when the event is called. Two calls will be given for each event **Please** only check in when you event is called, **We will not check** in your athletes before his or her event is called

**Community:** Teams are asked to please police their area and clean up behind themselves. Coaches please request your parents and athletes to be on their best behavior (as always). Anyone displaying threatening or inappropriate behavior will be removed from the facility.

**Running Events:** Report to the Clerk of the Course when the event is called. Two calls will be given for each event Athletes must report to the Clerk of the Course **stay in the area**.

**Field Events:** Report directly to that event when the event **is called**. Two calls will be given for each event. Athletes competing in a called running must check with the official in charge before leaving to report to the Clerk of the Course. Athletes must report back to their field event within 5 minutes of their completion of their running events; all measurements will be metric

**All athletes will be given 4 attempts, No other jumps or throws after those attempts**

**Implements:** **Please bring your own marked implements**

## San Diego RoadRunners Schedule of Events

### **Track Events – First Call 7:30 a.m. Track Events – Start Time 8:00 a.m.**

|    |                                  |  |
|----|----------------------------------|--|
| 1. | 1500 Meter Run                   | All Divisions  |
| 2. | 80 Meter Hurdles                 | 12 – 12  |
| 3. | 100 Meter Hurdles                | 13 – 14  |
| 4. | 100 Meter Dash                   | All Divisions  |
| 5. | Race Walk (1500 & 3000) combined | <b>1500</b> -(8&U thru 11-12)/ <b>3000</b> -(13-14 thru 17-18) |
| 6. | 400 Meter Dash                   | All Divisions  |
| 6. | 4 x100 Relay                     | All Divisions  |
| 7. | 800 Meter Run                    | All Divisions  |
| 8. | 200 Meter Dash                   | All Divisions  |
| 9. | 4 x 400 Relay                    | All Divisions  |

### **Field Event – First Call 7:30 a.m. Field Events – Start Time 8:00 a.m.**

**Competitors must check in at the field event site when called**

|                     |  |
|---------------------|--|
| <b>Long Jump</b>    | 8 & ↓, 9/10, 11/12, 13/14, 15/16<br><b>(Two pits will be used girls pit 1, boys pit 2)</b> |
| <b>Mini Javelin</b> | 9-10G, 9-10B, 8 & ↓G, 8 & ↓B   |
| <b>Aero Javelin</b> | 11-12G, 11-12B (Event follows the Mini-Javelin)  |
| <b>Discus</b>       | 13-14G, 13-14B -12G, 11-12B, 15-16G, 15-16B  |
| <b>Shot Put</b>     | 8 & ↓G, 8 & ↓B, 3-14G, 13-14B, 11-12G, 11-12B, 9-10G, 9-10B, 15-16G, 15-16B                |