

CATARACT SURGERY STEPS/DATES - DR. ANDREW CRICHTON

***This package and video avail on website: www.glucomacalgary.com**

1. **1 to 12 Months Prior to Surgery - A-SCAN:** This is a measurement of your eye needed to determine the type and power of the artificial lens that will be placed in your eye at surgery.
Where: Dr. Crichton's office: #102, 49 Richard Way SW, Calgary, AB
When: _____ :takes about 30 min, no dilation although a family member is welcome to join you to listen to discussion/options
 - **5 days prior to A-SCAN:** begin instilling artificial tears (eg. Refresh or Systane) 4 times per day in both eyes (continue any other drops already taking); please do not instill any drops 1 hour before exam
 - if you wear contact lenses, soft c/l's must be removed 1 week prior, hard c/l's must be removed 2 weeks prior

2. **1 month prior to surgery - MEDICAL:** complete and return the enclosed "Medical Information" page
 - If you are having any health changes within the 3 months prior to your surgery date or a glaucoma surgery is added to your cataract surgery, please call our office to discuss as a more detailed medical exam may be needed by your family doctor

3. **2 days before surgery - EYE DROPS:** see prescription and instruction sheet in package. Continue any other drops you already use.

4. **SURGERY:**
 - **RIGHT EYE:** _____ **Arrival time:** _____
 - **LEFT EYE:** _____ **Arrival time:** _____
 - **WHERE?** SURGICAL CENTRES INC (BEHIND MAYFAIR PLACE)
Rockyview Health Centre II (NOT at Rockyview hospital)
Suite 120, 1016 68 Ave SW, Calgary, Alberta (see map)
 - Pay parking is available in main parking lot, enter in main doors.
 - **HOW LONG?** You will be at the surgery center for approx 1.5 to 2 hrs
 - **FEES?** IF you chose a specialized lens or do not have Alberta HealthCare, you must pay the associated fees prior to surgery with Debit/VISA/Mastercard (AHC pays for surgery with standard lens)
 - Somebody else must drive you home from surgery; taxi is acceptable if no other option and no sedation is given

5. **AFTER SURGERY Follow-Up appointments at Dr. Crichton's office:**
 - **1-Day after surgery - Thursday Afternoon** OR
if also having glaucoma surgery: Thursday Morning RV Hospital Clinic
 - **2-3weeks after surgery:** appointment to be given after surgery