

ON THE BIT

PASO DEL NORTE
DRESSAGE SOCIETY

MAY 2015

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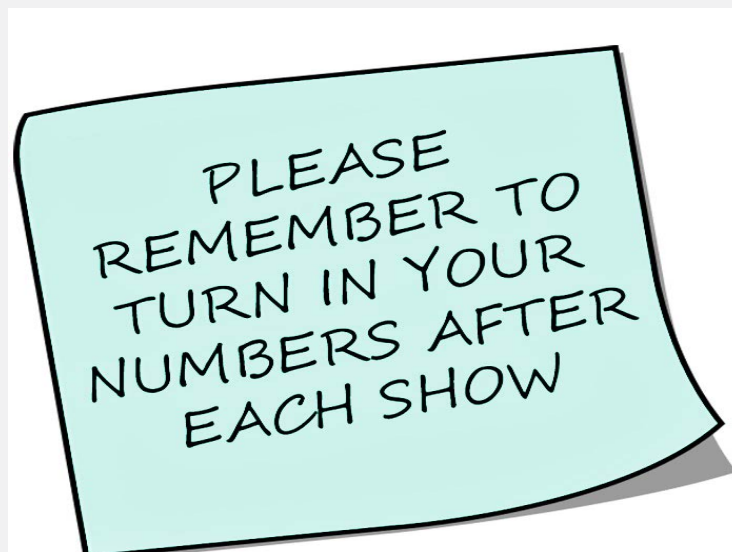
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Dear Members,

We are through with our Spring Show schedule and, I must say, that last one was a challenge. I am sorry that we didn't really get a chance to shop at the tack sale but enough interest has been made that we will reschedule it for the fall.

Michelle Dorsey has resigned as our Membership Coordinator and Club Secretary. She has been instrumental in running this club for many years and is a fountain of knowledge and experience that will be missed. Thank You Michelle for all you have done. We will see at the shows.

We obviously, now, need new volunteers. Please consider volunteering to help your club. We are doing our best to help make this as easy as possible. The new by laws allow us to have electronic media meetings,(email, skype, conference calling) so distance doesn't matter. As the saying goes... Many hands make light work. Your Club needs you!

Now for the tough part. Your club needs your help. This club has been losing money for the last couple of years at a rate of about \$1500 a year. While we do still have money to work with we need to turn the financial situation around. The fundraisers have not been very successful and attendance at the shows is down. We are not making enough money to sustain our busy schedule without losing money overall for the year. If we do not turn this financial situation around this club will be out of money in about 4-5 years. I don't want this to be all doom and gloom. I am asking all members to consider looking for Sponsors for our schooling shows or consider sponsoring a class yourself. We will provide businesses that sponsor a class free advertising in the newsletter and the website.

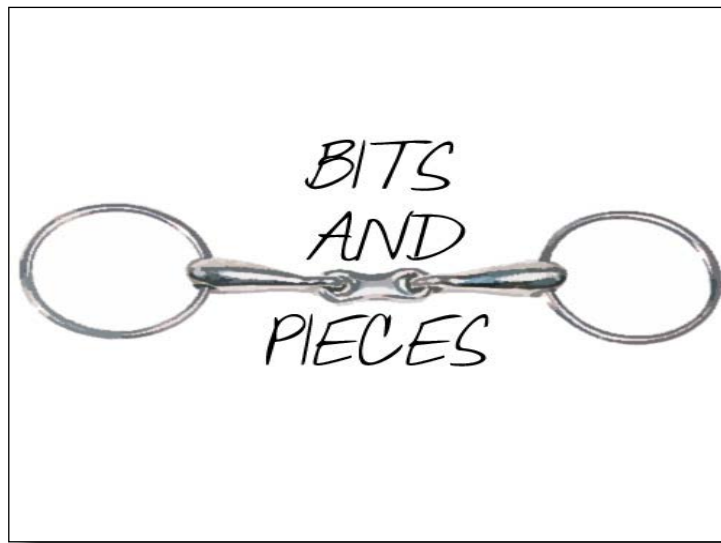
We can turn this around but we need some time and money. Please consider helping out.

We will be sending out survey of the club to find out exactly what you want from this club to help us in changing the situation. Please fill it out and return as soon as possible. It will be completely anonymous so tell me what you think.

The Awards Banquet is right around the corner. I hope I see you all there!

Missy Broyhill

PDNDS President



Polo shirts will be delivered at the awards banquet, next opportunity will be at the summer party

We will vote on the logo design contest entries at the awards banquet. We will take orders for the t-shirts in June/ July and deliver them in the fall.

Classifieds are now on the website and in the newsletter. I encourage local instructors to advertise on the website.

This is a military town with people coming in all of the time. Last fall I had quite a few people that were moving here, contact me through the website about boarding their horses! Members advertise for free

The tack sale will be rescheduled in the fall - date to be determined.

Although our tack sale was cut short due to bad weather we did make \$17.75 for the club.

Jane Wilmes has Volunteered to be show Secretary for the Recognized show next year. We need a show manager now, so we can proceed with the planning. Carol

*If you haven't
already, please RSVP here*



May 3, 2015

11am

PDNDS Annual Awards Banquet

Edge of Texas Steakhouse

8690 Edge of Texas

El Paso, TX 79834



Join us for food and fun at our
annual
summer party and meeting June 4th
@ 6:30 PM
at the home of
Helen and Richard Knopp,
5756 BOX Elder

Directions:

Avoid Country Club as it may still be under
construction.

If traveling West, take Artcraft exit to the left, turn left on upper
Valley at the light,
and turn right on Gomez.
Box Elder is the first street to the left. Third house on left (two
story) with horse trailer in front.
If traveling East from the Las Cruces area, it is the same except take
a right on Artcraft.

Pot luck
for sides and
desserts!

Open Volunteer Positions

Secretary.

- Keep the minutes of the general meeting and all meetings of the Board of Directors.
- See that all notices are duly given in accordance with the provisions of the Bylaws
- Be custodian of the organization's records, and in general perform all duties incident to the office of Secretary.
- The secretary shall give a copy of all meeting minutes to the President of the organization.
- In the absence of the president and vice president the secretary will exercise the power and perform the duties of the president.

Membership Coordinator:

- Receives all membership forms (both paper and online).
- Responsible for sending all new member and returning member info to USDF in a timely manner
- Sending payment for each member to USDF at time of member enrollment
- Keep a current list of all members and their information.



USDF NEWS

UPDATED: Great American Insurance Group/USDF Region 5 Championship Competition Dates!

Attention all Great American Insurance Group/USDF Regional
Championship Competitors!

Due to an unforeseen conflict, the date of the 2015 Great American
Insurance Group/USDF Region 5 Championships has been changed to
October 16-18, 2015.

The competition location will remain at WestWorld of Scottsdale in Scotts-
dale, AZ.

Competitors will have until September 21, 2015 to earn their qualifying
scores for this regional championship.

New eTRAK Articles and Podcasts Available

Are you sure your saddle pad logo is legal? [Check out this eTRAK video to find out.](#)

Have you ever wondered what the role of a Technical Delegate is in your
competition, or how they can be utilized as a resource for a competitor?

[Check out Episode 65 of the USDF Podcast .](#)

These questions and more are addressed in the latest eTRAK articles and podcast
publications. In order to utilize these valuable competition resources, log onto the
USDF website to access eTRAK and the USDF podcast.

usdf.org

The 6 Habits of Highly Successful Competitors

TONYA Johnson understands how athletes think. She has a Master's degree in sport psychology. She conducts sport psychology clinics and consultations. She has taught Master's students about sport psychology at John F. Kennedy University. It's no exaggeration to say, Johnston is intimately acquainted with the mental skills of peak performance and the thought processes that undermine it.

She is also a rider, which makes her uniquely qualified to offer insight into the equestrian mind. (Johnston currently rides with Ned and Hope Glynn at Sonoma Valley Stables in Petaluma, California.) You could say she's written the book on equestrian sport psychology. (It's called *Inside Your Ride* and you can find it on Amazon.com.)

"You don't have to have a problem to benefit from sport psychology. There are things that stand out, things you can do day in and out, regardless of the size of the show or venue," says Johnston. "My philosophy is: go after what you want." Here she shares the six habits of highly successful competitors.

1. **Highly successful competitors stay focused in the moment**

"Highly successful competitors think, react and respond in the moment and do not allow their focus to get too far behind or too far ahead of themselves," says Johnston.

"They learn, plan and ride with instinct and feel. So if they have to make adjustments on course to Plan B or C, they can do it smoothly. They are present and aware of their body and the horse."

2. **They are proactive**

"'Solution oriented' is a term I use. When anything happens that is out of their control, they never get hung up on what happened. They immediately think about how to solve the problem," she says.

"If they feel the horse want to spook in the corner, they'll make a subtle correction to get the horse's attention back. Others get hung up on the horse's reaction—it's tensing up, it's ears are pricked—and that leads to the spook.

"Highly successful riders ride the solution so effectively in the moment that the mistake is caught quickly. There is no frustration or emotional reaction. It's a very smooth transition to the solution."

3. **Highly successful competitors have confidence in their preparation**

"High level competitors are so thorough in their preparation getting to the ring, they believe they are justified and comfortable in their confidence. It's not a false confidence. 'I did everything I could to prepare. The show ring is my

my time to show what I do well,” explains Johnston. Those at the high levels also have routines, she continues, which is something all riders can emulate.

“When you have a good day, think why? What did I do today? What did I do before I got on the horse? What did I eat for breakfast? Is it better when I watch other horses go or when I get here early? If I had three great days that feel like they happened randomly, maybe there are clues and strategies that I should make part of my preparation routine,” she advises.

4. They see that any one moment does not define us as a rider

Successful competitors don't beat up on themselves, get angry or feel extremely frustrated after a bad round. “They have the ability to understand mistakes and not take it to heart too much. They don't bottom out their belief in themselves. They laugh at a mistake, like water off a duck's back, and continue on,” says Johnston. “They are forward looking and supportive of themselves.”

5. Successful riders have manageable goals

Another feature of successful competitors is that they have realistic, performance-based goals that they can track and feel good about. This horse used to have a sticky lead change and two out of three today were great. They constantly look for progress and do not rely on outcomes,” says Johnston.

“Every time you come out of the ring you can identify something to be happy about. There are always a couple of quality things in a round, just as there will be stuff you can improve on,” she says. “When you only focus on the bad, it whittles away at your confidence.”

6. Highly successful riders channel energy appropriately

Most people who ride at top level will say if they are not feeling butterflies before a big class, something is wrong. They've made friends with the energy and are able to use it in a positive way,” says Johnston. “They allow themselves to be passionate about wanting to do well.”

Check out Tonya Johnston's Twitter feed for more inspirational riding advice. She's like the Tony Robbins of equestrian sport. tonyajohnston.com

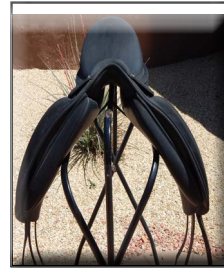


CLASSIFIED ADS

Wintec Pro dressage saddle.
18 inch seat.
Has a wide gullet installed.
The panels are flocked.
This saddle has seen very little use
and is in excellent condition.

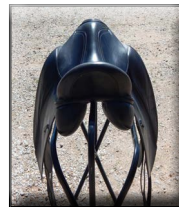
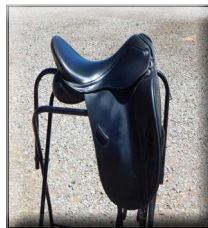
\$500

Please contact Missy at
mmbroyhill@gmail.com



Borne Levade Dressage Saddle,
MW tree,
18 inch seat.
Very good condition.
\$1800

Please call contact Missy at
mmbroyhill@gmail.com



For larger picture please visit the
classifieds section of our web site

[MORE](#)

Free classified ads on the web
site and newsletter for
PDNDS members!
email to
pdndsdressage@gmail.com

RESULTS FROM THE MARCH 22

SCHOOLING SHOW

Introductory B Open

94 Debra Bergstrom	Victoria	Introductory Walk-Trot Test B 2015	104.5	65.313%	1
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Training Level Test 1 JR/YR

(C) Perez-Soto,

48 Breeanon Ramey	Weltina	Training Level, Test 1 2015	150.0	65.217%	
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Training Level Test 2 JR/YR

(C) Perez-Soto,

48 Breeanon Ramey	Weltina	Training Level, Test 2 2015	147.0	56.538%	
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Training Level Test 3

(C) Perez-Soto,

30 Kirsten Romig	Angelique	Training Level, Test 3 2015	133.5	60.682%	1
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45 Helen Knopp	Perla	Training Level, Test 3 2015	133.0	60.455%	2
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45 Helen Knopp	Perla	Training Level, Test 3 2015	131	59.545%	3
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First Level Test 1 Open

(C) Perez-Soto,

47 Missy Broyhill	Tucker	First Level, Test 1 2015	167.0	61.852%	1
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18 Arden Evans	Indie	First Level, Test 1 2015	164.5	60.926%	2
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38 Kirsten Romig	Chico	First Level, Test 1 2015	156.5	57.963%	3
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38 Kirsten Romig	Chico	First Level, Test 1 2015	151.5	56.111%	4
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First Level Test 2 Open

(C) Perez-Soto,

728 Yvonne Kropf	Miss American Pie	First Level, Test 2 2015	204.5	63.906%	1
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7 Gail Feeley	Tantrioso	First Level, Test 2 2015	188.5	58.906%	2
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47 Missy Broyhill	Tucker	First Level, Test 2 2015	183.0	57.188%	3
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18 Arden Evans	Indie	First Level, Test 2 2015	182.0	56.875%	4
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Second Level Test 2 Open

(C) Perez-Soto,

3 Martha Diaz	Lock O' Storm	Second Level, Test 2 2015	259.5	63.293%	
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Second Level Test 3 JR/YR

(C) Perez-Soto,

171 Sarah Dauz	Voltaire	Second Level, Test 3 2015	270.0	65.854%	
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171 Sarah Dauz	Voltaire	Second Level, Test 3 2015	277.5	67.683%	
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Third Level Test 1 Junior

(C) Perez-Soto,

89 Priscilla Smith	Ruby Tuesday	Third Level, Test 1 2015	194.5	58.939%
89 Priscilla Smith	Ruby Tuesday	Third Level, Test 1 2015	187.0	56.667%

Third Level Test 1 Open Split

(C) Perez-Soto,

29 Ann Hayes	Alegria	Third Level, Test 1 2015	202.5	61.364%
29 Ann Hayes	Alegria	Third Level, Test 1 2015	197.5	59.848%

Third Level Test 2 Open

(C) Perez-Soto,

17 Martha Diaz	Decolote	Third Level, Test 2 2015	264.5	67.821%	1
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Beginner Novice Test B Open

(C) Perez-Soto,

94 Debra Bergstrom	Victoria	Online Test Place Holder	120	60.000%
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Prix Carilli 1 JR/YR

(C) Perez-Soto,

99 Grace Benson	Sky Dish	Prix Caprilli-First Level	153.0	61.200%
169 Bella Alberson	Bell	Prix Caprilli-First Level	140.5	56.200%
156 Ross Alberson	Deming	Prix Caprilli-First Level	155	62.000%

Prix Caprilli Level 2 Open

(C) Perez-Soto,

172 Kailie Dombrausky	Romeo	Prix Caprilli-Second Level	199.0	60.303%
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2014 YEAR END AWARDS

WESTERN DRESSAGE - CHRISTINA MITCHELL AND
RODMAN

TRAINING LEVEL - KARIN LENCYK AND
EN VOGUE (OPEN)

FIRST LEVEL - KIM BRITZMAN AND GUERO (OPEN)

FIRST LEVEL - SARAH DAUZ
AND VOLTAIRE (JR/YR)

SECOND LEVEL - ANN HAYES AND ALEGRIA (OPEN)
SECOND LEVEL - PRICILLA SMITH
AND RUBY TUESDAY (JR/YR)

THIRD LEVEL - DIANA WIERZ AND HERITAGE
(OPEN)

THIRD LEVEL - BREEANNON RAMEY AND FANTASIA

FEI LEVEL - KARIN LENCYK AND DYAM (OPEN)

2014 Traveling Trophies



Cassidy Award (High Point TB adjusted by level - Melissa Broyhill and Tucker

Titsworth Award (High Point Adult adjusted by level) - Karin Lencyk and Dyami



Banjo Award (High Point Junior adjusted by level) - Breeannon Ramey and Fantasia

Gladiator Award (High Point average of two scores at first level at any schooling show) - Sarah Dautz and Voltaire

Gambler Award (High Point second level Adult) - Ann Hayes and Alegria



BYLAWS
OF
PASO DEL NORTE DRESSAGE SOCIETY

ARTICLE I. NAME AND ADDRESS

Section 1.

Name. The name of the organization is Paso Del Norte Dressage Society, hereinafter referred to as PDNDS. PdNDS leadership will determine the organization's address.

ARTICLE II. PURPOSE AND OBJECTIVES

Purpose. The purpose of the nonprofit shall be to promote and encourage the sport of dressage, working co-operatively with local, regional and national horsemanship organizations in matters of common concern, and to support greater understanding and accomplishment for our members and the general public through educational programs, clinics, seminars, and competitions. The organization will represent the interests of PdNDS members in managing the organization

The organization is organized exclusively for charitable and educational purposes. PDNDS shall not carry on any other activities not permitted by an organization exempt from federal income tax under section 501(c)(4) of the Internal Revenue Code, or corresponding section of any future federal tax code,

ARTICLE III AFFILIATION

Paso Del Norte Dressage Society is a group member organization of the United States Dressage Federation (USDF), a 501(c) 3 organization that promotes and encourages a high standard of accomplishment in dressage throughout the US. The USDF is dedicated to the education, the recognition of achievement and the promotion of the sport of dressage.

ARTICLE IV. MEMBERSHIP

Membership in the organization is open to all persons and organizations interested in the sport of dressage. Further, membership is open to all persons regardless of religion, race, color, creed, sex, age or national origin. PdNDS standing rules will specify classes of membership and basic dues. The membership year will run from December 1st through November 30th. The organization may levy supplemental dues in accordance with the provisions of Article V, (Meetings), of these bylaws

ARTICLE V. LEADERSHIP DUTIES AND ELECTIONS

Section1. Officers and Leaders. Officers will consist of the president, vice president, secretary and treasurer. The leadership consists of the elected officers along with all chairpersons of any standing committees as set forth in the standing rules. The leadership is responsible for the routine operations of PdNDS and the implementation of any motions adopted by the membership.

Section 2. Qualifications. Officers must be dues-paying members in good standing at the time of the election and remain so during their term of office

Section 2. Elections. Election of officers will be held annually at the December regular meeting. Officers will be elected for a term of one calendar year to run from January 1st through December 31st, or until a successor has been duly elected. One person may not be elected to serve in more than one position.

The nominating committee, a standing committee of the organization, shall nominate, at least thirty (30) days prior to the December regular meeting candidates for any positions whose terms are to expire or are vacant, and its slate of candidates shall be included with the notice of the December regular meeting. Following the report of the nominating committee at the meeting, a majority vote, by ballot, of the membership will determine the winning candidate.

An election for any vacant officer position may be held at any regular or special meeting as long as the provisions of Article V, (Meetings), are met.

Section 3. Elected Officer Roles

A. President. The President shall preside over all meetings, shall, in general, supervise and oversee all of the business and affairs of the organization, and shall be responsible for reporting to the organization, as required, on the activities and operation of the organization. He/She shall be an ex-officio member of all committees except the nomination committee. The president is responsible for the filing of The Periodic Report (form 802) for PDNDS to the state of Texas. The president shall also make all necessary annual reports to the USDF(GMO Affiliate Verification/GMO Officials Update Form)

B. Vice-President. The Vice-President shall, in the absence of the President, or in event of his/her inability or refusal to act, perform the duties of the President, and when so acting, shall have all the powers of and be subject to all the restrictions of the President. The Vice-President shall perform such other duties from time to time as may be assigned to him/her by the President or the Board of Directors.

C. Secretary. The Secretary shall keep the minutes of the general meeting and all meetings of the Board of Directors, see that all notices are duly given in accordance with the provisions of these Bylaws, be custodian of the organization's records, and in general perform all duties incident to the office of Secretary. The secretary shall give a copy of all meeting minutes to the President of the organization. In the absence of the president and vice president the secretary will exercise the power and perform the duties of the president.

D. Treasurer. The Treasurer shall have charge and custody of and be responsible for all funds and securities of the organization, and shall be responsible for providing the organization with all financial and accounting data required of the organization. The treasurer is responsible for filing the organization's yearly 990 or 990N to the Internal Revenue Service. In the absence of all other officers the treasurer will exercise the power and perform the duties of the president.

Section 4. Removal. An officer shall be subject to removal, with or without cause, at a meeting called for that purpose.

An Officer of the organization may be removed when:

- a) An officer fails to attend two (2) consecutive meetings without adequate excuse; and/or
- b) An officer is not fulfilling the responsibilities of the office as prescribed in the Bylaws; and/or
- c) An officer engages in conduct which the membership determines to be injurious to the organization or its purposes.

The Officers at a duly noticed meeting, may by a vote of two-thirds (2/3) affirmative vote, take such action as it determines appropriate, which may include: (1) requesting the resignation of the officer; (2) making a formal recom-

mendation that the officer be removed from office.

Section 5. Resignation of an Officer

Any officer wishing to resign shall submit a letter of resignation to the Secretary of the organization and make a final report to the President on the status of any committee responsibilities.

Section 7. Vacancies. Any vacancies of the officers that occur, whether by death, resignation, removal or any other cause, may be filled by the remaining officers. A director elected to fill a vacancy shall serve the remaining term of his or her predecessor, or until a successor has been elected and qualified.

Section 6. Standing Committees. The President shall appoint the chairpersons of all committees from the membership of the organization with the approval of the officers. All committee appointments shall terminate upon the election of a new President, unless specifically determined otherwise at the regular December meeting. All committees shall function within the guidelines and budgets established by the officers.

Section 7. Ad Hoc Committees. The President may establish ad hoc committees at any time. All ad hoc committees are subject to the same rules and operating procedures as standing committees.

Section 8. Records. Every Director shall have the absolute right at any reasonable time to inspect and copy all books, records and documents of every kind and to inspect the physical properties of the organization. At the conclusion of their term all officers will transfer all records pertaining to their office to the succeeding officer within fourteen days.

Section 9. Compensation. No officer or any member of a committee shall receive at any time any of the net earnings or profit from the operations of the organization. However, this shall not prevent the payment to any such person of reasonable compensation for services rendered to or for the organization. Such compensation shall be fixed by the Officers from time to time.

Section 15. Indemnification. The officers shall be indemnified and held harmless to the extent and in the manner permitted by Texas Nonprofit Corporation Law.

Section 12. Budgets. The officers shall approve develop the annual budget of the organization during the first quarter of each calendar year. The membership shall vote to approve the budget developed by the officers.

ARTICLE VI. MEETINGS

Section 1. Regular Meetings. PdNDS will hold a minimum of 4 regular membership meetings, open to all members, annually. By definition a regular meeting is one for which the date, time and location have been announced to the membership in the most recent newsletter published prior to the meeting.

1. Section 2. Special Meetings. The president may call a special meeting at any time and must do so when 20% of the membership requests. The president or other designated officer must give written notice to the membership at least one week in advance. Special meetings are open to all members.

Section 3. Emergency Action. Should action be required when it is not possible to assemble membership in a properly called meeting, written or oral approval of the proposed action by a majority of the officers may be obtained in a poll of officers, authorized by the President or majority of the Executive committee. Any action so taken shall be recorded in the minutes of the next properly called board meeting.

Section 4. Leadership Meetings. PDNDS will hold a minimum of 4 Board meetings annually. Membership is welcome at all board meetings.

A. The Board may hold a meeting by telephone conference or by electronic media in which all persons participating in the meeting can communicate with each other. The notice of a meeting by telephone conference or electronically must state the fact of the that the meeting will be held by telephone or electronically as well as all

other matters required to be included in meeting notices as provided in these bylaws.

Participation of a person in a telephone or electronic conference constitutes presence of that person at the meeting.

B. The Board of Directors may conduct business by e-mail when it is deemed necessary by the Chairman of the Board. A simple majority of the Officers shall constitute a quorum. The same procedure used at regular meetings shall apply to e-mail voting.

Section 5. Notice. Written notice of all meetings shall be provided under this section or as otherwise required by law. The Notice shall state the place, date, and hour of meeting, and if for a special meeting, the purpose of the meeting. Such notice shall be deemed effective when deposited in ordinary U.S. mail, properly addressed, with postage prepaid or sent electronically through e-mail or published in the organization's newsletter. Such meetings shall be open to any member of good standing.

Section 6. Parliamentary Authority. The newly revised Roberts Rules of Order will govern all PDNDS meetings to the extent they do not interfere with these bylaws

Section 7. Place of Meeting. Meetings shall be held at a place that the officers of the organization's choose. . The location of the meeting must be stated in the notice of the meeting.

Section 8. Quorum A quorum for any PdNDS meeting consists of 20% of the current dues-paying membership. In the absence of a quorum the officers may adjourn the meeting to another time without further notice.

Section 9. Adoption of Motions. Except as otherwise specified in these bylaws, a majority vote of the members present and voting is required for the adoption of any motion at a regular or special meeting

ARTICLE VII. AMENDMENT TO BYLAWS

These bylaws may be amended at any special meeting by a 2/3 vote of the members present provided written notice of the revisions are received by the membership at least 30 days prior to the meeting.

Article VIII. Fiscal Year

The fiscal year of PDNDS shall begin on the first day of January and end on the last day of December.

Article IX. CHAPTERS

1. General. PdNDS chapter organizations are permitted if their form and content are approved by PdNDS beforehand

ARTICLE X. . Dissolution

Upon dissolution or liquidation of the Corporation (whether voluntary or involuntary), the net assets shall be distributed as determined by the Corporation, but only to one or more charitable organizations exempt from Federal Income Tax under Section 501(C) 3 of the Internal Revenue Service Code of 1954 (or the corresponding provision of any such future law). Any such assets not so disposed of shall be disposed of by the District Court of the county in which the principal office of the Corporation is then located exclusively for such purposes or to such organization or organizations as said Court shall determine which are organized and operated exclusively for such purposed.

I certify that the foregoing is a true and correct copy of the bylaws of the above-named corporation, duly adopted by the initial Board of Directors on 4/23/2015

Paso Del Norte Dressage Society

