

# Coureurs de Bois Race Results 2017

## 4 mile (3.25-3.4) Results

### Male

1	Arturo Hernandez	M	33	93	25.54
2	Dennis Matuch	M	45	317	28
3	Kevin Conlin	M	37	252	29.53
4	Brent Ruzel	M	57	188	30.01
5	Jonathan Kressin	M	39	254	35.04
6	Barry Rotman	M	56	102	41.05
7	Greg Nottingham	M	52	183	41.58
8	Brandon Sebens	M	42	237	42.5
9	Adam Germia	M		321	43.06
10	Aaron Wolfe	M	48	315	48.07
11	Riley Sebens	M	14	257	52.3
12	Aiden Sebens	M	11	238	52.31
13	Pat O'Brian	M	50	313	54.35
14	Jeff Walker	M	50	236	1.01.20
15	Jurgeon Reinold	M	56	260	1.11.50

### Female

1	Carissa Coons	F	32	263	32.26
2	Lindsey Barker	F	29	273	32.26
3	Pam Fobrecht	F	42	227	34.1
4	Julia Markworth	F	37	262	41.58
5	Kathryn Rogalski	F	42	319	45.24
6	Denise Schneider	F	39	268	46.43
7	Sandra Petrovic	F	25	284	46.43
8	Jodi McCarty	F	41	283	49.03
9	Sandra Wilson	F	49	237	52.46
10	Susan Dabbs	F	70	244	52.56
11	Hallie Knipple	F	32	242	53.22
12	Diane Thomsson	F	52	318	54.5
13	Lauren O'Brien	F	46	326	56.14
14	Luann Crain	F	55	189	57.58
15	Sue Kinowski	F	52	192	1.07.17
16	Debbie Townsley	F	52	271	1.07.18
17	Ashley Mecozzi	F	28	261	1.07.18
18	Joanne Mecozzi	F	55	280	1.07.19

## 8 mile (6.5-6.8)

### Male

1	Louis Poggenburg	M	52	187	57.23
2	TJ Esparaza	M	31	314	1.01.44
3	Jeff Webster	M	51	108	1.04.05
4	Mike Meeker	M	61	118	1.09.15
5	Glen Sabin	M	45	219	1.10.22

6 Ed Kravalis	M	46	191	1.13.53
7 Jack O'Brien	M	57	193	1.14.14
8 Justin Revoredo	M	41	285	1.20.21
9 Gary Landverk	M	55	234	1.25.05
10 Mark Helm	M		486	1.24.40
11 Simon	M	17	320	1.32.05
12 Cody Jurgens	M		282	4.25.00
13 Jacob	M			4.25.00

### Female

1 Danielle Sabin	F	44	229	1.10.20
2 Trista Kerr	F	50	228	1.11.25
3 Ava Revoredo	F	33	275	1.11.42
4 Jessica Crain	F	29	190	1.12.05
5 Alexandra Reinold	F	58	259	1.20.22
6 Rachel Hintz	F	55	287	1.21.08
7 Allison Renaud	F	57	258	1.26.20
8 Pam Tovar	F	56	274	1.34.40
9 Michelle L'Estrange	F	55	256	1.35.35
10 Rebecca Lorentz	F	47	246	1.35.35
11 Cheryl Helm	F		185	1.38.55
12 Susan Geindner	F		289	1.45.47
13 Michelle Perez	F	50	290	1.45.47
14 Rebecca Matthews-Johnson	F	50	210	1.56.01
15 Erika Delgado	F	30	249	2.13.58
16 Maria Sanchez	F	30	328	2.13.59
17 Nichole Taylor	F	35	272	4.14.00
18 Rainn	F		323	4.14.00

### 12 Mile (9.75 - 10.2)

#### Male

1 Robert Williams	M	50	265	1.25.40
2 Daniel Cordova	M	39	264	1.49.06
3 Oscar Rodriguez	M	31	329	2.02.50
4 Jim Raymond	M	68	270	2.17.45
5 David Christensen	M	56	288	2.26.24

#### Female

1 Jennifer Stevens	F	49	226	1.51.50
2 Ewelina Milewska	F	30	269	1.55.05
3 Carmen Abelson	F	26	206	1.57.53
4 Augusta Scescke	F	26	215	1.57.54
5 K DeBois	F		325	2.06.20
6 Barb Butler	F	51	278	2.06.23
7 Terri Reyes	F	49	316	2.08.37

### 16 mile (13 to 13.6)

#### Male

1	Patrick Cantagallo	M	38	195	2.10.30
2	Jimmy Jones	M	38	242	2.26.53
3	Timothy Walker	M	47	235	2.27.54
4	Ajay Dendl	M	30	231	2.29.13
5	John Coons	M	42	266	2.47.32
6	John Shotwell	M	40	251	3.01.07
7	Michael Schaffner	M	53		3.16.27

**Female**

1	Zelenda Koch	F	36	184	2.07.25
2	Nikki Ball Toughill	F	38	245	2.21.59
3	Ashley Day	F	29	253	2.22.45
4	Valerie Syrjamaki	F	31	216	2.25.10
5	Jenna Bain	F	32	196	2.25.12
6	Missy Gray	F	40	200	2.26.50
7	Laura Comilla	F	42	194	2.27.25
8	Trescha Kay	F	32	243	2.41.07
9	Kelly Flynn	F	41	279	2.47.33
10	Arizona Powers	F	47	250	2.55.17
11	Jeanette Shotwell	F	41	241	3.01.08
12	Christine Gagnon	F	48	208	3.16.27
13	Jody Dyson	F	41	217	3.34.17
14	Angela Gliffillan	F	52	205	3.52.00

**Relay (12 mile relay-- 9.75 to 10.2)**

1	Copple/Kangas				1.44.30
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**Relay (16 mile -- 13 to 13.6)**

1	Biggio/Biggio				2.09.40
2	Kind-Keppel/Hauser				2.34.36
3	Diaz/Diaz				2.37.20
4	Delgado/Delgado				2.58.06