

## John Aguilar, Jr, DAOM, EAMP, Dipl OM (NCCAOM)

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### Work Experience

<u>Adjunct Faculty, “History and Foundations of Eastern Medicine”, Eastern School of Acupuncture and Traditional Medicine</u>	2020-Present
Designed and built a course covering medical theory and practice from the Shang to modern times, including direct study of seminal texts from each period	
<u>Adjunct Faculty, “Chinese Medical Language 1 &amp; 2”, “Foundations of Chinese Medicine”, Arizona School of Acupuncture and Oriental Medicine</u>	2020 – Present
Designed and built a two-course medical Chinese series emphasizing knowledge with immediate clinical relevance	
Restructured “Foundations” grounding the material in the <i>Nèijīng</i> 內經, including direct readings and critical assessment	
<u>Clinic Supervisor, Bastyr University</u>	2017 – Present
<u>Adjunct Faculty, “TCM Techniques 1”, Bastyr University</u>	2018 – 2019
<u>Adjunct Faculty, “Mandarin for Chinese Medicine 1-3”, Northwestern University of Health Sciences</u>	2017 – Present
Designed and built a three-course medical Chinese series emphasizing Knowledge with immediately clinical relevance	
<u>Chinese medical physician</u>	2003 – Present
Acupuncture and Chinese herbal medicine, acupressure, <i>tuīná</i> , diet therapy, <i>qìgōng</i> exercise therapy, Chinese medical counseling, treating a wide range of disorders, acute to chronic, physical to mental/emotional with a high level of direct interaction with patients	
<u>Reporter, Workshop on the Translation and Dissemination of Chinese Medicine</u>	2011
Hosted by the UCLA Center for East-West Medicine and the Confucius Institute	
<u>Co-founder and Chief Herbal Pharmacist, Rising Sun Oriental Medicine Pharmacy</u>	2007 - 2013
<u>Editor-in-Chief, Colorado Journal of Acupuncture and Oriental Medicine</u>	2005 - 2006
<u>Assistant Clinic Director, Colorado School of Traditional Chinese Medicine</u>	2004 - 2005
<u>Assistant Clinic Supervisor, Colorado School of Traditional Chinese Medicine</u>	2004 - 2005
<u>Herbal Pharmacist, Lifegate Holistic Pharmacy</u>	2004 - 2005
<u>Assistant, Yan Jing Supply, Herbal Pharmacy and Supply Store</u>	2001 - 2003

Licensed Massage Therapist, Acupressure (private practice) 1999 - 2001

Volunteer, Dragon's Light Herb Company 1999 - 2000

US Air Force, Security Police 1993 - 1997

*Honor Graduate, Basic Military Training*

*Distinguished Honor Graduate, Air Base Ground Defense (Ground Combat Skills)*

*Team Leader, Security Police Academy*

*Air Force Achievement Medal with bronze oak leaf cluster*

*Southwest Asia Service Medal with bronze service star (Operations 'Desert Storm', Saudi Arabia, and 'Southern Watch', Turkey)*

*Air Force Outstanding Unit Award (39<sup>th</sup> Security Police Squadron, Incirlik, AB, Turkey)*

*Expert Marksmanship with bronze service star*

Rated 'EWQ' ('Exceptionally Well Qualified') in multiple positions

Honorable Discharge

## Licensure

Washington: East Asian Medicine Practitioner, license #AC60267827  
no complaints or discipline

National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM), #23534  
Diplomat in Oriental Medicine, Chinese Herbology, Acupuncture

Certified Practitioner (Acupressure)  
American Organization for Bodywork Therapies of Asia (AOBTA)

Certified Yoga Therapist  
Rocky Mountain Institute of Yoga and Ayurveda

Registered Yoga Teacher (RYT 500)  
Yoga Alliance

## Education and Training

### Acupuncture, East Asian Medicine, Language, and Literature:

University of Washington, Seattle, Washington 2018 – Present

Asian Languages and Literature (Chinese), graduate student

Research focus – historical phonology and critical comparison of the

*Nèijīng Sùwèn* 內經素問 and the *Tàisù* 太素

University of Washington, Seattle, Washington 2014 –2017

Asian Languages and Literature (Chinese)

**Received Degree: BA**

Dean's List for high scholarship

Golden Key International Honor Society

Chinese Medical History 2014

with Stephen Boyanton, PhD, LAc

<u>Shānghán Lùn 傷寒論 studies</u> with Stephen Boyanton, PhD, LAc	2014
<u>Huángdì Nèijīng 黃帝內經 studies</u> with Edward Neal, MD, LAc	2013
<u>Canonical Chinese Medicine Training – Shānghán Lùn 傷寒論 Sequence</u> with Arnaud Versluys, PhD, MD (China), LAc	2012
<u>Canonical Chinese Medicine Training – Jīnguì Yàolüè 金匱要略 Sequence</u> with Arnaud Versluys, PhD, MD (China), LAc	2013
<u>University of Colorado, Denver and Boulder, Colorado</u> Chinese studies, Language and Literature track Competed in <i>Boulder Chinese Contest</i> , 2013, oral presentation 4.0 GPA	2012 - 2013
<u>Medical Chinese Language Studies</u> with Nicolaas Herman Oving, practitioner and sinologist	2012 - 2015
<u>Study with Dr. Lee Chen-Yu, Taipei, Taiwan</u> Clinic observation and lecture, two weeks	2012
<u>Oregon College of Oriental Medicine, Portland, Oregon</u> 1,200-hour post-graduate clinical doctorate of Acupuncture and Oriental Medicine Capstone project culminating in a 138-page paper: “On the Value of Chinese Language Skills for Practitioners of Acupuncture and Oriental Medicine” <b>Received Degree: DAOM</b>	2011 - 2013
<u>Drug-Herb Interactions: An Evidence Based Medical Approach</u> Thirteen-hour lecture Series – Dr. Greg Sperber, BMBS, DAOM, LAc	2011
<u>The Basics of Western Medicine Series: Neurology for the TCM Practitioner</u> Seventeen-hour lecture series – Dr. Bruce Robinson, MD	2011
<u>The Basics of Western Medicine Series: Musculoskeletal Diseases</u> Fifteen-hour lecture series – Dr. Bruce Robinson, MD	2011
<u>Pacific College of Oriental Medicine, San Diego, California</u> 250 hours of post-graduate doctoral training AOM	Spring 2010
<u>Advanced Pulse Diagnosis</u> Training and multiple seminars with Dr. Jim Ramholz, LAc, OMD	2001 - 2004

<u>Colorado School of Traditional Chinese Medicine, Denver, Colorado</u> Three-and-a-half year graduate program in TCM <b>Received Degree: MSTCM</b>	2000 - 2003
<u>Advanced Needling Techniques</u> Dr. Lixin Zhang, MD (China), LAc	2002
<u>Advanced Tongue Diagnosis in Clinical Practice</u> Dr. Phil Reynes, LAc, OMD (NM), DiplAc (NCCAOM)	2002
<u>Chinese Classics and Medical Philosophy</u> Elisabeth Rochat de la Vallee, PhD	2002
<u>Learning to Learn Chinese</u> Dr. Phil Reynes, LAc, OMD (NM), DiplAc (NCCAOM)	2002
<u>Pu/Synergy Pulse Diagnosis</u> Training and seminar with Dr. Marcus Brinkman, LAc, OMD	2002
<u>The Five Souls of TCM</u> Dr. Phil Reynes, LAc, OMD (NM), DiplAc (NCCAOM)	2002
<u>TCM Diet and Nutrition</u> Dr. Phil Reynes, LAc, OMD (NM), DiplAc (NCCAOM)	2001
<u>Yi Jing 易經</u> Dr. Phil Reynes, LAc, OMD (NM), DiplAc (NCCAOM)	2001
<u>Five-Element Acupuncture apprenticeship program</u> with Warren Bellows, LAc	2001 - 2002
<u>Metropolitan State University of Denver, Denver, Colorado</u> Psychology/Philosophy Presented poster abstract, "Survey Demonstrating the Efficacy, Safety, And Low Cost of Chinese Medical Treatment", at the <i>Fifth Annual Undergraduate Psychology Conference</i> (2001) Psi Chi National Honor Society in Psychology (2000) Golden Key International Honor Society (2001) <b>Requirements for Major Fulfilled toward BA</b>	2001 - 2003
<u>Jin Shin Jyutsu, Los Angeles, California and Boulder, Colorado</u> Multiple five-day practitioner-training seminars in Japanese style of acupressure	1999
<u>Institute of Taoist Education and Acupuncture, Lafayette, Colorado</u> Six months of training in Classical Five-Element Acupuncture	1999 - 2000
<u>Institute for Psycho-Structural Balancing, Los Angeles, California</u> Six-month, 150 hours, program in acupressure and <i>tuīná</i>	1999

Yo San University of Traditional Chinese Medicine, Santa Monica, California 1998 - 1999  
Two semesters of graduate level studies in TCM

#### Yoga:

PranaYoga and Ayurveda Mandala, Denver, Colorado 2011 - 2012  
250 hours of Yoga Therapy training

Rocky Mountain Institute of Yoga and Ayurveda, Boulder, Colorado 2011  
300-hour Yoga Therapy certification program

Cakra, Tantra, and Esoteric Anatomy  
140-hour advanced Yoga Teacher Training with Hansa Knox, ERYT 500 2011

PranaYoga and Ayurveda Mandala, Denver, Colorado 2010  
Comprehensive 265-hour Yoga Teacher Training in Hatha yoga

#### Other:

University of Maryland, University College, European Division 1997  
Dean's Honor List for 'Outstanding Scholarship'  
**Received Degree: Associates of Applied Sciences (General Studies)**

### Publications

"Back to the Basics – Zangfu Patterns", <i>Colorado Journal of Acupuncture and Oriental Medicine</i>	January 2006
"Chinese Medical Classics in English", <i>Colorado Journal of Acupuncture and Oriental Medicine</i>	January 2006
"Winter – Words from Past Masters", <i>Colorado Journal of Acupuncture and Oriental Medicine</i>	January 2006
"In the Clinic – Referring Out", <i>Colorado Journal of Acupuncture and Oriental Medicine</i>	October 2005
"Ever Closer to Fulfilling the Potential of Chinese Herbal Medicine", <i>Colorado Journal of Acupuncture and Oriental Medicine</i>	October 2005
"In the Clinic – Pulse Diagnosis", <i>Colorado Journal of Acupuncture and Oriental Medicine</i>	April 2005
"Dosing", <i>Colorado Journal of Acupuncture and Oriental Medicine</i>	April 2005
"Back to the Basics – Needling", <i>Colorado Journal of Acupuncture and Oriental Medicine</i>	April 2005
"Point Functions Integrated", <i>Colorado Journal of Acupuncture and Oriental Medicine</i>	April 2005
"In the Clinic", <i>Colorado Acupuncturist, Journal of the Acupuncture Association of Colorado</i>	Winter 2004
"On Science and Chinese Medicine", <i>Colorado Acupuncturist, Journal of the Acupuncture Association of Colorado</i>	Winter 2004
"Proving Chinese Medicine", <i>Colorado Acupuncturist, Journal of the Acupuncture Association of Colorado</i>	Winter 2004
"Models vs. Reality: On the Foundation of Integration", <i>The Colorado Acupuncturist</i>	July 2004
"Physics for the Physician: What Every Chinese Medical Physician	July 2004

Needs to Know About Quantum Physics”, <i>The Colorado Acupuncturist</i>	
“On Chinese Medical Herbalism”, <i>The Colorado Acupuncturist</i>	July 2004
“Needling – More Than Just a Tap and a Twist”. <i>Colorado School of Traditional Chinese Medicine</i>	2001
“Insomnia – Theory and Patterns Via a Chinese Medical Paradigm”. <i>Colorado School of Traditional Chinese Medicine</i>	2002
“Aggregations, Nodes, Rocks, Chestnuts, and Phlegm – Pathological Lumps of the Breast”. <i>Colorado School of Traditional Chinese Medicine</i>	2002
“Knee Pain – Beyond Blood and Bi”. <i>Colorado School of Traditional Chinese Medicine</i>	2002
“Die Da Ke – Chinese Medical 'Hit Medicine'”. <i>Colorado School of Traditional Chinese Medicine</i>	2002

### Lectures & Seminars

<u>Adjunct Professor</u> Seattle Institute of Oriental Medicine, Seattle, WA	2014
<u>Chinese Language and Shānghán Lùn 傷寒論 Language Studies</u>	2012 - 2013
<u>Yoga, Tàijí Quán, Meditation, Foundations of Health, Qigōng, Acupressure</u> On-going workshops, created and led for general public	2006 - Present
<u>University of Colorado, Center for Pre-Collegiate and Academic Outreach Programs, Pre-collegiate Health Careers Program, Denver, Colorado</u> Guest Lecturer – discussing the nature of AOM, with emphasis on AOM as a possible healthcare career	2011
<u>'Colorado Youth at Risk', Denver, CO</u> Designed specialized qigōng seminars for organization for teenagers at risk	2009
<u>Adult Survivors of Sexual Abuse organization, Arvada, Colorado</u> Guest Lecturer, General lecture and presentation on AOM	2007
<u>Chinese Medical Herbology: Introduction to Formulas, Denver, Colorado</u> Selecting and tailoring formulas, dosing, order of cooking and preparing of herbs ( <i>páo zhi</i> ), critical analysis of results and treatment planning, patient compliance, classical combinations of herbs ( <i>dui yao</i> )	2005
<u>Skyland Community High School, Denver, Colorado</u> Guest Lecturer – Basic talk on AOM to high school students	2005
<u>University of Colorado, Health Sciences Center, School of Nursing, Denver, Colorado</u> Guest Lecturer – Lecture and hands-on training with Nurse Practitioner students, covering: Chinese medical pulse and tongue diagnosis	2005
<u>University of Colorado, Health Sciences Center, Denver, Colorado</u> Guest Lecturer – AOM overview lecture to medical students, with demonstration	2003

University of Colorado, Health Sciences Center, School of Nursing, Denver, Colorado 2003  
Guest Lecturer – Detailed lecture covering – an introduction to AOM, AOM  
history, compare/contrast with biomedicine, training, licensing, and credentialing  
of LAcS, clinical practice of AOM, scope of practice, communication and referral

### **Professional Memberships**

Washington East Asian Medicine Association  
American Association of Acupuncture and Oriental Medicine  
Society for Acupuncture Research  
International Society for the Study of Classical Acupuncture  
International Association of Yoga Therapists  
National Qigong Association

### **Hobbies**

Daoism, martial arts, lay study of physics and quantum mechanics (e.g. writings of Heisenberg, Bohm, Bohr, Schrödinger, Einstein), nature photography, forward for the *Seattle Freeze* (Division Eight, Greater Seattle Hockey League), singing bass for the *University Singers*, University of Washington

### **Personal Cultivation**

Longstanding daily practice of *Tàijí quán*, yoga, *qigōng*, and meditation understanding that such personal cultivation is the foundation of clinical skills, such as needling techniques, as well as critical thinking and analysis in diagnosis and treatment planning

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