Food Menu #1

WEEK OF _____

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Cereal (Cherrios)	Oatmeal	Eggo Waffles	Scrambled Eggs	Cereal (Cherrios)
Oranges	Banana	Oranges	Toast (Wheat)	Oranges
Milk 1%				
Morning Snack				
Gold fish	Fruit/Veggie Smoothie	Graham Cracker	Gerber Puffs	Apple Sauce
Banana	Animal Crackers	Banana	Banana	Graham Cracker
Milk 1%	🦧 Milk 1%	Milk 1%	Water	Milk 1%
			CE	KEAL
<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
Grilled Cheese w/Bread	Meat Balls	PB & J	Chicken Nuggets	Pizza
Broccoli	French Fries	String Cheese	Macaroni & Cheese	Jell-O
Milk 1%	Corn	Oranges	Broccoli	Ritz Crackers
	Milk 1%	Milk 1%	Milk 1%	Milk 1%
Afternoon Snack	<u>Afternoon Snack</u>	<u>Afternoon Snack</u>	<u>Afternoon Snack</u>	<u>Afternoon Snack</u>
Graham Cracker	Fruit Snack	Ritz Crackers	Apple Sauce	Fruit Snacks
Oranges	Banana	Fruit/Veggie Smoothie	Graham Cracker	Banana
Water	Water	Milk 1%	Water	Water