CTS Test Please email the answers back to info@drbryanhawley.com

- 1. The actual anatomical pathway that the median nerve goes through is
 - a. Carpal tunnel syndrome
 - b. Carpal tunnel
 - c. Tunnel of Guyon
 - d. Transverse ligament tunnel
- 2. The actual condition that was discussed that causes pain and numbness in the hand is
 - a. Flexor digitorum itis?
 - b. Carpal tunnel syndrome
 - c. Carpal tunnel
 - d. None of these
- 3. Which nerve innervates **the back part** of the hand covering the thumb and part ring finger?
 - a. sciatic
 - b. radial
 - c. ulnar
 - d. median
- 4. Which nerve innervates the **front (palm**) side of the hand covering part of the thumb and half of the middle ring finger?
 - a. Radial
 - b. Ulnar
 - c. Median
 - d. None of these
- 5. Which was not mentioned in the Ortho testing?
 - a. Phalens Maneuver
 - b. Reverse Phalens
 - c. Tinels sign
 - d. Cervical compression test
- 6. When the thumb muscle diminishes as discussed it is termed?
 - a. Thenar atrophy
 - b. Radial atrophy
 - c. Median atrophy
 - d. Ulnar atrophy

- 7. According to the slide image as well as discussed the thumb is innervated by which part of the plexus?
 - a. T1
 - b. C3
 - c. C2
 - d. C5
- 8. With electrodiagnostic testing which one did DrH say had the needles stuck in you?
 - a. NCV
 - b. EMG
 - c. ABC
 - d. PDQ
- 9. Which one of these could be exacerbating the CTS symptoms, that was mentioned?
 - a. Weed eater usage
 - b. Swimming
 - c. Driving
 - d. Talking on phone
- 10. Which one of these muscles could contribute to Plexus disorder that Dr H mentioned?
 - a. Sub Occipital
 - b. Pec Muscles
 - c. Lats
 - d. Rhomboids
- 11. Which of these is NOT likely to cause a Cervical Burner or Stinger?
 - a. Typing
 - b. Football
 - c. Auto Accident
 - d. Major fall