

Even though we are in a pandemic, you can still attend Al-Anon meetings. Thank goodness!!!! Northern KY (D11) Al-Anon offers 12 video/audio meetings a week that use “zoom.” The list of local meetings is available at nkyalanon.com

<p>Local zoom meetings:</p> <ul style="list-style-type: none"> • Join by link or user id and password • Join via video, audio or dial in (phone only) • Info including links, id/passwords and dial in numbers is available here
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If you do not want or have the zoom app, you can join a zoom meeting via computer, tablet, or smart phone by:

1. Going to zoom.us
2. Following the onscreen directions to enter the Meeting ID and password; and
3. Selecting audio or video or asking the host for help.

You can also attend a zoom meeting as if it were a conference call. Just use the phone and meeting ID listed on the Northern KY Al-Anon page.

There are other ways to attend an Al-Anon meeting. Here is some info on those meeting options.

<p>Electronic Meetings</p> <ul style="list-style-type: none"> • Meetings that happen via email, zoom, online bulletin boards, Facebook or other online communication tool • Info on electronic meetings is found here. 	<p>Telephone Meetings</p> <ul style="list-style-type: none"> • Meetings via conference call • Info on telephone meetings is found here
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Still need help. Use “zoom for beginners” in the search tool on [YouTube](https://www.youtube.com) to locate several video tutorials.

Want to make the zoom experience a bit better for all. These tips may help:

- Join early.....and catch up with others!
- Download the zoom app – it makes it so much easier!
- Arrange light in front of you. Otherwise it is hard to see your pretty face!
- Keep yourself muted unless you are talking.

Our district has a committee working on a plan for starting some permanent zoom meetings. Go to [this link](#) to complete the zoom survey. Survey is available until July 19th,

If you have a teen interested in Alateen, there are online meetings available for them. KY Alateen meetings:

- Wednesday night Youth and wisdom @ 8pm
ID: 621 868 107 Password: 881530
- Saturday at 11am
Meeting ID: 974 6079 2556 Password: hope