

Meet Schedule

Saturday, July 24th Schedule 13 & Up Athletes ONLY

7:00 AM Hammer Throw Only - Athletes, Coaches, Spectators for Hammer Throw ONLY (GATE #2)

7:20 AM Hammer Throw ONLY!

7:30 AM Triple Jump - Athletes Spectators for TRIPLE JUMP ONLY (GATE #4)

8:30 AM **TRIPLE JUMP PIT 1 (BOYS 13 & Up DIVISION)**

8:30 AM **TRIPLE JUMP PIT 2 (GIRLS 13 & Up DIVISION)**

8:50 AM Athletes and Coaches Bib Number and Wristband pick-up at (GATE #4)

9:00 AM Gates Open (Gates #2 & #3 for spectators and Gate #4 for athletes/coaches)

9:00 AM Track Opens

10:00 AM Field Events Start

- Shot Put (Boys 13-14, 15-16, 17-18, Open)
- Discus Throw (Girls 13-14, 15-16, 17-18, Open)
- High Jump (17-18, 15-16, 13-14, Open Boys/Girls)
- Long Jump Pit 2 (Girls 13-14, 15-16, 17-18, Open)
- Long Jump Pit 1 (Boys 13-14, 15-16, 17-18, Open)

12:00 PM Shot Put (Girls 13-14, 15-16, 17-18, Open)

12:00 PM Discus Throw (Boys 13-14, 15-16, 17-18, Open)

2:00 PM Javelin (Combined age divisions)

10:00 AM Running Events Start (rolling-schedule)

2000m Steeplechase (F)

100H/110H (F)

3000m (F)

100m (F)

800m (F)

4x100m Relay (F)

1500m (F)

400m (F)

200H/400H (F)

4x800m (F)

4x100m Racewalk relay (exhibition event)

200m (F)

4x400m (F)

Sunday, July 25th Schedule 12 & Under Divisions

8:50 AM Athletes and Coaches Bib Number and Wristband pick-up at GATE #4

9:00 AM Gates Open (Gates #2 & #3 for spectators and Gate #4 for athletes/coaches)

9:00 AM Track Opens

10:00 AM Field Events Start

- Discus Throw (11-12 Boys/Girls)
- High Jump (9-12 Boys/Girls)
- Long Jump Pit 1 (Boys 8 & Under, 9-10, 11-12)
- Long Jump Pit 2 (Girls 8 & Under, 9-10, 11-12)

11:00 AM Javelin (11-12, 9-10, 8 & Under)

11:00 AM Shot Put Ring (8 & Under, 9-10, 11-12)

11:00 AM Shot Put Ring (8 & Under, 9-10, 11-12)

10:00 AM Running Events Start (rolling-schedule)

80H (F)

4x800m (F)

3000m (F)

100m (F)

800m (F)

4x100m Relay (F)

1500m (F)

400m (F)

4x100m Racewalk relay (exhibition event)

200m (F)

4x400m (F)