



The Woodlands High School
Lady Highlander
2018 Cross Country Schedule

<u>Date</u>	<u>Day</u>	<u>Team</u>	<u>Meet</u>	<u>Location</u>
July 28 th	Sat.	All	Granby Gut Buster	Granby, CO
Aug 9 th	Thur.	All	Pot Luck dinner	TWHS Cafeteria
Aug 11 th	Sat.	All	Cypress XC/Relays	Spring Creek Park
Aug 24 th	Fri.	All	TWHS Friday Night Lights	Bear Branch Park, The Woodlands
Sept 8 th	Sat.	All	Region 3 XC Preview Meet	Kate- Barr Ross Park, Huntsville
Sept. 15 th	Sat.	All	Andy Wells Invitational	Kingwood High School
Sept. 22 nd	Sat.	All	Brenham Hillacious Invit.	Brenham, TX
Sept 28 th /29 th	Fri/Sta.	JV/Var.	Nike South Invitational	Bear Branch Park, The Woodlands
Sept. 29 th	Sat.	Var.	McNeil Invitational	Old Settler's Park, Round Rock, TX
Oct. 11 th /12 th	TBA	All	District 16-6A Meet	TBA
Oct. 22 nd	Mon.	Var.	Region 2- 6A Meet (Top 7 only)	Lynn Creek Park, Grand Prairie, TX
Nov. 3 rd	Sat.	Var.	State 6A Meet (Top 7 only)	Old Settler's Park, Round Rock, TX
Nov. 17 th	Sat.	Var.	Nike National Qualifier Meet	Bear Branch Park, The Woodlands
Dec. 1 st	Sat.	Var.	Nike Cross Nationals (Top 7; must qualify 1 st or 2 nd at NXN Regionals to go)	Portland, Oregon
Dec. TBA		All	End of Season Banquet	TBA

Head Coach: Noel W. Hansen

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Athletic Director: Jim Rapp TWHS Principal: Ted Landry TWHS-9 Principal Jill Houser

Asst. Women's Ath. Director: Dina Graves Head Trainer; Charlotte LaVerne

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