

Appalachian Paddling

Enthusiasts

Summer Kick OFF featuring Paddle School

May 18th & 19th base camp at USA Raft then depart to rivers

		Boa	ter Informa	tion				
Full Name:								
First				M.I.			Last	
Address:								
Street Add	ress					Δnartme	nt/Unit #	
Street Addi	1033					Apartine	nicy Office ii	
City				Sta	ate		Zip	
Phone:	•			Email:		- .p		
ACA member?	Yes	No	ACA	member #				
2019 A.P.E. Member?	Yes	No		2019 TRR	Member?	Yes	No	
Note that if you	are not a cur	rent membe	r of A.P.E.s o	Team River	Runner you	must join A.F	P.E.s	
Note that if you are not a current member of A.P.E.s or Team River Runner you must join A.P.E.s You can count this as your Club application just add the associated club fee to your event fee or pay online								
2019 Club Fees are: \$15 Inc					amily			
The Fun Information								
What boat will you like	ely paddle?							
River Class you are <u>co</u>	<u>mfortable</u> o	n?	I	II	III	IV	Gnar	
Describe your pool Roll:		I'm trying	25%	50%	75%	100-ish %		
Describe your Combat roll		Nada	Sometimes	50/50	Reli	able		
Based off of interest a	nd river lev	els we may	try to have	a few fun e	vents Saturo	day evening	check any	
У	ou <u>may be i</u>	nterested i	<u>n</u> or enter s	uggestions i	n the blanks	s!		
Timed Z-Drag Co		Timed	Wading Challenge Lower N		Lower No	Ioli Moonlight Paddle		
Attainment Ra								
Are you interested						Yes	No	
If attendin				_	_	to page	2	
Advanced Class and Jump Trip Section								
Want to just hang out		•	•				•	
Advacned Class:				BD to focus on				
Focused River trip				[·] paddlers with terest you or a				
rocused River trip	ciass in rivers	.circic 1 or inv		ttend this Trip		ocus subject i	you want to	
Creeking	Playbo	oating	All Bo	ofing	Do	wn River P	lay	
Enter your suggestio	n(s) here:		•					
Dude this is complic	atedl just	want to sho	ow up and j	oin a WW j	ump trip	Yes	No	
Hopefully rain provides (us awesome	river options	swhich drea	am rivers wo	uld you like t	to boat this v	weekend?	
I'm interacted in a Flat water Trip								
I'm interested in a Flat water Trip Yes						No		
List any addititonal comments or questions below								
Fvent Cost \$40 Pre-res			4	ek of Class				

Pay @ **Riverapes.org** via PayPal link or Check made to **Appalachian Paddling Enthusiasts**

Check website and Facebook often for updates. Schedule will be e-mailed to you once set Contact Steven Adams With Questions: campingskeeter@gmail.com or 423-650-1293

Mail form/check to 231 Cedar Ln, Gray Tn 37615 or text/e-mail a photo of it to Steven



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Paddle School Applicatinon

Read the Class descriptions Below and select the most appropriate one. Rember that it is important to train on an easier river than your max skill level. Making harder moves on easier rapids provides a safe path towards advancement. Attendees are expected to have all of the appropriate gear for whitewater. If you have questions regarding class or equipment fit, contact Steven Adams.

Beginner Class

This class is divided into two levels of experience so that the curriculium can be tailored to each group.

Level 1: Designed for those with little to no moving water experience. This Class is for those who: have never been in a boat before, have only been on moving water a handful of times, may be transitioning from recreation kayaks to WW kayaks, and those with little to no previous Instruction.

Level 2: Designed for those with some river experience on class II rapids and some pool roll practice. This level is for you if you are comfortable with basic paddle strokes and manuevers and are looking to strengthen these skills while learning/practicing new concepts like: river reading, eddy turns/ peel-outs, ferrying, and combat rolls.

The level that best describes me is:		Level 1	Level 2	
List some rivers				
(section and level you have paddled)				
What are some skills/techniques				
that you want to improve or				
learn?				
Intermediate Class				

Level 3: This class will really play and work the river. The Ideal student is comfortable on class II runs with some experience on class III rapids (example FB9). A combat roll should be close to 50/50 or better with a solid flatwater roll but not required.

This Class will refine basic paddle strokes then move into more advanced strokes/river moves like: eddies, peel-outs, S-turns, Ferries, basics of boofing, using river features to your advantage, identifying and working with holes, scouting/choosing lines, attainment skills, and will cover other logistic and assesment concepts.

Does this Level describe you?	YESSign me up	Not reallyI think ill choose a different level
List some rivers		
(section and level you have paddled)		
What are some skills/techniques		
that you want to improve or		
learn?		

List Any addititonal Comments or Questions Below

Event Cost \$40 Pre-register before May 13th \$50 Week of Classes may fill up Please Sign up Early

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