



Uniting to thank Hashem for all our blessings

Round 25: Aug. 24, 2021 - Jan. 22, 2022

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~August 2021 ~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
22 6 29	23 7 30	Psalm 1 8 31	2 25	3 26	4 27	5 28
~September~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
13 5	14 6	15 7	9 1	10 2	11 3	12 4
20 12	21 13	22 14	16 8	17 9	18 10	19 11
27 19	28 20	29 21	23 15	24 16	25 17	26 18
34 26	35 27	36 28	30 22	31 23	32 24	33 25
~October~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
41 3	42 4	43 5	44 6	45 7	39 1	40 2
48 10	49 11	50 12	51 13	52 14	46 8	47 9
55 17	56 18	57 19	58 20	59 21	53 15	54 16
62 24	63 25	64 26	65 27	66 28	60 22	61 23
69 31					67 29	68 30
~November~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
76 7	70 1	71 2	72 3	73 4	74 5	75 6
83 14	77 8	78 9	79 10	80 11	81 12	82 13
90 21	84 15	85 16	86 17	87 18	88 19	89 20
97 28	91 22	92 23	93 24	94 25	95 26	96 27
	98 29	99 30				
~December~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
104 5	105 6	106 7	100 1	101 2	102 3	103 4
111 12	112 13	113 14	107 8	108 9	109 10	110 11
118 19	119 **20	119 **21	114 15	115 16	116 17	117 18
123 26	124 27	125 28	119 **22	120 23	121 24	122 25
		126 29	127 30	128 31		
~January 2022~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
129 1	130 2	131 3	132 4	133 5	134 6	135 7
136 8	137 9	138 10	139 11	140 12	141 13	142 14
143 15	144 16	145 17	146 18	147 19	148 20	149 21
Psalm 150						
29	30	31	25	26	27	28

From the comfort of your own home, join people from all around the world saying one psalm a day, in gratitude for all the blessings Hashem gives us. We recommend thinking of 5 new things that you want to thank Hashem for before reciting your psalm for the day.

**** Psalm 119**

Dec. 20: Aleph - Chet verses 1 - 64
Dec. 21: Tet - Samech verses 65 - 120
Dec. 22: Ayin - Tav verses 121 - 176

The Tzemach Tzedek said, "If you only knew the power of verses of Tehillim and their effect in the highest Heavens, you would recite them constantly. Know that the chapters of Tehillim shatter all barriers, they ascend higher and higher with no interference.; they prostrate themselves in supplication before the Master of all worlds, and they effect and accomplish with kindness and compassion."

If you miss a day or 2 or 3 (or more) of the psalms, it's OKAY. Either catch up or start again with the current psalm of the day.



This is a NO PRESSURE Tehillim Group. Say what you can, when you can.
Every one of our psalms helps us reach out to Hashem in unity and in gratitude.