

LAHS Track & Field 2019

Athlete Registration



Distance Hurdles Sprints/Relays Long/Triple Jump High Jump Pole Vault Shot/Discus

Athlete's Name _____ **Grade** _____

Athlete's Cell _____

Mother's Name _____ **Mother's Phone** _____

Father's Name _____ **Father's Phone** _____

Best Email Contact* _____ ***Most of our contact is via email, so this is very important!**

All athletes who pay Transportation Fee & Suggested Contribution (\$400) on or before Saturday, February 23, 2019 will receive their uniform cost will be waived.

ATHLETE FEE		AMOUNT
Transportation/Meets Fee = \$100	Covers the cost of track & field meets for the 2019 season.	\$100
CONTRIBUTION		
Suggested contribution for the 2019 season = \$300	Your contribution covers the cost of ten coaches, team activities, team shirts, and ensures continued success and development of the track & field program.	
UNIFORM		
Uniform = \$65	Circle size: Girls: S M LG XL Boys: S M LG XL 2XL	
TOTAL AMOUNT:		
Make check payable to: <i>Los Al Track & Field Boosters</i>	<input type="checkbox"/> Cash <input type="checkbox"/> Check # _____ <input type="checkbox"/> Credit Card (at parent meeting only)	

Mail form and check to: Los Al Track & Field Boosters, 11092 Essex Dr., Los Alamitos, CA 90720

All Athletes receive a 2019 Team T-shirt. Additional Los Al Track & Field gear will be available for purchase at the home meets.

No student-athlete will be denied the opportunity to participate based on the ability to make a contribution.

Contributions are non-refundable. Los Al Track Boosters is a 501(c)(3) federally certified, non-profit organization. Contributions may be tax deductible; please consult with your tax advisor. Federal Tax ID# is 42-1641880

Parent Volunteer Commitment

Volunteers are vital to the program's success! Each parent is asked to volunteer at least **twice** this season. There will always be a coach or experienced volunteer working with you and showing you what to do.

Home meet volunteer shifts include helping with field events, checking-in athletes, posting results, working in the Snack Shack, and selling Griffin Gear. Other volunteer opportunities include: pasta party host, team photographer, banquet help, and food/drink donations for the Snack Shack and team pasta parties.