

Linn-Mar Wrestling

October 2020

◀ September							November ▶						
Sun	Mon	Tue	Wed	Thu	Fri	Sat							
				1	2	3							
4	5 Crossfit 7:15 am	6 Open Room 4:15 pm	7 Crossfit 7:15 am	8 Open Room 4:15 pm	9	10							
11	12 Crossfit 7:15 am	13 Open Room 4:15 pm	14 Crossfit 7:15 am Poster Shoot 6:30 – 8:00 pm	15 Open Room 4:15 pm	16 1 st Round Football Playoffs	17							
18	19 Crossfit 7:15 am	20 Open Room 4:15 pm	21 Crossfit 7:15 am	22 Open Room 4:15 pm	23	24							
25	26 Crossfit 7:15 am	27 Open Room 4:15 pm Body Fat Testing	28 Crossfit 7:15 am	29 Open Room 4:15 pm Body Fat Testing	30	31							

Linn-Mar Wrestling

◀ October		November 2020					December ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	2 Crossfit 7:15 am	3 Open Room 4:15 pm	4 Crossfit 7:15 am	5 Open Room 4:15 pm Wrestling Parent/ Athlete Zoom Meeting 6:30 pm	6	7	
8 Winter Sports Zoom Meeting 5:00 pm	9 Crossfit 7:15 am	10 Open Room 4:15 pm	11 Crossfit 7:15 am	12 Open Room 4:15 pm End Q 1	13 No School	14	
15	16 First Practice Lifting 7:15 am P: 4:00 pm	17 P: 4:00 pm	18 P: 4:00 pm	19 P: 4:00 pm	20 P: 4:00 pm	21 P: 8 am	
22	23 Lifting 7:15 am P: 4:00 pm	24 P: 4:00 pm	25 No School P: 8 am	26 No School No Practice ® Thanksgiving	27 No School P: 4 pm	28 P: 8 am	
29	30 Lifting 7:15 am P: 4:00 pm						

Linn-Mar Wrestling

◀ November		December 2020					▶ January
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1 P: 4:00 pm	2 P: 7 am P: 4:00 pm	3 V/JV @ Liberty 6:15 pm Bus: 4 pm	4 V @ Dan Gable Donneybrook @ Xtream Arena Bus: ????? JV help at tourney	5 V @ Dan Gable Donneybrook @ Xtream Arena Bus: ????? JV @ CR Jefferson Tourney 9 am Bus: 6:45 am	
6	7 9/10 Tourney @ Linn-Mar 6 pm Lifting 7:15 am P: 4:00 pm Varsity work 9/10 Tourney	8 P: 4:00 pm	9 P: 7 am P: 4:00 pm	10 V/JV @ Home Vs. Wahlert 6:15 pm	11 P: 4:00 pm	12 P: 8 am OR Meet ??	
13	14 JV @ Vinton 5 pm Bus: 3 pm Lifting 7:15 am P: 4:00 pm	15 P: 4:00 pm	16 P: 7 am P: 4:00 pm	17 V/JV @ Home Vs. Cedar Falls 6:15 pm	18 V @ Battle of Waterloo Young Arena Time: TBD Bus:????? P: 4:00 pm	19 V @ Battle of Waterloo Young Arena Time: TBD Bus:????? JV @ North Linn 8:30 am Bus: 6:30 am CANCELLED	
20 LMWC Developmental Tourney Wrestlers work 10:30am — 2:30 pm CANCELLED	21 Lifting 7:15 am P: 4:00 pm Run	22 P: 4:00 pm (Optional?)	23 No School No Practice	24 No School No Practice	25 No School No Practice	26 No Practice	
27	28 No School P: 4 pm	29 No School P: 8 am	30 No School P: 8 am	31 No School P: 8 am			

Linn-Mar Wrestling

◀ December		January 2021					February ▶		
Sun	Mon	Tue	Wed	Thu	Fri	Sat			
					1 No School P: 8:30 am	2 P: 8 am			
3	4 Lifting 7:15 am P: 4:00 pm	5 P: 4:00 pm	6 P: 7 am P: 4:00 pm	7 V/JV @ Western Dubuque 6:15 pm Bus: 3:30 pm	8 P: 4:00 pm	9 V @ Linn-Mar Duals 9 am JV - Help			
10 LMWC Kids Tourney Wrestlers work 8-Noon or Noon- 4	11 9/10 Tourney @ CR Kennedy 6 pm Bus: 4:30 pm Lifting 7:15 am P: 4:00 pm	12 P: 4:00 pm	13 P: 7 am P: 4:00 pm	14 V/JV @ Home Vs. Prairie 6:15 pm	15 P: 7 am V-leave for Ankeny 4:30-pm	16 V @ Bob Sharp Invite Ankeny 10 am Bus: 5:30 AM			
17	18 No School P: 4:00 pm	19 P: 4:00 pm	20 P: 7 am P: 4:00 pm	21 V/JV @ City High 6:15 pm Bus: 3:45 pm	22 P: 4:00 pm	23 V @ Clinton Tourney 9 am Bus: 5 am JV @ Bettendorf Tourney 9 am Bus: 5 am			
24	25 9/10 @ CR Jefferson 6:15 pm Bus: 4:15 pm Lifting 7:15 am P: 4:00 pm	26 P: 4:00 pm	27 Semester Finals? P: 4:00 pm	28 Semester Finals? P: 4:00 pm	29 Semester Finals? End Q 2 P: 4:00 pm	30 V @ CR Kennedy MVC Tourney @ US Cellular Center 10 am Bus: 7am			
31									

Linn-Mar Wrestling

◀ January		February 2021					March ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1 No School Lifting 7:15 am P: 4:00 pm	2 P: 4:00 pm	3 P: 7 am P: 4:00 pm	4 V/JV @ CR Washington 6:15 pm Bus: 4:30 pm	5 P: 4:00 pm	6 JV @ Liberty MVC Tourney 9:30 am Bus: 6:30 am Varsity Practice 8 am	
7	8 Lifting 7:15 am P: 4:00 pm	9 P: 4:00 pm	10 V @ Regional Duals @ ?????? 6 pm Bus: ?????	11 P: 4:00 pm	12 P: 4:00 pm	13 V @ District Tourney Noon @ ?????? Bus: ?????	
14	15 Lifting 7:15 am P: 4:00 pm	16 P: 4:15 pm Leave for State Duals 6:30 pm	17 State Duals	18 State Tourney 1:30 pm	19 State Tourney 9 am 7:30 pm	20 State Tourney 10 am 5:45 pm	
21	22	23	24 Turn in Equipment and Vote on Awards 4:15 pm	25	26	27	
28							

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◀ February		March 2021					April ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1	2	3	4 2 hour early out	5	6	
7	8	9 2 hour early out	10 Banquet 5:30 pm Lower Commons	11	12	13	
14	15 Spring Break	16 Spring Break	17 Spring Break	18 Spring Break	19 Spring Break	20	
21	22	23	24	25	26	27	
28	29	30	31				

