

*Telos is purpose, aim, or intention. Aristotle proposed we all have a telos, based on our uniquely human capacity for rational thought.*

**Coaching with Purpose** is a positive psychology solutions based approach that emphasizes moving forward without confusing activity for progress

**Telosity Coaching** partners with you to explore, define and achieve your purpose in personal and team growth and leadership potential.



*"If you want to build a ship, don't drum up people to collect wood and assign tasks and work, but rather teach them to long for the endless immensity of the sea"*

*~ Antoine de Saint-Exupery*

*"If your actions inspire others to dream more, learn more, do more and become more, you are a leader"*

*~ John Quincy Adams*

[www.telositycoaching.com](http://www.telositycoaching.com)

*Individual, Group and Team Coaching*

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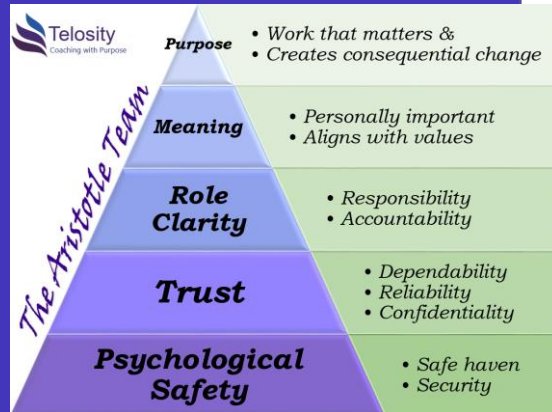


**Coaching Workshops**

**Team Collaboration**

**Decision Making**

**Leadership,  
Followership,  
Partnership**



## *The Aristotle Team*

*Members of high functioning teams have a solid, deep trust in each other and in the team's purpose, and freely express feelings and ideas. Everyone works toward the same goals, and are clear on their role in achieving those objectives. They understand their own and other's expectations and work together to diffuse tension. They create an engaging, relaxed, and fully collaborative environment that facilitates effective decisions, encourages debate and disagreement, and supports open, frequent constructive feedback.*

*The Telosity Team Workshop interactively explores the 5 critical factors identified in Google's "Aristotle Project".*



## *Decision Making*

*All decisions are emotional, and subject to hidden biases and influences. Purely "going with your gut" does not deliver results that are justifiable, defensible, sustainable, and accepted. A simple, structured process that identifies criteria and reviews alternatives is your best chance for success. But there are other dynamics at work, and additional skills needed for effective decision making.*

*The Telosity Decision Workshop covers:*

- A 3 step decision process
- Hidden biases that impact decisions
- Processes for keeping decisions relevant and on track

## *Leadership, Followership, Partnership*

*Leadership is not a solo endeavor. Leaders and followers are in a constant give and take of partnership. Effective, active and engaged followership is often not emphasized, yet courageous and insightful followership critically impacts the success of the organization and its leadership. Based on Chaleff's work, the Telosity Partnership Workshop covers 5 facets of courageous followership:*

- Responsibly serving the organization
- Supporting the leader and the group
  - Challenging, "intelligent disobedience"
- Participating in transformation
  - Taking moral action

