

**Circulating File**

**TUMORS: UTERUS  
Vol. 1**

**A compilation of Extracts  
from the Edgar Cayce Readings**

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*There are in truth no incurable conditions.... 3744-2*

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TUMORS: UTERUS, VOL. 1 CIRCULATING FILE

## **Introduction to the Cayce Readings on Health and Healing**

No matter what illness or ailment concerns us, certain basic principles about health and healing are relevant. These are the premises upon which all of the Cayce health information rests. For those who would like to make a more careful study of these basic principles, the recommended Circulating File is entitled "Principles of Healing." Here, in essence, are the ideas found in that file. They may prove to be very useful to your more in-depth study of the specific ailment that requires healing for you.

The first fundamental idea about healing requires that we maintain a creative balance between two principles:

1. All healing comes from the infinite -- that is, from attunement and harmony with our spiritual source. The infinite is just as accessible and available in the visible, physical world as it is in the invisible realm.
2. At the same time, each person must take responsibility for his or her own healing process. No one can simply sit back and wait passively for healing to occur.

This second principle -- the need for self-responsibility -- can take many forms. For example, healing requires attunement, and no one knows better than ourselves exactly what has gotten us out of attunement in the past. Often, if we'll look closely at our lives, we can see (without needing a gifted medical clairvoyant such as Edgar Cayce) what's causing our illness.

To illustrate self-responsibility further, the human body has a marvelous, innate drive to heal itself, but we've got to do our part to help. A broken bone will naturally try to mend; however, the fracture needs to be set properly for the healing to be complete and effective.

Another important principle relates to energy medicine, a new field for which Edgar Cayce was a pioneer. His readings consistently speak of the roles played by vibrations or vibratory forces -- right down to the level of individual atoms. According to Cayce, there is a type of consciousness that exists in each atom. Although most of the passages about the atomic physics of healing seem rather esoteric, it might be easier to follow the analogy of the attunement of a stringed musical instrument. A violin or piano that is out of tune makes sour, discordant music -- symbolic of disease or illness. Just as a skilled musician can bring the instrument back into attunement, we experience healing when our vibrations -- right down to the atomic level -- are adjusted in a correct manner. In essence, all healing is the changing of vibrations from within.

Balance among body, mind, and spirit is another key to Cayce's philosophy of healing. For healing to be complete and lasting, we must recognize and meet the needs of each of these three levels. Virtually no illness or disease can be treated successfully at only one of these three levels.

What's more, Cayce affirms that the human body will naturally stay healthy -- and even rejuvenate itself -- if a kind of internal balance can be maintained. "Dis-ease" starts when one part of the body draws energy from another part. One portion of an organism may become overcharged with the creative life force, while another portion becomes

undernourished. The result is a gradual disintegration of the body and the onset of illness.

The opposite of this sort of disintegration is rejuvenation. The readings assert that we are continuously rebuilding our bodies. Within any seven-year period, each cell is replaced. If we'll allow it, our bodies will transform any problem and resuscitate any condition. But our ingrained habits usually block this healing potential -- the habits of action and, even more potent, the habits of mind.

What role do drugs and medicine play in the healing process? Cayce's philosophy clearly sees a place for them, but warns of misunderstanding how they work and of expecting more of them than is possible. Any healing method attempts to create an experience of oneness, in hopes of then stimulating a similar response in the body. For some people in some situations, a drug may be the best way to accomplish this -- just as in other cases, surgery may be the best way to stimulate healing. Medicines can be a practical application of the one life force. Occasionally they must be very potent in their reactions in order to get the patient through an acute illness. But Cayce from time to time encouraged people to consider the herbal formulas he recommended to be tonics and stimulants, rather than medicines.

The dangerous side of medicines is their potential to diminish the body's own healing work. This is what Cayce alluded to when he warned about "palliatives" that deceive the soul with half truths and temporary relief. It's also what he meant when he warned that we shouldn't come to rely on any condition outside of ourselves that could be assimilated by the body inwardly. All of this is to say, take the medications prescribed by the physician you trust. But keep in mind this thought: what those chemicals can do is temporarily -- and somewhat artificially -- give your body an experience of greater oneness. Healing that really takes hold and lasts must come from changing one's inner consciousness and vibration. That happens most effectively from consistent and persistent human effort (i.e., engaging one's desires, purposes, and will) -- something that pills all too easily allow us to skip.

Cayce's healing philosophy includes other insights that can help us avoid misunderstanding. For example, one principle states that the best treatment procedures sometimes cause a temporary worsening of conditions. If we didn't recognize this possibility, we might give up just before the benefits begin to appear. A closely related principle states that when a body is re-establishing its attunement, it tends to be more sensitive. Again, if we misunderstand that heightened sensitivity, we might not see the good that is slowly being effected.

The mind is a focus of other healing principles. The unconscious mind plays a role in many illnesses and diseases. One example of this is the karmic factor in health problems. Memories from previous incarnations, stored in the soul mind, can trigger problems in the body. Of course, we shouldn't go so far as to suppose that every health challenge has past-life roots; nevertheless, the perspective of reincarnation can help us understand what we could possibly be dealing with as we seek healing.

The familiar Cayce axiom, "Mind is the builder," leads us to wonder exactly which attitudes and emotions best foster healing. The readings emphasize several:

- \* Self-acceptance. As we rid ourselves of self-condemnation, we make room for healing forces to enter.

- \* Optimism and hope. We're encouraged to expect healing.
- \* Patience. It's much easier and quicker to destroy health than it is to rebuild it. We need to be willing to patiently invest whatever time is required.

Alongside these specific attitudes and emotions, we're invited to use the creative potential of visualization to stimulate our own healing. The mind's image-making capacity can be directed in such a way that we "see" the healing transformation taking place. This is not something that's accomplished in a single visualization session. Like all the Cayce health-promoting approaches, it requires persistence and works best in conjunction with other healing methods.

Perhaps the most important principle of the mind's relationship to healing concerns purposefulness. A person can experience temporarily an outer healing -- that is, in the physical body only -- yet still be spiritually sick. What cures the soul? A commitment to a purposeful life. Not just any purpose, but instead one that reflects care for other people.

On occasion a reading from Cayce would pose this question to the person who was ill: What would you do with your life if you were healed? The position of Cayce's psychic source was simply this: Why correct the physical condition unless there's also going to be an inner correction? People who are looking for both inner and outer healing are the best candidates for restored health and vitality. In Cayce's philosophy, healing should equip us to be more useful to others.

With this ideal of service in mind, we might also wonder just how we can be channels of healing to others. What principles govern our efforts to be healers to those for whom we have concern? One principle is based on the spiritual connections that exist between all people. It states that as we bring the experience of oneness into our own consciousness, it can profoundly help someone else experience oneness, attunement, and healing. Cayce's way of putting it was, "...raising the Christ Consciousness in self to such an extent as it may flow out of self to him thou would direct it to." (281-7)

For this to be most effective, the recipient must desire such help and have requested healing prayer. Of course, we can always pray for someone, even if that individual hasn't asked us. But it's important that we not assume we know what's needed in any person's life. For one who hasn't specifically asked for prayer, we can simply offer prayers of protection and blessing, rather than try to direct healing energies to that person or for a specific condition.

In summary, the Cayce readings remind us that our natural state is wholeness and health. An innate wisdom within ourselves knows what's needed for healing. We should expect to get well, and we should be willing to do our part to make it possible.

Mark Thurston, Ph.D.  
Education Department

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TUMORS: UTERUS: FIBROID	

**BACKGROUND OF READING 540-16 F 36**

B1. 9/12/39 Phone request with questions:

1. Describe specific conditions in uterus, rectum and ovaries.
2. What about the growth? (Doctors claim there has been a breaking through from the uterus to the rectum.) (Also that there has been a breaking of the muscles, and all of them are lying down on the bottom, - that's why my weakness.)
3. What is condition of kidneys? heart? general condition?
4. Is an operation necessary? (He claims I'm going through period just like menopause, but caused from this condition, not true menopause.)
5. If an operation is advised, is Dr. Lowenburg the right doctor?

**TEXT OF READING 540-16 F 36**

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 12th day of September, 1939, in accordance with request made by the self - Mrs. [540], Associate Member of the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading 10: 55 to 11: 00 A. M.

... Ave., ..., Va.

1. GC: You will give the physical condition of this body at the present time, with suggestions for further corrective measures; answering the questions she has submitted, as I ask them:
2. EC: Yes.
3. There are many changes, as we find, in the general physical forces of this body. Some are much for the improvements. Others, where there have been anxieties and disturbances, are making for great disturbance.
4. As we find, it would be well to carry on with those suggestions for the removal of the disturbance. This should not necessarily cause any great disturbance for the body, if there are the proper precautions taken as to preventing infectious forces, and the removal entirely of the growth itself without involving other tissue.
5. This as we find, under the present directions would be very well.
6. Ready for questions.
7. (Q) Is Dr. Lowenberg the right doctor?  
(A) As just indicated, he is very well.
8. (Q) Please describe specific condition in uterus, rectum and ovaries.  
(A) These questions are superficial, if there are to be the operative forces, - and would only give a confusion as to the disturbances.
9. (Q) What is condition of kidneys and heart?  
(A) These are able to stand the strain, if there are the proper precaution taken. As to what they may be afterward will depend, of course, upon the diet and the care taken through those periods, with the character of forces necessary to be given for the carrying on. These had better come AFTER, than now.
10. (Q) What is condition of heart?

(A) As just indicated, these are better to be determined after than in the present. As given, the more of the trouble with most of these is in the imagination, yet they are producing - with the disturbances themselves - that as makes it necessary for the activities.

Do it or don't.

11. We are through with this reading.

**REPORTS OF READING 540-16 F 36**

R1. GD's note: She did have the surgery. Post-operative measures were given in her subsequent reading on 1/9/40.

R2. See 540-17.

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**BACKGROUND OF READING 540-17 F 36**

B1. 1/9/40 Phone request with questions re post-operative measures: Feeling all right, doctor is through with me, - operation seemed to be all right and everything, but I want a general Check-Up to be sure everything is all right. Also ask about diet. I had an awful time in the hospital with my kidneys. The doctor didn't arrange any diet. Please ask: What diet is best? What should be done to keep kidneys in good condition? General precautions. What may be done to eliminate after effects of ether (Doctor says it will take about 6 months to get rid of these, but didn't give anything to clear them up.) (Please ask any questions that might arise.)

**TEXT OF READING 540-17 F 36**

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 9th day of January, 1940, in accordance with request made by the self - Mrs. [540], Associate Member of the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. Mae Verhoeven.

R E A D I N G

Time of Reading 10: 55 to 11: 10 A. M. Eastern Standard Time. ... Ave...., Va.

1. GC: You will give the physical condition of this body at the present time, with suggestions for further corrective measures; answering the questions, as I ask them:
2. EC: Yes, we have the body here, [540].
3. As we find, conditions are much improved in the general way and manner. Most of the applications that have been administered for the correction and the removal of the disturbing physical forces have been MOST successful.
4. To be sure, there are the reactions that naturally arise from a supersensitive body and mind to those subjugations of same through the etherizing, or the making of same subject to forces or energies with the consciousness of minimizing physical pain.
5. Thus the organs that are the natural channels for the reestablishing of re-stabilizing of same for normalcy are subject to the disturbances, - that is, the heart, the liver, the kidneys.
6. Hence we find overexcitement, overindulgences, overactivity in physical or in any direction, causes a quick flush through the heart's forces, the liver reactions, and the activity of the kidneys and bladder especially - as these are the channels through which outlets, or the relieving of same, become the more apt in their reaction to be manifested in a material way and manner.
7. Hence as we find, - only the diet, the mental and physical activity, needs be in the present taken into consideration.
8. Then, include in the diet more of these: Lettuce, carrots, celery, especially. If these are ground together and taken at least twice each day, or the juices extracted from same and taken also, they will be found to be most effective, most helpful; not only in aiding in better eliminations but in taking from the system the effects of the ether upon the body, and in causing quicker, greater and better restoration to normal activity of these three principal conditions or functionings. However, no organic disturbance exists in either of these three; only the sympathetic reactions, as indicated, have been and are disturbed.
9. No activity in which the body becomes too thoroughly tired, or overly tired, either by talking, by walking, or by physical activities, - but, as it might be expressed, just "take it

easy.” This does not indicate that the body is to become dilatory, or to become too lax in the care of itself in any way or manner, or to shield self from physical activities, - but quit any of these before becoming overtired.

10. Take internally, to assist in better eliminations, the SERUTAN twice each day, with the meals, for a week at the time, and then leave off just three days, - then take for another week at the time, and so on. Take a heaping tablespoonful at the time, and if this becomes too active it may be reduced in quantity, but there needs to be sufficient bulk not only to dilate the jejunum system but the colon also. If there is the failure ever to have the full eliminations each day, after the third day that this is begun, take a colonic irrigation.

11. Also if such becomes overactive, take a colonic irrigation, - and cut down the quantity.

12. Do these, - and then let the mental attitudes be of the constructive nature. Read again, - not as memorizing same, - the 14th, 15th, especially, of John. This will attune and accord thyself to those greater abilities to become more and more, as has oft been sought within self, a greater channel of blessings to others.

13. We are through for the present.

**REPORTS OF READING 540-17 F 36**

R1. 3/7/40 Letter: “I am doing fine.”

**INDEX OF READING 583-8 F 42**

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**BACKGROUND OF READING 583-8 F 42**

B1. See 583-7 on 4/30/27.

B2. 5/23/34 She submitted questions: "I recently took out some life insurance for myself so as to help the boys in event something took me off. Would you ask if there is something I could do to help prolong my life? I believe my circulation is defective but it may not be therein the trouble lies. I have a growth on the uterus. I should like to know whether to operate or if it is malignant. My spine hurts a good deal and seem to need deep manipulation, possibly nerve depletion."

**TEXT OF READING 583-8 F 42**

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Va. Beach, Va., this 12th day of June, 1934, in accordance with request made by the self - Mrs. [583], new Active Member of the Ass'n for Research & Enlightenment, Inc.

**P R E S E N T**

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. Mildred Davis and L. B. Cayce.

**R E A D I N G**

Time of Reading 3: 40 to 3: 45 P. M. Eastern Standard Time. Illinois.  
(Physical Suggestion)

1. EC: Yes, we have the body, the enquiring mind, [583]; this we have had before.
2. As we find, there is quite a difference in the physical forces of the body in the present from that we have had here before, as well as those material changes in the environs, in the attitudes, in the desires and wishes for the body.
3. These, as we find, in the main may be aided; first through the material change that may come in the better physical forces of the body, and not a circumspect but more in line or order with the constructive forces or influences in the experience of the mental body.
4. In the physical we find these things that disturb the general welfare of the body:
5. First, in the BLOOD SUPPLY, we find this considerably disturbed through the unbalanced conditions that exist in the digestive influences or forces of the body, and the ability of the body to meet the needs of the general conditions through lack of elements in system to cause or produce - (pause) - We are through. [6/12/34 See MD's observations in 583-8, Par. R1.]

[GD's note: June 13, 1934, 3: 25 to 3: 50 P.M., continued with same procedure except L. B. Cayce was absent. We had thought perhaps his presence had blocked the reading, due to our attitude about his presence. We felt embarrassed with him sitting in - such intimate female disorders.]

6. EC: Yes. The incoordination through many portions of the system is accentuated by the general nerve reaction in the organs of the body that show distress, producing on the part of the circulation - that is already impaired - the attempt to adjust itself to the strains made by the lesion and the plethora condition that exists in the organs of the pelvis themselves.
7. As we find, this growth on the Fallopian tube makes for a disagreeable discharge at times in the vagina and through the activities of the organs of gestation, so that at the periods of menstruation there is the heaviness in the lower limbs, the tendency for swelling, and the activity of the glands that make for the gestation become involved. So, we have reactions sympathetically in the glands of the throat, the eyes at times even give

distress, from these very same conditions. Through the inability of the system to adjust itself to these activities at times, the condition appears to be of the malignant nature; yet, as we find, it is NOT of a malignant nature.

8. We would set up first the proper drainages, the proper eliminations, the proper activities for the general system, through a stimulation to the ducts of the gall bladder, the activity of the pancreas, spleen, and keeping the liver in such a way and manner as to overcome these surcharges or drainages upon the system - that cause the accumulations that tend to make for this gestation or engorgement in the Fallopian tube, and on a portion of the uterus itself. The pressure there, as we find, would be overcome in this way and manner.

9. First, we would find that the general manipulations osteopathically given would relieve this general strain on the system; and that the use every third day of the violet ray - using the vaginal applicator - would tend to, with the deep manipulations that would be administered in the lumbar and lower dorsal area specifically, and the general conditions of the body itself, set up the drainages properly.

10. Also once or twice a week we would have the douches that would carry the Creolin, that will make for the cleansing and an antiseptic for the vagina and the tendencies for the secretions that are thrown off from and through the activity that will be produced by the increased circulation in this portion by the use of the violet ray.

11. We will find that these should overcome the conditions, and not be necessary for operative measures - unless this makes for a more specific centralization and a greater strain upon the whole physical forces of the body.

12. Neither will the applications of the things in the manner outlined prevent the body from carrying on in a normal manner. These precautions, though, and precautionary measures must be taken: Near those periods when there should be the menstrual activity, there MUST NOT be any heavy LIFTING, nor periods when there would be too great exercise or activity standing on the feet - especially over hot fires or hot water; but during such periods it would be well that the hot salt packs (SALT, not salts) be applied over the lumbar area in the back, and that the Epsom SALTS packs be applied over the puba itself, you see; that is, low down across the pelvis, you see, hot Epsom Salts packs - while the hot SALT packs would be applied over the lower kidney and lumbar area. This would be done for an evening just before the periods, and should bring not only relief but the secretions and the activities of the whole system such as to relieve this strain on the body.

13. As to the diet, there should not be too great quantities of meats at any time; rather the vegetable, fruit, citrus fruit and nut diet - these would be the better for the body. Have at least one meal each day wholly of green vegetables; that is, fresh - not green in color necessarily, but green, fresh, raw vegetables; combining such as lettuce, celery, carrots, cabbage (both the green and red), tomatoes, peppers, and the like. These may be taken with mayonnaise.

14. It would be well for the body to take small quantities of Olive Oil in the afternoons; half a teaspoonful every two hours, beginning from about twelve o'clock and taking it until eight or nine o'clock in the evening, you see.

15. And in the early mornings it would be well for the body to be stimulated with very light wine, which would be helpful to the whole assimilating system; such as Tokay, claret or the like - a small quantity; but this in the mornings, not in the evenings.

16. These, as we find, will overcome the conditions for [583].

17. Ready for questions.

18. (Q) Will the osteopathic treatments help my mental condition and memory?

(A) The mental condition and memory, as indicated, is produced more from the general nerve strain, and the attitude of the body respecting associations and relations - both in the material and in the spiritual.

There should be held rather in the consciousness of the body, as related to general mental and physical relationships, that while there may be stresses and strains from those things and conditions that have come to pass, there has been and is builded in the consciousness of the body that which - through which it has passed to bring into being the souls that manifest in the bodies of the children - should be not only as an incentive for the activities but towards making for them the better opportunity through the associations with the self in the mental and spiritual attitudes and aptitudes that must be kept. For, He hath chosen thee as a channel. Then, meet it - the condition, the experience - in a way that will be well pleasing in the sight of the Creative Force that thou would worship as thy God. For, His ways are not past finding out.

“I know, [583], for I have seen - I have heard - that the way of life is ever the way that what thou metest to thy fellow man thou must meet in thine own spiritual and mental self. I keep the way, and will guide oft in the things that are in keeping with the better developments for thine self, for thine children. For, they are thine. He hath given them in thy keeping at this time. But know that I, in mine efforts, mine measures, will be nigh unto thee when thou needest me most. I, thy friend, thine husband in the flesh, speak with thee. [Mr. [953] who died 4/28/33, leaving her with two young sons.] Know that what we had oft considered as a way, a means for verification of the consciousness after life is before thee now. Ye LIVE - I live! Life in its essence is as that which has been; for what is has been, and will be. In spirit the body suffers not, but there is the consciousness of all that has been before.

“Prepare the manuscript that was partly gotten together. Have this used in a way that will help thee in thy financial straits in the present, and when this becomes necessary again for the distributions - seek; for this channel, [Edgar Cayce] thy friend, my friend, will aid thee.”

19. We are through.

#### **REPORTS OF READING 583-8 F 42**

R1. 6/12/34 Mildred Davis' observations during 583-8:

Started off in very low, yet clear and rather rapidly on the physical - proceeded few minutes - windows began to rattle FURIOUSLY (wind blowing) and with low [speaking] tones message hard to understand. Two in room started to fix the windows so they would not rattle and reading suddenly stopped in the middle of a sentence.

After a few moments suggestion given to wake up, which he did normally. Said he felt all “out of sorts,” but didn't before [the reading].

Evidently from past experience and conditions, attitudes of some present and on other side prevented giving of this information. Very personal questions included.

When information stopped so did all unusual noises; most peculiar! Wind continued to blow, apparently as hard.

Only started on physical diagnosis - no treatment.

Discussion regarding former companion of individual (now passed on) being present and objecting to some hear this message - hence the distraction.

R2. 6/13/34 Continuance of reading of 6/12, which was interrupted - cause unknown: Suggestion for continuance given; started off in normal voice, taking up where left off yesterday. Voice became stronger as he continued.

Since the interruption yesterday psychic not feeling well mentally, - said he understood how one could become possessed.

THEORY: Entity on other side trying to come through.

Physical diagnosis and treatment.

Then message from companion whom this individual wished to contact. Psychic said he felt "alright"; looked somewhat better. [See Text of Reading 583-8.]

R3. 6/13/34 GD's note to Mrs. [583]:

The enclosed letter to Dr. Wright [Charles O. Wright, M.D., D.O., Ph.T.] may be of help, in case you have trouble in locating a good osteopath. He is an Osteopath and also an MD, who has followed several readings and says he is glad to cooperate.

You may not understand fully about the monthly packs. The one to be applied on the back - lower lumbar and kidney area: Obtain coarse heavy salt, heat it and put in a cloth sack that will cover the area. Keep it hot. The Epsom Salts pack across the front, low down: Put about a tablespoon of Epsom Salts in just enough water to wet a cloth about the size of a large table napkin. Heat it. Dip the cloth in it and lay across the lower abdomen. It works immediately; I've tried it.

If there's anything not clear about any of the treatment, don't hesitate to ask. We want you to get good and well.

I'm looking forward to the time when we may see you and those two lovely boys. You have a job before you - but such a wonderful job, so you must get well and strong and prepared for it.

Love. Mr. Cayce will probably write tomorrow.

Let us hear from you often.

Your friend, [signed] Gladys Davis

R4. 6/24/34 Letter from Mrs. [583]:

Chicago, Ill.

Dear Mr. Cayce:

Received the reading also you letter and explanatory note from Miss Davis. Very glad to hear from you and get the reading. It seems the physical reading hits it just about right all round. I'm not much of a diagnostician but at least there is nothing contradictory in it as far as I know.

I have had treatments from Dr. Wright. In fact [953] and I went there several times. I didn't go as frequently as he did though. I have a very good osteopath close by and I will show him the reading and if he doesn't approve, I'll go to Dr. Wright. However, I'm sure that he will understand. He has practiced for over 30 years and is one of Chicago's best. Not biased. Has violet ray and other machines in his downtown office. Dr. E. Proctor by name. If I can get him interested in you I may be able to further your work and thereby be of mutual benefit.

The diet prescribed is ideal in my estimation. A lot of doctors would be out of work if the majority of people ate like that. Of course there is the light wines. I never have indulged in drinks but it happens that I like wine the best of any. I do not use cigarettes, never smoked a single one. My dissipation has been malted milks or ice cream but never in excess. Usually, I drink coffee in the forenoons only, no tea at all. There was no reference to mucous colitis so I suppose I am free of that unless I become careless in my diet.

You at one time prescribed violet ray for my Mother [4928]. We got the outfit for her and as she lived in the country we had to buy dry cells so I will get a new set of batteries and use the violet ray as prescribed. I have started the following the diet as suggested and am taking the olive oil too. I hope that will give me energy. I'm so languid sometimes I don't want to move about. I read a few days ago that Jackie Cooper's mother gives him a pint a week and she says he owes his unusual energy to that fact. I will advise you later of my prognosis.

I wonder why you weren't able to give me a complete reading on the 12th. I'm afraid I'm not very psychic. I was concentrating only on a message from [953], not for an instant did I think of my own physical self. It was on June 12, 1926 that you gave [...] the reading regarding his former appearance when he was counselor to the king by name then I believe, Asario and the Sphinx his likeness. Nothing could shake my belief in that. He was noble and fine enough to have been a great person like that and I should like to effect the disclosure of the records, also other interesting data and some day I hope to. I hope the time comes I can be there with my two boys. [See 953-24.]

That was to be part of the manuscript that we were to publish. I am extremely interested in the history of Atlantis and the Atlantean people as he was. He had planned to write a book with yours and my assistance. If he had made enough money on the oil well to retire, we would have made it a life work. That is another reason it seemed such irony that he should have to go. I surmise you are the friend referred to in the last line of my reading. I thought I had all the ancient history he had from your reading that were in loose covers but find I haven't. I will have to ask [4898] for it if she has it.

I should have liked you to comment more on my spiritual reading. Do you feel that it really was [953] speaking? It thrilled me and I accept it as such but it was not worded as I had expected it would be. I wonder why it was received in the terms of thee, thy, ye, etc. Are you accustomed to getting them in this form? It is much as though it could be your subconscious manner of speech judging from other readings we have here. Or it is as though only the last half of that paragraph might be from him.

The fact that my name, [...], is mentioned is the most convincing of all for he used my name in preference to endearing terms when he was most emphatic, serious or tender. Then there is the reference to the manuscript. I don't recall having mentioned that to you in any letter. But how can that help me in my financial straits in the present? Work of that nature is of a necessity, a long drawn out process and the remuneration usually much slower. I hope you will be up here this summer, I'd like to go into this further with you. I have a friend here who is very intelligent, studious, tolerant and an authority on ancient history. He is at present, a mediator for the labor situation, a Government official working under the N.R.A. and I have done some secretarial work for him and hope by the time a month or less has passed, to be in his regular employ.

It is my intention that when or if you arrive here, you shall meet and become great friends. Somehow, I feel that he could carry on this work in fine shape. His name is Finley F. Bell. He is desirous of meeting you and learn more about your work. I can't thank you enough for the reading and all your trouble. Mr. Cayce, I have read that last long paragraph over and over and I assure you it is a great comfort to me and I will certainly do my best to make good. I was home the afternoon of the 13th as well and it occurred to me (about 3: 40) that you might be giving me a reading then instead of that time the day before and sure enough you were. Strange, wasn't it? If you can arrange a stay here I will try to show my appreciation by reciprocation and you'll find that all the hospitality is not in the South.

Again thanking you all for your interest and trouble, I am

Sincerely yours, Mrs. [583]

P.S. Thanks for the explanatory note Miss Gladys.

R5. 7/16/34 Letter from EC:

My dear Miss [583]: -

I was indeed very glad to have yours of June 24th. We haven't answered as soon as we should, inasmuch as we have been quite busy with our Congress during the last week of June and quite a number of people stayed over a few days. I certainly am hoping you are finding the treatments are working ideally with you. It'll be quite interesting to follow this through, and I feel very sure - from the abundance of proof and reports we have had - you will get results. Especially during the Congress we had reports from physicians on cases which they followed in accordance with the readings and got results. Of course, we have had cases at times, where the physician was not wholly in sympathy with the suggestions made, or the way in which the information is gotten, and went ahead and did his own way rather than following the reading; consequently, not as good results were obtained. But we have found that where the treatments are followed AS given, the results come as promised. If they don't, we certainly want to know it.

As for the other portion of the reading, Miss [583], I do not know just why such terms are used as ye, thee, thou, etc. I suppose it is the mannerism of the Force itself; not that I think it is an entity - as we know it, but whatever source that is necessary for a communication to be established that would give the information desired. I believe the greater portion of this message was a direct message to you from Mr. [953], relayed possibly through some other force or source - but he, or his entity, being the source of the information. Especially is this so when we consider that some things are mentioned which, as you say, I knew nothing about. We had the same sort of thing happen just a few days ago, though in that case there was only a one-sided conversation as over a telephone. [See 5756-13] But I feel very sure the manuscript you and he were preparing is something that you might get returns on almost immediately, especially if you were to get it together and send it to some of the publishers in England - where such things find a more ready sale than in this country, though if once reported there it might be reported here - and bring in this country more returns than abroad; or he combined report would be very much worth while. So, if you can get it - any of it from [4898] [[4898], Mr. [953] daughter] - I'm sure it would be well to do so.

I don't know just how soon it is going to be possible for us to get to Chicago. If it is at all possible, I want to plan to be there the first weeks of October and possibly spend ten days

or two weeks there - make arrangements for some appointments and for some addresses to be made before various groups and discuss other phases of the Association's work. And if that will not be infringing on your good graces too much, I think we will work toward that plan. Do you think that time would be convenient to you? We have several people in Chicago who have been suggesting that we make arrangements to be there sometime soon, But it seems to us the better time would be about the time that people begin to make their arrangements for the fall and winter, and I do remember that most of the times I've been to Chicago it's been helpful either in early spring or early fall. I'm sure you are keeping pretty busy with the Fair going on, and I hope just as busy as you want to be. I trust your proposition with the Government official is working out satisfactorily, and should it work out that you have a change of residence and it be necessary for you to go elsewhere, we will have to make some other arrangements for our Chicago trip. In that case, we would either go to Geneva or Peoria, as we know people in both places - but we had rather be right in Chicago, and especially with you. Let us hear from you. Know that we are always glad to hear. Many thanks for the clipping enclosed. [?] It is very much in keeping with information we have had from time to time.

All send our love and best wishes.  
Sincerely, Edgar Cayce EC: GD

R6. 8/5/34 Letter from Mrs. [583]:  
Chicago, Ill.

Dear Mr. Cayce:

Very glad to get your letter of July 16. Had not intended waiting so long in answering.... I am following the treatments suggested except that I haven't been able to afford the osteopathic treatments as yet. I watch my diet carefully and try not to overwork, especially when I feel the need of rest. I seem to require much sleep and rest and get quite discouraged at times with my lack of energy and desire to carry on. However, I feel that I will improve if I take the pains to live right. These depressing times add to the mental load and hinder proper living. I'm sold on the olive oil idea in spite of the fact that I was warned by a doctor a few months ago that my gall bladder was giving me trouble and I should eliminate fats and oils. I knew that couldn't be correct for my diet lacked enough of them....

Kindest regards and love to all.

Sincerely yours, Mrs. [583]

R7. 5/7/35 Then too since the first part of January, we have been on partial relief; very humiliating and inconvenient but essential nevertheless. In about a month, I hope to be able to get off the roll entirely. I have been making a little with stenographic work but not enough. I have been ailing for some time and have made arrangements with the University of Chicago to have an operation, perhaps next week, depending how soon I am in condition. Until that time they will be unable to properly diagnose my trouble. My right ovary and uterus are twice their natural size. They will perform what they term a membra of the uterus and will be in the hospital only five days if it is nothing serious. I suppose if the growth is malignant, they will remove the uterus.

Because I have had care there before and am now on relief they are taking me in gratis, thank goodness, and one of the leading doctors of the gynecological department, Dr. Adair, I believe will take care of me. I have gathered together some of your booklets and my last physical reading of June 1934 and am sending it to him for his perusal. I hope I can interest him in you and your work. I would be so happy if I could be of mutual benefit. I owe you much for your many kindnesses.

R8. 8/5/35 My operation was postponed indefinitely. I still take the olive oil daily. Buttermilk, too.

R9. 12/11/35 Thanks for the nice letter and Bulletins. I appreciate both very much. Am writing you at this time to tell you that my condition recently has grown so bad that I have to resort to operation. It seems your reading was correct wherein you state that there is a growth on the uterus and possibly on the right Tube and Ovary too. It has reached a stage where I will probably need a transfusion before the operation. Two weeks ago I nearly passed out with weakness and loss of blood. Have been taking a lot of Lextron, etc. to gain back strength and blood as quickly as possible. In your reading you said, "appears to be malignant but not as YET malignant." Have been to several doctors and they seem in doubt or won't tell me but Monday the osteopath advised an operation and I was told I could get free care and bed at the University of Chicago. It is so arranged, and I go tomorrow evening to rest and be prepared for an early Saturday morning operation unless otherwise notified meanwhile. I call the hospital in the morning for definite arrangements. I was assured by Miss Anderson who is in charge of the admitting office of the Chicago Lying In (part of the Billings hospital) that I would have the very best doctors and care. If all goes well I may get home Xmas eve but I feel that I will be there 14 days or so. It is quite probable that they will perform several operations at once and remove one or more of my organs. However, that is preferable to cancer if that is present or likely to be. I thought of calling on you again for a reading but it seems I've been unable to reciprocate for what you have done, I didn't have the 'intestinal fortitude' and it is evident that something must be done and soon. Miss Anderson has called on me at my home here, knows my circumstances, greatly admires my boys and seems to be a very lovely person. Whether its friendship, kindness or a need for clinic patients, I do not know. Your guess is as good as mine. I have had peritonitis and fear that, otherwise I feel that with a blood transfusion to give me the necessary strength, I should recover nicely.

After ailing so long and being in doubts as what to do it was actually a relief to have the arrangements for the hospitalization, believe it or not. And I fought to avoid resorting to surgery too. [1272] (my sister) will be here to take care of my boys and I expect everything to come out all right. [4932-1] Poor Dad is to have radium treatment in the space where his left eye was. His chart reads "probably malignant" but he doesn't know what that means. The Doctor at the head of the eye, ear nose and throat department at the Cook County hospital happens to be his doctor. His wife and I are very good friends.

R10. 12/18/35 Sister [1272]'s card: "[583] was operated on Saturday [12/14/35] and she's doing fine."

R11. 1/10/36 Letter from Mrs. [583]:

Dear Mr. Cayce:

Thanks so much for your cheery letter of the 21st. Returned from the hospital on Xmas eve about supper time. The boys had a little tree decorated and were watching the windows for me. It was the happiest Christmas I had in many years and they thought so too. I had so many nice letters, greetings and well wishes that I've decided the world's a nice place after all.

Recuperated in record time I think. The doctors found no cancer so they removed the uterus because there was one large and several small tumors thereon. I had a mess of adhesions of course, and they took care of a femoral hernia at the same time. They happened upon a thrombosis and removed it. I hope there are no more and that there will not be. It seems that because of it they hesitated in giving me a transfusion that I needed. Several brothers had a blood test but only one had No. 2 blood to match mine but of course he was not called upon. I was on the table about two and one half hours before the anesthetic wore off, they had given me water containing minerals via needles in the thighs. I am to go back for a check-up examination the 21st.

I received the entire hospital care, operation and all without any expense to me whatever. You can't imagine what that means to me and nobody could have done anything more graciously. I shared a room with three women but if any individual outside Mrs. Anderson in the admitting office knew I was not a 'cash customer' there was no evidence of it whatever. I happen to know the other three paid their way. There were no students present at the operation either. Just the two doctors and about six nurses. I am still taking iron capsules but I feel fine and my face has lost the peaked expression that was there before. Also, the constant hurt is gone from my back. I suppose on account of the thrombosis alone the operation was worth while.

R12. 8/3/39 "I have had some little ailments off and on but between the osteopath, optometrist, and dentist, I hope soon to be in better condition. Had a bad spell of lumbago but am over that too. Guess I'll always struggle with colitis."

R13. 7/12/50 "Have been in the new Goldblatt Hospital east wing of Billings (U. of C.) with an acute attack of gall bladder. Sent me home for 2 wks. to save Blue Cross days for the 'operation G.B.' Am doing very well but going Fri. to see two specialists and at that time will learn just when they think it advisable to admit me again.

"With diabetes, colitis and gall bladder trouble, eating isn't a pleasure. Will have lost at least two months from the office.

R14. 12/17/60 "Can't resist sending you a few lines. My sister [1272] and I have an apt. in ..., Calif... Feeling pretty well considering. Had a major operation in April. Large gallstone in the duct between liver and intestine. Had the gall bladder out over ten yrs. ago. Was on the table over 3 hrs. Took an hour to get thru adhesions to the duct. Had been quite sick and miserable for quite some time with digestive troubles."

R15. 12/12/61 "Am still among the 'quick' even if slowed up. Feel pretty well most of the time."

R16. 12/7/65 GD's note: Mrs. [583] is still on our mailing list, at 73 yrs. of age.

**INDEX OF READING 585-3 F 38**

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TUMORS: UTERUS: TENDENCIES

**BACKGROUND OF READING 585-3 F 38**

B1. See 585-1, a Mental-Spiritual reading, on 9/14/32, answering some health questions.  
B2. 9/28/34 Mrs. [585] said that for about a month she had been experiencing extreme weakness and terrible pains in her abdomen; menstruation irregular; she was afraid it might be cancer. She was very depressed mentally.

**TEXT OF READING 585-3 F 38**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 28th day of September, 1934, in accordance with request made by the self - Mrs. [585], Active Member of the Ass'n for Research & Enlightenment, Inc.

**P R E S E N T**

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. Mrs. [585] and Mildred Davis.

**R E A D I N G**

Time of Reading 11: 00 to 11: 15 A. M. Eastern Standard Time. ...., Virginia.

(Physical Suggestion)

1. EC: Yes, we have the body here, [585]; this we have had before.
2. In many respects we find the general physical condition very good. While there are many changes since last we had same here, few are in excess or in greater distress than has been indicated. In so far as there has been the completion and the fulfilling of all those suggestions, changes for the better have come about.
3. As we find in the present, as related to the changes that are being wrought in the physical relationships and activities of the body, it would be very much better for there to be created a more coordinating perfectly of the glands as related to the secretions in the system, as related to the activities of creation in the body itself. Thus there may be brought about the more normal channel for those things being brought about in the changes.
4. We would begin, then, as this: For the period of about three days at a time, begin with one minim of atomic iodine. [Atomic iodine meaning Atomidine] The next three days take one minim twice a day. The next three days take two minims. Then for the next three days two minims twice a day. The next three days three minims, and following the three minims twice each day. Rest three days. Then begin again with the one, and repeat to the taking of the three twice each day. Then we would discontinue for the time being.
5. During all these periods, and for the better reaction and coordination of the muscular forces - that have produced and do produce the tendencies for the contraction in blood centers and blood forces in the system, where there have been the adhesions in the pelvic organs and in the right portion of the body as related to the caecum area - we would use a compound for massaging, prepared in this manner:
6. To 1 ounce of melted Cocoa Butter, add - while still hot; not while boiling but while still warm, before it has congealed again:

- Oil of Cedar.....10 minims,
- Oil of Peppermint.....10 minims,
- Carum Oil [Carron].....20 minims.

Allow this to congeal again. Take a small quantity and massage just what may be absorbed by the body; not only, then, over the abdominal area, but reaching down low toward the groin, over the abdomen, and especially over the cerebrospinal system - from

the base of the brain to the solar plexus center, or the 9th dorsal; and from the end of the spine TOWARDS the 9th dorsal area. The ingredients are of such a nature that the properties will strike INTO the activities of the lymph and the bursae circulation around each of the ganglia along the cerebrospinal system, if massaged in a rotary motion from the head to the middle - or to the 9th dorsal; then from the end of the spine to the 9th dorsal, in a rotary motion, along each side and over the cerebrospinal system. This we would do about twice each week; at the same time, of course, going over the areas of the abdomen as indicated to overcome the tendencies for the drawing of the organs of the abdomen during these periods that make for pains, contractions of the organs of the body.

7. In the diet keep towards those things that carry plenty of iron, silicon and lime; or the vitamins A, B and D, that the developments in the body itself will be for the greater strength-giving forces for the system.

8. Ready for questions.

9. (Q) How may I correct the conditions so I may have a perfectly normal body?

(A) As indicated.

10. (Q) What is the protruding or apparent growth that at times drips blood?

(A) This is an abrasion from the activities of the system where the folds have become broken in the tissue. The application of the massage, the activities as indicated, should overcome these conditions. [See 585-8, Par. 11-A on 10/15/41.]

11. (Q) Was my face injured seriously about a year ago, and why is the side of my nose still sensitive?

(A) This is a joining of tissue in the superficial circulation, that has made for the nerves to be more in a center; thus producing a sensitiveness. This injury produces the nerves' activity, of course, though not a permanent injury necessarily; for with the correct incentives from the impulses to the cerebrospinal and sympathetic centers to feel out their ways - though it may oft at times return to those feelings where there is the appearance as of something CREEPING under the skin, this is only the rejuvenation of nerve centers - it will gradually disappear.

12. (Q) Why do I feel so tired and weak at times?

(A) Lack of strength and vitality in the system from the great strains that have been put upon the body. With the building of the system in strength-giving forces and influences, and making for the activities through the body as indicated, there will be given the greater strength.

13. (Q) Any other advice for my better welfare?

(A) Keep the mental attitudes in an activative growth. Not making applications either in diet or physical activity, as has been indicated for the body, as rote; but as an application of the influences of Creative Energies that are materialized in the form of the properties used for its application in and on the body to make the body more aware in every atom of same of that influence that is to be the rejuvenating force in the body itself.

14. As every soul should know, as it contacts those influences in its material experiences that awaken or arouse the awareness of the spiritual energies that may quicken the atoms of the body itself to a physical manifestation of the spirit of truth in its own self, however the contact may be made it is of Him - IF the contact is spiritualized in truth.

15. We are through with this reading.

**REPORTS OF READING 585-3 F 38**

R1. 9/28/34 GD's note: FOOD LISTS [Copied by GD from a diet book]

IRON: Beets, whole wheat, whole barley, lettuce, spinach, lentils, peas, green peas, red cabbage, carrots, asparagus, yellow corn, ripe olives, unpolished rice, onions, blackberries, cherries, blueberries, strawberries, raspberries, pears, loganberries, gooseberries, peaches, raisins, apples, concord grapes, rare beef, calf's liver, raw egg yolk, walnuts, almonds, beechnuts, rye, currants, cucumbers.

SILICON: Steel cut oats, spinach, apples, barley, egg yolk, strawberries, peas, figs, goat's milk, beechnuts, grapes, almonds, walnuts, chestnuts, carrots, shredded wheat, unpolished rice, rye, peaches, cherries, whole wheat, asparagus, cabbage, gooseberries, cucumbers, endive.

CALCIUM: Spinach, steel cut oats, whole wheat, whole rye, halibut, cheese, onions, garlic, rhubarb, milk, raw cabbage.

R2. GD's note: [585] remarked after the reading that she was greatly relieved, to know the condition wasn't as bad as she first thought.

R3. 1/15/35 Report: "I feel so much better; in fact, cured. The Atomidine has helped me wonderfully. There is so much more peace and harmony in my home now."

R4. 10/15/36 Mrs. [585] obtained her second Mental-Spiritual reading, 585-4.

R5. 6/41 Dr. F. C. Hudgins couldn't understand, he told Mrs. [585], why her reading on 9/28/34 [585-3] didn't recommend an operation, since the growth existed then, the large one, and she asked about it. See Par. B1 on her reading, 585-8; also Par. 11-A.

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**BACKGROUND OF READING 585-4 F 40**

B1. See 585-1 on 9/14/32 and subsequent Reports, including personal messages in [262] and [281] series as listed under 585-1, Par. 20-A.

B2. 10/15/36 Mrs. [585] said that she had been meditating and having psychic experiences; she felt that possibly she was pregnant - but from immaculate conception - she and her husband were still having marital difficulties.

**TEXT OF READING 585-4 F 40**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 15th day of October, 1936, in accordance with request made by the self - Mrs. [585], Active Member of the Ass'n for Research & Enlightenment, Inc.

**P R E S E N T**

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. Mrs. [585], Esther Wynne, Helen Ellington, Florence and Edith Edmonds.

**R E A D I N G**

Time of Reading 11: 35 to 12: 00 A. M. Eastern Standard Time. ...., Va.

(Body and enquiring mind, who seeks information, advice and guidance as to her physical, mental and spiritual welfare. You will give the entity a mental and spiritual reading, with such information as needed and that will be helpful at this time, answering the questions she will submit, as I ask them.)

1. EC: Yes, we have the body, the enquiring mind, [585] this we have had before.
2. In giving that as we find may be helpful in the mental and spiritual forces about the body, well - too - that the physical forces be more thoroughly understood.
3. For in the material expressions, those disturbances that arise at times confuse individuals in their mental and spiritual developments.
4. Know, as has been given, the Mind is the Builder; yet the mind is both material (or physical) and spiritual.
5. Hence the injunctions that have so oft been given, "Let that mind be in you which was in Christ Jesus, who thought it not robbery to make himself equal with God yet one with Him."
6. Hence the mental self must be at a oneness with SPIRITUAL forces, without those condemnations that come so oft to the mental experiences of individuals through trials, through disturbances physical, through those activities that make for tests, trials, even as He.
7. Thus in the body here, we find disturbing conditions that are affectations through the Creative Energies and forces of the body that tend to make for a disturbance as has been once indicated that must be eliminated from the system-physical, that the body physically and mentally may manifest the more in accord with that purpose for which the entity came into the experience - that through self's physical and mental activity the glory of the Father that is represented in the Son may be the greater glorified in and through the activities of the self in this experience.
8. There having been, then, in the physical forces of the body those hindrances with the activities of the organs in the pelvis, through a stoppage in the Fallopian Tubes and those tendencies for congestion there, disturbances are brought about that should be eliminated. And these as we find may be brought through the using of those influences that carry first a cleansing through the activity of the very nature of the forces; that is:

9. The Atomidine douches, that may purify, clarify the organs of the system, reduce those tendencies that have begun for the accumulations in the form of tumorous forces.
10. And then destroy same through the high frequency activity of the violet ray with the vaginal appliance, that may cleanse the system from disturbing forces, and thus create the activities throughout the body that may bring a better coordination and activity for the body-forces themselves.
11. In the mental forces of the body, then:
12. These as we find have gone a long ways towards the greater understanding, the greater conception of "Though He were the Son, yet learned He obedience through the things which He suffered."
13. And as the self has become the so oft disturbed, disappointed in those activities of individuals, those associations and those relationships that seem to at times build the barriers that make for those experiences that find those expressions in ways and manners that become as confusing - Stand thou steadfast in that thou hast gained as to His love, His promise, His giving of self in that, "As ye ask in my name, believing, that may be done in thy body that the glory of the Father may be manifested through thee."
14. And this is to every soul that has named the Name and has claimed that through the power and the might of those promises in the Son there may come the more perfect understanding, the more perfect knowledge and wisdom of the glory of the Father, that may be manifested to the sons of men by and through the individual activities.
15. And it is not of self but that the Father may be the more glorified in and through thy purpose, thy desire, that it be one in body, in mind, in soul with the purposes that the Father would have thee do in thy dealings with thy fellow man.
16. And in keeping that mental attitude, that mental vision of the promise of the Christ, so ye will grow in grace, in knowledge, in understanding of the law of love, the law of the earth.
17. For His ways are not past finding out, and He will meet thee in thy temple, thy body, that there may be the close communion with those forces and influences that may bring to bear in thine experience the greater blessings physically, the more perfect understanding mentally, and the spiritual vision that maketh - even though ye be tempted - not afraid.
18. Keep then that thou hast purposed to do in relationships to thy desires in Christ, thy love in being a channel of blessings to others, thy activities in thy relationships with others.
19. So may the spirit of truth, so may the Christ as He hath given abide in thee. For, "As ye abide in me, I in the Father, so may the world know the glory of the Father through THY activity among thy fellow man."
20. For as ye do it unto the least, ye do unto thy Christ, thy God.
21. If thou art lax in thine undertakings, then thou art lax in thy duty, thy promises to thy Lord.
22. If thou art vexed with those that spitefully use thee, then thou hast met a shortcoming in those forces that would bring about fear in thine own experience.
23. But as ye follow along the way of showing forth those aptitudes and attitudes that are as a portion of the spirit of truth - patience, longsuffering, brotherly love - these will bring, these do bring, those things that make for harmony in thy experience with thy fellow man.

24. This is the way of the spirit. For the fruits of the spirit are that ye keep faith with thy Christ.

25. Ready for questions.

26. (Q) Am I pregnant?

(A) No; rather as has been indicated, the accumulations from the activities of the body itself that need those physical attentions in the manner as indicated.

27. (Q) Must I experience the loss of my home? If not, how can I save it? How can I meet the payments before they foreclose?

(A) As we find, in making for those associations and connections and making some concessions in self and in self's relationships, these may be divided in ways and means and manners that will not necessarily call for the losing of the home.

But know that those things that are lost were never thine; only that thou hast given away is thine!

28. (Q) Why is it that money slips away from me so easily and I can't meet my obligations?

(A) This may be found if there is the study of those experiences of self in those associations where so easily were the material things a part of that activity wherein the spending of same brought so much disturbances to others. And this then is being met in that so easily do those little confusions come that call for the use of the material things, for the gratifying of those conditions and experiences for the moment.

Learn ye the lesson, and be patient!

29. (Q) What is that small knot on my right side? Will it give me any trouble?

(A) This is a fleshy tumor; a counterpart of the internal forces. This as we find should be massaged - about same - twice a week, one period with pure Castor Oil, the next period with combinations of equal parts Olive Oil or Mutton Suet and Turpentine, Camphor and Tincture of Benzoin.

Also the douches should be once a week, and the violet ray with the vaginal applicator once a week not the large but the medium applicator. And use after same a saline solution as a douche.

30. (Q) What should be the proportions of the Atomidine douche?

(A) As indicated, about a tablespoonful to half a gallon or a teaspoonful to a quart. The period for the use of the violet ray would be a minute and a half.

31. (Q) Once a week?

(A) Once a week.

These should not be on the same day, to be sure; one we would say on Tuesdays, the other on Fridays.

32. (Q) Please explain the activity in the house several nights ago, when I awoke to meditate - the sound like an explosion, then the bright light:

(A) This was a confusion between the physical and the mental and spiritual self, as was given in the beginning. These at times make for the effect upon the physical being in such a way and manner that the Creative Influences as activative in the body - as are the more active in the present - bring about influences and forces from without that may make for confusions.

Upon each and every experience let the mental attitude be:

I SURROUND, I CLAIM, THE PRESENCE OF THE CHRIST; THAT THERE MAY BE THE MORE PERFECT UNDERSTANDING, THE MORE PERFECT ACCORD AS ONE WITH THE PURPOSE OF MY EXPERIENCE - NOW.

33. (Q) Regarding the home, please explain just what steps I should take and what concessions are referred to?

(A) There have been promises from individuals that through such and such activities, and through such and such relationships and influences, there would be aid and help. Make some concessions in these directions and aid in establishing with those a help for the saving or refinancing of the situation in the present.

34. (Q) Any other advice at this time?

(A) Keep the faith and claim the Christ as thy promise - in Him.

35. We are through.

#### **REPORTS OF READING 585-4 F 40**

R1. 2/19/38 See husband's Life Reading, 1538-1.

R2. 2/28/39 Mrs. [585] had her second physical, 585-5.

R3. 11/52 Report: "I followed the treatment except the violet ray; I didn't have that. The massage for the knot on my side flattened it out; it never has grown. The financing of my home worked out; the man was most cooperative in extending the loan."

**INDEX OF READING 585-8 F 45**

Dentistry	Par. 12-A
Diet: Teeth	Par. 12-A
Doctors: Hudgins, Frank Curtis, Jr.: D.O. : Sellers: M.D.	Par. B1 Par. B1
Osteopathy: Pelvic Disorders	Par. 6
Physiotherapy: Douches: Atomidine: Adhesions: Tendencies	Par. 7
: Glyco-Thymoline:	Par. 7
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<b>SURGERY: TUMORS: UTERUS: AFTER EFFECTS</b>	
Surgery: Tumors: Uterus: Not Recommended	Par. 11-A
Tumors: Uterus: Tendencies	Par. 4, 5, 7

**BACKGROUND OF READING 585-8 F 45**

B1. 10/15/41 Report: "...At beginning of summer, stepped off a ladder and something hurt me in the pelvic region. Had such a crook in my back that for days I couldn't stoop or bend over at all; thought I had taken cold, very nervous... So I went to Dr. Hudgins to get an adjustment. The treatment evidently irritated the growths so that they started bleeding. I had a hemorrhage from the vagina. So Dr. Hudgins sent me to Dr. Sellers, a surgeon and gynecologist, who operated and removed the growths from the womb...one large growth and several small ones. Now I want to get a reading to see what treatment I should follow so they won't form again. Dr. Hudgins couldn't understand why my reading in 1934 didn't recommend an operation, since the growth existed then...the large one, and I asked about it. So I'm asking that question for his benefit. I think I understand that I was in no state of mind at that time to have an operation; it probably would have gone very hard with me..."

**TEXT OF READING 585-8 F 45**

This psychic reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 15th day of October, 1941, in accordance with request made by the self - Mrs. [585], Active Member of the Ass'n for Research & Enlightenment, Inc.

**P R E S E N T**

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. Mrs. [585].

**R E A D I N G**

Time of Reading 3: 40 to 3: 45 P. M. Eastern Standard Time. ...., Virginia.

1. GC: You will give the physical condition of this body at the present time, with suggestions for further corrective measures; answering the questions, as I ask them:
2. EC: Yes, we have the body here, [585]; this we have had before.
3. As we find, in the main general conditions are much bettered from those as we have had heretofore.
4. There are STILL those tendencies and after effects that need care or precautions. And these have to do with the eliminations or discharges as related to the organs of the pelvis.
5. These if allowed to become static, or adhesions to form, would make for disturbances that would be hard to combat.
6. We would keep the occasional adjustments - about once in two weeks, if there is a full, thorough adjustment made - to keep the circulation through the organs of the pelvis, through the digestive and assimilating organs.
7. Also we would occasionally have the douches - at least once a week - to keep down those tendencies for irritations and adherence of tissue with same. Have the water body temperature - not too hot nor too cold, you see - and not quite a teaspoonful of Atomidine to a quart and a half of water; followed with Glyco-Thymoline - almost a tablespoonful, or a dessertspoonful, to a quart of water, body temperature.
8. Then with the general attitude, and the precautions as indicated, we should keep conditions very good in the physical functioning of this body.
9. Ready for questions.
10. (Q) What caused the growths on the mouth of the womb?  
(A) These arose from the improper discharges in the system, and from infectious forces that had arisen.

11. (Q) Why was an operation not suggested in my reading [585-3] of Sept. 28, 1934?

(A) The distribution of the conditions through the system would have caused same to have become, in all probability, of a nature NOT easily eliminated. The use of the things indicated, and the segregations of same through the system to focal points, as we find, was the better method.

12. (Q) Do any of my teeth need to be pulled at this time or treated?

(A) Some rather need treating. Few if any need pulling. These had best be determined by the local treatments and the shadowgraph or x-ray indicating where there is such destruction to the nerve center as to make it preferable for extraction. But as we find, with proper balancing of foods in system, - plenty of calcium, iron and sulphur, we should have long use of the present teeth.

13. (Q) Any change in treatments for my hair?

(A) We would keep those things indicated.

14. (Q) Any further advice for the body?

(A) The spiritual and mental influences we would keep very constructive in the body-forces. These as we find are helpful.

15. We are through with this reading.

#### **REPORTS OF READING 585-5 F 45**

R1. 11/52 Report: "The operation apparently was very successful and the recuperative treatments suggested in the reading, because I had no further trouble of this kind."

**INDEX OF READING 999-1 F 48 (?)**

Appliances: Wet Cell: Tumors Par. 11, 13

Arthritis: Tendencies Par. 22-A

Doctors: Campbell, Mary: M.D. Par. 21-A

Glands: Kundalini: Menopause Par. 3

Healing: Magnetic: Tumors Par. 11, 14

MENOPAUSE

SURGERY: PREVENTIVE: TUMORS

TUMORS

Work: E.C.: Readings: Attempted, Not Given Par. B3, B4

**BACKGROUND OF READING 999-1 F 48 (?)**

B1. 8/25/35 Questions submitted: "1. Am I having change of life? 2. Do I have a tumor? 3. Am I pregnant? 4. If pregnant, please advise me as to diet and treatments. 5. Was Dr. Mary Campbell's diagnosis correct? 6. Was Dr. James McGeah's diagnosis correct? 7. Do I have arthritis? 8. To what are the spells of dizziness, nausea and headaches due? 9. What causes the pains in neck, shoulders and back? 10. Are present psychic conditions due to psychic attacks? 11. Are these disorders functional or organic?..."

B2. 9/1/35 Wire from [999]: "Address near Marine City, please give me three o'clock Monday..."

B3. 9/2/35 Reading attempted: "We don't find the body here."

B4. 9/4/35 EC's letter to [999]: "...We regret to inform you that we were unable to obtain your Physical Reading, because - evidently - we did not have sufficient address. All we could get was, 'We don't find the body here.' In obtaining a Physical Reading, it is necessary that we have the exact address of the individual at the time of appointment; that is, if impossible to give a street number, a description of the place just as if you were directing someone there; giving how many miles from a certain place, etc.

"I am very sorry of this delay, as I'm sure your case is quite urgent, but we made the attempt - and will have to wait for further information.

"We are setting a definite appointment for Saturday morning, the 14th, between 10: 30 to 11: 30 o'clock Eastern Standard Time. If this is satisfactory, let us know by return mail the exact address at which you will be during the hour set, remaining quiet and in meditation, seeking. I trust that we will be able to be of a service. There must be the personal contact made during the hour appointed.

"Trusting then to hear from you by return mail, and with all good wishes - asking to be remembered to Miss [681] and Dr. [991]..."

B5. 9/11/35 Wire from [999]: "Letter received doubt about receiving reply by Saturday slow mail service sorry about insufficient address. Will be at ... Mary Grove Drive corner Northlawn opposite Mary Grove College grounds northwest section of Detroit between 10: 30 and 11: 30 EST Saturday the 14th. Will follow instructions."

**TEXT OF READING 999-1 F 48 (?)**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 14th day of September, 1935, in accordance with request made by the self - Mrs. [999], new Active Member of the Ass'n for Research & Enlightenment, Inc., recommended by Miss [681].

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading 11: 30 to 11: 45 A. M. Eastern Standard Time. Detroit, Mich.  
(Physical Suggestion)

1. EC: Yes, we have the body, [999].

2. Now, as we find, conditions that disturb the better physical functioning of the body are of an unusual nature or character from a normal physical reaction.

3. There being, then, those changes that are natural at this period in the experience of the entity - and there being through intense concentration the activities of the nature that make for the raising of those influences and forces within the body as to cooperate or

coordinate with energies that are creative within themselves, we have a confusion in the organs of gestation - or upon the Fallopian tube there are those formations which, as we find, may be removed in either of these manners:

4. The operative measures, or - in a longer process - the absorption.
5. Absorption may be brought about in either of two manners. It may be accomplished through magnetic applications, or through mechanical forces for the passing of the low electrical vibrations that would dissipate and cause the eliminations through absorption.
6. These are the conditions that disturb the general physical forces.
7. The reactions are of two natures and characters: Those that make for the tendencies as from the UNORDINARY or OUT of ordinary conditions that arise from pregnancy; as to the dizziness that occurs at times, the heaviness that occurs across the lower portion of the abdomen, the nausea that occurs - during the evening or night, rather than of morning. These are the reactions to the general system.
8. There is required, then, more of an application through suggestive forces; combined with the magnetic vibrations.
9. Or, as the entity has been told, the operative measures would be necessary to resort to.
10. It must be determined by the body itself as to which of these methods it will use:
11. As to whether there may be the application within self; either through the coordinating forces of someone that may be of a magnetic nature such as to dissipate the condition, or through the use of the low electrical vibrations that may be had from a Wet Cell application or Battery.
12. Or as to whether there will be the operative measures resorted to.
13. If the Wet Cell Appliance is chosen, then the attachments would be made in this manner: The first plate attached (the copper, positive plate) would be to the 9th dorsal center, between the 9th and 10th. The other larger plate (nickel, negative plate), on the nickel anode, would be placed over the umbilicium plexus, or where there is the feeling - or where there is the enlarging or engorging in those portions of the body. This would be applied for thirty to thirty-five minutes each day, preferably as the body rests in the afternoon.
14. The magnetic forces, if chosen, would be given with the same positions; that is, the left hand of the magnetic individual would be placed over the cerebrospinal system covering the 8th, 9th, 10th dorsal centers, while the right hand would be placed upon the engorgement or enlargement - or the feeling in the frontal portion of the lower part of the abdomen itself.
15. It would be well that the body keep the eliminations in a near normal condition. Also we would keep an alkalinity in the system, through the diet, that may prevent cold or congestion. This would be followed with either of the absorption methods.
16. Or there may be operative forces, as indicated.
17. These, as we find, are the physical forces of the body in the present. While an indeterminate attitude has been assumed for the body through these conditions described, the following of one of the modes outlined must depend upon the choice within self.
18. Ready for questions.
19. (Q) Is this condition a tumor?  
(A) Read just what has been given.
20. (Q) Am I pregnant?  
(A) Read just what has been given!

21. (Q) Was Dr. Mary Campbell's diagnosis correct?

(A) Those that agree with the condition NOT being pregnancy are correct.

22. (Q) Do I have arthritis?

(A) There are only the tendencies for such conditions, through the lack of the eliminations.

The vibrations that may be set up for the whole of the eliminating forces and drosses, as well as the direct activities for the secretions and glands (through the absorption methods indicated), would overcome these conditions.

Do these.

23. We are through for the present.

(9/14/35 GD's note: If the Wet Cell Appliance method is chosen, this appliance may be obtained only from the Health Home Remedies Co., Box 103, Virginia Beach, Va. I think the price of this type mentioned for you in \$20, with instructions as to its use in the home. Order about ten days before you wish to begin treatments, as each appliance is made to order. Ask for the Plain Wet Cell Appliance, with attachments as indicated. No doubt you know a good magnetic healer, or someone in your family may have magnetic ability, if you choose this method. Let us know. See Alkaline-Reacting Diet list [which was enclosed].)

**REPORTS OF READING 999-1 F 48 (?)**

R1. 11/35 She phoned EC while he was in Detroit but did not come to see him.

**INDEX OF READING 1140-1 F ADULT**

ANEMIA

ASSIMILATIONS: ELIMINATIONS: INCOORDINATION

Cholecystitis	Par. 13, 14
Diet: Cholecystitis	Par. 16
Doctors: Todd, Mabel: D.O.	Par. 28-A
Eyes: Circles Under: Assimilations: Eliminations: Incoordination	Par. 21-A
Feet: Bunions	Par. 25-A, 26-A
Headache: Nervous Systems: Incoordination	Par. 10
Nervous Systems: Incoordination	Par. 10
Osteopathy: Assimilations: Eliminations: Incoordination	Par. 8, 9, 22-A
: Eliminations: General	Par. 27-A
: Tumors: Lymph	Par. 24-A, 31-A
Physiology & Anatomy: Lacteal Duct	Par. 29-A
: Osteopathy: Eliminations	Par. 27-A
Physiotherapy: Massage: Myrrh: Feet: Bunions	Par. 25-A, 26-A
: Oils, Olive:	Par. 25-A, 26-A
Prescriptions: Soda, Phosphate of, Fleet's: Cholecystitis	Par. 15, 30-A
: Zilatone:	Par. 15, 30-A
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Surgery: Preventive: Tumors: Lymph	Par. 24-A, 31-A
TUMORS: LYMPH	
: Uterus: Fibroid	Par. 24-A, 31-A

**BACKGROUND OF READING 1140-1 F ADULT**

None.

**TEXT OF READING 1140-1 F ADULT**

This Psychic Reading given by Edgar Cayce at the Kahn home, 44 West 77th St., Apt. 14-W, New York City, this 10th day of April, 1936, in accordance with request made by the self - Mrs. [1140], new Associate Member of the Ass'n for Research & Enlightenment, Inc, recommended by Mrs. [987].

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading 11: 35 to 12: 10 A. M. Eastern Standard Time. Hotel ..., New York City.

(Physical Suggestion)

1. EC: Yes, we have the body here.
2. Now, as we find, there are many conditions in the physical forces of the body that are very good; yet there ARE disturbing conditions that may be, as we find, corrected in the present; that would make for a much more coordinating physical functioning, and thus relieve the body from physical anxieties and from physical disturbing conditions that are apparent in the assimilating and eliminating forces of the body.
3. These, then, are the conditions as we find them with this body, [1140] we are speaking of, present in this room:
4. IN THE BLOOD SUPPLY, there are times when the flow itself is not too normal, and there are hindrances then in the assimilating forces that cause this lack of there being builded sufficient of the red blood cells to at all times coordinate or cooperate in preventing the disturbing forces in portions of the body.
5. This, as we find, arises primarily from the distortions in the katabolism, or in the elements that go to make for activity in the glands of the body, as related to the manner in which the effluvia or the hormones of the blood stream make for their coagulating forces through the body. These arise from those conditions that have come about by sedimentary reactions with the pancreas, the spleen and the gall duct in ITS activity UPON the system in the SECRETIONS from these.
6. Primarily this arises from a condition that has arisen from conditions that were in times back a disturbing factor, and thus in their correction made for an accumulation that caused a strangular reaction in the lacteal ducts.
7. This, then, is the basis not only of those disturbing conditions but that as produces through other portions of the body the non-activity of eliminations from a NORMAL reaction. Thus in portions of the body there have been at times those tendencies for the accumulation in lymph pockets. There have been made pressures upon various portions of the internal reactions to the system, thus making for a drying effect or a slowed circulation through the sympathetics that have at times brought into the activities the reactions from the sympathetic to the sensory forces of the body.
8. These corrected in the present, as we find, would make for a gradual building back to a normalcy for the body through its reacting system.
9. IN THE NERVE FORCES OF THE BODY, these natural deficiencies or exaggerated conditions make for pressures upon the nerve forces of the body, at times causing not the

normal rest, at others the conditions in pressures upon the system as to produce to the organs of the sensory system disturbing factors.

10. Also the reactions through the coordination between the cerebrospinal and sympathetic systems produce those pressures in the brain forces, or the headaches that make for a reaction that reacts to the whole of the impulses of the body itself.

11. IN THE ORGANS OF THE BODY, as indicated, those that have to do with the assimilating or production of that which produces in the body the abilities for the system to replenish itself become involved in the condition.

12. Tautness, to be sure, exists along the cerebrospinal system, specifically in those areas where the locomotories of the body - both to upper and lower at times - give rise to disturbances there.

13. IN MEETING, THEN, THE NEEDS OF THE CONDITIONS, AS WE FIND:

14. First there should be taken the time to make for an activity upon the organs of the assimilating system; an activity that would not only drain the gall duct of those tendencies for sedimentary reactions but that would stimulate all the activities from the organs of the abdominal area to the normalcy, for the pressure through the activity or coordinating of the circulatory forces with the organs of assimilation and also for CLEANSING the system in those particular disturbed areas.

15. So, we would first begin with a compound that is combined or prepared under the name Zilatone. One tablet of a morning, one of an evening, for two days. On the third day, in the evening before retiring, take two tablets. The next morning (the fourth day) before arising, take two tablespoonsful of Fleet's Phospho-Soda stirred in a whole glass of water, as warm or as hot as may be taken. Lying on the right side, make for a pressure in those areas about the liver, the lacteal ducts (by putting a pillow underneath the body in that area). And these will make for, through that day, a drainage that will cleanse the system.

16. Through these periods (the four days), let the diet be rather of a semi-liquid nature; or fruit juices, beef juices, vegetable soups as combined, and the like.

17. Then, after two or three days (following the taking of the medicinal properties), begin with manipulative measures osteopathically made, specifically in the lumbar area, the 9th dorsal and the brachial area; through, of course, the cervicals, that each coordinating center between the deeper circulation and the superficial is released, that drainages are kept and that the body-functioning may build back to that of an equal balance throughout the system.

18. These we would take (the manipulative measures) for a period of two to three weeks, twice a week; and then have a rest period from same of two weeks, and then take them again for a period of like time.

19. And we would find the general conditions much changed.

20. Ready for questions.

21. (Q) Are puffs under my eyes from kidneys or from stomach?

(A) From the pressures produced in the lacteal duct area, as we have indicated, by this change that occurs in the incoordination or inactivity of the superficial circulation with the internal. And those tendencies for the pressure in the upper hepatic circulation make for this disturbance.

22. (Q) Is lump in my throat a thyroid nature or lymphatic?

(A) Lymphatic; it arising from those tendencies for stoppages in portions of the circulation due to the attempts of the system to make for a BALANCING in a condition that needs attention - as we have indicated - in the liver, gall duct area, the pancreas and the spleen to make for their coordinations of the activities of the ducts through same, or the activities of the glands to PRODUCE a balance in lymph AND blood circulation. While the lymph, of course, at times is a portion of same (that is, of the blood circulation), the inability of coagulation through the lack of those elements by the improper secretions from the indicated organs and their glands produces the disturbance. This area drained, and then the proper stimulation (through the properties indicated, and the osteopathic manipulations), with the diets kept for a building up of the system, will clear these conditions.

23. (Q) Is all my digestive trouble in stomach or intestines?

(A) As indicated, more arises from the lacteal duct area; though an unbalancing (for at times the body experiences the lack of the ability of the gastric forces to digest foods, which) produces through the intestinal tract disturbing factors - but this is the lack of the proper elements to cause the proper balance of the lacteals, or the alkalins and the acids. For the system becomes excessive in either direction by the very changes that come about; with a tendency, to be sure, for a lack of calcium for the whole system, and at other times lack of the excesses in the needed alkalinities.

24. (Q) Have I fibroids in and around uterus? If so, what size - and should I have these removed?

(A) As we find, these are rather the pressures upon the organs by the improper drainages because of the disturbings in the circulation. We would not in the present have these removed, but if the drainages are set up from the 9th dorsal, the lumbar plexus being CORRECTED, specifically, and coordinated, with the proper drainages set up, these should be absorbed - and naturally would be a much better way and manner than the operative forces.

After these processes as indicated are carried through, then if these continue this would be another question.

But the system itself, properly balanced, takes care of excesses even; though necessarily slower than operative forces, but safer - without those chances for the reaction from scar tissues' effect or the accumulation of lymph pockets or of irritations that make for fibrous reaction.

25. (Q) Shall I have enlarged joint or bunion operated upon?

(A) With these drainages, these conditions should be materially aided. And massage same rather, morning and evening, with equal portions of Olive Oil and Tincture of Myrrh - heating the oil to add the myrrh. With the drainages, with the manipulative forces, with the organs balanced, these should disappear without operative forces.

Do that.

26. (Q) What can I do to help my feet?

(A) These pressures in the lumbar area should be removed, so as to relieve the feet. To be sure, when the manipulative forces are given, these should extend to the bursae especially of the feet; those under the knee, those along the portions of the ankle to the portions of the feet. But massage the feet and the joints especially with the equal portions of the Olive Oil and Tincture of Myrrh; this will relieve same.

27. (Q) What is the meaning of drainage?

(A) When the activity from the nerve forces and the muscular plexus along any portion of the cerebrospinal system, from which organs or portions of the body receive their nerve impulse, are stimulated, this sets up a circulation that allows for refuse forces or drosses from the system to be carried out in a normal way and manner. This is drainage, see? Not necessary that excesses only through the alimentary canal be increased in eliminations to make for proper drainages, but the muscular forces or tendons or bursae or the areas along the system where the nerve plexus produce the improper impulse need to be stimulated. This is why the activity through a massage properly osteopathically given sets up such drainages better than the administering of those things that stimulate an already disturbed condition between the deep circulation and the superficial, see (that is, through cathartics, etc., see)?

Hence these are the indications as we find for the body.

While it is necessary to stimulate the activity of the organs that are showing a tendency for slowness or laggardness in their activity, this must be done properly - from their impulses or centers along the cerebrospinal system - to be EFFECTIVE and to MAINTAIN an equilibrium.

28. (Q) Is Miss Mabel Todd the right osteopath for me to go to in the Essex House, W. 59th St.?

(A) If she will make the adjustments in these specific centers as indicated, you see, and not attempt to make drainages ONLY by stimulating the upper DORSAL and CERVICAL areas, correct. She has the ability! If she will follow these suggestions, correct.

Do these things.

29. (Q) Where is the lacteal duct area?

(A) In the right portion just below the liver or the gall duct, and a portion of the liver area; a hand's breadth - that is, the four fingers - from the umbilicus or navel plexus to the right side, see?

30. (Q) How do I treat that?

(A) As indicated, in those activities of the properties in the Zilatone as combined with the Phospho-Soda - taken as indicated. Then the stimulating of the centers along the cerebrospinal system that carry the impulse for circulation will bring normalcy for this area; loosening - There will be times when there will be felt in the right side a little trickling or tingling sensation, especially for the first day or two after the taking of the Phospho-Soda, see? But these will gradually adjust themselves. Do that.

31. (Q) What is the size of the largest tumor that is around the uterus?

(A) That of a wren's egg. And this is more of the nature of the LYMPH sacs than the harder areas. And if these are carried forward as we have indicated, these SHOULD be absorbed. If they are not, necessarily - as has been indicated - other measures should be taken. But we would advise THESE first; then we may give further instructions.

32. We are through for the present.

(Be sure and do everything in the ORDER indicated. If everything is not clear, let us know. See letter [which was enclosed] with directions to Osteopath. GD.)

## **REPORTS OF READING 1140-1 F ADULT**

R1. 4/21/36 See 1140-2.

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**SURGERY: PREVENTIVE: TUMORS: LYMPH**

**TUMORS: LYMPH**  
**: UTERUS: FIBROID**

**BACKGROUND OF READING 1140-2 F ADULT**

B1. See 1140-1, on 4/10/36 for anemia, cholecystitis, lymph tumors, fibroid tumor of the uterus.

**TEXT OF READING 1140-2 F ADULT**

This psychic reading given by Edgar Cayce at the home of David E. Kahn, 44 West 77th St., Apt. 14-W, New York City, this 21st day of April, 1936, in accordance with request made by the self Mrs. [1140], Associate Member of the Ass'n for Research & Enlightenment, Inc.

**P R E S E N T**

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. Mrs. [1140].

**R E A D I N G**

Time of Reading 11: 20 to 12: 05 A. M. Eastern Standard Time. New York City.

(Physical Suggestion)

1. EC: Yes, we have the body, [1140]; this we have had before.
2. Now, as we find, there are changes coming about. While in the present these reactions at times produce a feeling of unsteadiness, or at others a dizziness, there is more of a weakening or uneasiness through the whole of the abdominal area; reflecting at times even to the digestive system when food is attempted to be taken.
3. These conditions though, as we find, would be and are the natural results of setting up those forms of eliminations.
4. For where there have been builded in any portion of the system those tendencies for segregations, as indicated here through the pelvic organs, through portions of the system as indicated, the stirring up - as it were - produces a little irritation that naturally makes for such reactions that are occurring in the present.
5. But the whole conditions, as we find, are more hopeful, more in order that there would be - with the care which has been indicated - the eliminations of the disturbing conditions without the resorting to such stringent means.
6. Ready for questions.
7. (Q) What causes my constipation, and how shall I overcome it?

(A) With the lymph circulation throughout the abdominal area being active, as it were, to prevent inroads about those portions where segregations have taken place, and to keep down inflammation, it makes naturally for a slow peristaltic movement, or slow or NO great quantity of movement through those connecting portions of the intestinal system. Thus those tendencies for the reaction that occurs. Now to aid in this, as we find, the considerations of the diet without causing such a reaction in the lacteals of the digestive portion, and without causing irritation to the lymph, are necessary. For it is the lymph flow that makes for activity through the alimentary canal, and when there is the tendency for the inflammation (not necessarily just irritation, but INFLAMMATION), it produces, of course, the drying of the lymph flow.

Then we would use the enemas, rather the colon enemas; not too often, but so that the body may be cleansed from toxic forces that naturally arise from this inactivity through the system. Do not use such large quantities of water, but use a saline solution that - through these MANNERS of application - will add an element that WILL form WITH the natural secretions of the body, as WELL as the oils. Not those that would make for a

collecting of influences through the alimentary canal (as those that carry the paraffin in same), but rather small quantities of Olive Oil; that would be not only a food for the intestinal system but would - in such minute quantities - be assimilated without causing disturbing factors.

In using the colonics, combine the solutions in this manner: To each quart of tepid water that would be used, use a level tablespoonful of salt and half a tablespoonful of baking soda; this well dissolved before it is used.

The Olive Oil would be taken internally, but not a spoonful; just a few drops three, four, five times a day when taken.

Also we would massage across the abdomen, even from the stomach to the lower portion of the descending colon, with Olive Oil. Let the body absorb same. This will not only aid in these directions but make for greater elasticity in the abdominal walls and make for the prevention of any adherence through the bodily system itself. Massage just what the body will absorb. At some periods it will be found that as much as a whole tablespoonful or two will be absorbed by the body, and at other periods only a very small quantity will be absorbed.

8. (Q) What may I do to ease the terrible discomfort of menstrual period?

(A) Use a douche of Atomidine; that is, of this combination: A teaspoonful of the regular strength Atomidine to a quart of water. This will not only allay the irritations but will make for a cleansing that will aid in the circulation being able to become more and more normal. This should be taken two or three times; that is, once a day just before such periods, and it may be taken once a week at other periods, see?

9. (Q) How many fibroid tumors have I on uterus and where are they, inside or outside?

(A) At the mouth there are two. On the outside there is one. NONE INSIDE. These are NOT fibroid; they are, as indicated more of the lymph accumulation; for fibroid becomes centralized or there is an affixation with which there gathers those of the nature that gradually builds to same. THIS, as you find, makes for a giving and then expanding again, or a rising and falling, owing to the irritations or owing to the general activity.

Hence when the douches are taken, let these be rather as of the Fountain Douche, so as not to make for great quantity of irritation but RETAIN the solution for as long a period as is comfortable in taking same, see?

10. (Q) What is the condition of my kidneys?

(A) These vary a great deal owing to the quantity of inflammation, or according to the necessities of eliminations through the activity of the alimentary canal's reaction.

As an organ (for the more perfect understanding of the body, for this may be disputed by some), the liver and kidneys form the hepatic circulation. The blood supply of the whole body goes through the liver twice, even to once through the heart.

Then there is that circulation called the hepatic, as indicated, wherein there is the COORDINANT reaction between the liver AND the kidneys. The liver is an excretory as well as a secretive organ. The kidneys are SECRETIVE and take FROM the system, also from the liver and from the general circulation of the whole abdominal area, poisons that are not eliminated through other ways and manners.

When toxic forces arise in the body from the inflammation through the abdominal area, or through the uterus itself, combined with the disturbances through lack of proper eliminations in the alimentary canal, THEN we have a sparse activity of the bladder or of

the kidneys through the bladder. Then this produces in the body an irritation, owing to the great excess of acidity, that produces a burning even through the clitoris and the mouth of the uterus and in the portions of the body.

This is not an indication that the kidneys are involved but that the activity of the whole hepatic circulation and the organs or eliminations through these portions of the system become involved in same.

This is another reaction that will be aided by the use of such a douche. This is much preferable to others that have been suggested. Why? Because the activities of these properties in the manner indicated are to work directly upon the hepatic circulation, because those portions of same that are absorbed will not only act as a cleansing solution for inflammatory conditions but will act UPON the portions of the body itself; thus aiding in the glandular functioning. And here we have reached by the absorption all those glands of the reproductive system of the body that become inflamed or irritated through those disturbances that have been brought about by these accumulations in portions of the system. And if these are adhered to very soon there should be noticed an improvement; although there must be some little alteration in the applications of the massage, especially in the lumbar axis, for these are NOT WHOLLY in accord with what we have indicated would be the more helpful for the body. But, as we have given, INCLUDE the activity upon the coccyx ends of the nerves about the portions of the lower cerebrospinal system WITH the 4th lumbar axis.

Hence, as we would say, the conditions of the kidneys VARY according to the manner of eliminations and the sympathetic reactions from those disturbances in the pelvic organs. The BLADDER becomes then MORE irritated, or the clitoris itself, than the kidney itself.

11. (Q) How should I continue treatment of liver and gall bladder?

(A) Have those regular periods when the Zilatone is used for assisting in creating a better activity through the liver area itself, when there arise any distasteful conditions from the gastric forces of the body itself. Use same periodically, then. No activity of such a nature should be used continuously, to be sure, but let the SYSTEM react and then we may have the PROPER reaction from such properties as are combined in such preparations.

For in this preparation we find THESE elements that may be helpful to the body, for knowing what and how each factor in same acts upon the SYSTEM will aid in making the mental reactions when such is taken into the body, see?

In this we have an agar, or that which is taken from the seaweed itself. We have bile salts. We have caroid as combined with same. We have a small quantity of a stimulation that goes under the name of the elements that stimulate the circulation, or the deeper hepatic circulation. And these COMBINED with those influences for making for an activity without producing too great an irritation. For with the bile salts or the Caroid AND bile salts combined there is directed an activity upon the secretions and excretions of the liver itself, without irritating the lymph flow; and not acting upon the pancreas or the spleen, save in the stimulated circulation as produced by the very small quantity of the heart stimulant.

12. (Q) With lacteal area disturbed, shall I continue to drink so much sweet milk?

(A) This is not so well, for the casein as well as the quantity of calcium in same makes for a hardening of those activities through the lymph flow in the intestinal system.

If this is altered to the milk that is a natural creation from nuts it would be much better; particularly as almonds and filberts; not so much of those that carry too much grease or oils in same as the Brazilian nuts, but particularly almonds and filberts will be helpful and carry with same elements that are much preferable to so much milk.

13. (Q) Are exercises advisable for me?

(A) Exercises in the open, but not such natures that the body strains itself. Walking, riding; but straining as in tennis or even in golf would be irritating to the pelvic organs. But the stretching, in the open - swimming, such natures, would be advisable.

14. (Q) Please give me advice about my eyesight.

(A) Keep the stimulations and ministrations for the general upbuilding of the system itself, coordinating all the forces that have been indicated in those portions of the locomotory system - as in the lumbar, 9th dorsal, brachial center, throughout the upper dorsal and throughout the cervical; and we will make for the better circulation through the sensory forces. And these include, to be sure, the eyes themselves. In the PRESENT, as we find, there should be those precautions that these are not overstrained by too strong a light, or when in a very strong light even sunlight glasses - rose or darker glasses - would be preferable. And WITH these do not strain in reading too fine a print or too close a work of any kind. But no specific treatment other than the GENERAL in the present. Well that these, of course, be bathed with the simple solutions that are much preferable to those that would be more heavy. A weak solution of soda and salt, equal portions, very weak, is much preferable to other astringent things - or those that, as ordinarily termed, would tend to make the eyes glisten or bright.

15. (Q) Do you find that Mable Todd will relieve my condition?

(A) As indicated, EFFICIENT; but there has been and is indicated some anxiety on the part of the body as to those applications that have been made. As WE find, these treatments would be more PREFERABLY made by one more SURE of self in such specific directions.

16. (Q) In taking the Zilatone at periods, should it be taken as given?

(A) As given, or to conform to that which will produce a thorough activity throughout the alimentary canal.

17. (Q) Have I an ulcer in my stomach, or have I had one?

(A) From the acidity there has been a laceration, NOT an ulceration; though the WALLS of the stomach indicate there has been a thickening - but rather from lacerations than ulcerations.

18. (Q) Where is this laceration?

(A) Close to the pylorus, the lower end of the stomach as it enters or empties into the duodenum.

19. (Q) What can I do to heal it?

(A) It's healed. What to do is to not allow this to become so irritated as to produce a strain there. It is healed in the present. The only strain has been as a muscle or as a tendon or as a condition where tissue has been healed, or scar tissue, see? stretching. Hence, as indicated, the absorption of the oil, the taking of the oil as outlined will work together for the whole of the gastric flow. Do not allow, through diets or other exercises, too great a quantity of the acids to regurgitate as to produce irritation again.

20. (Q) How do I stimulate the lymph circulation?

(A) The lymph circulation - this is rather a broad question. The lymph circulation is through various portions of the body itself, see? In stimulating the lymph in the ALIMENTARY CANAL, of course it is usually done by cathartics or such natures. Stimulating the lymph through same for THIS body, as indicated, should be done rather through diet - as indicated, or as has been outlined very well for the body, save in the conditions regarding the milk, as given. But stimulate the gastric flows by the ganglia along the cerebrospinal system that GOVERN THE ACTIVITY of the organs as related to the lymph flow in such a manner. In stimulating the lymph flow for DUCTS through portions of the body, as in the glands about the salivary activity from the mouth, stimulate the vagus centers and these produce same as a flow through the system. These are differently stimulated, you see, to produce lymph reaction. The massage as indicated through the general PORTIONS of the body. See the lymph in this particular condition is stimulated to ELIMINATE, where - as it has been through common strictures or through segregations - the lymph has been slowed up in the attempt to PREVENT the forming of those conditions that would become malignant or stationary in portions of the body. Follow these suggestions as indicated, and we will find we will bring for this body near to NORMAL conditions, and the opportunities in the mental and the spiritual forces be increased in many, many ways and manners. We are through for the present.

[GD's note: She [1140] said, "Very remarkable." She seemed so pleased at the detailed description of conditions and treatment.]

**REPORTS OF READING 1140-2 F ADULT**

None.

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**BACKGROUND OF READING 2330-1 F 35**

None.

**TEXT OF READING 2330-1 F 35**

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 26th day of August, 1940, in accordance with request made by the self - Mrs. [2330], new Associate Member of the Ass'n for Research & Enlightenment, Inc., recommended by her sister-in-law, Mrs. [1523].

**P R E S E N T**

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. [2330] and [1523].

**R E A D I N G**

Time of Reading 11: 00 to 11: 20 A. M. Eastern Standard Time. Va.

1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time; giving the cause of the existing conditions, also suggestions for help and relief of this body. You will answer the questions, as I ask them:
2. EC: Yes, we have the body here, [2330].
3. As we find, in many respects the general physical forces of this body are very good.
4. There are, however, those disturbances that unless corrected will produce a strain upon the general nervous system, that may produce growths that would necessitate operative measures; while in the present these as we find may be removed without the necessity of operative forces and be corrective in measures and ways as to be much more satisfactory.
5. These are the conditions, then, as we find them with this body, [2330] we are speaking of, present in this room:
6. First, in the blood supply, - this we find very good. The reactions in most of the activities of blood producing, blood balance, the hemoglobin, the metabolism and the katabolism, are very good.
7. In the nervous system we find the sources of much of the disturbance, though the general conditions are as pressures upon the nervous system; thus causing at the PERIODS some very disturbing or distressing conditions.
8. As we find, there have been adhesions and lesions through the pelvic organs that cause the conditions there; or that cause the womb itself to be in such a position as to lack the ability of proper drainage. Then the adherence to a portion of the vagina walls causes the disturbances from which we may expect greater disturbance unless these conditions are removed.
9. These cause those reactions across the small of the back at times, when the body is tired or when it walks a great deal or stands on the feet or gets overheated; first the body gets overly irritated, and then periods of the greater disturbance arise.
10. Of course, these throw into the system at the time those energies that find reflex action through the lower limbs, through the sacral area, and the ileac plexus.
11. All of these are as results of the conditions indicated, and are thus of a specific or local nature.
12. Functioning of the organs we find at times involved in same, - as some nausea, some overactivity of the kidneys, and at other times the lack of proper eliminations - by the general disturbance. Yet these as we find would adjust themselves with the corrections of the disturbances existing there.

13. In the reflexes from these, we find that the greater disturbance would be upon the sensory forces; thus a reflex to the eyes, and eventually to the hearing, - though the correcting of the specific disturbance in the present should eliminate all of these and make for the normal conditions for the body.
14. As we find, then, in going about to make the corrections:
15. First, we would begin with specific ADJUSTMENTS - osteopathically made - in the lumbar, the sacral and the coccyx area; giving especial reference to the ileac plexus.
16. We would make these twice a week for the first six such adjustments, and with some two or three of a GENERAL nature; for it is necessary to coordinate other centers along the cerebrospinal system, - as the 9th dorsal, the brachial centers, and throughout the cervical - THESE should be coordinated.
17. And we would suggest Irvin for these treatments.
18. Then, AFTER there have been some six adjustments (not before), we would begin using Atomidine Douches at least twice a week - during the period of the NEXT three or four or five osteopathic adjustments. Use a teaspoonful of Atomidine to a quart and a half of water, body-temperature, for such douches.
19. Also begin about the same time and use, not more than once a week, the Violet Ray (Hand Machine) Vaginal Applicator, - but NOT close to the menstrual periods, for this would produce greater irritation. Do not use it too long. Two and a half to three minutes is sufficient. DO NOT use it BEFORE the osteopathic adjustments are made, but AFTERWARD - the next day afterward; once each week, you see.
20. The douches would be used AFTER the osteopathic treatments - the next day afterward, you see; and AFTER the Violet Ray, in order to remove any of the activities produced by this high vibration.
21. Doing these, with the general precautions, we should make for normal forces for this body.
22. Ready for questions.
23. (Q) What is the condition of the ovary?  
(A) Only sympathetic conditions causing disturbances to the ovary, from the adherence of the womb to the side of the vagina wall; which causes a stretching, especially at the time of the activity of the ovary.
24. (Q) What can be done to normalize weight?  
(A) This is very good, if it would be kept in its present condition! This is very well, - but keep away from sugars and from white breads.
25. (Q) Please give the body any further mental or spiritual advice which will be helpful.  
(A) Just keep the mental attitudes in that way as has been and is the policy of the body-mind. Keep in the constructive thinking. These - the attitudes - are well; just keep them in practice.
26. We are through for the present.

**REPORTS OF READING 2330-1 F 35**

R1. Remarks after reading [2330-1]: Dr. Corpening - Also her doctor in ..., W. Va. - says the uterus is thickening or causing growths, which will need to be removed by operation. She has excess menstrual flow, or flowing which lasts sometimes two weeks; all nervous and upset at times.

R2. 8/28/40 Letter from Dr. C. W. Irvin: "...Mrs. [2330] came to me on Monday. In checking your reading, I find that it coincides with mine very closely. I do find an endometritis which seems to me to be of some duration, and I am inclined to believe the underlying cause is adhesions which have pulled the uterus forward and to the left, thus preventing proper drainage to this organ.

"I feel sure that this patient will improve under proper corrective treatment.

"Thanking you most kindly for referring Mrs. [2330] to me, and assuring you of my most hearty cooperation, I am, "

Sincerely yours, [signed] C. W. Irvin, D.O.

R3. 11/11/40 Letter from Dr. C. W. Irvin: "...Mrs. [2330] was greatly helped and I have asked her to go back to you for a check-up..."

R4. 1/27/41 See 2330-2.

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Womb: Tipped	Par. 11-A, 14-A, 15-A

**BACKGROUND OF READING 2330-2 F 36**

None.

**TEXT OF READING 2330-2 F 36**

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 27th day of January, 1941, in accordance with request made by the self - Mrs. [2330], Associate Member of the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gladys Davis, Conductor and Steno. [2330] and [1523].

R E A D I N G

Time of Reading 11: 35 to 11: 45 A. M. Eastern Standard Time. Va.

1. GD: You will give the physical condition of this body at the present time, with suggestions for further corrective measures; answering the questions, as I ask them:
2. EC: Yes, we have the body here, [2330]; this we have had before.
3. As we find, conditions in the general manner show improvements - throughout. While the cold and congestion, and the mental anxieties in some respects, have not made for as good reactions as might be indicated, we find that there is improvement as related to the position of the pelvic organs and as to the strains or lesions formed by their position.
4. However, we find that there needs to be more of the corrective measures made osteopathically, - especially through the sacral and the lumbar area; coordinating with same the upper dorsals and through the cervicals.
5. These osteopathic treatments have been very well given, but as we find they have not been given deep enough; neither has there been sufficient of these as yet to make the necessary corrections, see?
6. We would give these about once a week, until the corrections are made. This may require not more than six, and may require ten; but should NOT require more than six to eight at the most, if they are properly given.
7. Also we would have more of the Atomidine douches; warm - though not hot - body temperature douches with the Atomidine solution.
8. The vaginal violet ray treatments we would give a little bit farther apart, but we would continue with these; about once in ten days, until there is no more of the discharge - or of the pains at the periods.
9. These as we find, if they are kept until the osteopathic corrections are made, will make for the better conditions for this body.
10. Ready for questions.
11. (Q) What can be done to strengthen the muscles through the pelvic region?  
(A) That's why the treatments are suggested, - as for the douches, the manipulations, and the violet ray, see? All of these, as the corrections are made, are to strengthen the muscular forces to RETAIN the position of the organs, see?
12. (Q) Is menstrual flow normal?  
(A) Not at all times, - but these irregularities are the attempts of the system to ADJUST itself to changes being wrought, you see.
13. (Q) Is pregnancy possible?  
(A) Possible. Not probable, - until there are better corrections.
14. (Q) What causes the womb to have feeling of rolling or bumping against the body?

(A) The natural condition from the allowing of same to drop forward in the pelvis, see?

15. (Q) What exercises would be suggested for keeping me near to normal in weight?

(A) This may be done much more by the diet than so much exercise; though exercise to keep certain PORTIONS of the body normal would be very well.

Keep away from starches, cheeses, or such things of that nature; and take the grape juice four times each day, about half an hour before any meal is taken and at night.

Not too much of fats.

Then an exercise upon hands - with feet braced against the wall - of ROLLING or circling the pelvis and the hips; this taken once each day will aid the body in keeping the normal weight, aiding also in keeping more symmetrical relationships of the pelvis, the body, the abdomen and the eliminations.

16. (Q) Are the alimentary canal eliminations proper?

(A) With the applications, it is necessary that these be kept a little above normal, - or a full evacuation once and sometimes twice a day.

The taking of Olive Oil would be well for this body, in small doses - half to a teaspoonful three to four times a day, for periods of a week or two at the time. Leave off a few days, then take again.

17. (Q) Any further advice?

(A) Do these things, if we would keep the better forces for this body.

As for the cold and congestions, - we find that much better conditions may be caused in the present if there would be the taking of about half a bottle of the Chill Tonic, - about two teaspoonsful each day, morning and evening, until about half a bottle is taken. This will add to the better coordinations of the circulation in heart, liver, lungs and kidneys.

Grove's Tasteless Chill Tonic, they call it - but it isn't very tasteless!

18. We are through with this reading.

### **REPORTS OF READING 2330-2 F 36**

R1. Question answered [in 2330-2] without being asked: What causes drainage for 2-3 days before menstruation? Have adhesions been dissolved?

R2. 1/30/42 See 2330-3.

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**BACKGROUND OF READING 2330-3 F 37**

B1. 1/27/41 See 2330-2 for dysmenorrhea, uterus flooding, etc.

**TEXT OF READING 2330-3 F 37**

This Psychic Reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 30th day of January, 1942, in accordance with request made by the self - Mrs. [2330], Associate Member of the Ass'n for Research & Enlightenment, Inc.

**P R E S E N T**

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. Mrs. [2330] and Mrs. [1523].

**R E A D I N G**

Time of Reading 11: 00 to 11: 10 A. M. Eastern Standard Time. Virginia.

1. GC: You will give the physical condition of this body at the present time, with suggestions for further corrective measures; answering the questions, as I ask them:
2. EC: Yes, we have the body here; this we have had before.
3. As we find, while many conditions are very good, there is the reverting - through the changing conditions in the body - to those old disturbances, especially as related to the activity of the eliminating glands of the organs of the pelvis.
4. From congestion and cold, combined with the conditions in the gland forces, these have produced more disturbance through the muscles and nerves in the lumbar and sacral area, as well as those disturbances regarding the eliminations at the periods.
5. As we find, there are the needs in the present that there be further corrections as related to those activities in the sacral, the lumbar, and extended even to the lower dorsal area.
6. We would have, then, at least five to six of such adjustments. Have the corrections at least once a week.
7. Also there is the necessity for the correction of those conditions related to the activity of the organs, through the use of douches - that may bring about a cleansing, acting as the antiseptic for the disturbances as related to the activity in the organs themselves.
8. It would be well for there to be those packs such as have been indicated, but if there is the use of this character of antiseptic douche as we will indicate, AND the osteopathic corrections, this may be prevented. However, if there are the activities producing strain, or cold or congestion arising so as to produce greater irritation, it would be necessary that there be such packs for the correcting of the position of the organs of the pelvis.
9. At least twice a week, then, we would use douches in this manner, - one time using the Atomidine, the next time Glyco-Thymoline.
10. Say, on Tuesdays, use the Atomidine, - the proportions being a teaspoonful of Atomidine to a quart and a half of body temperature water; this not colder, not hotter, but body temperature. Retain this as long as practical. Use only a Fountain Syringe for same.
11. On Thursdays use a Glyco-Thymoline douche, - this to be a tablespoonful and a half to a quart and a half of body temperature water.
12. These we would do, and we will find better conditions for this body.
13. This will relieve those pains in the back, those conditions that make acute or sharp pains to the lower area of the kidneys, also relieving the inclination for the sudden

activities to the bladder from the nerve reactions, and relieving a great deal of the nervousness and headaches.

14. (Q) Is excessive flowing dangerous?

(A) This makes for reduction of the vitality of the body, but this comes from those tendencies for adhesions in the organs themselves; and with the osteopathic manipulations and the douches these should become normal.

15. (Q) Have the adhesions been dissolved?

(A) If they had, there wouldn't be these excesses at times.

16. (Q) Is there a continuation of the growth?

(A) This has been checked. And if there are the corrections made as indicated, this should be absorbed.

17. (Q) Should the violet ray be continued?

(A) This should be continued, at least once each week - not during the periods of the flow, to be sure.

18. (Q) Which osteopath would you suggest for these particular treatments?

(A) Irvin.

Do these things, as we find, and we will make for the better conditions.

19. We are through with this reading.

#### **REPORTS OF READING 2330-3 F 37**

R1. 8/45 Report by sister-in-law [1523]: "She had a fibroid tumor removed, about the size of a large grapefruit, some year or more after the above reading. At the time of the reading she told me it was highly improbable that she would follow it through, but she would make the effort. She did follow it not more than a couple of series when family matters came up and she dropped the treatments. She admitted, and admits now, that one of her biggest problems is to take care of herself physically; she just does not seem to be able to follow through on anything that has to do with routine, be it taking care of herself healthwise or doing housework. She is creative in the artistic field of music, sewing, etc...goes a great deal on nervous energy, finds it difficult to adjust to the mundane things of life. She is a lovely person in many, many ways and has been a real credit to her family, home life and community."

R2. 12/13/49 She was in hospital with spinal meningitis; first it was thought to be virus infection, kidney trouble, etc.; got worse and was taken to hospital last night. Won't know for 24 hours just what the effect will be.

R3. 12/27/49 At home and improving.

R4. 7/13/55 Report by [1523]: "About 6 mos. ago [2330] told me she has been going to various doctors for past 2 yrs; they say she has infectious mononucleosis. They have been trying different methods to cure her, from suppositories, douches with vinegar, shots, to what not. The condition continued to come and go and was steadily getting worse. Since June 1st she has been taking treatments based on her readings, going to Dr. Wakefield for the osteopathy. He told me she has the worst back he has ever treated, that she should have osteopathy regularly for at least a year and a half. He is very interested

in this case, especially since this particular problem is one the doctors do not seem to be able to solve. Today he was given a copy of [2330]'s readings to study in order to help in following the suggestions in them. Today when we were looking over the readings [2330] told me that so many of the statements in them were true - specifically the reactions through the back at times - disturbance to eyes - hearing [2330-1]. These conditions are reappearing, especially with eyes and ears. This time she wants to follow through with the treatments over a long period of time and perhaps avoid another operation."

R5. 2/27/85 Report by sister-in-law Mrs. [1523] to GD:

"You may want to make a note for [2330]'s folder that she passed on this morning - with a heart attack."

**INDEX OF READING 2966-1 F 55**

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**BACKGROUND OF READING 2966-1 F 55**

B1. 4/1/43 Questions submitted.

**TEXT OF READING 2966-1 F 55 (Lawyer)**

This Psychic Reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 16th day of April, 1943, in accordance with request made by the self - Miss [2966], new Associate Member of the Ass'n for Research & Enlightenment, Inc., recommended by Mr. [2910].

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading 10: 55 to 11: 15 A. M. Eastern War Time. New York City.

1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time; giving the cause of the existing conditions, also suggestions for help and relief of this body; answering the questions, as I ask them:
2. EC: Yes, we have the body, [2966].
3. As we find, while the conditions that cause the greater disturbance are in the nature of accumulations, these need not necessarily require operative measures. For these, as we find, are lymph accumulations. And if there are the administrations that would make for the setting up of the proper coordinations in the eliminating channels, these may be removed without the necessity of operative forces.
4. To be sure, these might be removed by operation. Yet, without removing the causes of such, we find that - at this particular period of this entity's experience - it would only be a drain on the system, leaving the tendencies that might bring greater distress later.
5. On the other hand, if there are measures taken to set up the proper coordinations in ALL of the eliminating channels, if the operation THEN becomes necessary the system will be in such a condition that there would only be minor effects upon the body from such measures.
6. These conditions arise, we find, from deflection of eliminating forces, by the creating of excesses through changes wrought in the general glandular system; so that, with such activities, these accumulations have formed through the abdominal and pelvic area.
7. And with those activities to create a better stimuli for general eliminations, as well as the specific activity of the circulation between the liver and the kidneys, and the organs of the lower abdominal areas, there should be brought bettered conditions for the body.
8. We would suggest these measures:
9. We would have at least twenty to twenty-five hydrotherapy treatments, under the direction - as we find - of Reilly. In the beginning, for the first six to eight, we would have these twice a week; afterwards once a week should be sufficient.
10. The hydrotherapy should include the steam baths, but preferably make these fume baths; taking precautions when these are given. Use for the fumes alternately, one time Atomidine, the next time witchhazel - boiling in the water that causes the fumes to settle over the body.
11. Such a fume bath would be followed with a thorough rubdown, especially along the spine - following the hot and cold water spray, which will also aid in that stimulation necessary. For the thorough massage we would use a combination of two parts Russian

White Oil, or Usoline, or Nujol, to one part Pine Oil. And use the regular Pine Oil, not pitch, not pine needles, but Pine Wood Oil, see?

12. Be precautious as to the diet. Do have plenty of sea foods, - once or twice a week, - to add more of the iodine for glandular clearance; as the fume baths and the absorptions that come from these will stimulate to purify the glands and set up better conditions.

13. Have sufficient exercise in the open each day. Walking is the better exercise, besides that which will be attained in taking the hydrotherapy and massage.

14. Do these and we will make for better conditions.

15. Ready for questions.

16. (Q) Considering my health, would it be better for me to remain in the hotel this summer or to look now for an apartment?

(A) An apartment, we would give.

17. (Q) Is it important to reduce my weight, when I am under such constant strain?

(A) The type of treatments as suggested should aid in better equalizing the weight.

18. (Q) Does smoking do me much harm?

(A) Smoking is not harmful if done in moderation. Excesses produce too much of poisons in body.

19. (Q) How can I get more sleep without drugs?

(A) If these applications are made, they should be most beneficial in this respect.

A use of the Radio-Active Appliance for this body will put it to sleep, and be an aid in equalizing circulation.

20. (Q) If the operation becomes necessary, should the woman consulted - or a man - perform it?

(A) As we find, if these directions are carefully followed, an operation will be a long ways off, if ever! But when or if such should become necessary, or should there continue to be a great mental stress and pain, consult someone else besides the one you have!

21. We are through with this reading.

#### **REPORTS OF READING 2966-1 F 55**

R1. 4/29/43 Report: "I found time to see Dr. Reilly the day after the Physical Reading, arrived, and to start the treatments the day after that. Consequently, I have already had three and they seem to be doing me good. They will certainly help the sinus and intestinal conditions that have long been troubling me, but whether they will obviate the necessity of the operation for a uterine tumor that two, not one, doctors have asserted, remains to be seen. In any case I am not rushing into it or allowing myself to be pushed. The X-rays were rather alarming and both doctors positive. One was a man and one a woman; they had never seen me before as a patient. The statements regarding the poor circulation, the poor elimination and the disturbances in the glandular system were very much to the point."

R2. 7/15/43 Letter: "Herewith enclosed is the long promised extract from my diary which I think you may be interested to compare with the minutes of the sitting that were taken on the same date. I think there are some very striking coincidences [2966-1, 4/16/43]..."

“Extract from Diary 4/16/43: About 10: 15 I got sleepy. I continued that way for about an hour; tho I never went completely to sleep, I dozed lightly in snatches; with occasional glimpses at the clock. At 10: 30 a voice in my right ear said 'Miss [2966]' and I seemed to see a door open. I noted the time after the event. At 10: 50 I seemed to receive a direction to turn on my back, that is, turn around. As I was lying on my back, I lay on my face. A few minutes later I felt a prick in one of my forefingers as tho for a blood test. At 11: 15 I was told to lie on my side - the right. A little later I turned to the left tho that seemed less important and the drowsiness was already gradually lifting. I felt relaxed but when I got up at 11: 35 I was tired as I was after an X-ray.” [JT's note: Miss [2966] refers to her experiences during the actual time her reading was given.]

“You were good enough to say that you would be glad to get a further report so here it is. I have now had 13 treatments at Reilly's and would have had 15 if a bad bump by a subway door had not given me some internal bruises that the doctor thought should be left alone for a time. However, I expect to resume next week. The one striking effect has been the improvement in elimination. Unfortunately that has retrogressed since the accident, doubtless because of some of the homeopathic drugs I was compelled to take. I have also lost a very little weight. Otherwise I have noted no differences. I am very tired, nervous and my blood pressure was 108 when taken yesterday. So I was ordered to increase the thyroid to 3 grains a day. The doctors still seem to think I should have the fibroid removed in the near future, so I am planning to let them go ahead soon after the 15th of next month. Don't you think I should have a check reading, and if so, how shall I go about it?”

R3. 9/22/43 Letter: “The operation is now behind me, and though it was pretty strenuous my recovery has been excellent. I attribute this in goodly measure to the 17 treatments that I managed to get in at Reilly's. I should have taken the full 20 recommended if the accident in the subway had not interfered. Naturally I am not yet restored to full energy or vigor, and want your help to get these back as soon as possible in order that the winter may be truly fruitful. Besides, there are a number of improvements that I think can now be achieved. Will you therefore let me know what date I may have? Meanwhile I shall be preparing my questions so I can forward them to you with my check.”

R4. 3/23/44 Miss [2966] obtained her second Physical Reading. See 2966-2.

**INDEX OF READING 3209-1 F 51**

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Gynecology: Tumors: Uterus	Par. 7-A
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**SURGERY: TUMORS: UTERUS**

**BACKGROUND OF READING 3209-1 F 51**

B1. 5/11/43 Letter: "...Recently I had lunch with one of your "miracles" in ... I know her as [1246]... I am in need of one of your readings. One doctor has prescribed an operation for small tumors in the uterus. Another says 'No'. I will take your decision. Also, for two years I have been unable to find a cure for a periodic recurring eruption on my face - probably an accompaniment of menopause... I find no difficulty at all in accepting the marvelous things you have done and only wish you might have seen your dream for a complete hospital fulfilled."

B2. 9/6/43 Questions besides those at end of 3209-1: "My general health condition. Particular information on this condition of the tumors in the uterus - is an operation needed..."

**TEXT OF READING 3209-1 F 51**

This Psychic Reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 13th day of September, 1943, in accordance with request made by the self - Mrs. [3209], new Associate Member of the Ass'n for Research and Enlightenment, Inc., recommended by [1246] and the book, THERE IS A RIVER.

**P R E S E N T**

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. (Notes read to and transcribed by Jeanette Fitch.)

**R E A D I N G**

Time of Reading 11: 00 to 11: 10 A. M. Eastern War Time. Penna.

1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time; giving the cause of the existing conditions, also suggestions for help and relief of this body; answering the questions, as I ask them:
2. EC: Yes, we have the body here, [3209].
3. As we find, conditions are growing rather serious with this body. As to whether there can be operative measures for this will depend very much upon the type or character of physician that would care for same. And the conditions are growing to be of such nature, as we find, that it would be preferable for the removal of the tumor in the cervix, or the organs of the pelvis - as most of these should be included.
4. These are of such natures that they will grow considerably worse and should be attended to rather soon.
5. We would give that it would be preferable for operative measures but by all means have the examinations and the consultations by a specialist, and if there is the indication that there is sufficient coagulation, the sooner the better.
6. Ready for questions.
7. (Q) What type of physician would you suggest?  
(A) We would prefer a gynecologist or a surgeon of this type should be the one to consider.
8. (Q) Is the hemorrhoid condition critical?  
(A) This is part of the whole condition. This may be controlled better at the time if these are taken care of but this - too - is part of the whole condition.
9. (Q) Can anything be done about the eruption on my face which has troubled me for over two and half years?

(A) When there is the clearing up of the poisons from the system, this also should be helped.

10. (Q) What is my general health condition?

(A) Not very good. There are great drains on the system at the present time. These are serious.

11. We are through for the present.

**REPORTS OF READING 3209-1 F 51**

R1. 12/27/43 [3209]'s letter: "...I followed the advice you gave in my September physical reading - had my operation Oct. 11th - from which I have had a fine recovery. Thank you so much."

R2. 12/31/43 She obtained her Life Reading, see 3209-2.

R3. 1/10/44 [1246]'s letter: "...May I thank you for the help you gave my good friend [3209]? She is a very rare person..."

**INDEX OF READING 3574-1 F 55**

Arthritis: Tendencies : Constructiveness	Par. 11-A Par. 11-A, 15-A
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<b>TUMORS: UTERUS: FIBROID</b>	

**BACKGROUND OF READING 3574-1 F 55**

B1. 10/28/43 [3574]'s letter: "Please for the love of God help me at once. The doctors want to operate and I know it is of no use and why spend all that money for the operation and be killed for I know that is what they will do to me and this is my third severe sick spell of this nature... I am a medium in a small way... I need this help from you within a week or ten days for my husband and the doctors have agreed I should go to the hospital, so I am on the waiting list to be admitted... Please don't send back this money for it will not help me... Can you give me my health help by mail? Thanks."

B2. 11/22/43 [3574]'s letter: "I have been to two clinics and also seen other doctors and they advise an operation on the liver. They think it is gall stones."

B3. 11/29/43 [3574]'s Letter: "The doctors just about had me talked into surgery but I didn't go or do anything until I have my advice from you... The expenses are quite a sum too...something is wrong, very wrong with my life all this span on earth and as my time is getting shorter and shorter, I would like to help my soul if I can for the life hereafter."

B4. 12/8/43 [3574]'s letter: "I will try my very best to be with you for the appointment, 1/20/44... If I cannot come I will go into my seance room during the period and be in the quiet and in prayer."

B5. 1/12/44 [3574]'s letter: "Examination showed a fibroid tumor on the uterus, what can I do for this? Do I have gall stones, etc.? What condition do you find in my stomach and the bowels, more so in the right side near the incision of the other operation? What do you find in the rectum? I have had several operations there and at times I feel uncomfortable. At times I work quite hard and have done heavy lifting, etc., work that a man should do and have injured myself, so the doctors have said. Have I cancer or tuberculosis? I seem to sweat at night and when I was sick in September one of the doctors said I had T.B... I had the T.B. X-rayed and it said not active tuberculosis, but they are not always correct. Will I ever be real well and how much longer have I on earth, as to time?"

"Thanks.

"I don't want to be a cripple or lay in bed helpless for my husband does not help me...my sisters will not help, or have I children or friends, for I have found out how heartless neighbors or friends are - they only think of themselves, so God help me and take me quickly at the end."

**TEXT OF READING 3574-1 F 55**

This Psychic Reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Va. Beach, Va., this 20th day of January, 1944, in accordance with request made by the self - Mrs. [3574], new Associate Member of the Ass'n for Research & Enlightenment, Inc.

**P R E S E N T**

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. (Notes read to and transcribed by Jeanette Fitch.)

**R E A D I N G**

Time of Reading 11: 00 to 11: 15 A. M. Eastern War Time. Warren, Ohio.

1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time; giving the cause of the existing conditions, also suggestions for help and relief of this body; answering the questions, as I ask them:

2. EC: Yes, we have the body here.
3. Now, while there are disturbances throughout the body and these are rather of the complex nature, we find that already there has been too much of those administrations that have not reached the sources or causes of disturbances - and these continue to prove to be disturbing influences in the body.
4. First there needs to be much changed in the general physical and mental attitude of the body. So long as the body holds to the attitude that the world and everything in it is against the activities of the body and the thought of its better welfare, so long as the body is continuing to feel sorry for itself, it will continue to have greater and greater disturbances through the physical forces of the body.
5. It is true that there is much disturbing the body physically - as the conditions through the circulation, the rashes that disturb at times, but a great deal of it is in the mental attitude. There are areas through the lower portion of the rectum that cause disturbance, to say nothing of the activities through the lungs, the liver and the kidneys.
6. At least twice a week, until about fifteen treatments are given, we would have a general relaxing treatment osteopathically. These should not be stimulating treatments but relaxing treatments; slow, easy, gentle - setting up drainages especially in the areas of the 6th and 7th dorsal and throughout the lumbar and sacral axis.
7. After each treatment rest for at least thirty minutes before attempting to leave or to move about a great deal. During that period have applied for a minute to a minute and a half the ultra-violet ray light, (the Mercury Light) with the green glass projected between the light and the body, not more than a minute and a half. Apparently the projection of the green glass deflects the very rays intended to be used by the ultra-violet. True, it does take some rays from the light; yet the penetrating rays that are carried through are deflected or broken sufficiently that the green presents more of a healing power to the conditions where there are those tendencies for inflammation in the mucous membranes or soft tissue, where there is the greater flow of lymph circulation throughout the body - soft tissue of face, lungs, organs of the digestive system, the abdominal area, through the whole alimentary canal. All will be aided and there will be less tendency for the accumulations that may, if there are irritations, become malignant in their nature.
8. After at least fifteen to sixteen such osteopathic treatments, followed each time by the Light treatment (during the rest period) then we would leave off all of these treatments for a period of three to four weeks. Then have about twelve more.
9. Do these and we will bring better conditions for this body.
10. Ready for questions.
11. (Q) What can I do for condition in shoulders, arms and fingers of right hand? Some say I will be a cripple from this.  
(A) What we have given applies to all of these. As drainages are set up we will find that gradually these conditions will be removed - not in a hurry, for these have been long in building.  
But do change the general attitude. Think constructively. Help others to find themselves. In so doing you will find yourself. Make your life helpful to others even in these disturbing periods of anxiety regarding others as well as self. Think of others who are in much worse condition than yourself and it will enable you to forget self and help others the more.  
Do that.

12. (Q) Are the tablets being taken helpful? Caroid and Bile Salts with Phenophthalein.

(A) These are of such natures that you will come to depend upon them. Hence if the treatments suggested are taken, gradually leave off the tablets.

13. (Q) What is the condition of the rectum?

(A) As indicated there are those tendencies for irritation.

Should there continue to be, after these suggested treatments are applied, then - after at least six or eight of the osteopathic relaxing treatments have been given - we would use this combination of oils as an injection. But do not use these unless the rectal area conditions continue to become irritated at periods of evacuations. Add two drops of carbolic acid to one ounce of glycerine, stirring very thoroughly. Then add to this two ounces of Usoleine or Nujol. Stir, beat or mix thoroughly. This quantity should be sufficient for at least three injections. Use a baby or an ear syringe to inject into the rectal area - only if the irritation continues, as the body changes its attitude and applies itself and has at least six to eight of the relaxing treatments osteopathically.

14. (Q) Will the fibroid tumor on uterus give me any trouble?

(A) It will give trouble unless, as indicated, measures are taken to set up better drainages in the system so that this may be absorbed.

15. (Q) Will surgery be advisable for the liver?

(A) Not if the applications suggested are made and as the attitude is changed. If the body continues to hold on and to enjoy being worked on by the doctors, cut on by same, pulled and hauled about by others, well - you might as well keep on doing it! But we have indicated how to meet the condition - first within self, quit feeling sorry for self! Do something about it that will be constructive, by doing something for others as well as by being more quiet - in the means and manner of using administrations that will eliminate sources of the disturbance.

Do that.

16. We are through with this reading.

#### **REPORTS OF READING 3574-1 F 55**

R1. 1/20/44 P.M. See 3574-2, a Life Reading.

R2. 1/27/44 Letter from [3574] acknowledged receipt of the reading and stated she had not been able to start treatments because she was unable to find a doctor who used ultra-violet ray with green glass.

R3. 2/4/44 [3574]'s letter to EC: "I am not able to find any doctor here that has the green light, so I am not able to start my treatments as yet."

R4. 3/4/44 [3574]'s letter to EC: "I have written to you quite some time ago telling you that no doctor here had any green light and you have not answered me... I paid for this reading and had hoped for help that I can use for treatments"

R5. 3/4/44 GD's letter to [3574]: "Due to Mr. Cayce's illness, I am, at this late date attempting to answer your letter of 2/4/44. If your osteopath is in accord, he should be able to obtain and use the ultra-violet light - the Mercury Light... The green plate glass may be secured from The American Plate and Window Glass Co... We would refer you

to Dr. Arthur E. Smith, D.O., who is familiar with our work and who will help you get started with your treatment.”

R6. 3/26/44 [1747]'s letter to EC: “Mrs. [3574] called on me and we talked over her readings from you. I tried to give her my understanding of them. Whether she understood and follows instructions will be up to her. She is having a hard time to get someone to give the osteopathic treatment and ultra-violet ray treatment with the green glass. So I told her she should get a lamp herself and give it to herself and have the osteopath come to her house to give his treatment there.”

R7. 12/17/48 [3574]'s letter to HLC: “I have not as yet to have the treatments your dear Father ordered, but no one here uses the lights, so I am suffering terrible the pains are so terrible at times the bones ache and joints, my knees are swelling like solid mass on the inside. Some doctors say arthritis. I have prayed to die for I don't want to be a cripple and when I am ill I have to struggle alone but God keeps me. You have been sending me material I have not ordered...”

R8. 6/30/64 “I had two readings from Mr. Edgar Cayce a few months before he passed - I don't remember the date or year. I had one for health and the other one he went back over lives for me. Well, I want you to please let me read them again for I am having trouble with my back, and I would like to reread the other one. My copy of each got lost. I showed them to so many people for I was trying to let the people of the world know how wonderful he was. I was supposed to have had a material reading, but he passed on before I could have it, so will you please help me. I thank you.”

**INDEX OF READING 4010-1 F 32**

ARTHRITIS

SURGERY: TUMORS: UTERUS

TUMORS: UTERUS

Work: E.C.: Readings: Physical: Impressions                      Par. 2

**BACKGROUND OF READING 4010-1 F 32**

B1. 12/7/43 [4010]'s letter to EC:

..., N.Y.

Mr. Edgar Cayce Virginia Beach, Va.

Dear Mr. Cayce,

Recently, I came across the article telling of your wonderful power, in the Coronet magazine and am writing you in the hope that you can help me as you have helped others. I have suffered from arthritis for the past six years and whether or not due to this, I also have fibrous tumor in my uterus, for which I have been advised by doctors to be operated upon. If this was just an ordinary operation I would have it done, but doctors have told me that it would bring on an artificial menopause as the womb would also have to be removed and as I am a single girl, I am very much in fear of this. An operation, or rather the results would bring me a great deal of misery and I do not know whether or not I would be able to continue working for my living as I am doing now. I am alone without parents and haven't anyone I can turn to for help. Then again, it would no doubt, prevent me from ever getting married to which every girl looks forward.

Besides all this, I suffered from an attack of food poisoning two years ago which left me with digestive disturbances and altho I have been under a doctor's care I have received no help. I am so tired of doctoring in vain and spending money which I cannot afford, as I do not earn much because of my poor health, that my life is just miserable.

I pray God that you will be able to help me especially regarding the operation for the tumor. If I could only avoid this it would make me very happy. I will be forever grateful to you for any help and advice you can offer me as I do not know where to turn to any more. My entire future, if I am to have one, depends upon my regaining my health. If you will be kind enough to answer my letter and let me know what your fee is, I will send it by return mail. Also would like to know whether I have to visit you personally, and if I do, I may be able to do so sometime early in July as that is when I get my vacation. I would, of course, write you again a few weeks in advance so that you can arrange a definite appointment for me.

Sincerely yours, [4010]

B2. 1/20/44 [4010]'s letter to EC:

..., N.Y.

Mr. Edgar Cayce Virginia Beach, Va.

Dear Sir:

I am enclosing an application for Associate Membership and a money-order of \$20. to cover same.

If you will refer to my previous letter which I sent you recently, at the end of November or the early part of December, you will acquaint yourself with the nature of my illnesses for which I am seeking help. Especially am I anxious to avoid an operation for the fibroid tumor and also X-ray treatments which was advised by one doctor and which several other doctors have warned me against as being more injurious to my condition than helpful, but have advised an operation instead. I am not anxious to do either.

In the Program of Enlightenment which you sent me I note that you request the exact address where the party receiving the reading will be at the time of the reading. I cannot tell you this at the present time as I would like to be at the home of a friend who is a Rabbi, but I would have to know the time of my reading first so that this Rabbi can

arrange to leave this hour open for me. Just as soon as you can arrange an appointment for me I will take this matter up with this party and let you know by return mail where I will be at the time of the reading. My reading would have to be in the evening as I am employed during the day and could not devote my time to it.

Inasmuch as I do not have to travel to Virginia to your home as I thought I would have to do when I wrote you last, I would very much appreciate as early an appointment as possible as I lose a great deal of blood each month because of the tumor which has weakened me a great deal and has also made me quite anemic.

Sincerely yours, [4010]

B3. 3/22/44 Verification of appointment:

1. Have a fibroid tumor in my uterus which has grown to quite a large size, giving me pain in the area around it including my ovaries, causing a discharge and also prolonging my menstrual period to about seven (7) days which formerly was only three (3). The last examination I had by my doctor, which was sometime last spring, he told me that my entire pelvis was filled with the tumor. Sometimes I also bleed slightly in between my periods. All this has made me become anemic, and weak which makes me feel tired all the time.

2. Have arthritis in my fingers, hands and arms; the middle joints of my fingers are swelled and several fingers of my left hand are slightly turned. I also get pains in my back, shoulders and other parts of my body. (The arthritis isn't particular where it strikes.)

3. Suffer with digestive disturbances which I believe was caused by food poisoning several years ago. I experience a fullness after each meal no matter how little I eat and also belching after any food or drink, even a glass of water. Was told by a doctor that these disturbances may also be due to the tumor which may be causing a pressure and also a slight toxic condition.

Is it possible that my arthritis is due to the tumor?

1. Are my ovaries or any of my other organs affected by the tumor? 2. Is there danger of cancer? 3. Is it possible that the arthritis is due to the tumor?

### **TEXT OF READING 4010-1 F 32**

This Psychic Reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 31st day of March, 1944, in accordance with request made by the self - Miss [4010], new Associate Member of the Ass'n for Research and Enlightenment, Inc., recommended by the article in Coronet.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. (Notes read to and transcribed by Jeanette Fitch.)

R E A D I N G

Time of Reading Set bet. 3: 30 to 4: 30 P. M. Taken 4: 15 to 4: 20 P. M. Eastern War Time. New York.

1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time; giving the cause of the existing conditions, also suggestions for help and relief of this body; answering the questions, as I ask them:

2. EC: Yes, we have those impressions and those anxieties; yes, even those distresses that are a part of the experiences of the body.

3. As we find, there is the correct analysis of the tumors in the pelvic areas and their effect upon not only the general nervous system but upon the organs of the pelvis.
4. These will require operative measures, and the sooner the preparations are made and these activities adhered to, the better will be the opportunity of the body not only being rid of the disturbance but of there not preventing severe complications in the results that might be obtained.
5. If there are the proper precautions taken, this should not turn to a condition of such a nature as to be bothering the body later.
6. If it is taken anytime soon, it will also remove the effects being produced in the muscular forces and in the areas of the locomotion of the body or the arthritic and neuritic tendency. Then the sooner these measures are carried out the better.
7. Ready for questions.
8. (Q) What precaution should be taken in preparation for operative measures?  
(A) That coagulation is good in the blood stream, giving the body plenty of plasm and of those activities to cause perfect coagulation, or better coagulation than is naturally existent in the present conditions of body.
9. (Q) Are my ovaries or any of my other organs affected?  
(A) As just indicated all the organs of the pelvis are affected. The tumor as we find, is upon the tubes.
10. (Q) Any other advice?  
(A) Do these things, as we find.
11. We are through with this reading.

**REPORTS OF READING 4010-1 F 32**

None.

**INDEX OF READING 5172-1 F 25**

Cancer: Tendencies: Tumors	Par. 3
Surgery: Tumors	Par. 3--6
<b>TUMORS: UTERUS</b>	
: Blood	Par. 4
: Fibroid	Par. B6
: Lymph	Par. 4

**BACKGROUND OF READING 5172-1 F 25**

B1. 9/29/43 Husband's letter: "The article was so convincing that I have decided to get in touch with you, not merely for the sake of curiosity, but because we need your help. Our problem is of a strictly personal nature, and no one, including my wife, is aware of the exact details, except our physician. On October 21st, my wife and I will have been married 4 years, and the reasons for our being childless have been recently revealed to me by our physician. I am most anxious to know whether my wife can be cured without the use of surgery. I too, am being treated symptomatically until the true nature of my trouble can be diagnosed. I hope the above information is sufficient to make a reading for both of us."

B2. 11/17/43 Husband's letter: "The enclosed application does not bear the signature of my wife or a witness, because of the nature of the matter as explained previously. I hope you can help us. Will apply for a Physical Reading of myself the moment finances permit."

B3. 11/26/43 Husband's letter: "The time factor in our cases is extremely important for our future physical well-being. However, had I not by chance, learned of your psychic powers, I probably would have missed the opportunity to seek your aid. Therefore, kindly accept our applications for membership, and I will be most grateful to receive a reading at your earliest convenience."

B4. 12/15/43 Husband's letter: "I hardly know what to say or do, in view of the facts recently exposed to me... Your letters have not been answered sooner as I have just returned from New York, where I have gone through a great deal of painful diagnostic procedure only to be told by the doctor that nothing can be done, and for that reason, it would be foolish on my part to see other doctors and spend a great deal of money unnecessarily. This news immediately prompted me to ask you for an emergency reading [for himself]... However, upon reading your letters explaining the frantic rush for help by so many people, I realized the situation you and your staff are in... I hope it won't be too late till June, as I have more faith in you than the specialist I have seen, although I pray it will not be too late."

B5. 4/44 Husband's letter: "From our previous correspondence, you undoubtedly know why I desire a reading for my wife. Questions: (1) Should I reveal the physical condition of my wife to her? (2) Will surgery eventually become necessary? (3) Is pregnancy possible; if so, would it be harmful?"

B6. 5/10/44 Husband's letter: "The only reason I haven't asked for an emergency reading is in consideration for others who are just as anxious and waiting their turn... Perhaps I should have stated exactly what my wife's trouble is. Knowing the facts, is bad enough, and having to write about them certainly is not a happy occasion: Our physician's diagnosis is that there are several uterine fibroids or tumors present about the size of a golf ball. They were soft on palpation and in a state of progressive enlargement. There being no satisfactory treatment known, a hysterectomy (surgical removal of the uterus) will have to be performed... Obviously it isn't a question of whether we can wait for the appointment. The point is, will it be too late?"

B7. 5/44 Husband's letter: "Many thanks for your letter of the 13th... Questions: (1) Will these tumors tend to become malignant? (2) Are they the cause of the menstrual periods being delayed for the last several months, about one week late, or is there another factor involved? (3) Will surgery become necessary or can I hope for a favorable

prognosis? (4) Would a normal pregnancy be possible?... Many thanks for your patience in regard to our problem.”

**TEXT OF READING 5172-1 F 25 (Housewife, Hebrew)**

This Psychic Reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 8th day of June, 1944, in accordance with request made by the husband, new Associate member of the Ass'n for Research and Enlightenment, Inc., recommended by the article in Coronet.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Jeanette Fitch, Stenos.

R E A D I N G

Time of Reading Set bet. 3: 30 to 4: 30 P. M. Eastern War Time. Penna.

1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time, giving the cause of the existing conditions, also suggestions for help and relief of this body; answering the questions as I ask them.
2. EC: Yes, we have the body here, [5172].
3. As we find, there are disturbing conditions here, and these are producing such segregations in tumors throughout the uterus (and these are tending to grow), that the sooner there can be the operative measures for removing the organs of the pelvis, the less danger there will be of these becoming of a malignant nature.
4. Because some of these are blood tumors, others are lymph tumors, there will be the necessity for being ready to give transfusions, should this become necessary.
5. In the operation be mindful that the blood tumors are not themselves cut before there is all of the removal of the organs, or we may have a great deal of trouble.
6. While these are against the principles, yet if there would be the opportunity for the entity to complete this experience and have the greater activities for good in this experience these should be necessary.
7. Ready for question.
8. We are through with this reading.

**REPORTS OF READING 5172-1 F 25**

R1. 4/16/45 GD's note: "Pursuant to request of [5172]'s husband, membership fee was refunded because of his cancelled Physical Reading appointment due to EC's death."

R2. 9/28/49 Questionnaire-Letter sent. No reply.

R3. 4/16/52 Notation by IMG: No record of verbal or written contact on this case since date of reading, with the exception of husband's request for refund on 4/16/45.

## Reports from Members:

8/4/75 Received from N.K. of Malibu, California:

“I know you like to hear from members who have benefitted from the Cayce readings. Here is my wonderful result. I became a Sponsoring member just last November. I had a fibroid tumor the size of a walnut or ping pong ball on my cervix. I requisitioned from the library the file on fibroid tumors. In reading through most of the cases, I realized there was a running thread through most of the cases: case in point, chiropractic adjustments of the lower lumbar area. I started adjustments December 5th and continue through April of 1975. Result in April (or upon examination) showed greatly reduced. By May, 1975 COMPLETELY GONE. I had approximately twenty adjustments during the December to April period. I know you like to hear of people's results, and I am so happy to be a contributing member...”

1/18/76 Report received by A.R.E. member, Margaret Wagoner:

“I used the castor oil packs for a fibroid tumor on my uterus. I used the three thicknesses of flannel with the oil and a heating pad three or four nights a week. I started about 9: 30 P.M. and would read until sleepy and turn out the lights and heating pad at the same time, leaving the flannel and heating pad in place and I would sleep until I would be ready to turn over (about 1: 00 A.M.) and then remove it all. This continued about six months. At my next yearly check-up the doctor said it had disappeared. Thank goodness and Mr. Cayce, I didn't need an operation. Thanks also to the workers who make this information available to all of us.”

7/1/75 MEDICAL REPORT FORM:

Please help us to further research of the Cayce physical readings by completing and returning to us this report form. We'll appreciate your giving special attention to specific suggestions for treatment given in the Cayce readings and results - either positive or negative. Your findings will help us to evaluate the effectiveness of the readings today. Return to Edgar Cayce Foundation, Box 595, Virginia Beach, VA 23451, upon completion of case.

Name: Marjorie Henry

Costa Mesa, CA.

Sex F Age 52 Wt. 131 1/2 B.P. Diagnosis Uterine bleeding.

Pertinent Past History Oct. 1974 - Told she had large fibroid uterus - heavy menstrual bleeding.

History of Present Illness and Treatment: Hysterectomy advised by own M.D. Re exam by surgeon confirmed findings.

Abnormal Physical Findings: No Response.

Total Treatment Program: Attached. [From CF TUMORS: UTERUS 2966-1, Reports.]

Patient Cooperation: x Excellent Good Poor None at all

Summary of Results (subjective, objective):

TUMORS: UTERUS, VOL. 1 CIRCULATING FILE

Pt. stopped Premarin Oct. '74 - Stopped bleeding. Re-exam by own M.D. on 5/27/75, was told uterus still enlarged but surgery not needed.  
Exam by me on 4/26/75 and 6/28/75 revealed small uterus, no fibroids, no abnormalities.  
Participating Physician (degree) [signed] William J. Goldwag, M.D.  
[stamped] WILLIAM J. GOLDWAG, M.D. 7433 CERRITOS AVENUE STANTON,  
CALIFORNIA 90680

6/28/75 Report to A.R.E.

Majorie Henry

Adult, white (caucasian) female, age 54. DX by GP and surgeon large fibroid tumor recommended hysterectomy. Marge started treatment with the Cayce remedies on Dec. 1, 1974 and continued as follows:

12/1 Massage weekly - missed week of 3/23/75 12/2 Enema one weekly for 3 weeks  
12/3 Chiropractic treatment once weekly for 3 weeks 12/4 Castor oil packs to abdomen 5 days on 3 days off. 12/4 Atomidine internally - 1 gtt. in glass of water 5 days on 5 off.  
12/6 Olive oil ingestion 1 tablespoon [tablespoon] with every third pack. Missed one week of 4/21/75. 12/16 Vitamin E 500 uits [units] daily - Marge began having hot flashes and night sweats. She was not taking any premarin since we started the above regime. This dose seemed to be alright for her, any lower she would get the flashes and sweats again. So she stayed at 500 u. 2/7/75 Douches started on a 28 day cycle with 5 days off Alternate days with the following Atomidine douche 10 gtts. [10 drops] in 1 qt. of water Glyco-thymoline 1 tablespoon in 1 qt. of water

This patient was very cooperative and faithful to the full treatment. She also during this time joined a church, attended study group, joined a bible study group, meditated daily, and had a great attitude of well-being.

On April 26th, 1975 she was examined by Dr. Bill Goldwag. [See his report attached.] He found a uterus of normal size with no evidence of fibroid tumor.

All treatment discontinued except for much prayer of thanks!