

# Kiwanis

GREEN BAY – DOWNTOWN, Founded 1917



## KIWANIS KEY

Weekly Newsletter of the Kiwanis Club of Green Bay – Downtown

### KIWANIS MEETING OF FEBRUARY 22, 2016

Today's meeting was highlighted by a good hearty lunch of beef stroganoff, salad with champagne dressing (yes, we deserve special treatment), and French bread. Possibly even more impressive was our singing ... it was a significant improvement over last week! Boyd's song choices were "Keep It Booming", "Over the Rainbow", and "Vive la Compagnie". The reason I know we were in harmony was because our very own President Pat declared the performance "awesome"!

Ben said our prayer and we all welcomed special guest Kiwanis District Lieutenant Governor John Day. It was clear to all of us that John was comfortable with our group. He knew exactly how loud and how long to "boo" after Doug's joke of the week.

Names in the News - A photo of Pat wearing his Chamber of Commerce ambassador coat in the Chamber's winter 2016 magazine, Wyatt and Carolyn were on "Local 5 Live" this morning, and the Bay Port High School Key Club was named "Volunteer of the Week" by the Press Gazette on Sunday.

Pat announced that club's Board of Director's will meet next Monday at 11:15 AM before our regular club meeting.

Anne passed out nomination forms for the 2016 Volunteer Awards presented by WPS and the Volunteer Center. Nominations are due by March 4th.

Lots of "Happy Dollars" which made the club treasurer happy! Steve gave \$2 for the successful Green Bay Symphony concert last Saturday night (an overflow crowd) and the happy outcome of his aunt's car accident, Joe for the great "Mary Poppins" show he saw in Chicago, Wyatt because he and Carolyn are making real progress toward purchasing their dream farm, Rick because Charity has agreed to help him sell Pancake & Porkie placemat

ads, Dal because he has a new hearing aid and is tickled to be able to hear our speakers once again, and Doug for his weekly joke (he had to do a second one because the first one fell flat).

Today's speaker was Nicolette Miller from the Aging and Disability Resource Center of Brown County (ADRC). Nicolette is a dementia care specialist and she explained to us the many programs available from ADRC to families with loved ones suffering from dementia and Alzheimer's.

One of the more successful programs is called "LEEPS" or "Language Enriched Exercise Plus Socialization". A community volunteer partners with someone who is in the early stages of memory loss. They exercise together and spend time out in the community. The goal is to keep the LEEPS partner's mind active and improve their body fitness. Volunteers are needed because of the popularity of this program.

Two other interesting programs are the "Memory Cafe" held once a month at the Botanical Garden and "Purple Angels" which is a designation for businesses that are friendly and accommodating to dementia patients. Look for the purple sticker on their door!

Nicolette and ADRC are community angels! You can reach Nicolette at 448.4293 to learn how to participate in one of her programs.

Next week on Leap Day we will have a guest speaker from Happily Ever After Animal Sanctuary (Anne)

March 7 - Steve's guests will discuss the new apartment building under construction outside our lunch room windows

March 14 - Dal's son Steve on Article 5 of the Constitution

by Rick Satterlee