

Holli-Hills September 2021 Menu

		Monday	Tuesday	Wednesday	Thursday	Friday
September 6-10	AM Snack:		Oatmeal	Cinnamon Toast	Blueberry muffins	Cereal
	Lunch:	CLOSED	Ham and cheese on Wheat bread Carrots Orange Slices	Cheeseburger On Wheat Buns Lettuce and Tomato salad	Bean and cheese on Corn tortilla Lettuce and Tomato salad	Fish sticks Garlic bread Baked Cut Fries Bananas Milk
	PM Snack:		Wheat Crackers Milk	Graham crackers Milk	Goldfish Milk	Cheese Crackers Milk
September 13-17	AM Snack:	Cinnamon Toast	Cereal	Blueberry muffins	Oatmeal	Cinnamon Toast
	Lunch:	Meatballs and Spaghetti Broccoli Apple Slices Milk	Ham and cheese with lettuce on Wheat bread Bananas	Cheeseburger On Wheat Buns Lettuce and Tomato salad	Chicken Nuggets Macaroni and cheese Green Beans Apple Slices	Fish sticks Garlic bread Tator Tots Orange Slices Milk
	PM Snack:	Gold fish Milk	Pretzels Milk	Cheese Crackers Milk	Wheat Crackers Milk	Animal Crackers Milk
September 20-24	AM Snack:	Cinnamon Toast	Oatmeal	Cinnamon Toast	Blueberry muffins	Cereal
	Lunch:	Cheeseburger On Wheat Buns Lettuce and Tomato salad	Ham and cheese on Wheat bread Carrots Orange Slices	Chicken Nuggets Macaroni and cheese Green Beans Apple Slices	Bean and cheese on Corn tortilla Lettuce and Tomato salad	Fish sticks Garlic bread Baked Cut Fries Bananas Milk
	PM Snack:	Animal Crackers Milk	Wheat Crackers Milk	Graham crackers Milk	Goldfish Milk	Cheese Crackers Milk
September 27 – October 1	AM Snack:	Cinnamon Toast	Cereal	Blueberry muffins	Oatmeal	Cinnamon Toast
	Lunch:	Meatballs and Spaghetti Broccoli Apple Slices Milk	Ham and cheese with lettuce on Wheat bread Bananas	Cheeseburger On Wheat Buns Lettuce and Tomato salad	Chicken Nuggets Macaroni and cheese Green Beans Apple Slices	Fish sticks Garlic bread Tator Tots Orange Slices Milk
	PM Snack:	Gold fish Milk	Pretzels Milk	Cheese Crackers Milk	Wheat Crackers Milk	Animal Crackers Milk

Food Group Key: Note: Water is available with every meal and throughout the day
Milk Lean Meat/ Meat Alternative Vegetable Fruit Whole Grain