



Montgomery Moms

President's Note

Happy New Year!! I hope you all had a wonderful Holiday and were able to relax a bit and enjoy time with family and friends. This time of year is always bittersweet to me as I love all the Holiday fun, but getting back into our routine is nice too. It was fun to indulge, but now it's time to ease back into school and get used to these dreary winter months. Good news is that Montgomery Moms has lots of fun activities planned to keep us all active and busy so of course the winter will fly by!

Please read through the newsletter and check our Facebook page regularly for all our event updates. The Board has been busy planning lots of fun activities for the next few months.

As a reminder, we accept new members all year long and it's only \$25 for the remainder of this year; let your friends know!

Here's to a great 2019!

Maria - President, Montgomery Moms



General Meetings

Tuesday, January 8 at 7:30 pm
Five Seasons Family Sports Club
11790 Snider Rd, Cincinnati, OH 45249

Come and learn the "how to" of getting organized from professional organizer, Hayley Lauterbur. Hayley owns a professional organizing business, Cincinnati Organized, which she started after a 20 year engineering career in manufacturing. She will focus on how to get started, how to incorporate your kids, and family command centers (search on Pinterest if you're not sure what they are!). Come get great tips to make sure your next organizing effort is successful. Drinks and light snacks provided! Located at 5 Seasons Sports Club, (Room to left of front desk).



Next Month's Meeting!

Join us next month, Tuesday, February 8 at 7:30 PM at El Jinete on Montgomery Rd. We will have some snacks and margaritas to chase away the winter blues!

Member Outreach

Thank you to Marisa Price and Maria Wysong for delivering meals to members in December.

If you are expecting or have a situation in which meals would be helpful, please contact Anne Cooper at annereid@gmail.com. Also, if you would like to volunteer to provide a meal for another mom, please contact Anne Cooper, annereid@gmail.com.

Children's Activities

Playdate at the Madeira Library
Thursday, 1/24 10 AM
7200 Miami Avenue
Cincinnati, Oh 45243

Let's meet at the playspace at the Madeira Library where they have lots of toys to keep children entertained and chairs for us moms to sit and chat.

Upcoming Event

Thursday, Feb 7 from 4 PM-6 PM
Duck Donuts in Deerfield Towne Center
5635 Deerfield Blvd
Mason, Oh 45040

Join us for a free donut and a chance to see how these delicious donuts are made at Duck Donuts. Evite to come.



Book Club

Meeting place TBD.

Thurs 1/31 - The Four Tendencies (Gretchen Rubin)
Mon 2/25 - The Other Einstein (Marie Benedict)
Tues 3/26 - Tell Me Lies (Carola Lovering)
Wed 4/24 - Crazy Rich Asians (Kevin Kwan)
Thurs 5/30 - A Stitch of Time (Lauren Marks)
Mon 8/26 - Perfect Little World (Kevin Wilson)

If you are interested in joining, please email Jenni Giesler at jenniliesner@hotmail.com.



Mom's Night Out

Details to come! Check Facebook and your email for details soon!

Playgroups

Anyone who would like to join an existing playgroup is welcome to do so. Contact Teresa Morris (teresa.a.morris@gmail.com) for more information.





Thanks for sharing some
of your December with us!!



Support Local Businesses!

Montgomery Moms appreciates all of our advertisers. If you do reach out to one of our sponsors, **please** let them know Montgomery Moms sent you!

And remember: if you or your spouse have a business you'd like to share, our members may take 50% off regular advertising rates. Contact Ashley Gratsch at ashleyeilers@yahoo.com for more information.



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Montgomery Nursery School will begin enrollment for the 2019-2020 school year in January!

We will hold an Open House on **Thursday, January 17 from 6-8 pm**

Our school is a school of long-standing tradition that has been a part of Church of the Saviour and the Montgomery community for over 58 years. With programming for children ages 2.5-5 years old, we strive to educate the whole child by targeting academic skills, social-emotional learning, and in sharing an understanding of God's love for us. Our programming provides children with a play-based curriculum rooted in the Ohio Early Learning Standards with an emphasis on kindergarten readiness. We offer enrichment opportunities for children such as fitness, science, art, music, and yoga!

For more detailed programming information, please visit our website at montgomerynurseryschool.net, like us on Facebook, or call our office at 513-984-1796 to schedule a tour!



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Body Alive is a high energy fitness studio offering a variety of classes meant to challenge both beginners and experts in a safe and effective way. We are passionate about fitness and work to share that passion with our students so that each one leaves our studio feeling stronger and more empowered than ever. Our instructors are the best and brightest in the industry. We realize everyone is on their own fitness journey, which is why we work with you to accomplish your individual goals.

Body Alive currently offers 2 conveniently located studios in Kenwood and Oakley. We will be opening our third location in Mason on **DECEMBER 1st!** All 3 locations offer hot power yoga, hot body sculpt, hot pilates, barre, and cardio classes. For more details on our class types and studio schedules please visit our website www.bodyalivefitness.com!

For the month of **December**, we are offering a special Mason Founding Membership of \$60 per month guaranteed FOR LIFE. This includes unlimited classes at all studio locations! Compare this to our standard unlimited membership of \$80 per month and you save \$240 a year in membership costs! Our Mason studio will be 11,500 sq. ft and will include 13 total showers, daycare, unlimited parking and some of our largest classrooms yet! Ready to join? Email info@bodyalivefitness.com to make your \$60 deposit. This deposit will be applied to your first month of membership dues. If you are interested in checking out our other locations before Mason opens, Mason Founding Members are eligible to receive an unlimited monthly membership at our Kenwood and Oakley studios for \$30/month. We are selling a limited number of these founding memberships, so act fast! There is no contract associated with Body Alive memberships and an Orange membership can be cancelled at any time.

Must be cancelled via email within 72 hours of your next bill date. All memberships include unlimited classes but exclude cycle. Provides access to all studio locations: Mason, Kenwood, and Oakley. Offer not valid for current Orange Members. You can pause your membership for pregnancy/injury and still receive the same \$60 a month rate when you return. If you need to cancel for any other reason, you can transfer your membership to a friend or family member to use while you are gone so that you don't lose that \$60 a month rate.



Professional Organizer: Hayley Lauterbur
Phone Number: (513) 702-1849
E-mail: hlauterbur@cinci.rr.com
Website: <https://cincinnatiorganized.com>

Cincinnati Organized is a professional organization business that helps families and small businesses get organized. We specialize in physical spaces and processes. So if you have an organizing project that you have been putting off, give us a call for a free 45 minute consultation. We will evaluate your organizing needs with you and put together a comprehensive estimate, and personalized plan.

An organized life has more time for living!