



NEWSLETTER ♦ 24th Edition ♦ Aug. 2015

MOVING FORWARD FEATURE

PLEASE ACT NOW !!!

– by *Belinda Jacobi*,

President of Moving Forward Limb Loss Support Group

This 24th issue of our newsletter is probably the most important thus far to the amputee community. The topic for this month was not the one that I had initially chosen, but after receiving emails from my prosthetist, the Amputee Coalition, OPAF, and others alerting me to this situation, I decided that it must be brought to your attention with the hope that you will join the movement to stop this before it is enacted.

As many of you may already be aware, Medicare has proposed changes in its coverage of lower limb prosthetics. These changes will have a significant impact on the lives of amputees. We are including an article from mobilitysaves.org which describes the proposed changes and informs us as to what we can do to prevent them. I am calling upon all of our readers and supporters to act on this. We must make our voices heard!!! All it will take is a few minutes of your time to send a letter to your U.S. Representatives in Congress and to your Senators. Just click on the TAKE ACTION NOW button at the end of the article, and then all you have to do is fill in your name and home address. In the organization box, if you want, you can add *MOVING FORWARD* Limb Loss Support Group. You can also follow up with personal comments and letters if you like. For those of you who do not have access to the internet, if you will contact me, I will be glad to assist you in contacting your representatives. I ask that you please pass this along to your family and friends. They, too, can help with this.

My first thought when reading these proposals for change was: "The contractors proposing these changes are definitely not amputees, and apparently have not even met or spoken to one." As we all are well aware, anyone can at some point in time lose a limb. I have always said that it is a life-changing event, but not a life-ending one. The proposed changes in coverage will have drastic implications on our quality of life. If you think, "I'm not on Medicare, so this doesn't affect me," I beg to differ. Most of us at some point will be on Medicare, and if Medicare is allowed to make these changes then private insurance may decide to follow. Many of the changes that are being called for are very shortsighted and will not save them money in the long run. It is my belief that due to these changes, many more amputees will end up hospitalized or in nursing homes.

One of my main concerns is that our prosthetist under these proposals will not be allowed into the decision making about the choice of our prosthesis. While currently our physician must prescribe our prosthesis, he/she does so with the involvement of our prosthetist. I, for one, respect the

– Continued on Page 2 Column 1 –

Proposed Changes in Medicare Prosthetic Coverage

– Taken from <http://mobilitysaves.org/blog/>

Proposed Medicare Lower Limb Prosthesis Policy Will Significantly Limit Your Access to Clinically Appropriate and Medically Necessary Prosthetic Care

Posted on [July 21, 2015](#) by [Lauren Anderson](#)

The contractors for Medicare have released a proposed revision to Medicare's lower limb prosthetic policy. Some of these changes would create unreasonable and clinically inappropriate hurdles to your ability to receive quality prosthetic limbs that best meet your specific clinical needs without delay. Key issues are outlined below, and if you share these concerns, it may be time to [take action](#) to make sure that you maintain access to the highest quality prosthetic care available. (O&P Professionals should [take action here](#).)

The proposed policy could limit your access to clinically appropriate prosthetic care through the following provisions:

1. New amputees will be restricted to use of a basic "preparatory" prosthesis while participating in a post amputation rehabilitation program. The use of technologically advanced prosthetic components will not be permitted during this preparatory phase, forcing active amputees to utilize a prosthesis that does not meet their clinical needs. New amputees will only be eligible for a "definitive" prosthesis after successful completion of a rehabilitation program using a basic prosthesis.
2. New amputees will be required to have an extensive, in person, evaluation performed by their treating physician or a designated Licensed/Certified Medical Professional (LCMP) prior to the delivery of their definitive (long term) prosthesis. Additionally, before you can receive an appropriate prosthesis, a health professional would be required to certify to Medicare that you have sufficient cognitive, cardio-pulmonary, and neuro-muscular ability to ambulate with the prosthesis that was prescribed for you. The requirement for this extensive evaluation, including documentation of conditions that may have no impact on the patient's ability to effectively use a prosthesis, will cause significant delays in the delivery of clinically appropriate prostheses.
3. Medicare will no longer allow the potential for enhanced mobility/functional ability of patients to be considered when determining what type of prosthesis best meets their clinical need. In order to qualify for technologically advanced prosthetics, patients must be able to demonstrate their mobility/functional capabilities now, in real time, as opposed to how they can benefit from advanced technology to improve their mobility in the future.
4. If you utilize, or if your records show that Medicare has paid for, any form of mobility aid (cane, crutches, walker, etc.) your access to higher quality prosthetic components will be severely

– Continued on Page 2 Column 2 –

PLEASE ACT NOW !!! (cont'd)

advice of my family doctor, but he knows very little about prosthetics. That advice needs to come from a medical professional who has been educated and trained about prosthetics. Does our family doctor not send us to a specialist when we have a heart problem or need a hip replacement? Then I dare to ask, "Why, when a person loses a limb or limbs, do they not deserve to see a 'specialist' in prosthetic limbs and to have that person guide them to the best choices for them?"

Another major concern that I have is, if amputees are going to be forced to receive inferior prosthetic devices, then the manufacturers of prosthetics will stop developing new technology and the advancements that we have seen in the past few years will come to a halt. Any company is in business to make money, and rightfully so, because they have to make money to survive. If there is less money to be made in prosthetics, it only makes sense to realize that new product development will stop, and we will see less choice in prosthetics.

My concerns about these proposals are endless, for example, the qualification that the amputee must be able to walk with a "natural" gait to qualify for a prosthesis. This may be less difficult for a young or a below-the-knee amputee, but for the older population or above-the-knee amputee this may bar them from receiving a prosthetic leg. Believe me, when you are an amputee, an "unnatural" gait is preferable to not walking at all. With time, exercise, and practice, those "unnatural" gaits will improve. I would challenge the writers of these proposals to put on a prosthetic leg and be able to walk "naturally" within a few weeks' time.

As you can probably tell by this point, this has made me angry. Once again the amputee population is being discriminated against. Apparently we are easy targets (we don't move quickly enough because of our "unnatural" gaits!). It doesn't seem to matter that we have endured illness or injury, pain, emotional suffering, and financial hardships just to try to get back to living our lives again. Now, they want to take away our mobility. So, yes, that makes me angry! I go on many peer visits to new amputees in hospitals and rehab facilities. My hope is to inform and encourage them. If these proposals are allowed to be enacted, that will be much harder to do, because the truth will be that many of them will not receive a prosthesis that will allow them to get back to enjoying their lives and many may not receive a prosthesis at all. The amputees that I meet each day deserve MORE not LESS!! I beg you to please help us in this fight for the rights of those with limb loss!

For more information, please visit this website: <http://www.amputee-coalition.org/advocacy-awareness/federal-issues/medicare-issue-alert/>

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 **QUOTE OF THE MONTH**

"There are no problems we cannot solve together, and very few we can solve by ourselves."

- by President Lyndon B. Johnson

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REMINDER TO SIGN UP OR RE-ENROLL FOR KROGER COMMUNITY REWARDS PROGRAM

NPO #15533 – This is a way to contribute to *MOVING FORWARD*. It does not take away from your Kroger / Jay C points in any way but our support group receives a percentage of your purchases. Don't forget to register online, if you have not done so, at: krogercommunityrewards.com. Those who have already signed up need to re-enroll during the month of Aug. Information about re-enrollment has been emailed separately. If you need that info, please call.

Proposed Changes in Medicare Prosthetic Coverage (cont'd)

- limited, regardless of your functional capabilities. This is arbitrary and discriminatory, especially for bilateral amputees who may require an assistive device for balance purposes only.
- 5. If you cannot achieve what Medicare contractors deem a "natural gait" while wearing a prosthesis you may not be eligible to receive one. This is another discriminatory action that will severely limit access to clinically appropriate prostheses.
- 6. Roll-on style prosthetic liners will only be covered for patients who cannot be fit with basic socket inserts. The restriction of Medicare coverage for what has become the primary method of socket suspension as well as creating a protective interface between the residual limb and socket may result in poor clinical outcomes for patients forced to rely on outdated socket interface technology.
- 7. Choice of prosthetic feet will be limited by a consolidation of high technology prosthetic foot procedure codes into a single, generic, prosthetic foot code that describes all dynamic response feet—what's available will likely be driven more by price and less by the technology or features of the prosthetic foot that uniquely enhance your mobility.
- 8. Medicare will no longer cover volume management/moisture evacuation systems that are used to ensure the proper fit of the prosthesis. Coverage of these systems is especially important for amputees who experience significant volume changes in their residual limb throughout the day.
- 9. The clinical knowledge and expertise of your prosthetist will not be considered relevant in the decision as to what type of prosthesis will best meet your specific clinical needs. As the prosthetist is considered a "supplier with a vested interest in payment of a claim," they may play no role in documenting the medical necessity for the specific type of prosthesis that best meets your clinical needs.

These issues only represent the major changes that are being proposed as part of the revised policy for Medicare Coverage of Lower Limb Prostheses.

AOPA needs your help to ensure that you continue to have proper access to the best quality prosthetic care under the Medicare program. Please [click here to quickly send comments to the contractors](#).

You can and should also email your customized comments by **August 31st** directly to the Medicare contractors at: DMAC_Draft_LCD_Comments@anthem.com. Make sure to reference LCD Draft: Lower Limb Policy.

(hold Control key down & click this button)



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**TEST YOUR KNOWLEDGE**

Unscramble these words & use the letters in parentheses to finish the sentence. You can find the answer on PAGE 5.



- ICCS PNI            \_ ( ) \_ \_ \_ \_ \_
- USSEMUM        \_ \_ \_ \_ ( ) \_ \_ ( )
- LCVRAANIS     \_ \_ \_ \_ \_ ( ) ( ) \_ \_ \_ \_
- ANDRGE RTUSO    \_ \_ \_ \_ \_ \_ \_ ( ) \_ \_ \_ \_ \_
- CTFAR ISFRA    ( ) \_ \_ \_ \_ \_ \_ \_ ( ) \_ \_ \_
- ALFE SMTERAK    \_ \_ \_ \_ \_ \_ \_ ( ) \_ \_ \_ \_ ( ) \_

Now, unscramble the letters to find the missing word.  
THESE ARE ALL \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ FOR SUMMER FUN!!



## RECAP OF JULY

Our 3rd Annual Pie & Ice Cream Social was held on Sunday, July 12<sup>th</sup>, at the Okolona Fire Station. Everyone in attendance had a great time! The afternoon began with delicious pie & ice cream. Mike & Sue Portman once again brought some of their homemade ice cream, and this year's flavors were strawberry and banana. Entertainment followed with group members Philip Randolph playing drums and Kelly Reitz singing. A special guest performer, Frank Curry, played guitar and sang for us as well. They all did a wonderful job and we want to thank Philip, Kelly, and Frank for sharing their talents with us. We also want to thank group member Albert Howard for displaying some of his paintings for us to enjoy. The theme for this event was "County Fair", so carnival games were played to the delight of the children. By far the most popular game was the pie toss. Our thanks to Mike Portman for being such a good sport and agreeing to be the target for the pies. A very special thank you goes out to Emily White of Kenney Prosthetics for volunteering at this event. It was a special fun-filled afternoon!

The IN meeting was held at Southern Indiana Rehab Hospital on Monday, July 20<sup>th</sup>. Jeff Coffman, a member of the local Sertoma Club, told the group about a golf scramble that his group is sponsoring to be held on Sept. 26<sup>th</sup> with proceeds being used to renovate a local park to make it handicap accessible. The Sertoma Club is a national organization which was founded to assist people who have hearing loss. The local Sertoma Club mission is to support hearing health and the handicapped in Southern IN. If you would like to find out more about the club or the golf scramble, their email address is fcsertomaclub@twc.com and the phone is 502-713-2640.

The main topic of discussion for this meeting was handicap accessibility. Group members told of problems that they had encountered in restaurants, stores, and other public places. We discussed ways that we could make a difference in bringing about improvements in accessibility. It was decided that we would contact the Amputee Coalition to find out ways to become involved in their efforts in this cause, and we also decided to initiate our own project and started laying the groundwork for that.

The KY meeting was held at Baptist Hospital East on Sat., July 25<sup>th</sup>. The topic of handicap accessibility was further discussed at this meeting. The members agreed on the project being planned and details for the project will be available in the next few months. We also discussed the importance of not letting your limb loss define who you are. Members talked about how disturbing it can be when someone identifies them as "the guy with one leg" or "the guy with no arms" or "the girl with no legs", instead of by name. These people, who are usually well-intentioned and mean no harm, need to be informed that although we may be missing a limb or limbs, we are still the same person that we were before limb loss and should be addressed in the same manner. Part of our group's mission is to raise public awareness of limb loss. With increased awareness, we can become less of an oddity to them. They can begin to see that we are just ordinary people trying to go about our daily lives just as they are.

*MOVING FORWARD* welcomed 3 new members, Elaine Skaggs, Eldon Jones, and Ronald Frazee, during the month of July. We hope you can join us at our next meeting!!

*MOVING FORWARD's* monthly meetings provide a way to meet other amputees in our community, so that we may learn from and encourage each other. They also provide us with the opportunity to voice our concerns and help each other to find solutions to problems that we face as amputees. At some meetings we have guest speakers who share with us information to help us achieve a healthier lifestyle. We encourage you to come to a meeting and give it a try. You will leave with new friendships, knowledge, and motivation to help you to deal with living with limb loss.



## SPOTLIGHT

- by Belinda

For the month of August, our spotlight is shining on group member Albert Howard. Albert and his lovely wife Teresa joined *MOVING FORWARD* this past March. They are a happy and fun-loving couple that I am truly enjoying getting to know. Albert likes clowning around with people, and I experienced this firsthand at this year's Pegasus Parade. It was a delight, watching him interact with the parade participants. I am sure that you all will enjoy getting to know Albert a little better....



Albert was born in Baltimore, Maryland, and lived there until he was 7 years old. His family moved to Louisville and he has been here since that time. He and Teresa live in the Okolona area and share their home with their dog Jasper, a black Labrador Retriever. The couple recently celebrated their 43rd wedding anniversary with a cruise on the Spirit of Jefferson. They have 2 children, Matt and Kathryn Jayne, and 3 grandchildren. Albert retired from the Lowes store on Preston Highway after 20 years of service. He worked in commercial sales and later in the tool department. He still enjoys stopping by the store and visiting with friends. Albert has a talent for painting and he recently shared some of his artwork with us at our Pie & Ice Cream Social. When asked how long he has been painting, he replied that he painted years ago before he was married but picked up the hobby once again 2 years ago. He attends an art class at a local senior center, which he really enjoys. He plans to enter a painting at the Kentucky State Fair. He and Teresa attend the fair every year and enjoy looking at the art displays, exhibits, and the animals. His artwork is even more impressive when you find out that he has Parkinsons disease. I have heard him say that painting helps him to deal with the disease. Albert lost his leg below-the-knee a little over a year ago due to a bone infection.

When I asked him if he had any advice for new amputees he said, "If you fall seven times, get up eight times, and never give up." This quote sums up Albert's life during the last few years. He has fallen, but just like he said, he continues to get up. I ended the interview by asking him what he likes about the support group. He mentioned that he enjoys meeting the people and learning from them. We learn from you, too, Albert. Your positive outlook and determination are a motivation to us all.



## Krafty Kids .... by Beverly

In honor of NATIONAL SMILE MONTH, here is a fun snack idea that kids can make for themselves this summer. Hope everyone is having a fun and safe summer!



**MAKE A SMILEY FACE TREAT!** The ways to do this are endless ....

As a base, use large round cookies, unfrosted cupcakes, bagels, bread cut into round shapes, or rice cakes. Spread the base with a variety of ingredients such as peanut butter, cream cheese, frosting, or Nutella. Add facial features using M&M's, spice drops, raisins, banana slices and/or veggie pieces! Add a glass of milk, and you have a yummy summer treat.



The image shown/made by KidActivities.net is a rice cake covered with peanut butter. M&M's eyes & mouth with a chocolate kiss nose complete the 'Face Theme' Snack!



## Q & A

- by Belinda

Our Q&A section is provided so that our readers can submit a "?", and then I, in turn, ask some of the members of the group for a response. From time to time, I also do some research from various informational sources so that I can better respond to the submitted question. I am not trying to provide medical advice, but just trying to help amputees who are in search of some answers. As always, I encourage you to talk to your family doctor, specialist, or prosthetist about your concerns. **Do not be afraid to ask them questions!**

When I discovered that the month of August is **National Immunization Awareness Month**, I decided that this month I would submit the question. As those of you who are members of our group know, two of our members, Kelly and Philip, became quadrilateral amputees during their early childhood due to meningitis. Each of their personal stories has been included in past issues of our newsletter. Philip's story was told by his mother Julie in the very first 2 issues, Sept. & Oct. 2013. Kelly has shared her story with us in several articles, and in the May 2015 issue, her mother Lisa told the story through her eyes. I have wanted to learn more about meningitis for quite some time, and so I am going to take this opportunity to answer some questions that I have about the disease: What causes meningitis? What are its symptoms? Is it contagious? How is it treated? Is there a vaccination? I researched several websites to compile the following information, and the websites are listed at the end of this article.

Meningitis is an inflammation of the fluid and membranes that cover the brain and spinal cord. There are 3 main types of meningitis infection: bacterial, viral, and fungal. Viral meningitis is the most common but least severe type. Most people fully recover from this type. Fungal meningitis occurs much less frequently. Bacterial meningitis is aggressive, develops quickly, and can lead to permanent disability or death in a matter of hours. According to the CDC (Center for Disease Control and Prevention), the best way to prevent bacterial meningitis is through vaccination. The vaccines available protect against the 3 major causes of bacterial meningitis: meningococcal disease, pneumococcal meningitis, and Haemophilus Influenza Type b (including Hib disease). This month, I will focus on Hib disease (this is the disease that Philip Randolph had). Before the Hib vaccine was developed in the 1990s, meningitis affected 25,000 children every year in the United States. It was by far the most common cause of meningitis. Hib is a bacterium that is commonly found lining the surface of the nose and the back of the throat. Many children will come in contact with Hib sometime in the first two years of life. Because most adults have immunity to Hib, a mother will passively transfer antibodies from her own blood to the blood of her newborn baby before that baby is born. The antibodies that the baby gets before birth usually protect it for the first few months of life. However, after that time, the baby is unprotected. Most children harmed by Hib were previously healthy and well nourished. Hib disease is very serious. Even with treatment, as many as 1 out of 20 children with Hib meningitis die. As many as 1 out of 5 children who survive will have brain damage or become deaf. Hib can also cause bacteremia (sepsis), a blood infection, which can result in the loss of limb/limbs.

Symptoms can be similar to those of the common flu and can develop quickly. Typical symptoms of meningitis are: fever, headache, stiff neck, nausea, vomiting, increased sensitivity to light, confusion. Additional symptoms in infants are: arching of the back, bulging of the fontanel, unusually high pitched cry, refusing food, listless or less responsive, rash or spots that don't

- Continued on Page 5 Column 1 -

## J'm Moving Forward . . .

Each month we are including a picture of one of our members **moving forward** after limb loss.



Albert Howard **moving forward** by taking an art class.

\*\* If you would like to submit a picture of you **moving forward**, send it to Belinda or Julie. \*\*



## LET'S GET MOVING! - by Belinda

During the past few months, we have been sharing with you some ideas for fun summer activities. We will conclude this month with an outdoor activity that is enjoyed by many of our members. What better way to enjoy a summer day than by grabbing a pole and heading to a lake for a day of fishing. Take a lawn chair, throw a few sandwiches and drinks in a cooler, and head to your favorite fishing spot. There are many excellent places to fish in our area including the Ohio River, numerous state and local parks have lakes, and there are also several pay lakes close by. You can find a list at both the KY and IN Department of Natural Resources websites, as well as license requirements, types of fish at each site, rules & regulations, and even directions on cleaning your catch and cooking it.

So come on everyone . . . **LET'S GET MOVING!!**

### Fishing ... for People of All Abilities

inMotion • Volume 12, Issue 4 May | July/Aug 2002

- by Julie Wiest



What could be more relaxing and enjoyable than being outside, gazing at the water and clear sky, breathing the fresh air, and watching the fish bite? And what could be more satisfying than staying out there for hours and finally catching the fish that make it all worthwhile? For some people with limb loss, the answers are "nothing." Just being out in nature and doing something they love is incredibly therapeutic and pleasurable. After an amputation, fishing is easy to get back into or to pick up for the first time, and there are many organizations and a lot of adaptive equipment to help. It can be fun for all ages and for people with all kinds of abilities.



- Continued on Page 5 Column 2 -

## Q & A (cont'd)

fade with pressure (called purpura), and seizures or convulsions. It is important to know the warning signs and to seek immediate medical help.

I realize that childhood vaccinations is a controversial topic. My goal for this article is to raise awareness of meningitis and to provide you with information. The decision whether to vaccinate a child lies in the hands of the parents. I encourage parents to discuss the Hib vaccine with their children's pediatrician and to do further research on the topic, so that they can make an informed decision.

In the Sept. issue, the Q&A will continue the discussion on Meningococcal Disease with information on the risk of infection to teens and young adults. I will also share with you information on treatment for the disease.

\*\* Information for this article was obtained from the following websites:

The Center for Disease Control and Prevention – [cdc.gov](http://cdc.gov)

Kids Health [kidshealth.org](http://kidshealth.org)

National Vaccine Information Center [nvic.org](http://nvic.org)

National Meningitis Foundation [nmaus.org](http://nmaus.org)

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... from Beverly's Kitchen

This is a great low-fat dessert to serve at any gathering this summer:

BEVERLY'S STRAWBERRY ANGEL SURPRISE

- 1 Angel Food cake
- 1 lg. box fat free instant vanilla pudding
- 2 c. fat free milk
- 1/2 c. light sour cream
- 1-1/2 pts. sliced fresh strawberries
- 1 8 oz. light Cool Whip

Tear cake in medium size chunks and put half of the chunks into bottom of bowl. This looks very pretty in a nice trifle bowl. In a separate bowl, mix pudding with milk. Add sour cream and blend together. Pour pudding over cake chunks. Place berries on pudding layer. Alternate layers. Put remaining cake chunks over berries. Cover with Cool Whip & chill. Enjoy!

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### Thank You to the Amputee Coalition

\*\* We want to thank the Amputee Coalition for allowing us to use their articles in our newsletter. We also want to thank them for the many brochures and publications that they provide to our group. It is not the intention of the Amputee Coalition to provide specific medical or legal advice but rather to provide consumers with information to better understand their health and healthcare issues. The Amputee Coalition does not endorse any specific treatment, technology, company, service or device. Consumers are urged to consult with their healthcare providers for specific medical advice or before making any purchasing decisions involving their care. \*\*

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TEST YOUR KNOWLEDGE ANSWER (from Page 2)

PICNICS, MUSEUMS, CARNIVALS, GARDEN TOURS, CRAFT FAIRS, FLEA MARKETS

THESE ARE ALL A C T I V I T I E S FOR SUMMER FUN!!

Fishing ... for People of All Abilities (cont'd)

Accessible fishing piers and docks are available for people with disabilities in many states and are usually equipped with ramps, rails and close parking. These are great for those who use wheelchairs or those who cannot walk long distances, but many amputees who use prostheses can use any pier or dock. Charter fishing boats that are equipped to accommodate people who have disabilities are available in some areas.



Tennessee Wildlife Resources Agency
Public Fishing Pier, Oak Ridge, Tennessee

Some people require adaptive fishing equipment, and fishing rods, reels and other components can be adapted to suit individual needs. Fishing rods can be mounted onto a wheelchair with special devices or secured on a sling or shoulder strap attached snugly to the angler's body. Special reels and rods suit various needs and some will automatically cast a fishing line.

Bass Pro Shops in Springfield, Missouri, is the second largest tourist attraction (after Mount Rushmore) in the Midwest, according to iCan! Online. About the size of seven football fields and attracting approximately 4 million people every year, it is a hunting and fishing store that stocks adaptive equipment. It has elevators and accessible bathrooms that can accommodate people of varying abilities, and it also sponsors events for hunters and anglers with disabilities. For more information, visit <http://www.basspro.com> or call 800/BASS-PRO.

Another way to find and order adaptive equipment for fishing is through **Access to Recreation, Inc.'s** free catalog that can be ordered by calling 800/634-4351 or by writing to the company at 8 Sandra Court, Newbury Park, CA 91320-4302.

Wilderness Inquiry (WI) is a non-profit organization that is committed to including all people in outdoor activities, no matter what their age, race, or physical ability. WI is best known for its multi-day wilderness activities, but it also conducts community events, research, training, equipment design, trail and field assessments, and policy development. Its staff are not only skilled wilderness guides, but also committed to creating the best outdoors experience for all participants, which sometimes means adapting activities to accommodate various abilities.

A service of WI, **Access Outdoors** is a resource that connects people with disabilities to organizations that help make different types of outdoor activities more accessible. It also provides consultation and assessments to organizations that wish to make their facilities or programs more accessible.

For more information about WI, visit <http://www.wildernessinquiry.org> or call 800/728-0719.

For more information about Access Outdoors or to find an organization that can help you, visit

<http://www.accessoutdoors.org>.

Fishing Has No Boundaries, Inc. (FHNB) is a nonprofit organization operated by volunteers that is dedicated to assisting anglers with disabilities in the United States. The organization works to provide unlimited access to people with any type of disability through specialized adaptive devices, dock loading systems, and boat adaptations. FHNB creates awareness about fishing opportunities for people who have disabilities and how enjoyable and fulfilling they can be. It offers memberships, accepts sponsorships, and hopes to establish at least one chapter in every state. Chapter event information can be found on FHNB's website (<http://www.fhnbinc.org>). For more information, call 800/243-3462 or write to P.O. Box 175, Hayward, WI 54843.

The Paralyzed Veterans of America (PVA) Sports and Recreation Program founded the **PVA National Bass Trail**, which is sanctioned by the **Bass Anglers Sportsmen Society (B.A.S.S.)**. The trail gives anglers with disabilities

– Continued on Page 6 Column 2 –

UPCOMING EVENTS

Meetings:

Aug. 17th, Monday, from 6:30 - 8:00 p.m. at Southern IN Rehab Hospital, 3104 Blackiston Blvd., New Albany, in the Conference Room. Special guest speaker, Erin Myers, will talk to the group about her life as an AK amputee, her career as a sales manager with Freedom Innovations, and about prosthetic technology.

Aug. 22nd, Saturday, from 2:00 - 4:00 p.m. at Baptist Hospital East in the 2nd Floor Education Center, Room 2G. A physical therapist, Joan Passinisi, will be in attendance to speak to the group. Joan has 26 years experience working at the Baptist Health Rehab Unit.

You are encouraged to come and meet both of these ladies, receive valuable information and have your questions answered. This is a wonderful opportunity, so please make plans to attend. Refreshments are provided.

Events:

Sept. 19th, Saturday, from 9:00 a.m. - 4 p.m. The Amputee Coalition is holding a Limb Loss Education Day in Columbus, Ohio. It will be a day filled with educational and informational sessions and adaptive sports and recreation activities. Registration is \$15.00 and includes lunch. To register and for more information, go to their website at amputee-coalition.org/LLED.

Sept. 26th, Saturday, from 4:00 - 7:00 p.m. Gary and Karen Rock, who are members of *MOVING FORWARD*, are hosting a Luke 14 County Fair at the Larue County Fairgrounds in Hodgenville, KY. It will be an evening of fun, food, and celebration for anyone with a disability and their family and friends. The event is free, but you must register to attend. For more info and to register, visit their website at luke14hodgenvilleky.webs.com. You can also volunteer on the website to help at the event.

Oct. 1st, Thursday, The Community Foundation of Louisville is hosting **Give Local Louisville**, a 24-hour online donation day, to help local nonprofit organizations. Donations are matched by area businesses. This is a day to support and highlight the nonprofit organizations in our community. *MOVING FORWARD* is registered for this event. **We will be sending out more details in the next few weeks, so stay tuned!!**

Plans are being made for our Fall Picnic and Walk & Roll, and a Belle of Louisville Cruise. Additional info will be available on our website and Facebook page, and will be announced at the August meetings.

Lots of other fun activities are being planned, so stay tuned :)

Be sure and check out our website at: ampmovingforward.com & our Facebook page: **Moving Forward Limb Loss Support** to keep up with details of *MOVING FORWARD*'s Upcoming Events and Meetings.

(print this page & put it on your frig as a handy reminder)

PIE & ICE CREAM SOCIAL PICTURES



Fishing ... for People of All Abilities (cont'd)

the opportunity to fish for recreation or competition. Whether fishing from a boat or the shore, anglers with disabilities are paired with able-bodied volunteers, who offer as much assistance as needed.

Awards and prizes are awarded for the total weight of the fish. Visit the PVA website (<http://www.pva.org>) to find out more, to find an event close to you, or to obtain registration forms.



CONTACT INFO

Call for meeting times & locations!

MOVING FORWARD Support Group

Email: moving4wdamputeegroup@gmail.com

502-509-6780

Website: ampmovingforward.com

Facebook: [Moving Forward Limb Loss Support](https://www.facebook.com/MovingForwardLimbLossSupport)

Belinda Jacobi, President

belindajacobi@yahoo.com

812-620-3694

Kelly Reitz, Vice-President / Facebook Page Editor

Kjreitz2012@gmail.com

812-572-7955

Mary Jo Kolb, Secretary

mjk2you@gmail.com

812-989-4177

Julie Randolph, Treasurer / Newsletter Editor

jbrsweepea@yahoo.com

812-557-3970

Mike Portman, Board Member-at-Large

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 Web: www.louisvilleprosthetics.com



Chris Lockett, C.P.

1404 Browns Lane, Suite C 742 East Broadway
 Louisville, KY 40207 Louisville, KY 40202
 Phone: 502.895.8050 Phone: 502.584.2959
 Fax: 502.895.8056 Fax: 502.582.3605
 Web: www.louisvilleprosthetics.com



R. Wayne Lockett, C.P.

1404 Browns Lane, Suite C 742 East Broadway
 Louisville, KY 40207 Louisville, KY 40202
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 BSWINT@KENNEYORTHOPEDICS.COM

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 PHONE 502-882-9300 • FAX 502-882-8375

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Shannon Kiser, BOCB, LPO
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Tel: (270) 737-2672
 Fax: (270) 769-0292
 Mobile: (270) 401-5528
 Skiser@centeropcare.com



Center for Orthotic & Prosthetic Care

Mike Mattingly, CPO
 Director of Orthotics

1931 West Street
 Suite A
 New Albany, IN 47150

Tel: (812) 941-0966
 Fax: (812) 941-0958



Center for Orthotic & Prosthetic Care

Tim Nutgrass, BOCB
 Prosthetic Director

Kosair Charities Center
 982 Eastern Parkway
 Louisville, KY 40217

Tel: (502) 637-7717
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Jason Ala, CPO, LPO
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Norton Healthcare Pavilion
 315 E. Broadway, Ste. 1400
 Louisville, KY 40202

Tel: (502) 629-8640
 Fax: (502) 629-5527



Center for Orthotic & Prosthetic Care

Tom Caldwell, BOCB, LP
 Certified and Licensed Prosthetist

315 E. Broadway, Suite 1400
 Louisville, KY 40202
 www.centeropcare.com

Phone: 502.629.8640
 Fax: 502.629.5527
 Cell: 502.377.4415
 Tcaldwell@centeropcare.com



Center for Orthotic & Prosthetic Care

Steve Frick, MS, CPO/LPO
 Certified and Licensed Prosthetist/Orthotist

902 Dupont Road, Suite 100
 Louisville, KY 40207

Tel: (502) 899-9221
 Fax: (502) 899-9468