



Deaf Circle

2017-2018 *Soul Stir Journeys*

All events in Sign Language.

**Strengthen your mind,
body and soul.**

Renew your spirit.

Survival, Growth & Thriving
Inner Development
Leadership
Healthy Relationships
Healing
Meditation
Rhythm
Movement
Awakening
Empowerment

Come and explore.

Light, healthy snacks provided.

Facilitators

Deborah S. Mayer
Deaf Certified Life Coach
Crossroad Solutions Coach, LLC

Rev. Emily Hillquist Davis, Vicar
St. Thomas Deaf Church
www.DeafChurchSTL.org

*From different backgrounds,
we join to share our passion for
joy, life, transformation and
empowerment.*

Location

St. Thomas Deaf Church
(In Grace Episcopal Church)
514 E. Argonne Drive
Kirkwood, MO 63122

*Deaf Circle usually meets
on the main/upper level
in the Library by the front door.*

usually 2nd Tuesdays 6:30-8PM

May 9
interpreted

Drum Circle

Shannon Ratigan ~ drumcircles.net

June 13

How to Move Like This!

Hip Hop Dance Moves

Irvine Stewart founder of the Wild Zappers

July & August: our summer break

September 12

Spiritual Journey Collage

Deborah S. Mayer

October 10

Zumba: Dance Great Movements

Rachel Priscu, Signing Instructor

November 14

Acting out Kindness

Deborah S. Mayer

December & January: our winter break

February 13

Facing Life Challenges:

Strengthen Yourself for Tough Times

Deborah S. Mayer

March 13
interpreted

West African Dancing

TBA

April 17
3rd Tuesday
interpreted

Whole Body Wellness

Through Healing Touch

Corinne Scheitlin ~ www.good4thesol.com

May 8

**Soul Work for Healing Body
and Emotions**

Deborah S. Mayer

Contact

for RSVP or more information:

Rev. Emily ~ 314.560.6731 text/call
revemilyhd@gmail.com