



# *32rd Annual Scientific Meeting*

The Virginia Society of Rheumatologists

Virginia Crossings Hotel & Conference Center  
The Madison Building  
Glen Allen, Virginia

September 21 - 23, 2018

## CONTINUING MEDICAL EDUCATION CREDIT INFORMATION

Winchester Medical Center is accredited by the Medical Society of Virginia to provide continuing medical education for physicians. Winchester Medical Center designates this live educational activity for a minimum of (or up to) 9.00 hours in Category 1™ Credit(s) toward the AMA Physician's Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.



### *Meeting Contact:*

Elizabeth Schroeder Craig | Executive Director

ecraig@ramdocs.org | (804) 625-3851

2821 Emerywood Parkway | Suite 200 | Richmond, VA 23294

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*All snacks and refreshments will be served in exhibit area.*

*Dear Colleagues,*

Welcome to our annual meeting. I am grateful that you took time out of your busy schedule to attend our Society's meeting. Your membership and attendance help make our Society more effective. Dr. Aarat Patel has put together an interesting program, and we appreciate his dedication to the VSR and the 2018 meeting agenda.

2018 has been groundbreaking year for the Virginia Society of Rheumatology. We have partnered with the Richmond Academy of Medicine Services Corporation and we have a talented Executive Director, Elizabeth Craig. She has only been on board for a few months, but we have made meaningful improvements in our website, member communications, and our event planning. Please introduce yourself to her at this meeting.

We are going to grow more effective in Virginia as an advocate for our patients with arthritis. The Society has begun to identify policy and to initiate an Advocacy program. We need your help as members to recruit your partners to join our Society and to become involved in the Advocacy efforts. Elizabeth Craig, Dr. Gewanter, and I attended the Coalition of State Rheumatology Organizations meeting in Chicago last weekend. We will be applying for a grant to initiate Advocacy efforts in Virginia such as an advocacy training day or local meetings with state representatives.

*Enjoy the meeting!*

A handwritten signature in black ink that reads "Neil Sullivan". The signature is written in a cursive, slightly slanted style.

Neil Sullivan, MD  
President

## VSR President | *Neil Sullivan, MD, FACP*



Dr. Neil Sullivan is a rheumatologist in Norfolk, Virginia and is affiliated with multiple hospitals in the area, including Sentara Leigh Hospital and Sentara Norfolk General Hospital. He received his medical degree from Geisel School of Medicine at Dartmouth and has been in practice for more than 20 years.

## Program Chair | *Aarat Patel, MD, FACP*



Aarat Patel received his medical degree from Ross University School of Medicine and completed his internal medicine and pediatric residency at Stony Brook University Medical Center. In addition, Dr. Patel completed a rheumatology fellowship in both adult and pediatric rheumatology at the University of Pittsburgh Medical Center and Children's Hospital of Pittsburgh. Dr. Patel is on faculty at the University of Virginia in the Department of Pediatrics.



Your VSR board is interested in hearing your opinions, thoughts, and suggestions as to how to improve the VSR to better serve you. We intend to use this information to learn how to better benefit you, your practice and your patients. This survey is your way of providing the Board with important information. We appreciate your time and ask that you complete the survey by Saturday at 8:30 am. This will make it possible for Dr. Sullivan to share the data with you for discussion at the annual meeting.

**Check your email for the survey link!**

# Officers & Directors 2018

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*Richmond*

## Friday, September 21<sup>st</sup>

6:30 – 8:30 pm

### **Welcome Reception**

*Henrico Ballroom Prefunction*

## Saturday, September 22<sup>nd</sup>

7:30 – 8:10 am

### **Registration | Breakfast | Exhibits**

*Henrico Ballroom B & Prefunction Area*

*Henrico Ballroom A*

8:10 am

### **Welcome Remarks**

2018 VHRPA Chairman, Aarat M. Patel, MD  
Adult and Pediatric Rheumatology  
Bon Secours Rheumatology, UVA

8:15 am

### **Inflammatory Myopathy**

Rohit Aggarwal, MD, MS  
Medical Director Arthritis & Autoimmunity  
Center UPMC

9:15 am

### **Contraceptive Counseling for Women with Rheumatic Disease**

Mehret Birru Talabi, MD, PhD  
Assistant Professor  
Rheumatology and Clinical Immunology  
University of Pittsburgh

10:15 am

### **Refreshments | Exhibits**

*Henrico Ballroom B & Prefunction Area*

10:30 am

### **Vasculitis**

Kathleen Maksimowicz-McKinnon, DO  
Rheumatologist  
Henry Ford Hospital

- 11:30 am                    **Management of Osteoarthritis**  
C. Kent Kwoh, MD  
Chair of Rheumatology  
Chief, Division of Rheumatology  
Director, University of Arizona  
Arthritis Center
- 12:30 pm                    **VSR Business Lunch**  
The Glen Restaurant
- 1:30 – 2:30 pm            **Thieves Market**  
Moderator: Beth K Rubinstein, MD  
Associate Professor of Internal Medicine  
Division of Rheumatology, Allergy  
and Immunology  
Virginia Commonwealth University  
School of Medicine
- 2:30 - 2:45 pm            **VSR 2018 Update**  
Neil M. Sullivan, MD  
VSR President  
Sentara Medical Group
- 6:30 – 8:30 pm            **VSR Cocktail Reception & Dinner**  
*Henrico Ballroom B*

## *Sunday, September 23<sup>rd</sup>*

- 7:30 – 8:10 am            **Registration | Breakfast | Exhibits**  
*Henrico Ballroom B & Prefunction Area*
- Henrico Ballroom A*
- 8:10 am                    **Morning Announcements**  
Aarat Patel, MD  
Adult and Pediatric Rheumatology  
Bon Secours Rheumatology, UVA

- 8:15 am **Cancer Immunotherapy-Induced Rheumatic Diseases: The Tip of the Iceberg**  
Clifton O. Bingham III, MD  
Johns Hopkins Arthritis Center  
Medical Director
- 9:15 am **Update on Lupus Nephritis**  
Michelle A. Petri, MD, MPH  
Lupus Center, Johns Hopkins University
- 10:15 am **Refreshments | Exhibits**  
*Henrico Ballroom B & Prefunction Area*
- 10:30 am **Sarcoidosis from ACCESS to Zoledronic Acid: A Field Guide for Rheumatologists on Either Side of the Fall Line**  
Colin Ligon, MD  
University of Pennsylvania  
Assistant Professor of Medicine
- 11:30 am **IgG4-Related Disease: Something New for Rheumatologists**  
E. William St. Clair, MD  
Duke University, Professor of Medicine
- 12:30 pm **Adjourn**



# Notes

**Virginia Rheumatologists  
Allied Health Professionals Association  
Meeting Program**

*Saturday, September 22*

7:30 – 8:10 am      **Registration | Breakfast | Exhibits**  
*Henrico Ballroom B & Prefunction Area*

*York Room*

8:10 am              **Welcome**  
VHRPA Chair

8:15 am              **Bechet's Disease**  
Robert Johnson, MD  
Carilion Clinic

9:15 am              **Basics of Rheumatoid Arthritis &  
Case Studies**  
Michael Cannon, MD  
Sentara Medical Group

10:15 am             **Break and Exhibits**  
*Henrico Ballroom B & Prefunction Area*

10:30 am             **Anatomy of a Joint, Healthy  
Versus Affected**  
Adegbenga Bankole, MD  
Carilion Clinic

11:30 am             **Infection Risks Associated with  
Autoimmune Diagnosis**  
Carlton Miller, MD, FACR  
AMDC Physicians

12:30 pm             **Lunch**  
*Texas Roadhouse*

1:30 pm              **Lupus to Include Organ Involvement**  
Aarat Patel, MD  
Adult and Pediatric Rheumatology  
Bon Secours Rheumatology, UVA

*Sunday, September 23*

7:30 – 8:10 am

**Registration | Breakfast | Exhibits**

*Henrico Ballroom B & Prefunction Area*

*York Room*

8:15 am

**Osteoarthritis: Overview & Treatment Options**

Adegbenga Bankole, MD

Carilion Clinic

9:15 am

**Medication Review to Include New Medications**

Gary Siegel, MD, FACP, FACR

Arthritis and Rheumatism Associates, P.C.

10:15 am

**Break | Exhibits**

*Henrico Ballroom B & Prefunction Area*

10:30 am

**Gout**

Karim Masri, MD

Bon Secours Rheumatology Center

11:30 am

**Roundtable, Review, Evaluations, Certificates & Door Prizes**

12:30 pm

**Adjourn**

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