

Joy Health and Research Centre Presents:

Sand/Rice Tray Workshop & Feminist Object Relations Approach to Therapy with Children of Separation & Divorce (Certificates will be provided)

Facilitator:

Bart Begalka, M.A., M.Ed., Ed.D, is a Registered Clinical Counsellor with 28 years' experience, primarily as a child and family counsellor. He currently is the Director of Fraser River Counselling, the training facility of the graduate program in Counselling Psychology at Trinity Western University in British Columbia, where he is a faculty member serving in the capacity of Graduate Clinical Coordinator.

Who can attend	For Mental Health Clinicians, Professional Counsellors, and Counselling Students Only (Certificates will be provided)
When	You have a choice: Friday May 27th (9am to 5pm) OR Saturday May 28th (9am to 5pm)
Where	Saint Paul University, 223 Main Street, Rm G101, Ottawa ON
Cost (taxes included)	Early bird registration (before May 10th): Student rate \$250; Professional rate \$450 After May 10th: Student rate \$325; Professional rate \$525
Contact person	Saloumeh Torabi, saloumehtorabi@joyhrc.com
Limited seating capacity of 36 (18 participants for each sand/rice tray workshop)	

* By registering for this event, you agree to the following terms: Sales are final and there will be no refunds; Joy Health and Research Centre may cancel this event at any time; Refunds will only be processed if the event is cancelled.

Register for Friday at: <https://sand-rice-tray-object-relations-therapy.eventbrite.ca>

Register for Saturday at: <http://sand-rice-tray-object-relations-saturday.eventbrite.ca>

SAND TRAY/RICE TRAY WORKSHOP (INTEGRATIVE INTERVENTIONS)

The sand tray is a therapeutic tool that has its roots in Jungian therapy. Certain techniques are often proscribed in order for it to support Jungian theoretical aims. The sand tray, or rice tray, however can also be used as a powerful tool for interventions supporting other theoretical approaches to counselling—cognitive-behavioral, object relations, Satir, EMDR, etc. It can be used effectively with children, adults, couples, and families. This workshop will help the participant explore how to integrate the sand tray/rice tray into their own therapeutic framework. This is a “hands-on” workshop, with a majority of the time learning and processing sand tray/rice tray interventions.

- The Jungian principles of sand tray therapy
- Principles of sand tray interpretation
- Classic sand tray
- Sand tray/rice tray theory integration
- Alternate rice tray interventions