

May 2018
At a glance
Full descriptions of activities in bulletin.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
29 Worship 11:15 am	30 Meditation 7 pm AA 8 pm	1 Cards 9:30 TOPS 6:30	2 Leadership Team 7 pm	3 Cong Care 10 am Craft Study 1:30	4	5 LBC Camp Cleanup 9:30 am
Russell - Seattle						
6 Worship 11:15 am Communion LBC Banana Sprint 1 pm	7 Meditation 7 pm AA 8 pm	8 Cards 9:30 TOPS 6:30	9 Order deadline for REACH Mother's Day fruit baskets	10 Craft Study 1:30	11	12 Women's Breakfast 8 am
13 Worship 11:15 am Open Hearts	14 Meditation 7 pm AA 8 pm	15 Cards 9:30 TOPS 6:30	16	17 Craft Study 1:30	18 LBC Day Camp	19
20 Worship 11:15 am Prayer Candles	21 AA 8 pm	22 Cards 9:30 TOPS 6:30 FILM AND FAITH	23	24	25	26 ICF Breakfast 9 am
27 Worship 11:15 am POTLUCK	28 AA 8 pm Meditation 7 pm	29 Cards 9:30 TOPS 6:30	30	31	1	2

TOPS = Take Off Pounds Sensibly
AA = Alcoholics Anonymous



ANNOUNCEMENTS

April 29, 2018

306-761-0556 eastsideunited@sasktel.net
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 www.eastsideunited.ca



Welcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

Ministers:

Worship Leader: Cathie Henderson
 Greeting: Lucille Henderson and Bev Thompson
 Congregational Care Greeter: Elaine Hill
 Prayers: Brian Mitchell-Walker
 PowerPoint: Brian Mitchell-Walker
 Music: *Arise!*
 Last week's attendance: NA



Russell's Office Hours:

Russell is away at the Inhabit Conference in Seattle until Monday, April 30.

Office Hours:

Tuesday, Wednesday and Thursday from 8:30 am to 3:30 pm

Scripture Reading: John 15: 1-8

Songs –

Mighty to Save
 Hear our Praises
 And on This Path MV #8 vs 2
 Wonderful Merciful Saviour
 The Garden Song (Inch by Inch)
 I Run to You
 Give Thanks
 Testify to Love
 Roll That Stone

House of Esther is in need of a new house group leader to work with Dale Banks. Please see Dale if you can help share the work load a bit. Dale has been serving as house leader for some time and can show you the ropes.

St. Philip Senior Ministry Outreach card playing program, Tuesday mornings at 9:30 am in the East Sanctuary at the Living Spirit Centre. Whist and lessons to those that would like to learn. Come out and enjoy fellowship, coffee and card playing. If you need a ride call Rod 306-789-1388. Everyone is welcome.

LSC Meditation Group: Monday, April 30 at 7 pm in the East Sanctuary. We'd love to have you join us whether you're new to meditation or an experienced practitioner. All are welcome, remember to wear comfortable clothing. For more info, please get in touch with Sheri Nupdal at sherinupdal7@gmail.com.

Eastside's Craft/Study Group Thursdays at 1:30 pm in the Multipurpose Room and East Sanctuary! Join us as we share in discussion, handiwork and coffee time following. We are making use of DVD content on *The Great Spiritual Migration* by Brian McLaren. This should take us into May and we will break for summer at that time.

Wondering what to do for mom for Mother's Day? REACH has you covered! We are a local food security organization and our programs ensure everyone has access to safe, affordable and nutritious food. We are currently selling small and large fruit baskets for your mom OR you can donate to a mom using one of Regina's shelters like the YWCA, Sofia House and Regina Transition House. Baskets are \$25 (individual) or \$45 (family) and free delivery is available. Order deadline is May 9, 2018. Visit www.reachinregina.ca to order yours today!

2018 Merrill Brinton Tournament of Hope in support of Carmichael Outreach. This year's tournament is on Monday, June 25 at the Royal Regina Golf Club. We are so excited to see everyone out on the green coming together to support our programs and services. For more information and registration forms, please see the Eastside bulletin board.



Indigenous Spirituality study series with Dr. Blair Stonechild: First Presbyterian Church is hosting a **3-part study series on Indigenous Spirituality** on Monday evenings, April 30, May 7 and May 14. Dr. Blair Stonechild, Professor of Indigenous Studies at First Nations University will lead the sessions, including time for discussion and conversation. Bring along a friend and join us from 7 to

8:30 pm at First Presbyterian, 2170 Albert St. For more information contact Mary at 306-570-8662.

Did you enjoy A Taste of Skylight Festival and want more? Did you hear how great it was and are sorry you missed it? The price for Skylight Festival is going up May 1 so if you are thinking about or wanting to go this year get your tickets now! It's even cheaper if you have a group of six!! Please let Russell know of your interest.

The Regina Mandolin Orchestra presents **Wings, Strings and Musical Things**, Sunday, May 6 at 2 pm at the Living Spirit Centre. Featuring guest artists **Hummingbird Crossing** bluegrass band. Tickets from Bach and Beyond, www.eventbrite.ca or at the door \$15 adults, \$10 seniors and students.



Hello from Lumsden Beach Camp!

Saturday, May 5 is camp clean up! This is a really fun day in the valley. We need a large number of hands to get the site up and running for the summer. Jobs vary, but we will find something for everyone! LBC will also provide a hot dog roast lunch for volunteers. Please bring your own drinking water. Gates open at 9:30am. Many congregations have buildings they are responsible for. If your community would like to be assigned a cabin or other building, please let me know. This system is great because a) LBC knows that certain spaces are automatically cared for and b) volunteers who come out know year-to-year what to expect and what to bring.

We are still searching for a Cook for the summer. Need a self-esteem boost? The most popular person at camp is the Cook. Ideally we are looking for someone for the entire summer, but if you or someone you know would be available for a week or two that could work really nice. The full posting can be found on our website – www.lumsdenbeachcamp.com

Two fun spring programs:

Day Camps – May 18 & June 15. We bus campers from Knox-Met in Regina out to the camp for a day full of fun and exploration. Cost is \$45 and this includes lunch and transport.

Take Your Grandparent to Camp Day – June 16. LBC staff will lead you and your grandparent through all sorts of camp activities, including canoeing, swimming, archery, art, hikes and more! The activities are most appropriate for children 3 years and older.

Banana Sprint – May 6 at 1PM in Wascana Park. The Banana Sprint is similar to other fun runs, except participants will be issued a banana at the beginning of the 3.5 KM course and encouraged to eat their banana in a banana split at the end. There will also be a few camp-themed challenges along the way. Funds raised will go directly towards essential building and site improvements.

Thank you for supporting your United Church Summer Camp! Contact Vicki at 306-539-7772 or info@lumsdenbeachcamp.com if you have any questions about the camp, have a good idea for us, or just to say "hi".