

**Footprints:** A newsletter for our members



## **President's Note**

Happy Fall Everyone!

Once this rain stops it will be great to finally enjoy the cooler temperatures! Our Board has planned some fun events that will allow us to enjoy Ohio's great fall - trips to the farm and an adult campfire - how fun! Of course, there will also be our regular meeting and a mom's night out, too!

If you ever have any ideas or thoughts for things for us to do, feel free to shoot them over to me! The Board wants to make sure that we are planning events that you want to attend!

I want to also welcome all of our new members! It has been great meeting and getting to know you!

As a reminder, if you haven't submitted your form or paid your dues please do so ASAP. I will be finalizing our directory soon and wouldn't want to leave anyone out. However, we are always welcoming new members, so feel free to bring along a friend to our next event and spread the word about our group.

See you all soon! Maria - President, Montqomery Moms



## **General Meetings**

Bar Meeting Tuesday, October 9th at 7:30 pm Napa Kitchen + Bar 9386 Montgomery Rd, Montgomery, OH 45242

Join us a NAPA Kitchen + Bar on Tuesday, October 9th at 7:30pm. We will be in the private room behind the wine bottles enjoying good drinks and great conversation.



#### Lodge Meeting

**Tuesday, November 7th at 7:30 pm** Five Seasons Family Sports Club 11790 Snider Rd, Cincinnati, OH 45249

Mark your calendars for our next Lodge Meeting, **November 13th at 7:30pm**. We will be bringing in Kim Powers-Hoyt, a personal stylist and owner of Leeta Ruth boutique in Ludlow, KY. She will bring the latest styles and get us ready for holiday gatherings of all kinds!

Please Note: Lodge meetings will now be held at Five Seasons Family Sports Club and wine is permitted!



## **Mom's Night Out**

Wednesday, Oct 24 at 7:30 pm Dream Dinners Private Party 9715 Kenwood Road, Blue Ash, OH Cost \$35.00

Join us for a MMoms private food prep event. The cost is \$35.00 and each participant will go home with 3 fully prepared meals.

Select from 10+ meals; no chopping or cooking on site required. Come, drink some wine, hang out, and build your meals. Take them home and freeze for a busy day or cook them that week. Each meal will serve approximately three adults.

This event's sign up will be sent out via email and will be first come first serve. Please register and RSVP by October 17 so that your selections can be prepared when you arrive.

Check your email soon for the official invite and registration details.



## **Playgroups**

Check your inbox for details on your playgroup!

## **Couple's Party**

Saturday, October 13 at 8 pm 11047 Toddtree Lane, 45242 (Jill Aug's home)

Adult Campfire with drinks, snacks and Trivia (starting at 8:30 pm). Won't it be awesome to have a s'more without having to clean up the sticky kid mess?! (Note - The Harvest Moon Festival is the same evening. Go there early, and then have adult fall fun afterwards!)

Book your sitters now! Be sure to RSVP to the evite!



## Outreach

If you are expecting or have a situation in which meals would be helpful, please contact Anne Cooper at <u>annareid@gmail.com</u>.

Also, if you would like to volunteer to provide a meal for another mom this fall, please contact Anne Cooper, <u>annareid@gmail.com</u>.

## **Children's Activities**

Gorman Heritage Farm Monday, October 8 at 9:00 am 10052 Reading Road, 45241

Join us for a visit to see the farm animals at Gorman Heritage Farm. Bring a lunch and stay as long as you like. Admission is free to MMOMs members.

### October Playground Meet Up Monday, October 15 at 9:30 am Swaim Park, 7650 Cooper Road, 45242

The big kids are off school, so let's all play at Swaim park!

## Trunk or Treat Sunday, October 28, 4:30 pm - 7 pm Blue Ash Nature Park, 4337 Cooper Rd

Join us for our annual Trunk or Treat event this year at the <u>Blue Ash Nature</u> <u>Park</u>. Come in costume and don't forget a treat to pass out to the kids and the best decorated trunk will win a prize!

Pizza will be provided.

Last names A-M please bring a side to share. Last names N-Z please bring a dessert to share. BYOB. Evite to come.

Note the change in location from previous years.

## **Book Club**

Here are the books for the rest of the year. Meeting place TBD.

**Tues 10/30 -** Little Fires Everywhere (Celeste Ng) **Wed 11/28 -** The Power (Naomi Alderman)

If you are interested in joining, please email Jenni Giesler at jenniliesner@hotmail.com.



Thanks for a great time at the Blue Ash Fire Station Tours!

## Support Local Businesses!

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And remember: if you or your spouse have a business you'd like to share, our members may take 50% off regular advertising rates. Contact Ashley Gratsch at <u>ashleyeilers@yahoo.com</u> for more information.



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## You have enough to worry about while raising your kids.

What will happen to them after you are gone should not be one of them.

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Contact Meghan Donnellon Hyden to discuss any questions you have, and let us create or update your estate plan to provide you and your loved ones peace of mind. Making sure your family is taken care of after you're gone is difficult to think about, but we are here to help walk you through creating, or updating, an estate plan to ensure that your children and family are taken care of when you are gone. Creating a Will or a Trust with provisions for your children, is a very big and important decision. We help people every day create Wills, Trusts, Powers of Attorney, and Healthcare Directives so that their wishes are honored. For you, this means ensuring your children are taken care of, and your money passes to your family, all in a way that makes the most sense for you and your family.

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## infant - toddler - preschool - kindergarten - montessori programs

join us in the garden!

Before and After School programs ~ ALL DAY KINDERGARTEN Spanish Language, Music and Physical Education Programs Standards driven curriculum ~ Degreed teachers in every classroom Live webcams in every room

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The Kinder Garden School

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Now offering transportation to Mapledale, Blue Ash and Montgomery in Sycamore School District, Creekside Early Childhood, Freedom, Union, Endeavor and Heritage in Lakota School District and Indian Hill Exempted School District!



Montgomery Nursery School is a school of long-standing tradition that has been a part of Church of the Saviour and the Montgomery community for over 58 years. With programming for children ages 2.5-5 years old, we strive to educate the whole child by targeting academic skills, social-emotional learning, and in sharing an understanding of God's love for us. Our programming provides children with a play-based curriculum rooted in the Ohio Early Learning Standards with an emphasis on kindergarten readiness. We offer enrichment opportunities for children such as fitness, science, art, music, and yoga! For more detailed programming information, please visit our website at montgomerynurseryschool.net, like us on Facebook, or call our office at 513-984-1796 to schedule a tour!



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Body Alive is a high energy fitness studio offering a variety of classes meant to challenge both beginners and experts in a safe and effective way. We are passionate about fitness and work to share that passion with our students so that each one leaves our studio feeling stronger and more empowered than ever. Our instructors are the best and brightest in the industry. We realize everyone is on their own fitness journey, which is why we work with you to accomplish your individual goals.

Body Alive currently offers 2 conveniently located studios in Kenwood and Oakley. We will be opening our third location in Mason on November 1st! All 3 locations offer hot power yoga, hot body sculpt, hot pilates, barre, and cardio classes. For more details on our class types and studio schedules please visit our website <u>www.bodyalivefitness.com</u>!

For the month of October, we are offering a special Mason Founding Membership of \$60 per month guaranteed FOR LIFE. This includes unlimited classes at all studio locations! Compare this to our standard unlimited membership of \$80 per month and you save \$240 a year in membership costs! Our Mason studio will be 11,500 sq. ft and will include 13 total showers, daycare, unlimited parking and some our largest classrooms yet!

Ready to join? Email info@bodyalivefitness.com to make your \$60 deposit. This deposit will be applied to your first month of membership dues. If you are interested in checking out our other locations before Mason opens, Mason Founding Members are eligible to receive an unlimited monthly membership at our Kenwood and Oakley studios for \$30/month. We are selling a limited number of these founding memberships, so act fast!

There is no contract associated with Body Alive memberships and an Orange membership can be cancelled at any time. Must be cancelled via email within 72 hours of your next bill date. All memberships include unlimited classes but exclude cycle. Provides access to all studio locations: Mason, Kenwood, and Oakley. Offer not valid for current Orange Members. You can pause your membership for pregnancy/injury and still receive the same \$60 a month rate when you return. If you need to cancel for any other reason, you can transfer your membership to a friend or family member to use while you are gone so that you don't lose that \$60 a month rate. The \$30/month membership will roll into a founding membership on November 1st. \$60 deposit is refundable and will be applied to November membership dues.