

EXTREMIS

BETWEEN LOVE & FEAR

BETWEEN SCIENCE & FAITH

LIES THE ULTIMATE CHOICE



Here's the reality, we are all gonna die. We should all face our mortality, not just cognitively but spiritually and practically, and well before we end up in extremis. This simple act of personal reflection and preparation will help us to die in the way that we would like.

— Dr. Jessica Zitter

 **Visiting Nurse & Hospice Care**

Join us for a special screening of the Academy Award–nominated, short documentary EXTREMIS, and then choose your own Q&A breakout session led by experts from Visiting Nurse & Hospice Care.

Wednesday, April 26 from 7:00 to 8:30 PM

Doors open at 6:45 PM. 25-minute film screening followed by facilitated discussion sessions.

Fleischmann Auditorium at the Santa Barbara Museum of Natural History

2559 Puesta del Sol – just beyond the Old Mission

FREE admission, parking, and light refreshments. Limited seating. Registration required.

vnhcsb.org/extremis

Questions: 805.690.6218