## **MONTHLY SCHEDULE**

		CONTRACTOR OF CONTRACTOR		the state of the s			THE RESERVE AND ADDRESS OF THE PARTY OF THE	AND REAL PROPERTY.
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	ROTATING CLASS
	5:45 AM	CROSS TRAINING	CROSS TRAINING	CROSS TRAINING	CROSS TRAINING	CROSS TRAINING		
	8:00 AM							
	8:30 AM	ZUMBA/COMBO		TRX		ZUMBA/COMBO	CROSS TRAINING	
	9:00 AM						XCO – 11/10@ 9AM	
		HIIT	KICKBOXING	нііт	KICKBOXING		XCO – 11/24@ 9AM	
į.	5:00 PM	ZUMBA	ZUMBA/XCO	пш	ZUMBA/XCO		SAIVI	
	5:30 PM 5:45 PM	ZUIVIDA	ZUIVIDA/ACU	POWER YOGA	ZUIVIDA/ACU			
8				FOWER TOGA	THANKSGIVING			
	6:15 PM				<b>BOOTCAMP 9AM</b>			

DOWNLOAD MINDBODY APP TO STAY UP TO DATE WITH CLASS CHANGES OR CANCELLATIONS!





