

HAIRS TO YOUR HEALTH, LLC

Animal Hair/Fur Sample Instructions

Please follow the below instructions closely as it is important that the sample not be contaminated to ensure the integrity of the analysis.

Hair Preparation

Supplies –rubbing alcohol and a cotton ball

It is not necessary to wash your pet's hair prior to taking the sample. It's actually preferable not to wash the hair. Instead clean the area with rubbing alcohol in which the hair sample is to taken (top of head) and let the area dry for 1-2 hours. **The hair must be dry when sampled.** If you washed your pet using a mild soap, let your pet dry for 4-20 hours before taking the sample.

Hair Sample

Supplies – stainless steel scissors and hair sample weight scale

Bend the ends of the hair sample weight scale with the "HAIR SAMPLE WEIGHT SCALE" and circle with "X" facing up. When the hair is completely dry, using clean, stainless steel scissors, take several small snips of hair as close as possible to the skin from the top of the head.

- For short haired animals – 1 ½" length or less, use entire sample.
- For long-haired animals – over 1 ½" length, cut off hair and use the 1" – 1 ½" closest to the skin. Discard the rest.

Place the snips of hair onto the weight scale in the circle until the scale tips to the other side. Once the scale tips, there is an adequate amount of hair for the lab to perform the analysis. (Instructions are also provided on the back of the scale.)

Place the hair in the hair sample envelope (small envelope) and seal the envelope.

Mailing the Hair Sample

Supplies – sealed hair sample envelope (small envelope), the Animal Hair Analysis Information Form, letter -sized envelope and a stamp.

Complete **the Animal Hair Analysis Information Form** and the front of the **Hair Sample Envelope**.

Place the **Animal Hair Analysis Information Form** and the **Hair Sample Envelope** in a letter-sized envelope. Address the envelope to: Analytical Research Labs, Inc., 2225 West Alice Ave., Phoenix, AZ 85021. Place a stamp on the envelope and mail.

Hair Mineral Analysis Results

Results are expected to be received within 3 weeks from the date that Analytical Research Lab, Inc. receives the hair sample.