

Out of Hibernation 5K
 April 13, 2019 Portsmouth, NH 0900AM
 Timing & Finish Line Management by 5K Sports Race Management
 Fiveksport@aol.com 207-865-4501 Fiveksport.com Running4Free.com

Place	Name	Ag	S	City	St	No.	Time	Pace
=====	=====	==	=	=====	==	====	=====	=====
1	Cameron Cook	24	M	Dover	NH	106	16:13	5:13
2	JIM JOHNSON	41	M	MADISON	NH	173	16:35	5:20
3	Jimmy Veino	31	M	Kittery	ME	1	17:58	5:47
4	Matt Louis	39	M	Portsmouth	NH	42	19:05	6:09
5	Shaun Flynn	29	M	Providence	RI	96	19:25	6:15
6	BENJAMIN YAPP	38	M	PORTSMOUTH	NH	214	20:19	6:33
7	Alexander May	46	M	Chelmsford	MA	91	20:57	6:45
8	Mark Johnson	29	M			48	21:11	6:50
9	Dan Carpenter	39	M	Portsmouth	NH	127	21:31	6:56
10	BROOKE SHEERAN-DEME	32	F	NEWMARKET	NH	179	21:38	6:58
11	CHRIS JANSON	54	M	NEWBURYPORT	MA	178	21:53	7:03
12	Alexandra Billert	27	F	PORTLAND	ME	95	22:20	7:12
13	Lawrence Lubowsky	48	M	Kingston	NH	61	22:29	7:14
14	Eric Steeves	53	M	NEWBURY	MA	135	22:37	7:17
15	NATHAN SANDMAIER	30	M	PORTSMOUTH	NH	204	23:11	7:28
16	Michael LaBonte	52	M	Bedford	NH	110	23:29	7:34
17	Katie Goode	29	F	Derry	NH	44	23:32	7:35
18	Nicholas Kline	32	M	Dover	NH	47	23:36	7:36
19	LISA DAVIS	43	F	BERWICK	ME	175	23:42	7:38
20	Rich Enis	33	M	Somersworth	NH	141	23:44	7:39
21	Joseph LaPlante	58	M	Litchfield	NH	75	23:45	7:39
22	Larry Yost	59	M	Portsmouth	NH	117	24:01	7:44
23	Tina Nadeau	55	F	Portsmouth	NH	170	24:17	7:49
24	Sean Hyatt	38	M	North Hampton	NH	34	24:19	7:50
25	John Walton	30	M	PORTLAND	ME	94	24:34	7:55
26	Patrick Quinn	31	M	New Hampton	NH	89	24:48	7:59
27	SHANE WINSLOW	30	M	PORTSMOUTH	NH	185	25:08	8:06
28	Monics King	51	F	Wells	ME	165	25:39	8:16
29	Mij Nalod	60	M	Lincoln Street	NH	153	25:51	8:20
30	Krystal Crowley	21	F			150	26:02	8:23
31	SUSAN TOBLER	53	F	CARLISLE	MA	186	26:04	8:24
32	Dan Fullerton	40	M	York	ME	156	26:06	8:24
33	Ashley Konrad	28	F	Jefferson	MA	169	26:08	8:25
34	Michelle O'Hurley	29	F	Denver	CO	81	26:13	8:27
35	Raya Al-Hashmi	28	F	North Hampton	NH	168	26:14	8:27
36	Aaron DeWees	40	M	Barrington	NH	60	26:17	8:28
37	MARY SACRAMORE	26	F			184	27:04	8:43
38	JEN SPEMCER	52	F	NEWBURY	MA	191	27:13	8:46
39	KATIE MORRIS	48	F	IPSWICH	MA	190	27:16	8:47
40	Kelly Ramsdell	53	F	Brentwood	NH	112	27:25	8:50
41	SHANNON MITCHELL	33	F			207	27:33	8:52
42	Kimberly Lodge	51	F	Eliot	ME	162	27:34	8:53
43	DERRICK CUMMINGS	29	M	DOVER	NH	181	27:37	8:54
44	LISA GROVER	53	F	NEWMARKET	NH	174	27:41	8:55
45	Travis Thibeau	27	M	Farmington	NH	130	27:56	9:00

46	Gillian Roun	28	F	Portsmouth	NH	87	28:05	9:03
47	Kristin Ferragamo	48	F	Portsmouth	NH	116	28:08	9:04
48	Tyler Lowe	38	M	Kittery	ME	73	28:09	9:04
49	Mari Hyatt	40	F	North Hampton	NH	26	28:11	9:05
50	NOAH BUCKNER	18	M	CONORD	NH	189	28:12	9:05

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Place	Name	Ag	S	City	St	No.	Time	Pace
=====	=====	==	=	=====	==	====	=====	=====
51	KELLY DEBBEN-ANNIS	51	F			201	28:14	9:06
52	HEIDI YAPP	44	F	PORTSMOUTH	NH	215	28:18	9:07
53	Jihyun Lee	28	F	Cambridge	MA	107	28:21	9:08
54	Zachary Himmelsbach	29	M	Cambridge	MA	133	28:22	9:08
55	Pierre Lucien	29	M	Peabody	MA	109	28:23	9:08
56	Rebecca Ivester	26	F	Quincy	MA	108	28:25	9:09
57	Abby Laurion	19	F	Wakefield	NH	166	28:39	9:14
58	Madeleine Jemiolo	19	F	Hampton	NH	41	28:40	9:14
59	Jennifer Lowe	37	F	Kittery	ME	76	28:48	9:16
60	Heather quinn	32	F	NEW HAMPTON	NH	88	28:51	9:18
61	Lisa Colella	33	F	Chelmsford	MA	12	28:59	9:20
62	Rachel Philbrick	27	F	Kittery	ME	16	29:08	9:23
63	Sandra Sheeran	62	F	Sandown	NH	10	29:11	9:24
64	Daniel Ayotte	51	M	Milford	NH	161	29:12	9:24
65	BRIGETTE DUMONT	40	F	N.BERWICK	ME	203	29:14	9:25
66	STEPHEN DUMONT	41	M			202	29:15	9:25
67	George McLaughlin	38	M			82	29:51	9:37
68	Jessica Lubowsky	44	F	Kingston	NH	62	29:59	9:39
69	Elizabeth Kinney	26	F	Greenland	NH	132	30:04	9:41
70	Carissa Smullen	34	F	Auburn	NH	211	30:30	9:49
71	Polly Golden	53	F	Barrington	NH	24	30:31	9:50
72	Jonathan Smullen	36	M	Auburn	MA	13	30:32	9:50
73	Todd Golden	54	M	Barrington	NH	25	30:33	9:50
74	Elizabeth Dobrowols	34	F	Ipswich	MA	142	30:41	9:53
75	Brian Perro	38	M			103	30:56	9:58
76	Julie Flynn	56	F	Holderness	NH	77	30:58	9:58
77	Daniel Battle	67	M	Portsmouth	NH	138	31:05	10:01
78	Daniel Hotchkiss	53	M	Weare	NH	129	31:17	10:04
79	Nathan Reed	34	M	Dover	NH	163	31:21	10:06
80	LOUISE VILLEMONT	23	F	PORTSMOUTH	NH	180	31:25	10:07
81	DAVID MCMAHON	32	M	SOMERSWORTH	NH	177	31:36	10:11
82	Jon Jackson	36	M	East Boston	MA	104	31:41	10:12

83	CAROLINE PATTERSON	25	F	YORK HAVOR	ME	182	31:54	10:16
84	Crystal Mockler	30	F	Lee	NH	51	31:59	10:18
85	Nathan Starr	23	M	New Bedford	MA	143	32:02	10:19
86	Patrick Sheeran	66	M	Sandown	NH	9	32:09	10:21
87	Bria Van Schaack	30	F	Sanford	ME	101	32:14	10:23
88	Faye Gagnon	74	F	Portsmouth	NH	100	32:28	10:27
89	Ben Ross	29	M	Portsmouth	NH	4	32:32	10:28
90	CATHY BROPHY	58	F	STRATHAM	NH	176	32:39	10:31
91	Justin Stronk	36	M	Lee	NH	30	32:44	10:33
92	Justin Blais	40	M	Portsmouth	NH	23	33:16	10:43
93	Joy Newton	33	F	Rochester	NH	21	33:41	10:51
94	Shawn Newton	41	M	Rochester	NH	22	33:42	10:51
95	Samantha Bacon	34	F	Epping	NH	54	33:46	10:52
96	Sarah Johnson	28	F	Apt 6	NH	3	33:56	10:56
97	David Martel	56	M	Manchester	NH	121	34:02	10:58
98	Arthur Xanthos	58	M	Dover	NH	80	34:06	10:59
99	Michele Eaton	51	F	Brentwood	NH	115	34:37	11:09
100	Catherine Murley	25	F	Wells	ME	137	34:40	11:10

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=====	=====	==	=	=====	==	====	=====	=====
101	Logan Tully	25	M			146	34:41	11:10
102	Amanda Chenevert	37	F	Somersworth	NH	113	34:49	11:13
103	Brian Mockler	31	M	Lee	NH	53	35:05	11:18
104	Jackie Villinski	52	F	South Berwick	ME	118	35:17	11:22
105	Peter VanAmburg	37	M	Manchester	NH	8	35:18	11:22
106	Wendy Ayotte	51	F	Milford	NH	28	35:20	11:23
107	Catherine DeWees	41	F	Barrington	NH	57	35:22	11:23
108	MEGAN DERAMO	51				188	35:47	11:31
109	Amy Emanuel-Basset	44	F	Portsmouth	NH	63	35:48	11:32
110	Leah Coombs	27	F	Sandwich	NH	102	36:12	11:39
111	ERIN NASINO	27	F			213	36:16	11:41
112	Oscar Mellencamp	7	M	Dover	NH	71	36:36	11:47
113	Bill Mellencamp	43	M	Dover	NH	70	36:37	11:48
114	Francis Akerson	57	M	Wells	ME	39	36:49	11:51
115	Amara VanAmburg	37	F	Manchester	NH	7	36:50	11:52
116	Peter Bresciano	77	M	Portsmouth	NH	2	36:56	11:53
117	Shaun Flynn	58	M	Holderness	NH	78	37:12	11:59
118	Chris Conley	46	F	Scarborough	ME	27	37:34	12:06
119	Heather Lister	33	F	Newmarket	NH	151	37:35	12:06

120	Jocelyn Lister	64	F	Newmarket	NH	152	37:37	12:07
121	Scott Lister	32	M	Newmarket	NH	144	37:39	12:07
122	Krista Clark	47	F	Portsmouth	NH	136	37:45	12:09
123	Donna Woodard	55	F	New Durham	NH	55	37:48	12:10
124	Lucinda Erwin	50	F	New Durham	NH	52	37:50	12:11
125	Julie Lemire	46	F	Wilton	NH	5	38:59	12:33
126	Abby Jackson	23	F	Dover	NH	33	39:00	12:34
127	Robert Watson	59	M	Bristol	NH	90	39:05	12:35
128	Karen Kelley	65	F	Kittery Point	ME	155	39:08	12:36
129	Sabrina Gingras	27	F	New Hampton	NH	74	39:44	12:48
130	Bonnie McConnachie	29	F	Sandown	NH	159	39:49	12:49
131	Sandra Merrill	56	F			114	41:50	13:28
132	Erin Merrill	41	F	Brentwood	NH	14	41:51	13:29
133	Nikki Hill	44	F	Brentwood	NH	17	41:52	13:29
134	Lindsay Dixon	42	F	Brentwood	NH	15	41:52	13:29
135	Kaori Johnston	47	F	Brentwood	NH	20	41:52	13:29
136	Liam Berry	10	M	Berwick	ME	171	42:42	13:45
137	Lisa Xanthos	56	F	Dover	NH	79	42:55	13:49
138	Tucker Fortier	11	M	Berwick	ME	158	42:55	13:49
139	Ryan Eloise Watts	39	F	Dover	NH	66	43:21	13:58
140	Mikaela Boyer	19	F			68	43:21	13:58
141	BRIANNA ALLARD	40	F	PORTSMOUTH	NH	187	45:16	14:35
142	Melissa St Francis	42	F	Concord	NH	45	45:17	14:35
143	Joshua Burke	45	M	Mirror Lake	NH	46	45:17	14:35
144	MICHAEL BROWN	34	M			192	48:23	15:35
145	Heather Weed	41	F	Dover	NH	64	49:28	15:56
146	Robin Berry	63	F	Rollinsford	NH	98	49:36	15:58
147	Dawn mellencamp	37	F	Dover	NH	67	49:55	16:04
148	Dorothy Weed	50	F	Barrington	NH	69	51:05	16:27
149	Nina LaBonte	53	F	Bedford	NH	111	51:19	16:32
150	Michelle Berry	50	F	Berwick	ME	157	51:24	16:33

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=====	=====	==	=	=====	==	==	=====	=====
151	Dorene Allen	62	F	Dover	NH	92	51:52	16:42
152	Marty Cooper	70	F	Rochester	NH	99	51:52	16:42
153	Lisa Martel	59	F	Manchester	NH	124	52:05	16:46
154	Kaitlyn DeMarsico	32	F	Dover	NH	140	52:06	16:47
155	STEPHANIE MCKEE	52	F	ROCHESTER	NH	18	52:24	16:52
156	NICHOLAS MCKEE	27	M	ROCHESTER	NH	19	52:29	16:54

157	Deborah DeGenova	62	F	Portsmouth	NH	120	53:28	17:13
158	ASHLEY 11 PIEMPERTO	33	F			11	56:55	18:20
159	Joanne Gregoire	64	F	Portsmouth	NH	119	1:00:47	19:34
160	ASHLEY MURGATORY	32	F		NH	210	1:01:35	19:50
161	PAM TORRE	33	F			200	1:01:35	19:50
162	JANELLE BROWN	43	F			208	1:01:48	19:54
163	Emilie Crutchfield	10	F			125	1:02:21	20:05
164	Kallissa Marquez	11	F			131	1:02:21	20:05
165	Chloe Brown	16	F	Dover	NH	149	1:02:21	20:05
166	Devon Brown	15	F	Dover	NH	148	1:02:21	20:05
167	Ellie Brown	12	F	Dover	NH	147	1:02:21	20:05
168	Keren Woodward	55	F	East Rochester	NH	128	1:02:21	20:05
169	Brandi Brown	41	F	Dover	NH	139	1:02:21	20:05
170	Dee Hunt	54	F	Rochester	NH	97	1:03:22	20:24
171	BETTY GAUDET	61	F	BARRINGTON	NH	183	1:03:25	20:25
172	Lorie Graves	52	F	Rochester	NH	167	1:03:25	20:25
173	MEGAN PAPAHAPOLOS	34	F			205	1:04:43	20:50
174	Tammie Cilley	54	F	Farmington	NH	126	1:05:07	20:58
175	Kearston Laferte	43	F	Dover	NH	122	1:05:07	20:58
176	KORI LEMAY	23	F			206	1:05:09	20:59
177	Tina Eaton	51	F	South Berwick	ME	105	1:06:09	21:18
178	JANIELLE SEWELL	29	F			209	1:10:24	22:40

