



Temecula Valley Time Machine Track and Field meet

Date: May 20, 2017

Time: 7:30am (First call 7:15am for both track and field events)

Location: Vista Murrieta High School
28251 Clinton Keith Rd.
Murrieta, CA 92563

Concessions: A full concession stand with reasonably priced food.

Package Pick-Up: Announcers booth

Coaches Meeting: At 7:30am on the infield

Meet Director: Kimani Upshur

License: Licensed by the AAU: all rules apply and will be enforced. This event is licensed by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU Youth Athlete membership must be obtained before the competition begins. BE PREPARED! Adult and non-athlete memberships are no longer instant and cannot be applied for at an event. Please allow at least 10 days for membership to be processed. Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.

Facility: A nine lane all-weather surface; a long jump pit and high jump pit. Canopies are restricted to the top row and must be secured.

Spikes: 3/16 needle spikes are the maximum allowed. All spikes will be checked.

Warm-up Area: The warm up area is reserved for the athletes only.

Entry Fees: \$10 per athlete. Clubs can pay by club check, cash or money order. NO PERSONAL CHECKS. Participants and clubs may pay the day of the meet when they pick up their packet.

Registration: All entries must be submitted online at meetregister.com
Registration closes at 5:00 am on May 19th.

Age Divisions: 8 & under (2009)	13yr. old (2004)
9yr old (2008)	14yr. old (2003)
10yr old (2007)	15-16yr old (2001-2002)
11yr old (2006)	17-18yr old (1999-2000)
12yr old (2005)	

Event Limitations: 8 & Under-12yr are limited to three events not including relays.
13yr & older are limited to four events not including relays.

Implements: Please bring your own marking implements.

Awards: The top 8 in each event will receive ribbons.

Checking in: Running events: you must report to the clerk when the event is called. Two calls will be given for each event. Athletes in running events must report to the clerk of the course, ready to complete and stay in the area.

Field events: Report directly to the event when the event is called two calls will be given for each event. All athletes will be given four attempts. Athletes must inform the official and be excused if they have a running event at the same time. Athletes must report back to their field event within five minutes upon completion of their running event.

Community: PLEASE NO SUNFLOWER SEEDS OR PEANUTS ARE ALLOWED.
Teams are asked to please police their area and clean up behind themselves. Coaches please request your parents and athletes be on their best behavior. Anyone displaying threatening or inappropriate behavior will be removed from the facility. **NO WANDERING AROUND THE SCHOOL GROUNDS.**

Schedule of Events

3000m Run	11, 12, 13, 14, 15-18 Boys and Girls
4x100 Relay	All Divisions
4x100 Relay	Parents and Coaches
80m Hurdles	11, 12, Boys and Girls
100m Hurdles	13, 14, 15, 16 Boys and Girls
100m Run	All Divisions
1500m Race Walk	9, 10, 11, 12 Boys and Girls (may be combined)
3000m Race Walk	13, 14, 15, 16 Boys and Girls (may be combined)
400m Run	All Divisions
1500m Run	All Divisions (except 8 & under)
200m Run	All Divisions
800m Run	All Divisions

Field Events

High Jump	9, 10, 11, 12, 13, 14 Boys and Girls
Long Jump	All Divisions
Shot Put	9, 10, 11, 12, 13, 14 Boys and Girls