

Morrow County Services for Older Citizens

41 West Center Street,

Mount Gilead, OH 43338

Phone 419-946-4191 Fax 419-946-1037

MENU

JUNE 2019

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Chicken Patty Capri Blend Vegetable Corn Strawberries Bun Milk	Salisbury Steak Sweet Potatoes Green Beans Fruit Mix Bread Milk	Roast Pork Cooked Spinach Cooked Carrots Grapes Roll Milk	Sloppy Joe Potato Asparagus Soup Tossed Salad Apricots Bun Graham Crackers Milk	Chicken Alfredo Broccoli Cauliflower Malibu Mix Fruit Milk
10	11	12	13	14
Chicken Breast Scalloped Potatoes Green Beans Peaches Muffin Milk	Hungarian Goulash Brussel Sprouts Cooked Carrots Cinnamon Apples Breadstick Milk	Pancake Sausage Wrap Diced Hash Browns Pears Grape Juice Raisin Bread Milk	Shredded Beef Mediterranean White Bean Soup Tossed Salad Pineapple Bun Animal Crackers Milk	Mini Pierogis Green Peas Diced Sweet Potatoes Strawberries Bread Milk
17	18	19	20	21
Roast Beef Broccoli Corn Applesauce Roll Mini Sandies Milk	Chicken Leg Mashed Potatoes Green Beans Grapes Bread Milk	Meatloaf Normandy Blend Vegetables Lima Beans Mandarin Oranges Brown Rice Milk	Veal Patty Tomato Basil Soup Tossed Salad Cinnamon Apple Crisp Bun Milk	Sliced Turkey Cooked Carrots Asparagus Pineapple Roll Milk
24	25	26	27	28
Pork Cutlet Potato Rounds Green Beans Malibu Mix Fruit Bun Milk	Ham Peas and Onions Cauliflower Strawberries Cornbread Milk	Chicken Italian Sausage Mashed Potatoes European Vegetable Blend Pears Bread Milk	BBQ Riblet Chicken Noodle Soup Tossed Salad Fruit Mix Bun Milk	Beef Stroganoff California Blend Vegetable Corn Pineapple Bread Chocolate Chip Cookie Milk

LUNCH IS SERVED MON.-FRI. 11:30-12:30

From the Nutrition Department: Just a few reminders about our meal programs.

1. If you receive home delivered meals and are not going to be home for some reason, please call and cancel your meal. We cannot leave the meal if you are not going to be home. We also cannot leave the meal with anyone else. The meals are ordered at 1:30 the day before, so please cancel before 1:30. If you signed up for lunch or an evening meal at the Senior Center please call and cancel your meal, if you cannot come in.

2. We will try to deliver meals as long as the weather permits. Keep in mind if your driver feels as though they cannot get in your drive or up to your house, they may decide not to deliver your meal. We do not want to put anyone in harm trying to deliver a meal in the bad weather.

3. Please keep in mind we accept donations for your meals. We do not charge for the meals, but the meals are not free. If you can, we appreciate anything you can contribute towards the meal programs. Thank you, if you have any questions please give us a call at the center.

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