



NIGHT TIME DU'AS (Before Sleeping)

#1 (Once)

[أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ]
 الْأَرْضِ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ لَهُ مَا فِي السَّمَاوَاتِ وَمَا فِي
 الْأَرْضِ مَنْ عِلْمِهِ إِلَّا بِمَا شَاءَ وَسِعَ كُرْسِيُّهُ السَّمَاوَاتِ وَالْأَرْضَ وَلَا يَئُودُهُ حِفْظُهُمْ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ وَلَا يُحِيطُونَ بِشَيْءٍ
 وَهُوَ الْعَلِيُّ الْعَظِيمُ

Translation

[I take refuge with Allah from the accursed devil.]

Allah! There is no god but He - the Living, The Self-subsisting, Eternal. No slumber can seize Him Nor Sleep. His are all things In the heavens and on earth. Who is there can intercede In His presence except As he permitteth? He knoweth What (appeareth to His creatures As) Before or After or Behind them. Nor shall they encompass Aught of his knowledge Except as He willeth. His throne doth extend Over the heavens And on earth, and He feeleth No fatigue in guarding And preserving them, For He is the Most High. The Supreme

Transliteration

[A'ūdhu bi-l-lâhi mina sh-shaytâni r-raġîm.]

Allâhu lâ ilâha illâ huwa-l-hayyu-l-qayyûm. Lâ ta'khudhu sinatun wa lâ nawm, lahu mâ fî s-samâwâti wa mâ fî-l-ard. Man dhâ l-ladhî yashfa'u 'indahû illâ bi-idhnihi. Ya'lamu mâ bayna aydîhim wa mâ khalfahum. Wa lâ yuhîtûna bi-shay'in min 'ilmihî illâ bi-mâ shâ'a. Wasi'a kursiyyuhu s-samâwâti wa-l-ard. Wa lâ ya'ûduhu hifzuhumâ, wa huwa-l-'aliyyu-l-'azîm.

#2 (3 Times)

[بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ]
 كُنْ لَهُ كُفُوًا أَحَدًا هُوَ اللَّهُ أَحَدٌ، اللَّهُ الصَّمَدُ، لَمْ يَلِدْ وَلَمْ يُولَدْ، وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدًا

Translation

[In the name of Allah, most benevolent, ever-merciful.]

Say : He is Allah, (the) One. Allah-us-Samad (The Self-Sufficient Master, Whom all creatures need, He neither eats nor drinks). He begets not, nor was He begotten, and there is none co-equal or comparable unto Him.

Transliteration

[Bismi l-lâhi ar-rahmani ar-rahimi.]

Qul Huwa Al-Lahu 'Aĥadun. Allahu Aş-Şamadu. Lam Yalid Wa Lam Yûlad. Walam Yakun Lahu Kufûan 'Aĥadun.

#3 (3 Times)

[بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ]
 عَفْدٍ، وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ، وَأَعُوذُ بِرَبِّ الْفَلَقِ، مِنْ شَرِّ مَا خَلَقَ، وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ، وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ،

Translation

[In the name of Allah, most benevolent, ever-merciful.]

Say: I seek refuge with (Allah) the Lord of the daybreak, from the evil of what He has created, and from the evil of the darkening (night) as it comes with its darkness; (or the moon as it sets or goes away), and from the evil of the witchcrafts when they blow in the knots, and from the evil of the envier when he envies.

Transliteration

[Bismi l-lâhi ar-rahmani ar-rahimi.]

Qul 'A'ūdhu Birabbi Al-Falaqi. Min Sharri Mâ Khalaqa. Wa Min Sharri Ghâsiqin 'Idhâ Waqaba. Wa Min Sharri An-Naffâthâti Fî Al-'Uqadi. Wa Min Sharri Hâsidin 'Idhâ Hâsada.



#4 (3 Times)

[الرَّحِيمِ بِسْمِ اللَّهِ الرَّحْمَنِ]
 دُورِ النَّاسِ، مِنَ الْجِنَّةِ وَقَلِّ أَعُوذُ بِرَبِّ النَّاسِ، مَلِكِ النَّاسِ، إِلَهِ النَّاسِ، مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ، الَّذِي يُوَسْوِسُ فِي صُدُ
 النَّاسِ

Translation

[In the name of Allah, most benevolent, ever-merciful.]

Say: I seek refuge with (Allah) the Lord of mankind, The King of mankind, The Ilah (God) of mankind, from the evil of the whisperer (devil who whispers evil in the hearts of men) who withdraws (from his whispering in one's heart after one remembers Allah) , who whispers in the breasts of mankind, of jinns and men.

Transliteration

[Bismi l-lâhi ar-rahmani ar-rahimi.]

Qul 'A`ūdhu Birabbi An-Nāsi. Maliki An-Nāsi. 'Ilahi An-Nāsi. Min Sharri Al-Waswāsi Al-Khannāsi. Al-Ladhī Yuwaswisu Fī Ṣudūri An-Nāsi. Mina Al-Jinnati Wa An-Nāsi.

#5 (Once)

[الشَّيْطَانِ الرَّجِيمِ أَعُوذُ بِاللَّهِ مِنْ
 سُلَيْهِ لَا نَفَرَقُ بَيْنَ أَحَدٍ مِنْ رُسُلِهِ وَقَالُوا آمَنَ الرَّسُولُ بِمَا أُنزِلَ إِلَيْهِ مِنْ رَبِّهِ وَالْمُؤْمِنُونَ كُلٌّ آمَنَ بِاللَّهِ وَمَلَائِكَتِهِ وَكُتُبِهِ وَرِ
 لَا يَكْفُرُ اللَّهُ نَفْسًا إِلَّا وَسْعَهَا لَهَا مَا كَسَبَتْ وَعَلَيْهَا مَا اكْتَسَبَتْ رَبَّنَا لَا تُؤَاخِذْنَا إِنْ وَالْإِيكُ الْمَصِيرُ سَمِعْنَا وَأَطَعْنَا غُفْرَانَكَ رَبَّنَا
 بِنَانَا رَبَّنَا وَلَا تَحْمِلْنَا مَا لَا طَاقَةَ لَنَا بِهِ وَاعْفُ عَنَّا نَسِينَا أَوْ أَخْطَأْنَا رَبَّنَا وَلَا تَحْمِلْ عَلَيْنَا إصْرًا كَمَا حَمَلْتَهُ عَلَى الَّذِينَ مِنْ قَ
 وَاعْفُرْ لَنَا وَارْحَمْنَا أَنْتَ مَوْلَانَا فَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ

Translation

[I take refuge with Allah from the accursed devil.]

The Messenger believes in what has been sent down to him from his Lord, and (so do) the believers. Each one believes in Allah, His Angels, His Books, and His Messengers. They say, We make no distinction between one another of His Messengers - and they say, We hear, and we obey. (We seek) Your Forgiveness, our Lord, and to You is the return (of all). Allah burdens not a person beyond his scope. He gets reward for that (good) which he has earned, and he is punished for that (evil) which he has earned. Our Lord! Punish us not if we forget or fall into error, our Lord! Lay not on us a burden like that which You did lay on those before us; our Lord! Put not on us a burden greater than we have strength to bear. Pardon us and grant us Forgiveness. Have mercy on us. You are our Maula (Patron, Suppor-ter and Protector, etc.) and give us victory over the disbelieving people.

Transliteration

[A`ūdhu bi-l-lâhi mina sh-shaytâni r-rajîm.]

'Āmana Ar-Rasūlu Bimā 'Unzila 'Ilayhi Min Rabbihi Wa Al-Mu'uminūna Kullun 'Āmana Bil-Lahi Wa Malā'ikatihī Wa Kutubihī Wa Rusulihī Lā Nufarriqu Bayna 'Aḥādīn Min Rusulihī Wa Qālū Samī'nā Wa 'Aṭa'nā Ghufrānaka Rabbanā Wa 'Ilayka Al-Maṣīru. Lā Yukallifu Al-Lahu Nafsān 'Illā Wus`ahā Lahā Mā Kasabat Wa `Alayhā Mā Aktasabat Rabbanā Lā Tu'uākhidhnā 'In Nasīnā 'Aw 'Akhṭa'nā Rabbanā Wa Lā Taḥmil `Alaynā 'Iṣrāan Kamā Ḥamaltahu `Alā Al-Ladhīna Min Qablinā Rabbanā Wa Lā Tuḥammilnā Mā Lā Ṭāqata Lanā Bihi Wa A`fu `Annā Wa Aghfir Lanā Wa Arḥamnā 'Anta Mawlānā Fānṣurnā `Alā Al-Qawmi Al-Kāfirīna.



#6 (Once)

نَفْسِي فَارْحَمَهَا وَإِنْ أَرْسَلْتَهَا فَاحْفَظْهَا بِمَا تَحْفَظُ بِهِ عِبَادَكَ الصَّالِحِينَ بِاسْمِكَ رَبِّي وَضَعْتَ جَنْبِي وَبِكَ أَرْفَعُهُ، فَإِنْ أَمْسَكَتَ

Translation

In Your name my Lord, I lie down and in Your name I rise, so if You should take my soul then have mercy upon it, and if You should return my soul then protect it in the manner You do so with Your righteous servants.

Transliteration

Bismika rabbî wada'tu janbî wa bika arfa'uuhu. Fa-in amsakta nafsî fa-rhamhâ, wa in arsaltahâ fa-hfazhâ bi-mâ tahfazu bihi 'ibâdaka s-sâlihîn.

#7 (Once)

اللَّهُمَّ إِنِّي بِأَنَّكَ خَلَقْتَ نَفْسِي وَأَنْتَ تَوَفَّاهُ
أَسْأَلُكَ الْعَافِيَةَ
اللَّهُمَّ إِنِّي بِأَنَّكَ مَمَاتُهَا وَمَحْيَاهَا، إِنَّ أَحْيَيْتَهَا فَاحْفَظْهَا، وَإِنْ أَمَتَّهَا فَاعْفِرْ لَهَا اللَّهُمَّ إِنَّكَ خَلَقْتَ نَفْسِي وَأَنْتَ تَوَفَّاهُ
أَسْأَلُكَ الْعَافِيَةَ

Translation

O Allah, verily You have created my soul and You shall take it's life, to You belongs it's life and death. If You should keep my soul alive then protect it, and if You should take it's life then forgive it. O Allah, I ask You to grant me good health.

Transliteration

Allâhumma innaka khalaqta nafsî wa anta tawaffâhâ. Laka mamâtuha wa mahyâhâ. In ahyaytahâ fa-hfazha, wa in amattahâ fa—ghfirlahâ. Allâhumma inni as'aluka-l-'âfiyata.

#8 (3 Times)

اللَّهُمَّ قِنِّي عَذَابَكَ يَوْمَ تَبْعَثُ عِبَادَكَ

Translation

O Allah, protect me from Your punishment on the day Your servants are resurrected.

Transliteration

Allâhumma qinî 'adhâbaka yawma tab'athu 'ibâdaka.

#9 (Once)

أَمُوتُ وَأَحْيَا بِاسْمِكَ اللَّهُمَّ

Translation

In Your name O Allah, I live and die.

Transliteration

Bismika l-lâhumma amûtu wa ahyâ.



لله سُبْحَانَ ا

#10 (33 Times)

Translation
How Perfect Allah is.

Transliteration
Subhâna I-lâh.

#11 (33 Times)

هالْحَمْدُ ل

Translation
All praise is for Allah.

Transliteration
Al-hamdu li-l-lâh.

#12 (34 Times)

الله أكبر

Translation
Allah is the greatest.

Transliteration
Allâhu akbar.

#13 (Once)

ي، وَمُنْزِلَ التَّوْرَةِ وَالْإِنْجِيلِ، اللَّهُمَّ رَبَّ السَّمَاوَاتِ السَّبْعِ وَرَبَّ الْعَرْشِ الْعَظِيمِ، رَبَّنَا وَرَبَّ كُلِّ شَيْءٍ، فَالِقَ الْحَبِّ وَالنَّوَى، أَنْتَ الْأَوَّلُ فَلَيْسَ قَبْلَكَ شَيْءٌ، وَأَنْتَ الْآخِرُ فَلَيْسَ بَعْدَكَ شَيْءٌ، اللَّهُمَّ وَالْفُرْقَانَ، أَعُوذُ بِكَ مِنْ شَرِّ كُلِّ شَيْءٍ أَنْتَ آخِذٌ بِنَاصِيَتِهِ مِنْ الْفَقْرِ وَأَنْتَ الظَّاهِرُ فَلَيْسَ فَوْقَكَ شَيْءٌ، وَأَنْتَ الْبَاطِنُ فَلَيْسَ دُونَكَ شَيْءٌ، أَقْضِ عَنَّا الدَّيْنَ وَأَغْنِنَا

Translation

O Allah, Lord of the seven heavens and the exalted throne, our Lord and Lord of all things, Splitter of the seed and the date stone, Revealer of the Tawrah, the Injeel and the Furqan, I take refuge in You from the evil of all things You shall seize by the forelock. O Allah, You are The First so there is nothing before You and You are The Last so there is nothing after You. You are Aththahir so there is nothing above You and You are Al-Batin so there is nothing closer than You. Settle our debt for us and spare us from poverty.

Transliteration

Allâhumma rabba s-samâwâti s-sab'i wa rabba-l-'arshi-l-'azîmi ! Rabbanâ wa rabba kulli shay'in ! Fâliqa-l-habbi wa n-nawâ wa munzila t-tawrâti wa-l-injîli wa-l-furqâni. A'ûdhu bika min sharri kulli shay'in anta âkhidhun bi-nâsiyatihi. Allâhumma anta-l-awwalu fa-laysa qablaka shay'un. Wa anta-l-âkhiru fa-laysa ba'daka shay'un. Wa anta-z-zâhiru fa-laysa fawqaka shay'un. Wa anta-l-bâtinu fa-laysa dûnaka shay'un. Iqdi 'annâ d-dayna wa aghninâ mina-l-faqri.



#14 (Once)

مِمَّنْ لَا كَافِيَ لَهُ وَلَا مُؤْوِيَّ الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنَا وَسَقَانَا، وَكَفَانَا، وَأَوَانَا، فَكَمْ

Translation

All praise is for Allah, Who fed us and gave us drink, and Who is sufficient for us and has sheltered us, for how many have none to suffice them or shelter them.

Transliteration

Al hamdu li-l-lâhi l-lâdhi at'amanâ, wa saqânâ, wa kafânâ, wa âwânâ. Fa-kam mimman lâ kâfiya lahu wa lâ mu'wî.

#15 (Once)

أَنَّ لَا إِلَهَ إِلَّا أَنْتَ، أَعُوذُ بِكَ مِنْ شَرِّ النَّهْمِ عَالِمِ الْغَيْبِ وَالشَّهَادَةِ فَاطِرِ السَّمَاوَاتِ وَالْأَرْضِ رَبِّ كُلِّ شَيْءٍ وَمَلِيكِهِ، أَشْهَدُ
لشَيْطَانٍ وَشِرْكِهِ، وَأَنْ أَقْتَرِفَ عَلَى نَفْسِي سُوءًا أَوْ أُجْرَهُ إِلَى مُسْلِمٍ نَفْسِي وَمِنْ شَرِّ

Translation

O Allah, Knower of the unseen and the seen, Creator of the heavens and the Earth, Lord and Sovereign of all things, I bear witness that none has the right to be worshipped except You. I take refuge in You from the evil of my soul and from the evil and shirk of the devil, and from committing wrong against my soul or bringing such upon another Muslim.

Transliteration

Allâhumma `âlim-alghaybi wa sh-shahâdati, fâtira s-samâwâti wa-l ardi, rabba kulli shay'in wa malîkahu. Ash-hadu anlâ ilâha illâ anta. A`ûdhu bika min sharri nafsî, wa min sharri sh-shaytâni wa shirkîhi, wa an aqtarifa `alâ nafsî sû'an aw ajurrahu ilâ mouslim.

#16 (Once)

ي إِلَيْكَ، وَوَجَّهْتُ وَجْهِي إِلَيْكَ، وَأَلْجَأْتُ ظَهْرِي إِلَيْكَ، رَغْبَةً وَرَهْبَةً إِلَيْكَ، لَا إِلَهَ إِلَّا أَنْتَ نَفْسِي إِلَيْكَ، وَفَوَّضْتُ أَمْرِي
لْتَمَلُجًا وَلَا مَنَاجَا مِنْكَ إِلَّا إِلَيْكَ، أَمَنْتُ بِكِتَابِكَ الَّذِي أَنْزَلْتَ وَبِنَبِيِّكَ الَّذِي أَرْسَلْتَ

Translation

O Allah, I submit my soul unto You, and I entrust my affair unto You, and I turn my face towards You, and I totally rely on You, in hope and fear of You. Verily there is no refuge nor safe haven from You except with You. I believe in Your Book which You have revealed and in Your Prophet whom You have sent.

Transliteration

Allâhumma aslamtu nafsî ilayka, wa fawwadtu amri ilayka, wa wajjahtu wajhî ilayka, wa alja'tu zahrî ilayka. Raghbatan wa rahbatan ilayka. La malja'a wa la manja minka illa ilayka. Âmantu bi-kitâbika l-ladhî anzalta wa bi-nabiyyika l-ladhî arsalta.