

# California Diving Academy ~ DIVING MEET SCHEDULE FOR 2019 (a/o 28nov18) ~ SUBJECT TO CHANGE

2019 DATES	MEET NAME	WHERE	WHO	NOTES
16-Feb-19	California Diving Academy Invitational	San Ramon, CA DVHS	All	OUR MEET ~ Volunteer Early
6-Mar-19	Dos Rios Diving Invite	Roseville, CA	All	TRAVEL OPTIONAL ~ 1 night
15-17mar19	AAU Red North Qualifier ~ Tulatin Hills Aquatic Center	Beaverton, OR	FC5-8, JO/Sr	TRAVEL ~ 3-4 nights
6-7apr19	Capital Pre Regional	Davis, CA	All	TRAVEL OPTIONAL ~ 1night
26-28apr19	USA Diving Region 10 Championships	Salt Lake City, HPER	FC5-8, JO/Sr	TRAVEL ~ 3-4 nights
24-27may19	AAU Red White and Blue Nationals	SITE TBD	Only Q's Go	TRAVEL ~ 5 nights
14-16jun19	Summer Junior Zone E Qualifier (USAD) ~ Reg10	Beaverton, OR	Only Q's Go	TRAVEL ~ 4-5 nights
29-30jun19	Santa Clara Diving Invitational	Santa Clara, CA	All	TRAVEL ~ same day (1night)
19-26jul19	AAU Nationals	TBD ~ Poss Riverside, CA	Only Q's Go	TRAVEL ~ 5-6 nights
30jul-05aug19	AT&T National Diving Championships (USAD)	Knoxville, TN	Only Q's Go	TRAVEL ~ 4-9 nights
3-Aug-19	Sherman Invitational ~ 1m only	Lafayette, CA	All	TRAVEL ~ same day
09-11aug19	Far Western Diving Championships	Santa Clara, CA	All	TRAVEL ~ same day (2-3 nights)
Tentative (21sept19)	Delta Valley Invite	Stockton, CA	All	TRAVEL ~ same day
19-20oct19	SCD Fall Invite	Santa Clara, CA	All	TRAVEL ~ same day (1night)
2-Nov-19	Sherman Fall Fun Meet ~ 1m only	Lafayette, CA	All	TRAVEL ~ same day

FC/HS Level	#Dives	#Groups	Groups	JO Level	#Groups	#Dives
FC-1	6	1	6skills	JO <9 Girls	3v+2o	5
FC-2	6	2	5s+1dive	JO <11 Girls	3v+3o	6
FC-3	6	2	4s+2d	JO <13 Girls	5v+2o	7
FC-4	6	2	3s+3d	JO <15 Girls	5v+3o	8
FC-5	7	3	3s+2v+2o	JO <18 Girls	5v+5o	10
FC-6	7	3	2s+3v+2o	JO <9 Boys	3v+2o	5
FC-7	7	3	1s+3v+3o	JO <11 Boys	3v+3o	6
FC-8	7	4	4vol+3opt	JO <13 Boys	5v+3o	8
High School-IV	6	4	4	JO <15 Boys	5v+4o	9
High School-V	11	5 @ 2ea+3in1	5 V-DD max 9.0	JO <18 Boys	5v+6o	11
Masters	Number of dives and groups vary by event and age group					
Future Champion Requirements	SKILLS (S)	include line-ups, and all jumps that are feet-first entries (not including somersaults)				
	Voluntary (V)	include any/all dives from dive-groups 1-6 but typically have a total DD limit (group 6 is tower)				
	Optional (O)	include any/all dives from dive groups 1-6 but with no DD limit (group 6 is tower)				



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Tower Diving Opportunities ~ 2019	Individually Scheduled Sessions (outside of regular practice)	TOTAL MEETS FOR 2019 ~ Thus-far (14)		
<h2>a/o 28nov19 nothing has been scheduled</h2>	Private and Semi-Private Dryland Training Sessions	<b>MEET ATTENDANCE REQUIREMENTS</b> FC1-2 ~ 2 of 8 Local Meets FC3-4 ~ 3 of 8 Local Meets FC5-6 ~ 4 of 8 Local Meets FC7-8/All JO's ~ 5 of 8 Local Meets All JO's must also compete in up-to 6 others: 3 possible ~ USAD Regional/Zone/National 2 possible ~ AAU RWB Qualifier/Nationals 1 possible ~ AAU Summer Nationals		
	Private and Semi-Private Pool Training Sessions			
	Private and Semi-Private Bubbles Training Sessions			
	Private and Semi-Private Mental Training Sessions			
17-20may18	USA Masters Diving Spring Nationals ~ HOF Pool	Ft. Lauderdale, FL	Masters	TRAVEL ~ 4-6 nights
21-24jul18 ~ TBD	UANA Pan-Am Masters ~ tbd	Orlando, FL	Masters	TRAVEL ~ 4-6 nights
23-26aug18	USA Masters Diving Summer Nationals ~ IUPUI	Indianapolis, IN	Masters	TRAVEL ~ 4-6 nights