

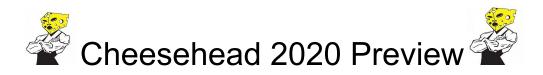
The 2020 Cheesehead will take place January 3rd and 4th at Kaukauna High School in Wisconsin. This year's edition has the most teams ever as 33 teams converge on Northeastern Wisconsin. Eight different states will be represented in 2020, featuring teams from: Colorado, Illinois, Iowa, Minnesota, Missouri, Ohio, Tennessee and Wisconsin. There are five teams making their first trip to the Cheesehead: Burlington, WI, McCallie, TN, St. Paris Graham, OH, Warren Township, IL, and Woodland Park, CO.

Coming back to the Cheesehead to defend their title is Mt. Carmel out of Illinois. A strong returning group of teams will be on display as the top eleven teams from 2019 will all be back. Throughout the season, five different teams have appeared in the Intermat Fab 50 national rankings. Currently, three teams find themselves in the top 25. Iowa powerhouse Southeast Polk has the highest ranking at 20. Coming off a team title at the Minnesota Christmas Tournament, Simley, MN checks in right behind at 21. Mt. Carmel finds themselves at 24 in the rankings. Over a third of the teams are currently ranked in the top four of their state. In Wisconsin, some of the best teams in the state will compete including the four highest ranked teams in division one (Stoughton, Mukwonago, Kaukauna, Burlington) plus the top ranked schools in division 2 (Wrightstown) and 3 (Fennimore) will be represented.

Five champs will return to defend their title in 2020. Nicolar Rivera from Stoughton was dominant at 106 last year with five pins and one tech fall en route to his title. The sophomore has been competing at 126 pounds this year and will try to stay undefeated in his high school career. Colton Drousias of Mt. Carmel will also be back to defend his title. Drousias was the 113 pound champ and capped off the season with an Illinois state title. Drousias has been competing at 120 pounds this season. Ryan Sokol of Simley was champ at 132 pounds in 2019 then finished the year undefeated with a Minnesota state title. Sokol has been up a weight at 138 so far this season. Edwardsville Senior Luke Odom will come to the 2020 Cheesehead with a near flawless history at this tournament. Odom was the champ at 138 last season, but is all the way up to 160 so far this year. He is a three time Cheesehead finalist and two time champ. This year Odom will look to make a fourth trip to the finals and cap off with his third title. If Odom remains at 160 he could run into the number one ranked wrestler in the country, Keegan O'Toole (Arrowhead). The last wrestler defending a title is Kasson-Mantorville Senior Patrick Kennedy. The lowa recruit is a consensus number one ranked wrestler in the country and looks to capture his second Cheesehead Title. Kennedy has been at 182 pounds this season. Twelve finalists from last year are returning for the 2020 Cheesehead helping to make for a deep field.

Currently 18 individuals enter the Cheesehead with a national ranking from either InterMat, Trackwrestling, Flowrestling, or The Open Mat. Arrowhead Senior Keegan O'Toole is the undisputed number one wrestler in the country at 160 pounds with all four outlets ranking him first. O'Toole was unable to compete at last year's Cheesehead and looks to win his first Cheesehead championship after placing 3rd and 5th his sophomore and freshman years. Another top ranked wrestler in the field is returning champ Patrick Kennedy who is ranked first by three sets of rankings. If things hold true, a few weights really stand out. 138 lines up to have twenty individuals ranked in their state. This is headlined by nationally ranked Ryan Sokol and Nick Moore (St. Paris Graham). Nationally ranked Joel Vandervere (Warren Township) has been at 138 this year as well. Another weight to watch is 126, where two nationally ranked wrestlers have been competing so far this year. Nicolar Rivera and Cullen Schriever (Mason City) lead a group that also could include state champions Hayden Halter (Waterford), Emory Taylor (McCallie), and Chase DeBlaire (Simley).

Past team champions in the field include Wisconsin Rapids (3), Southeast Polk (2), Mt. Carmel (2), and Kaukauna (1). Wrestling starts shortly after 5 pm on Friday, Jan. 3rd. You can follow all the action at <u>www.trackwrestling.com</u> and find updates on twitter @Cheesehead_HS



National Team Rankings - www.intermatwrestle.com

#20 - Southeast Polk, IA #21 - Simley, MN #24 - Mt. Carmel, IL

Nationally Ranked Individuals

Weight	Name	Team	Intermat	Trackwrestling	Flowrestling	The Open Mat
106	Nathan Jesuroga	Southeast Polk	15	18	NR	NR
113	Brady Hankin	Woodland Park	NR	NR	10	NR
126	Cullan Schriever	Mason City	11	10	11	7
126	Nicolar Rivera	Stoughton	NR	11	NR	7 @ 120
132	Joel Vandervere	Warren	3	6	3	7
132	Mitchell Mesenbrink	Arrowhead	NR	NR	NR	16
138	Ryan Sokol	Simley	9	4	3	3
138	Nick Moore	St. Paris Graham	16	13	12	10
145	Matty Bianchi	Two Rivers	19	NR	17 @ 138	19 @ 138
145	Alek Martin	St. Paris Graham	NR	9	NR	NR
152	Dean Hamiti	Joliet Catholic	13	12	19	13
160	Keegan O'Toole	Arrowhead	1	1	1	1
160	Luke Odom	Edwardsville	8	7 @ 152	12 @ 152	11 @ 152
170	Bennett Berge	Kass-Mantorville	12	14	NR	18 @ 182
182	Patrick Kennedy	Kass-Mantorville	1	2	1 @ 170	1 @ 170
195	Gabe Christenson	Southeast Polk	5	6	16	12 @ 220
195	Quayin Short	Simley	NR	17	NR	19 @ 182
220	Bennet Tabor	Simley	NR	18	18	14 @ 195

State rankings come from

WI- <u>www.wiwrestling.com</u>

IL- <u>www.illinoismatmen.com</u>

IA- <u>www.thepredictament.com</u>

TN- www.Pin-TN.com

MN- <u>www.theguillotine.com</u> MO- no rankings available, used state place OH- <u>www.borofanohio.net</u>

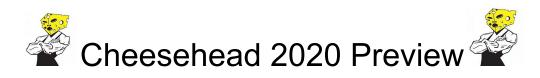


State Ranked Teams

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Rank	Division	Team	State
1	AA	Simley	Minnesota
1	1	Stoughton	Wisconsin
1	2	Wrightstown	Wisconsin
1	3	Fennimore	Wisconsin
2	AAA	Southeast Polk	Iowa
2	AAA	Mt. Carmel	Illinois
2	1	Mukwonago	Wisconsin
2	AA	Kasson-Mantorville	Minnesota
3	AAA	DeKalb	Illinois
3	1	Kaukauna	Wisconsin
4	AAA	Lockport	Illinois
4	1	Burlington	Wisconsin
5	AA	Joliet Catholic	Illinois
6	AA	Aurora Christian	Illinois
8	1	Arrowhead	Wisconsin
9	1	Wisconsin Rapids	Wisconsin
10	AAA	Edwardsville	Illinois

Ranked Wrestlers by Weight

106 11 ranked and 2 honorable mention
113 8 ranked and 2 honorable mention
120 11 ranked and 1 honorable mention
126 11 ranked and 3 honorable mention
132 11 ranked and 1 honorable mention
138 17 ranked and 3 honorable mention
145 10 ranked and 0 honorable mention
152 12 ranked and 2 honorable mention
160 12 ranked and 1 honorable mention
170 9 ranked and 3 honorable mention
182 11 ranked and 3 honorable mention
182 12 ranked and 3 honorable mention
170 9 ranked and 3 honorable mention
182 11 ranked and 0 honorable mention
185 8 ranked and 3 honorable mention
285 5 ranked and 3 honorable mention



Individual State Ranking

	<u>106</u>					
Rank	Name	Team	Division			
1	Greyson Clark	Kaukauna	1			
2	Nathan Jesuroga	SE Polk	AAA			
3	Ellis Haney	McCallie	2			
3	Cash Raymond	Simley	AA			
3 @ 113	Tyler Klein	Hartford	1			
4	Brett Birchman	Fennimore	3			
5	Lucas Johnson	Waterford	1			
5	Gylon Swims	Joliet Catholic	AA			
6	Ben Aranda	DeKalb	AAA			
8	Chance Suddeth	Stoughton	1			
9	Andrew Martin	Pewaukee	1			
HM	Noel Rosales	Mt. Carmel	AAA			
HM	Owen Krueger	Wrightstown	2			

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Rank	Name	Team	Division		
2	Preston Spray	Wisconsin Rapids	1		
3	Sergio Lemley	Mt. Carmel	AAA		
3	Reid Nelson	Simley	AA		
3	Nolan Gessler	St. Paris Graham	2		
4	Nick Alexander	Wrightstown	2		
7	Jace Rhodes	Mason City	AAA		
10	Hudson Halter	Waterford	1		
11	Chase Shortreed	DeForest	1		
HM	Brecken Muench	Fennimore	3		
HM	Nathan VandeHey	Freedom	2		

<u>120</u>					
Rank	Name	Team	Division		
1	Jack Braman	McCallie	2		
1	Colton Drousias	Mt. Carmel	AAA		
2	Jaden Verhagen	Kaukauna	1		
4	Danny Curran	DeKalb	AAA		
5	Kaleb Thompson	Lockport	AAA		
5	Jaden Bird	Burlington	1		
5	Joel Mylin	Aurora Christrian	AA		
5th	JT O'Rourke	Smithville	3		
6	Cody Goebel	Mukwonago	1		
8	Colton Kater	Freedom	2		
9	Kaden Verbeten	Wrightstown	2		
SQ	Grant Stathopoulos	Platte County	3		

<u>126</u>

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ne	Team	Division
Rivera	Stoughton	1
eBlaere	Simley	AA
chriever	Mason City	AAA
Taylor	McCallie	2
Halter	Waterford	1
iminski	Lockport	AAA
Hart	St. Paris Graham	2
Blair	Fennimore	3
Martin	Neuqua Valley	AAA
mpshure	Kaukauna	1
isinski	Mukwonago	1
1cGee	DeKalb	AAA
alezas	Mt. Carmel	AAA
ansen	Two Rivers	2
	Rivera eBlaere chriever Taylor Halter minski Hart Blair Martin mpshure fisinski AcGee alezas lansen	RiveraStoughtoneBlaereSimleychrieverMason CityTaylorMcCallieHalterWaterforduminskiLockportHartSt. Paris GrahamBlairFennimoreMartinNeuqua ValleympshureKaukaunaisinskiMukwonagoAcGeeDeKalbalezasMt. Carmel



<u>132</u>

Rank	Name	Team	Division
1	Kaiden Koltz	Wrightstown	2
1	Noah Mis	Mt. Carmel	AAA
2	Cameron Johnson	Aurora Christian	AA
2	Tommy Curran	DeKalb	AAA
3	Chris Kelly	St. Paris Graham	2
3	Jager Eisch	Kaukauna	1
4	Logan Vaughan	Kass-Mantorville	AA
5	Joel Jesuroga	Southeast Polk	AAA
5	Keegan Roberson	Lockport	AAA
6	Colby McHugh	Freedom	2
7	Brody Lee	Fennimore	3
HM	Cameron Domke	Warren	AAA

<u>145</u>

Rank	Name	Team	Division
1	Cael Berg	Simley	AA
1	Alek Martin	St. Paris Graham	2
1	Connor Gaynor	Mt. Carmel	AAA
2	Colby Schriever	Mason City	AAA
2	Matty Bianchi	Two Rivers	2
2	Aidan Nutter	Fennimore	3
2	Gavin Model	Stoughton	1
7	Carson Martinson	Southeast Polk	AAA
10	Tanner Paulson	Kass-Mantorville	AA
12	Noah Martin	Pewaukee	1

<u>152</u>

		1	
Rank	Name	Team	Division
1	Dean Hamiti	Joliet Catholic	AA
1	Jack Ganos	Arrowhead	1
1	Ben Durocher	Wrightstown	2
1	Carlos Ruffo	Kass-Mantorville	AA
3	Mason Lull	Fennimore	1
3rd	Ryan Hampton	Smithville	3
4	Damien Lopez	DeKalb	AAA
4	Nate Stokhaug	Mukwonago	1
4	Titus Hammen	Kaukauna	1
9	Cam Baarda	Southeast Polk	AAA
10	Max Ehlen	Burlington	1
11	Trace Braun	St. Paris Graham	2
HM	Isaiah Parker	Warren	AAA
HM	Zac Hamel	Wisconsin Rapids	1

<u>138</u>

Rank	Name	Team	Division
1	Ryan Sokol	Simley	AA
1	Joel Vandervere	Warren	AAA
1	Nick Moore	St. Paris Graham	2
1	Jalen Spuhler	Hartford	1
1	Noah Villareal	Aurora Christian	AA
3rd	Devan Lewis	Smithville	3
3	Alex Birchmann	Fennimore	3
4	Fabian Lopez	DeKalb	AAA
4th	Eli Rocha	Platte County	3
4	Ian Herring	McCallie	2
4	Carter Martinson	Southeast Polk	AAA
5	John Finnegan	Joliet Catholic	AA
6	Logan Stumpf	Kaukauna	1
7	Bailey Thelen	Two Rivers	2
8	Tyler Goebel	Mukwonago	1
11	Carsten McHugh	Freedom	2
12	Ben Stevenson	Burlington	1
HM	Josh Cherba	Waterford	1
HM	Sean Rietz	Wrightstown	2
HM	Peyton Schroeder	St. Charles East	AAA



<u>160</u>

Rank	Name	Team	Division
1	Keegan O'Toole	Arrowhead	1
1	Luke Odom	Edwardsville	AAA
1	Alex Whitworth	McCallie	2
2	Brady Gillum	DeKalb	AAA
2	Luke Melcher	Stoughton	1
4	Wyler Lubeck	Wisconsin Rapids	1
5	Terrance Snapp	Joliet Catholic	AA
6	Cole Hansen	Mukwonago	1
7	Kail Wynia	Kass-Mantorville	AA
7	Brody Hemauer	DeForest	1
8	Landan DuVal	Simley	AA
12	Camden McDanel	St. Paris Graham	2
HM	Ashton Breen	Mt. Carmel	AAA

<u>182</u>

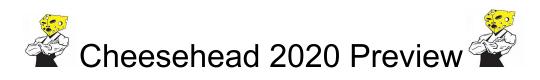
Rank	Name	Team	Division
1	Patrick Kennedy	Kass-Mantorville	AA
1	Mason Diel	Arrowhead	1
2	Gavin Nelson	Simley	AA
3	Chase Looper	McCallie	2
3	Luke Stromberg	Mukwonago	1
4	Qwade Gehring	Burlington	1
6	Brandt Spilde	Stoughton	1
7	Justin Brindley	Southeast Polk	AAA
7	Pete Rucker	Wisconsin Rapids	1
10	Zack Kaminski	Waterford	1
13	William Mannier	St. Paris Graham	2

<u>170</u>

Rank	Name	Team	Division
1	Bennett Berge	Kass-Mantorville	AA
1	Gavin Cagle	McCallie	2
2	Nolan Wanzek	Simley	AA
2	Ben Kumprey	Burlington	1
4	Adam Polczynski	Arrowhead	1
5	Matthew Maitland	Wrightstown	2
6	Evan Danowski	Waterford	1
7	Deveyon Montgomery	Southeast Polk	AAA
7	Lucas Benn	Mukwonago	1
HM	Troy Nabbefeld	Freedom	2
НМ	Brandon Gamagami	Lockport	AAA
HM	Joe Sklenar	Pewaukee	1

<u>195</u>

Rank	Name	Team	Division
1	Gabe Christenson	Southeast Polk	AAA
1	Quayin Short	Simley	AA
4	Quincy Klister	Wrightstown	2
5	Will Ahnen	Fennimore	3
5	Rudy Detweiler	Stoughton	1
6	Ryan Krimpelbein	Mukwonago	1
7	Zach Wallace	Burlington	1
12	John Mohr	Pewaukee	1
HM	Andrew Schutz	Wisc. Rapids	1
HM	Andrew Blackburn-Forst	Lockport	AAA
НМ	Robert Bowman	Mt. Carmel	AAA



<u>220</u>

Rank	Name	Team	Division
1	Brooks Empey	Stoughton	1
3	Bennett Tabor	Simley	AA
3	Nik Mishka	Mt. Carmel	AAA
3	Kalob Runyon	Southeast Polk	AAA
6	Angel Jaimes	Aurora Christian	AA
7	Aaron Ragels	Fennimore	3
11	Nolan Neves	St. Paris Graham	AA
HM	Caleb Willmann	Mukwonago	1
HM	Blake Moss	Edwardsville	AAA

<u>285</u>

Rank	Name	Team	Division
1	James Howard	McCallie	2
2	Lloyd Reynolds	Edwardsville	AAA
4	Anthony Moe-Tucker	Kass-Mantorville	AA
9	Connor Brown	Southeast Polk	AAA
10	Chris Celis	Simley	AA
HM	Tyler Pitcel	Mukwonago	1
HM	George Colbert	DeKalb	AAA
HM	Braxton Wilson	Fennimore	3