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*GREENERY CAFÉ MENU*

MEAT/FISH

***ROSEMARY CHICKEN WRAP***

**Organic chicken, mixed greens, onions, tomatoes, cucumbers, brown rice quinoa blend,** *Vegan Aioli* **&** *lemon ginger vinaigrette***.**

**$14.00**

***CURRY CHICKEN SANDWICH***

**Curry chicken salad, wholewheat bread, lettuce, cabbage, onions, tomato, vegan aioli**

**$11.00**

***SALMON CROQUETTE WRAP***

**Wild salmon, spinach wrap, lettuce, onions, cucumber, cabbage, brown rice quinoa blend vegan aioli, bbq sauce,** *lemon ginger vinaigrette*

**$14.00**

***FRESH FISH WRAP***

**Local fish, spinach wrap, homemade sauces, lettuce, onions, cucumber, cabbage, brown rice quinoa blend vegan aioli, spicy bbq sauce,** *lemon ginger vinaigrette*

**$15.00**

***BBQ TURKEY BURGER***

**Organic turkey, bun, lettuce, homemade sauce, pickled onions, served with home fries or garden salad –**

**$17.00**

***SALMON CROQUETTE PLATE***

**Wild salmon patties served with collard greens & potato salad**

**$ 17.00**

**ROSEMARY CHICKEN PLATE**

**seasoned organic chicken breast,**

**served with garden salad & yams**

**$17.00**

**FISH PLATE SPECIAL ($ Market Price)**

***SAUCES***

*Vegan Aioli - $1.50*

*Cilantro lime dressing - $1.50*

*Balsamic vinaigrette $1.50*

*Lemon ginger vinaigrette $1.50*

**Email: thegreenerycafe@gmail.com**

**(808)246-4567, (808)635-2752**

VEGAN/VEGETARIAN

**AVOCADO WRAP**

Avocado, mix greens, onions, tomatoes, cucumbers, cabbage,

brown rice-quinoa blend, vegan aioli & spicy sauce

$14.00

**AVOCADO CHEESE SANDWICH**

Organic Wholewheat/Gluten Free bread, lettuce, onions, cabbage, cucumbers, mustard, vegan aioli, & organic cheese

$11.00

**KALE SALAD BOWL**

Organic kale & mix greens, boiled eggs, purple potatoes, pickled onions, brown rice quinoa blend, & avocado-

$15.00

**HUMMUS SALAD BOWL**

Homemade hummus, mix greens, black eyed peas, brown rice quinoa blend, onions, tomatoes, cucumbers,

cabbage, & lemon ginger vinaigrette

$15.00

COCONUT GINGER MUNG BEAN SOUP

$10

ADD Brown Rice/Quinoa - $3

SIDES

COLLARD GREENS - $6.00

SWEET POTATO YAMS - $6.00

POTATO SALAD - $6.00

BLACK EYED PEAS - $6.00

SWEET POTATO FRIES - $6.00

CORNBREAD - $3.00

BEVERAGES

FRESH HOMEMADE TEAS - Unsweetened

BASIL SPEARMINT (16OZ) - $5.00

LEMONGRASS (16OZ) - $5.00

HIBISCUS (16OZ)- $5.00

LEMON BLACK TEA (Hot/Cold) $5.00

JUICES/SMOOTHIES

WATERMELON JUICE (16OZ) - $6.00

MANGO SUNRISE SMOOTHIE (16OZ) $9.00

STRAWBERRY HEMP PROTIEN (16OZ) $9.00

KALE SMOOTHIE (16OZ) - $9.00

**COFFEES (ORGANIC**)

ORGANIC BLACK COFFEE HOT (12OZ) - $5.00

ORGANIC ICE COFFEE (16OZ) - $5.00

COCONUT CRUSH ICE BLENDED COFFEE (16OZ) - $8.00

\*GLUTEN FREE SANDWICHES/ WRAPS AVAILABLE