



## June 2019 Wholesale Product List

Item ID	Item Description	weight	Price	Location	Price/lb
<b>BAKING</b>					
choc25	choc chips semi-swt small org	25	137.50	US	\$5.50
choc5	choc chips semi-swt medium org	5	35.00	US	\$7.00
choc125	choc chips semi-swt medium org	25	137.50	US	\$5.50
chocs5	choc chips semi-swt small org	5	35.00	US	\$7.00
cocd1	cocoa powder Dutch alkali org	1	10.00	Dom Repub	\$10.00
cocd5	cocoa powder Dutch alkali org	5	35.00	Dom Repub	\$7.00
cocd50	cocoa powder Dutch alkali org	50	207.50	Dom Repub	\$4.15
cocp1	cocoa powder natural organic	1	10.00	Dom Repub	\$10.00
cocp5	cocoa powder natural organic	5	31.00	Dom Repub	\$6.20
cocp50	cocoa powder natural organic	50	209.50	Dom Repub	\$4.19
coni5	cocoa nibs organic	5	36.00	Dom Repub	\$7.20
<b>BEANS</b>					
adub25	aduki beans organic	25	35.75	China	\$1.43
anab25	anasazi beans organic	25	55.75	Colorado	\$2.23
blb25	black beans US organic	25	37.25	N. Dakota	\$1.49
cann25	cannellini beans organic	25	51.75	China	\$2.07
crbean25	cranberry beans organic	25	40.85	Washington	\$1.63
fava25	fava beans organic	25	38.00	China	\$1.52
garb50	garbanzo beans med/lge organic	50	67.75	Colorado	\$1.36
garm25	garbanzo beans med/large org	25	43.50	Turkey	\$1.74
gars50	garbanzo beans #2 organic	50	64.50	US	\$1.29
grtn25	great northern beans org	25	36.00	USA	\$1.44
kidb25	kidney beans dark US organic	25	47.50	US	\$1.90
limb25	lima beans baby organic	25	38.50	California	\$1.54
liml25	lima beans large organic	25	46.75	California	\$1.87
munb25	mung beans organic	25	47.75	China	\$1.91
muns25	mung beans split organic	25	58.50	China	\$2.34
navb25	navy beans organic	25	39.75	China	\$1.59
pinb25	pinto beans organic	25	38.50	Colorado	\$1.54
smrd25	small red beans organic	25	37.75	Idaho	\$1.51
smrd50	small red beans organic	50	63.50	USA	\$1.27
soyb25	soybeans organic	25	32.00	Nebraska	\$1.28
soybb25	soybeans black organic	25	37.50	China	\$1.50
spx25	soup mix seven bean organic	25	47.00	US	\$1.88
<b>CANNED</b>					
nv10black	black beans canned org	6x108oz	42.00	US	
nv10pinto	pinto beans organic	6x108oz	42.00	US	
nv10cocm	coconut milk organic	6 x 96oz	94.50	Philippine	
nv10tochr	tomatoes crushed organic	6 x #10	56.10	US	
nv10todi	tomatoes diced organic	6 x #10	52.50	US	
nv10tofr	tomatoes fire rstd diced org	6 x #10	59.50	US	
nv10togp	tomatoes ground peeled organic	6 x #10	47.75	US	
nv10topa	tomato paste organic	6 x #10	65.00	US	
nv10topu	tomato puree organic	6 x #10	56.25	US	
nv10tosa	tomato sauce organic	6 x #10	47.70	US	

Item ID	Item Description	weight	Price	Location	Price/lb
<b>DRIED FRUIT</b>					
apdi25	apples diced organic	25	157.45	China	\$6.30
apdi5	apples diced organic	5	42.00	Chile	\$8.40
apr28	apricots dried organic	28	79.25	Turkey	\$2.83
apr5	apricots dried organic	5	16.50	Turkey	\$3.30
aprd28	apricot dried diced org	28	68.00	Turkey	\$2.43
aprd5	apricots dried diced org	22	20.00	Turkey	\$0.91
apri22	apple rings organic	22	157.85	China	\$7.18
apri5	apple rings organic	5	46.75	China	\$9.35
bana14	banana chips sweet org 13lb	13	27.60	Philippine	\$2.12
banfk1	banana flakes organic	1	9.95	Ecuador	\$9.95
banfk10	banana flakes organic	10	90.75	Ecuador	\$9.08
blue25	blueberries dried swtnd org	25	330.00	Canada	\$13.20
blue5	blueberries dried swtnd org	5	90.00	Canada	\$18.00
cher5	cherries dried tart organic	5	69.00	Turkey	\$13.80
ches17	cherries tart unswtnd organic	17.6	183.00	Turkey	\$10.40
cocf25	coconut fine macaroon organic	25	50.50	Philippines	\$2.02
coch25	coconut chips organic	25	50.50	Sri Lanka	\$2.02
coch5	coconut chips organic	5	12.75	Sri Lanka	\$2.55
coco25	coconut medium shred organic	25	50.50	Philippines	\$2.02
cranb25	cranberries sweetened organic	25	131.75	USA	\$5.27
cranb5	cranberries sweetened organic	5	33.00	Canada	\$6.60
curr30	currants organic	30	105.00	California	\$3.50
curr5	currants organic	5	25.00	California	\$5.00
dapt15	dates pitted Deglet organic	15	58.50	California	\$3.90
datm15	dates whole Medjool organic	15	79.15	California	\$5.28
datp30	date pieces w/oat flour org	30	88.75	US	\$2.96
datp5	date pieces w/oat flour org	5	18.50	US	\$3.70
fibm30	figs black mission organic	30	190.80	California	\$6.36
fibm5	figs black mission organic	5	37.50	California	\$7.50
fig25	figs Turkish organic	25	115.20	Turkey	\$4.61
fig5	turkish figs organic	5	31.75	Turkey	\$6.35
goji10	goji berries organic	10	95.00	China	\$9.50
goji40	goji berries organic	4	385.00	China	\$96.25
goji5	goji berries organic	5	57.00	China	\$11.40
mang5	mango sliced organic	5	45.00	Mexico	\$9.00
mulw22	mulberries white organic	22	110.50	Turkey	\$5.02
mulw5	mulberries white organic	5	36.00	Turkey	\$7.20
piner25	pineapple rings organic	25	285.00	Mexico	\$11.40
piner5	pineapple rings organic	5	63.00	Mexico	\$12.60
pint27	pineapple tidbits organic	27.5	180.00	Sri Lanka	\$6.55
pint5	pineapple tidbits organic	5	42.00		\$8.40
prun30	prunes pitted organic	30	165.95	California	\$5.53
prun5	prunes pitted organic	5	39.50	California	\$7.90
raif30	raisins flame organic	30	86.40	California	\$2.88
raif5	raisins flame organic	5	17.00	California	\$3.40
raig11	raisins green Khorog organic	11.0	89.95	Uzbekistan	\$8.18
raig5	raisins green Khorog organic	5	42.00	Uzbekistan	\$8.40
raim11	raisins monuka x-large organic	11	58.75	Uzbekistan	\$5.34
raim5	raisins monuka x-large organic	5	25.00	Uzbekistan	\$5.00
rais30	raisins Thompson organic	30	50.00	Pakistan	\$1.67
raist5	raisins Thompson organic	5	17.00	California	\$3.40
toma5	tomatoes sundried halves org	5	39.00	Turkey	\$7.80
tomh22	tomatoes sundried halves org	22	102.00	Turkey	\$4.64

Item ID	Item Description	weight	Price	Location	Price/lb
<b>CEREALS</b>					
bafk25	barley flakes organic	25	35.25	Nebraska	\$1.41
bulgc25	bulgur organic	25	32.00	Turkey	\$1.28
cous25	couscous organic	25	52.50	US	\$2.10
cousi22	couscous Israeli/pearl non-org	22	45.25	Israel	\$2.06
cousw25	couscous whole wheat organic	25	53.50	US	\$2.14
nigr25	nine-grain cracked cereal org	25	42.00	Montana	\$1.68
oabr25	oat bran organic	25	55.25	Canada	\$2.21
oati50	oats rolled instant organic	50	58.25	Kansas	\$1.17
pofk4	potato flakes organic	4	11.75	Colorado	\$2.94
pofk40	potato flakes organic	40	90.95	Colorado	\$2.27
pole25	polenta organic	25	31.75	California	\$1.27
quif11	quinoa flakes organic	11	32.50	Bolivia	\$2.95
quik25	oats rolled quick organic	25	32.75	Canada	\$1.31
quro50	oats quick rolled organic	50	59.75	Canada	\$1.20
rego25	oats rolled regular organic	25	32.75	Canada	\$1.31
rero50	oats rolled regular organic	50	59.75	Canada	\$1.20
ryfk25	rye flakes organic	25	22.25	Nebraska	\$0.89
spec25	spelt cracked organic	25	34.25	USA	\$1.37
stco25	oats steel-cut organic	25	33.25	Canada	\$1.33
tcut25	oats rolled thick cut organic	25	32.75	Canada	\$1.31
thro50	oats rolled thick cut org	50	59.75	Canada	\$1.20
trfk25	triticale flakes organic	25	28.25	Nebraska	\$1.13
whbr25	wheat bran organic	25	14.50	Colorado	\$0.58
<b>FLOUR</b>					
almm20	almond meal organic	20	206.15	USA	\$10.31
almm5	almond meal organic	5	59.40	US	\$11.88
apf50	all-purpose white flour org	50	37.50	Colorado	\$0.75
barf25	barley flour organic	25	32.00	Montana	\$1.28
bkfd25	buckwheat flour organic	25	30.00	Michigan	\$1.20
cofl50	coconut flour organic	50	87.50	Philippines	\$1.75
dufl25	durum patent flour organic	25	39.25	USA	\$1.57
garf25	garbanzo flour organic	25	49.50	Mexico	\$1.98
glut50	gluten wheat non-organic	50	99.50	Germany	\$1.99
higf25	strong bread flour organic	25	32.25	Utah	\$1.29
higf50	strong bread winter flour org	50	45.00	Colorado	\$0.90
kaff25	kamut flour whole grain org	25	35.25	Montana	\$1.41
kafw25	kamut flour white organic	25	41.75	USA	\$1.67
milf25	millet flour organic	25	35.50	Kansas	\$1.42
oatf25	oat flour whole org	25	33.50	Canada	\$1.34
oatf50	oat flour whole org	50	62.75	Canada	\$1.26
qufl25	quinoa flour organic	25	83.00	Peru	\$3.32
rdlf25	red lentil flour organic	25	52.00	Turkey	\$2.08
rifl25	brown rice flour organic	25	40.00	California	\$1.60
semo25	semolina flour organic	25	39.95	N. Dakota	\$1.60
spfl25	spelt flour whole organic	25	44.50	Michigan	\$1.78
spwh25	spelt flour white organic	25	54.75	Michigan	\$2.19
tapi5	tapioca starch organic	5	10.85	Thailand	\$2.17
tapi55	tapioca starch organic	55	93.95	Thailand	\$1.71
uapf25	unbleached white flour organic	25	31.00	Colorado	\$1.24
whlwf25	whole wheat flour organic	25	23.00	Colorado	\$0.92
whwf50	whole wheat flour organic	50	45.33	Colorado	\$0.91
whwpl25	whole wheat pastry flour org	25	22.50	Montana	\$0.90
wrf125	rye flour whole organic	25	21.50	Montana	\$0.86
wrf150	rye flour whole organic	50	38.50	Montana	\$0.77

Item ID	Item Description	weight	Price	Location	Price/lb
<b>FEED</b>					
oatw50	oats whole unhulled organic	50	40.25	Nebraska	\$0.81
sunb50	sunflower birdseed organic	50	41.40	Nebraska	\$0.83
<b>GRAIN</b>					
amag25	amaranth grain organic	25	40.00	India	\$1.60
amag50	amaranth grain organic	50	62.00		\$1.24
bapl25	barley pearled organic	25	24.75	Canada	\$0.99
basp50	barley sprouting organic	50	46.50	Nebraska	\$0.93
bkrk25	buckwheat rsted kasha org	25	43.75	S. Dakota	\$1.75
bluc50	corn blue organic	50	47.95	Nebraska	\$0.96
bucg25	buckwht groats hulld China org	25	31.25	China	\$1.25
bucg55	buckwht groats hulld China org	55	58.50	China	\$1.06
bucu25	buckwheat groats hulled US org	25	47.00	US	\$1.88
bucw25	buckwheat whole org US	25	27.00	S. Dakota	\$1.08
crny50	corn yellow organic	50	38.45	Nebraska	\$0.77
eink25	einkorn organic	25	78.65	Canada	\$3.15
eink5	einkorn organic	5	24.00	Canada	\$4.80
farr25	farro emmer organic	25	69.25	US	\$2.77
farr5	farro emmer organic	5	14.50	US	\$2.90
frek25	freekeh cracked organic	25	50.00	California	\$2.00
frek5	freekeh greenwheat cracked org	5	14.50	Nebraska	\$2.90
hulo50	oats hulless organic	50	55.00	Nebraska	\$1.10
hulsb25	barley hulless organic	25	25.00	Canada	\$1.00
hwwb25	wheat hard white organic	25	22.50	Nebraska	\$0.90
hwwb50	wheat hard white organic	50	39.50	Montana	\$0.79
kamu25	kamut grain organic	25	31.25	Nebraska	\$1.25
milh25	millet hulled organic	25	20.25	US	\$0.81
milh50	millet hulled organic	50	37.75	US	\$0.76
milu50	millet unhulled organic	50	31.25	Colorado	\$0.63
oatg25	oat groats organic	25	34.25	Canada	\$1.37
popc25	popcorn yellow organic	25	31.75	Nebraska	\$1.27
popc50	popcorn yellow organic	50	58.25	Nebraska	\$1.17
popm25	popcorn multicolor organic	25	33.00	California	\$1.32
popw25	popcorn white organic	25	37.75	Nebraska	\$1.51
quib25	quinoa black organic	25	75.25	Bolivia	\$3.01
quib55	quinoa black organic	55	151.50	Bolivia	\$2.75
quin25	quinoa white organic	25	68.50	Peru	\$2.74
quir25	quinoa red organic	25	73.00	Bolivia	\$2.92
quit25	quinoa tri-color organic	25	74.00	Bolivia	\$2.96
rye25	rye berries organic	25	20.50	Canada	\$0.82
rye50	rye berries organic	50	40.00	Colorado	\$0.80
seven25	seven-grain mix organic	25	42.00	US	\$1.68
sorg25	sorghum grain organic	25	28.75	US	\$1.15
speb25	spelt grain organic	25	45.00	Michigan	\$1.80
speb50	spelt grain organic	50	79.75	Michigan	\$1.60
tefb50	teff grain brown non organic	50	55.00	US	\$1.10
tefi50	teff ivory non organic	50	95.00	US	\$1.90
trit25	triticale organic	22	23.50	Nebraska	\$1.07
whhr25	wheat hard red winter organic	25	20.25	Colorado	\$0.81
whrw50	wheat hard red winter organic	50	34.25	Colorado	\$0.69
wswh25	wheat soft white organic	25	24.00	Montana	\$0.96
wswh50	wheat soft white organic	50	42.75	Colorado	\$0.86

Item ID	Item Description	weight	Price	Location	Price/lb
<b>LENTILS</b>					
blal25	lentils black organic	25	55.00	Canada	\$2.20
frgl25	lentils french green org	25	42.00	Canada	\$1.68
grel25	lentils green organic	25	33.00	Canada	\$1.32
grel50	green lentils organic	50	58.00	Canada	\$1.16
rdld25	lentils red skins-off organic	25	34.00	Turkey	\$1.36
rdln25	lentils red skins-on organic	25	33.50	Canada	\$1.34
<b>NON FOOD</b>					
buch25	buckwheat hulls organic	25	26.00	S. Dakota	\$1.04
pail5gl	pail 5 gal		8.00		
PAILns	pail lid 5 or 6 gl no spout	ea	1.50	US	
Nut Butters					
pnbc35	peanut butter creamy organic	35	122.00	Argentina	\$3.49
tahi40	tahini toasted organic	40	102.00	Guatemala	\$2.55
<b>Nuts</b>					
almc10	almonds dark chocolate organic	10	100.00	Italy	\$10.00
almn25	almonds US organic	25	220.00	California	\$8.80
almn5	almonds US organic	5	53.00	California	\$10.60
almn50	almonds US raw organic	50	400.00	B20	\$8.00
alms5	almonds raw org Spain	5	52.00	Spain	\$10.40
alsl20	almonds sliced natural organic	20	197.50	Spain	\$9.88
alsl5	almond sliced natural organic	5	60.50	Spain	\$12.10
braz5	Brazil nuts organic	5	60.00	Bolivia	\$12.00
casp25	cashew pieces organic	25	185.00	Vietnam	\$7.40
casp5	cashew large pieces organic	5	45.00	Vietnam	\$9.00
casp50	cashew large pieces organic	50	350.00	India	\$7.00
casw5	cashew whole 320 organic	5	60.00	Vietnam	\$12.00
caswl25	cashews whole 320 organic	25	245.00	Vietnam	\$9.80
hazl25	hazelnuts organic	25	222.00	Turkey	\$8.88
hazl5	hazelnuts organic	5	47.75	Turkey	\$9.55
hazl55	hazelnuts organic	55.1	403.69	Turkey	\$7.33
maca25	macadamia halves/pcs organic	25	432.00	Kenya	\$17.28
maca5	macadamia halves/pcs organic	5	92.00	Kenya	\$18.40
macw5	macadamia nuts whole organic	5	97.00	Kenya	\$19.40
peca30	pecan halves organic	30	395.00	Texas	\$13.17
peca5	pecan halves organic	5	69.50	California	\$13.90
pecp30	pecan pieces organic	30	375.00		\$12.50
pecp5	pecan pieces organic	5	69.00	USA	\$13.80
pine1	pine nuts organic	1	22.50	Siberia	\$22.50
pine27.5	pine nuts organic	27.5	485.00	China	\$17.64
pine5	pine nuts organic	5	107.50	China	\$21.50
pish25	pistachio raw meats organic	25	450.00	California	\$18.00
pish5	pistachios raw meats organic	5	100.00	California	\$20.00
pisr25	pistachio rst/slt in-shell org	25	231.50	California	\$9.26
pisr5	pistachio rst/slt in-shell org	5	55.75	California	\$11.15
pist25	pistachios raw in-shell org	25	226.50	California	\$9.06
pntb5	peanut butter stock org	5	26.10	New Mexico	\$5.22
pntr30	peanut rst/unslt org(pb stock)	30	117.95	Mexico	\$3.93
pntr5	peanuts raw shelled organic	5	19.25	New Mexico	\$3.85
pntr50	peanuts raw shelled organic	48	160.50	New Mexico	\$3.34
pntrdskn25	peanuts dry roasted redskin	25	110.00	Mexico	\$4.40
pntrdskn5	peanuts dry roasted redskin	22	26.00	New Mexico	\$1.18
waln25	walnut halves pieces organic	25	235.00	India	\$9.40
waln5	walnut halves pieces organic	5	52.50	California	\$10.50

Item ID	Item Description	weight	Price	Location	Price/lb
<b>OILS</b>					
cbdx30	oil Full Spectrum CBD 750mg	30ml	45.00	Colorado	.05/mg
olca1	oil canola organic	gal	27.00	US	
olca35	canola oil organic	35	95.00	USA	\$2.71
olco1	oil coconut refined organic	1 gal	27.00	Philippines	
olco38	oil coconut refined organic	38	111.50	Philippines	\$2.93
olcv1	oil coconut extra virgin org	1 gal	43.80	Philippines	
olcv2000	cocont oil virgin organic tote	2017	7,000.00	Philippines	\$3.47
olcv38	oil coconut extra virgin org	38	201.00	Philippines	\$5.29
olmct1	oil MCT from Coconuts org	7.6	52.06	Singapore	6.75
olmct38	oil MCT from Coconuts org	38	255.00	Singapore	6.50
olol1	oil olive extra virgin organic	1 gal	41.00	Spain	
olol35	oil olive extra virgin organic	35	158.61	Spain	\$4.53
olol38	oil olive extra virgin organic	38	172.20	Spain	\$4.53
olsa1	oil safflower hi-oleic org gal	1 gal	28.95	Mexico	
olsa2000	safflower oil hi-oleic organic	2000	3,800.00	Mexico	\$1.90
olsa38	oil safflower hi-oleic organic	40	117.25	Mexico	\$2.93
olsu1	oil sunflwr hi-oleic org gal	1 gal	28.95	Netherland	
olsu38	oil sunflwr hi-oleic org pail	38	117.25	Netherland	\$3.09
palm33	palm shortening organic	33	62.50	Thailand	\$1.89
<b>PASTA</b>					
paqe5	pasta quinoa elbows organic	5	18.95	Bolivia	\$3.79
paqf4	pasta quinoa fusilli organic	4	15.16	Bolivia	\$3.79
paqo5	pasta quinoa orzo organic	5	18.95	Bolivia	\$3.79
paqp5	pasta quinoa penne organic	5	18.95	Bolivia	\$3.79
paqs5	pasta quinoa spaghetti organic	5	18.95	Bolivia	\$3.79
pasp5	pasta sorghum penne org	5.	18.95	Bolivia	\$3.79
<b>PEAS</b>					
blep25	peas blackeye organic	25	39.25	Texas	\$1.57
grsp25	peas green split organic	25	29.50	Canada	\$1.18
peas50	peas yellow shoot sprout org	50	55.00	Nebraska	\$1.10
peay25	peas yellow sprouting organic	25	18.00	Canada	\$0.72
whgp25	peas whole green organic	25	21.50	Canada	\$0.86
yesp25	peas yellow split organic	25	26.50	Canada	\$1.06
<b>RICE</b>					
riar25	rice arborio white org	25	88.50	California	\$3.54
ribb25	rice brown basmati org	25	50.00	US	\$2.00
ribm25	rice brown medium org	25	48.65	California	\$1.95
ribw25	rice white basmati org	25	56.50	California	\$2.26
rija25	rice black organic	25	63.00	Thailand	\$2.52
rjib25	rice brown jasmine org	25	55.25	California	\$2.21
rilb25	rice brown long org	25	47.75	California	\$1.91
risg25	rice brown short org	25	39.00	California	\$1.56
risu25	rice sushi white org	25	45.00	California	\$1.80
risw25	rice brown sweet org	25	48.60	California	\$1.94
ritr25	rice red organic	25	42.75	Thailand	\$1.71
riwb25	rice brown/wild blend org	25	94.50	California	\$3.78
riwi25	rice wild org	25	235.00	California	\$9.40
riwj25	rice white jasmine org	25	62.75	California	\$2.51
riwl25	rice white long org	25	31.00	California	\$1.24
<b>ECOFARM RICE</b>					
rilgn25	rice brown long grain EcoFarm	25	32.25	California	\$1.29
risgn25	rice brown short grain EcoFarm	25	28.50	California	\$1.14
riwbn25	rice white basmati EcoFarm	25	43.25	California	\$1.73

Item ID	Item Description	weight	Price	Location	Price/lb
<b>SEEDS</b>					
brocc50	broccoli seed organic	50	537.50	USA	\$10.75
musy1	mustard seed yellow organic	1	6.50	Montana	\$6.50
musy5	mustard seed yellow organic	5	20.50	Montana	\$4.10
musy50	mustard seeds yellow organic	50	172.50	USA	\$3.45
alfs1	alfalfa seeds organic	1	15.50	Canada	\$15.50
alfs25	alfalfa seeds organic	25	222.00	Canada	\$8.88
alfs5	alfalfa seeds organic	5	50.00	Canada	\$10.00
brocc1	broccoli seeds organic	1	18.50	Canada	\$18.50
brocc5	broccoli seeds organic	5	77.50	Canada	\$15.50
brof25	flax brown organic	25	35.50	Canada	\$1.42
brof50	flax brown organic	50	71.00	Canada	\$1.42
chib1	chia black organic	1	5.00	Ecuador	\$5.00
chib25	chia black organic	25	63.00	Paraguay	\$2.52
chib5	chia black organic	5	16.50	Paraguay	\$3.30
chiw1	chia white organic	1	5.10	Ecuador	\$5.10
chiw25	chia white organic	25	83.50	Ecuador	\$3.34
chiw5	chia white organic	5	21.00	Ecuador	\$4.20
cres22	cress curley organic	22	154.50	Canada	\$7.02
golf25	flax gold organic	25	39.50	Canada	\$1.58
hemp25	hemp hearts organic	25	195.00	Canada	\$7.80
hemp5	hemp hearts organic	5	40.00	Canada	\$8.00
hemp50	hemp hearts organic	50	330.00	Canada	\$6.60
popp1	poppy seeds organic	1	4.95	Turkey	\$4.95
popp5	poppy seeds organic	5	27.00	Turkey	\$5.40
popp55	poppy seeds organic	55	192.00		\$3.49
puAA27.5	pumpkin seeds AA organic	27.5	79.80	China	\$2.90
puAA5	pumpkin seeds AA organic	5	20.50	China	\$4.10
puAA55	pumpkin seeds AA organic	55.1	150.00	China	\$2.72
rad1	radish seeds daikon organic	1	12.00	Canada	\$12.00
rad25	radish seeds daikon organic	25	142.50	Canada	\$5.70
rad5	radish seeds daikon organic	5	52.00	Canada	\$10.40
rad55	radish seeds daikon organic	55	203.00	Canada	\$3.69
radr1	radish seeds red organic	1	9.00	Canada	\$9.00
radr25	radish seeds red organic	25	127.50	Nebraska	\$5.10
radr5	radish seeds red organic	5	34.00	Canada	\$6.80
redc1	red clover seeds organic	1	5.75	Canada	\$5.75
redc25	red clover seeds organic	25	135.25	Canada	\$5.41
redc55	red clover seeds organic	55	273.50	F38	\$4.97
sesb25	sesame seeds black organic	25	78.00	Mexico	\$3.12
sesb25	sesame seeds hulled organic	25	59.50	Mexico	\$2.38
sesb50	sesame seeds hulled organic	50	119.00	Mexico	\$2.38
sesn25	sesame seeds natural whole org	25	49.25	Peru	\$1.97
sprs1	sunflower sprouting org	1	7.00	Nebraska	\$7.00
sprs5	sunflower sprouting org	5	16.00	Nebraska	\$3.20
sprs50	sunflower sprouting org	50	149.75	Nebraska	\$3.00
sund25	sunflower seed hulled org US	25	58.50	US	\$2.34
sunh25	sunflower hulled organic	25	39.75	China	\$1.59
sunh55	sunflower hulled organic	55	89.75	Bulgaria	\$1.63

Item ID	Item Description	weight	Price	Location	Price/lb
<b>SPICES</b>					
card1	cardamom whole green organic	1	24.00	Sri Lanka	\$24.00
card35	cardamon whole green organic	35	474.00	India	\$13.54
carg1	cardomom whole ground organic	1	25.00	India	\$25.00
carg40	cardamom whole ground organic	418.9	700.00	India	\$1.67
carg5	cardomom whole ground organic	5	120.00	India	\$24.00
cayg1	cayenne pepper ground organic	1	8.50		\$8.50
cayg5	cayenne pepper ground organic	5	35.50		\$7.10
cayg50	cayenne pepper ground organic	50	275.00	India	\$5.50
chif50	chili flakes med-hot organic	50	177.00	India	\$3.54
chil1	chili powder hot organic	1	12.95	India	\$12.95
chil30	chili powder hot organic	30	282.00	India	\$9.40
chil5	chili powder hot organic	5	48.25	India	\$9.65
chili1	chili powder mild organic	1	9.50	New Mexico	\$9.50
chili5	chili powder mild organic	5	45.00	China	\$9.00
chili50	chili powder mild organic	50	330.00	New Mexico	\$6.60
cinc1	cinnamon powder Ceylon organic	1	14.00	Sri Lanka	\$14.00
cinc30	cinnamon powder Ceylon organic	30	215.00	Sri Lanka	\$7.17
cinc5	cinnamon powder Ceylon organic	30	65.00	Sri Lanka	\$2.17
cinn1	cinnamon ground organic	1	12.00	Indonesia	\$12.00
cinn5	cinnamon ground organic	5	40.00	Indonesia	\$8.00
cinn55	cinnamon powder organic	55	296.50	Indonesia	\$5.39
clog1	cloves ground organic	1	22.50	Sri Lanka	\$22.50
clog5	cloves ground organic	1	94.75	Sri Lanka	\$94.75
clog50	cloves ground organic	50	623.45	India	\$12.47
clow1	cloves whole organic	1	21.50	Indonesia	\$21.50
clow44	cloves whole orrganic	44	818.15	Indonesia	\$18.59
corg1	coriander ground organic	1	7.75	Uzbekistan	\$7.75
cumg1	cumin seed ground organic	1	11.00	Sri Lanka	\$11.00
cumg5	cumin seed ground organic	1	49.00	Sri Lanka	\$49.00
cumg50	cumin seed ground organic	50	335.00	India	\$6.70
cumi1	cumin seed whole organic	1	10.00	Sri Lanka	\$10.00
cumi11	cumin seeds organic	11	198.00	Sri Lanka	\$18.00
cumi50	cumin seed whole organic	50	320.00		\$6.40
curp5	curry powder organic	5	35.50	US	\$7.10
curr1	curry powder organic	1	8.90	Sri Lanka	\$8.90
curr25	curry powder organic	25	141.75	US	\$5.67
fenu1	fenugreek seeds organic	1	4.65	Australia	\$4.65
fenu25	fenugreek seed organic	25	67.20	India	\$2.69
fenu5	fenugreek seeds organic	5	19.85	Australia	\$3.97
fenu55	fenugreek seeds organic	55	170.78	Australia	\$3.11
gapo1	garlic powder organic	1	7.25	China	\$7.25
gapo5	garlic powder organic	5	25.50	China	\$5.10
gapo55	garlic powder organic	55	224.40	China	\$4.08
garl1	garlic granules organic	1	10.25	China	\$10.25
garl5	garlic granules organic	5	44.00	China	\$8.80
garl50	garlic granules organic	50	395.00	China	\$7.90
ging1	ginger ground organic	1	9.25	India	\$9.25
ging5	ginger ground organic	5	42.00	India	\$8.40
ging50	ginger ground organic	50	305.00	India	\$6.10
musp1	mustard powder yellow organic	1	6.50	USA	\$6.50
musp5	mustard powder yellow organic	5	25.50	USA	\$5.10
musp50	mustard powder yellow organic		176.00	USA	
nutm1	nutmeg ground organic	1	22.25	India	\$22.25
nutm5	nutmeg ground organic	5	107.50	India	\$21.50



Item ID	Item Description	weight	Price	Location	Price/lb
nutm50	nutmeg ground organic	50	942.00	India	\$18.84
onion44	onion powder organic	44	198.00	China	\$4.50
onpo1	onion powder organic	1	10.00	China	\$10.00
onpo5	onion powder organic	5	28.00	China	\$5.60
pebg1	pepper medium ground black org	1	12.50	Sri Lanka	\$12.50
pebg45	peppre black ground medium org	45	510.00	India	\$11.33
pebg5	pepper ground black org	1	60.00	Sri Lanka	\$60.00
pebw1	pepper black whole org	1	14.00	Sri Lanka	\$14.00
pebw5	pepper black whole organic	5	62.50	India	\$12.50
pebw50	pepper black whole organic	50	625.00	India	\$12.50
salrm25	salt sea refind med non-org	25	16.00	US	\$0.64
sare10	salt Real unrefined	10	38.25	Utah	\$3.83
sare25	salt Real unrefined	25	70.95	Utah	\$2.84
sare26	salt Real unrefined 26 oz	26 oz	7.95	Utah	
saresh	salt Real shaker	10 oz	4.35	Utah	
sarf25	sea salt refined fine non-org	25	16.00	US	\$0.64
tume1	turmeric ground organic	1	11.00	Indonesia	\$11.00
tume5	turmeric ground organic	5	43.50	Indonesia	\$8.70
tume55	turmeric ground organic	55.1	267.00	Indonesia	\$4.85
<b>SWEETNERS</b>					
agac1	agave syrup light org	7.6	34.20	Mexico	\$4.50
agclrum	agave syrup light org drum	55	1,124.00	Mexico	\$20.44
agdk60	agave syrup light org pail	60	165.60	Mexico	\$2.76
cosu44	coconut sugar organic	44	126.00	Philippines	\$2.86
cosu5	coconut sugar organic	5	19.50	Philippines	\$3.90
hocl196	honey Colo clover gal	12.5	59.95	Colorado	\$4.80
hocl60	honey Colo clover 5 gal	60	246.00	Colorado	\$4.10
hon196	honey Colo wildflower gal	12.25	59.95	Colorado	\$4.89
hon46	honey Colo wildflower quart	2.88	15.00	Colorado	\$5.21
hon60	honey Colo wildflower 5 gal	60	246.00	Colorado	\$4.10
hon96	honey Colo wildflower 6lb	6	29.95	Colorado	\$4.99
mapl1gal	maple syrup organic grade B	1 gal	69.75	Vermont	
mapl5gal	maple syrup organic grade B	5 gal	346.00	Vermont	
panl5	panela raw sugar organic	5	15.00	Costa Rica	\$3.00
panl50	panela raw sugar organic	50	95.00	Costa Rica	\$1.90
poll1	pollen raw Colorado	1	9.95	Colorado	\$9.95
risy55	rice syrup organic pail	55	135.00	California	\$2.45
suga25	sugar raw organic	25	35.00	Mexico	\$1.40
suga5	sugar raw organic	5	7.50	Mexico	\$1.50
suga55	sugar raw organic	55	49.04	Arkansas	\$0.89
sugl55	sugar light raw organic	55	49.04	Arkansas	\$0.89
supo5	sugar powdered organic	5	11.25	US	\$2.25
supo50	sugar powdered organic	33	95.00	US	\$2.88
vanx1	vanilla extract x1 organic	1 gal	465.00	Indonesia	
<b>TRAILMIX</b>					
trcc5	cherry sunshine trail mix org	5	32.00	US	\$6.40
trch5	trailmix chocolat sunshine org	5	52.00	US	\$10.40
trop5	trailmix tropical sunshine org	5	35.00	US	\$7.00
trrw5	trailmix raw intensity organic	5	36.00	US	\$7.20