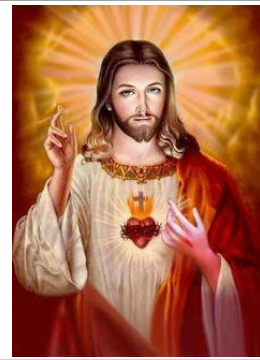




Sacred Heart Parish Preston



322 Bell St, Preston 3072

Phone (03) 9480 3398 or (03) 9484 2124

Email: preston@cam.org.au

Website: www.sacredheartpreston.com.au

Office Hours:

Mon, Thurs & Fri: 10am -3pm

Parish Priest

Fr Aloysius Nato, SVD

Ph: 0428 715 282

Italian Community Chaplain:

Fr Albano Da Costa, SVD

Ph: 0478 963 248

Parish Office: Rachel Costa

School Principal: Mark Tierney

School Phone: 9487 1001

Sacrament Coordinator: TBA

Safeguarding Committee:

Safeguarding Officers:

Robert Dullard: 0433 401 958

Kay Dufty: 0431 376 212

Safeguarding Committee: Members:

Mary Harb: 0422 891 324

Teresa Dang : 0434 583 911

Pauline O'Day: 0497 935 593

Parish Council Members:

Gerard Grant (chairperson), Kay Dufty (secretary), Ophelia Swai, Anisasio (Pauline) Veamatahau, Mark Tierney, Ben Fortuna, Natalie Baran, Judeline Wadhvani and Joanne Verga

Parish Finance Committee:

Peter Constable (Chair)

Ph: 0425 779 831

St. Vincent de Paul Society:

Stephen Costello (President)

Ph: 0432 405 417

Parish Mass Schedule

Weekend Masses:

Saturday: 6:00pm

Sunday: 9:00am (*Italian*), 10:30 am, 6:00 pm

Weekday Masses:

Monday to Friday: 9:10am

Healing Mass: 1st Friday of the month
at 1:30pm

Next Healing Mass:

Friday 5 May

Devotional Practices:

Adoration of the Blessed Sacrament:

Every Thursday at 7:30pm for 1 hour



Holy Rosary: Thursday (English) after the 9:10am Mass

Reconciliation:

30 minutes before Mass or by appointment

Baptisms & Weddings: By appointment only

Bulletin printed 21/4/2023

3rd Sunday of Easter 23 April 2023 (Year A)

They Recognized Him at the Breaking of the Bread

During the weeks of Easter, the liturgies are designed to put us in touch with the first men and women who experienced the risen Jesus in an attempt to deepen our appreciation and understanding of what is the very core of our faith. That the church lives through the power of the resurrection was the central truth preached by the church of the earliest times. Those first men and women who encountered the risen Jesus were a people who had reached the depths of grief and despair and feared for their own lives. Like the two disciples on their way to Emmaus, their last hopes were destroyed. Then comes the amazing transformation of individuals into a community inspired by the spirit of the living Jesus: a community of equals, sharing all things, respecting the gifts of each other, reaching out to the alienated and hurt, protectors of the vulnerable: proclaimers in deed of peace and repentance and strengthened as they recognized the presence of Jesus with them in the breaking of the bread.

Today we pause to hear once again this most beautiful of the post resurrection stories. The Gospel of Luke alone tells us about an encounter of the two disciples on the road to Emmaus. At first he is as a stranger who enters their life's story. In fact the beauty of the Emmaus story is that not only can we recognize the shape of the Mass: In the sharing of Scripture, the breaking of bread and the sending out to be the presence of Jesus in our communities and our world. The Emmaus story engages us in all of our humanity. We are drawn into the despondency and despair of the disciples at the death of their teacher and no doubt at his abandonment by his first and closest disciples at the hour of his death. We feel the rekindling of their hope, we identify with the generous hospitality to the stranger, and we are astonished by what is revealed to them and we are filled with their joy. When have we not had similar feelings and doubts along our journey of Faith?

This story summons us out of darkness into light, out of grief into gladness, and from fear to courage. Whenever we hear the story our eyes are opened to recognize that what happened at Emmaus is what should happen when we meet as one body for the Eucharist. It is the story of you, of me, of our family and our faith community. Filled with conviction of the presence of Jesus with them the two disciples returned to Jerusalem, a place they had fled in fear and despondence. May we who contemplate and share the presence of the risen Jesus in the Eucharist take courage to be persistent ambassadors of healing and renewal in our church and in our world mindful always that we are not alone as suggested by the words of the poet:

*"Who is the third who walks always beside you?
When I count, there are only you and I together.
But when I look ahead up the road,
there is always another one walking beside you –
gliding, wrapped in a dark mantle, hooded
I do not know whether a man or a woman –
but who is that on the other side of you?"*

T.S. Eliot



Sacred Heart Parish Prayer

Loving God, we honour the heart of Jesus, your beloved Son. We remember how he opened his heart in love to all people. Open our own heart to receive the gifts that continue to flow so richly from the heart of Christ, who lives with you in the unity of the Holy Spirit, one God for ever and ever. Amen.

| | Saturday 6:00PM Mass - Readers | Saturday 6:00PM Mass - Ministers of Communion |
|-----------|---------------------------------------|--|
| 15-Apr-23 | Rohan Lemos Terry Murphy | Charlotte Bainy |
| 22-Apr-23 | Marlene Vergou Teresa Dang | Mary Harb |
| 29-Apr-23 | Celia Lemos Mary Harb | Terry Murphy |

| | Sunday 10:30AM Mass - Readers | Sunday 10:30AM Mass Ministers of Communion |
|-----------|--------------------------------------|---|
| 16-Apr-23 | Hannah Lopez Judeline Wadhvani | Giovanna D' Intino |
| 23-Apr-23 | Jessy Thambiraj Ivana Lo Bello | Eileen Stevens |
| 30-Apr-23 | Jessica Suppiah Marilene Fortuna | Tony Eley |

| | Sunday 6:00PM Mass - Readers | Sunday 6:00PM Mass Ministers of Communion |
|-----------|--|--|
| 16-Apr-23 | Carolina Constable Peter Constable | Damian Casamento |
| 23-Apr-23 | Albert D'Souza Tim Rankin | Damian Casamento |
| 30-Apr-23 | Michelle Totawatte Rachel Vorlander | Damian Casamento |

A Heartfelt Thank You
TO ALL OF OUR AMAZING VOLUNTEERS!
We couldn't do it without you!

Volunteers
To all our Volunteers
Thank you for your hard work



WE PRAY FOR:

The elderly and the sick

Sandra Bishop, John Plum, John Storrie
Our parishioners, family members and friends, that they may be blessed with constant care, attention and respect.

Those who have died recently:

Natale D'Aloia (RIP 18/4)
Fr Robert (Bob) Maguire PE AM RFD (RIP 19/4)

We Commemorate:

Peter Tangent (1st Anniv.)
Antonio Totaro (1st Anniv.)

O Lord may perpetual light shine upon them.
May they rest in peace. Amen.



Last Week's Collection: 16/4/23

1st Collection for our Church: \$1,174
2nd Collection for support of clergy: \$773
Thank you for your kind generosity!



ACKNOWLEDGEMENT OF OUR TRADITIONAL CUSTODIANS

Sacred Heart Community Preston acknowledges the Wurundjeri People of the Kulin Nation, the traditional custodians of this Sacred land on which our Church stands.

We acknowledge their unique wisdom and ability to care for Country and their deep spiritual connection to it. We pay our respects to Elders past, present and emerging.



THOUGHTS FROM POPE FRANCIS



Let us #PrayTogether that we may never tire of bearing witness to the Gospel, even in times of tribulation. May all the martyr saints be seeds of peace among peoples for a more humane and fraternal world, as we await the full manifestation of the Kingdom of Heaven.



Baptism Congratulations

The community of Sacred Heart Parish congratulates

Allegra Grace Biviano-Selim,

for her Baptism

on 23 April.



Happy Earth Day 2023!

This year marks the 53rd anniversary of the birth of the modern environmental movement, commemorated annually as **Earth Day**. Since 1970, billions of individuals from more than 190 countries worldwide have come together every April 22nd to take action towards a greener, more equitable future for our planet. It's important to remember regardless of where you are or what you do, you have the power to yield real change and be a champion for Earth.

Visit <https://www.earthday.org/how-to-do-earth-day-2023>

for great tips on how to Earth Day.



STEWARDSHIP REFLECTION

"Did not our hearts burn within us while He talked to us on the road, while He opened to us the scriptures?" LUKE 24:32

How often do you take the time to discern what Jesus is calling you to do with your life? Are your prayers always petitions, asking Jesus to do things for you? If so, that's a one-sided relationship. Living our faith means developing a personal relationship with Jesus. Just like any friendship, there is give and take, each side listening to each other and helping each other out. Take time, in silence, to listen to what Jesus is asking of you today.



Sacrificial giving via QR code

To support our parish, you can make a donation by scanning this QR code which is unique to Sacred Heart Church, Preston. It will give you direct access to the CDF pay webpage by following a few easy steps.

The QR code is also displayed in the Church foyer.

Many thanks for your continued generosity and support to Sacred Heart parish.





"Seek to understand before seeking to be understood." - Stephen Covey

Keeping an open mind in a relationship is essential for its growth and success. It means being willing to consider different perspectives and opinions, even if they are different from your own. By doing this, you can create a safe and trusting environment where all can feel comfortable expressing themselves and exploring new ideas together. An open-minded approach can also help you avoid conflicts and misunderstandings. Instead of dismissing your family's thoughts or feelings, try to listen attentively and empathise with their point of view. This can lead to more productive conversations and deeper emotional connections.

Being willing to listen and consider other people's ideas and suggestions can help you learn and grow as a person. It also allows you to challenge your own beliefs and biases, leading to personal development and self-awareness. This can improve your relationship with your family members, as you learn from each other's experiences and perspectives.

"Dear God,
Grant me the wisdom and understanding to appreciate the experiences and perspectives of those around me, especially my family. Help me to see the good in them, even when we disagree. Give me the patience and grace to listen with empathy and respond with kindness. May our relationship be strengthened by our mutual understanding and appreciation of one another. We ask this through Christ our Lord.
Amen."

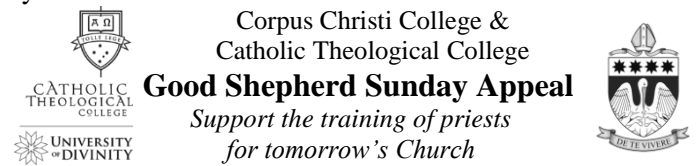
Sourced from www.majellan.media



Good Shepherd Sunday 2023

Next Sunday we celebrate Good Shepherd Sunday – the World Day of Prayer for Vocations. During this coming week, perhaps you may like to make a prayer each day for more vocations to the priesthood and consecrated life. Perhaps there is a young person you may know to pray for by name this week.

Corpus Christi College & Catholic Theological College



Good Shepherd Sunday Appeal
Support the training of priests for tomorrow's Church

Your tax-deductible donation will support the costs of Corpus Christi College seminarians.

<https://ctc.edu.au/community/good-shepherd-sunday-appeal/>



menALIVE Men's Weekend

When was the last time you felt fully alive? Hosted by the Brunswick-Moreland Catholic Community, the menALIVE Men's Weekend is an opportunity for men to explore what makes them feel fully alive. During the weekend, the menALIVE team will share about their lives, the challenges they face and the hope they have discovered in seeking to walk this journey with God. There will be a space for men to reflect on and share about themselves and their faith journeys. Come be inspired and encouraged, and leave with a renewed sense of purpose and mission!

Saturday, April 29, 2023 (all day).

St Fidelis Hall, 49 Clarendon Street, Coburg

Cost: \$70 per person (concessions available). Suitable for all men from 18 years of age.

For all booking enquiries, email Roger O'Halloran at rogeroh@outlook.com or call (0424 890 212).

menALIVE weekend brochure can be found in the Church foyer



Sacred Heart Primary School 2024 Enrolments

Enrolments for the 2024 school year Foundation classes, open on Monday 6th March. For a school tour, please contact the school principal on 9487 1001 or via the school website



<http://www.shpreston.catholic.edu.au>

Our school was ranked in the top 7% of primary schools across Victoria for NAPLAN in 2022.

At Sacred Heart School, our students are at the heart of every decision we make. Every day is Open Day and prospective students and their families are warmly invited to tour our school.



MARRIAGE ENCOUNTER Weekend

"Live Your Best Life in Love"

Every relationship is a journey and the grind of everyday life can cause you to lose touch with your spouse.

This weekend gives married couples the tools to keep passion alive in a gentle, nurturing environment, away from pressures and distractions of daily living.

The weekend is based around Catholic values and couples of all faiths are welcome.

Please check our website for more details.

28 – 30 April 2023 in Melbourne

(Book early to avoid disappointment)

Information/Bookings:

Phone **Mercy & James 0409 183 676** or

Email: vicbookings@wwme.org.au

Website: wwme.org.au



Children's activity pages

Please find in the foyer of the Church activity pages and pencils for young children to use quietly during Mass.



Joke Corner

A couple is on a date at a fancy restaurant. The woman tells the man to say something to her that will get her heart racing. He says, "I forgot my wallet".

What's the difference between love and marriage? Love is blind. Marriage is an eye-opener.

I was in the shop looking for a jacket to buy a present for my girlfriend. I couldn't decide which one to get, so I asked the salesman, "If you were buying a jacket for your girlfriend, which one would you get? He said, "A bulletproof one. I'm married."

I said, "I love you so much. I could never live without you." My wife giggled and asked, "Is that you talking or the beer?" I said, "It's me talking to the beer."

Funny equality law: The time taken by a wife when she says I will be ready in 5 minutes to go outside is exactly equal to the time taken by a husband when he says "I will be home in 5 minutes."

Please take the bulletin home

FIRST READING

Acts 2:14,22-33

On the day of Pentecost Peter stood up with the Eleven and addressed the crowd in a loud voice: 'Men of Israel, listen to what I am going to say: Jesus the Nazarene was a man commended to you by God by the miracles and portents and signs that God worked through him when he was among you, as you all know. This man, who was put into your power by the deliberate intention and foreknowledge of God, you took and had crucified by men outside the Law. You killed him, but God raised him to life, freeing him from the pangs of Hades; for it was impossible for him to be held in its power since, as David says of him: I saw the Lord before me always, for with him at my right hand nothing can shake me.

So my heart was glad

and my tongue cried out with joy;

my body, too, will rest in the hope that you will not abandon my soul to Hades

nor allow your holy one to experience corruption.

You have made known the way of life to me, you will fill me with gladness through your presence.

'Brothers, no one can deny that the patriarch David himself is dead and buried: his tomb is still with us. But since he was a prophet, and knew that God had sworn him an oath to make one of his descendants succeed him on the throne, what he foresaw and spoke about was the resurrection of the Christ: he is the one who was not abandoned to Hades, and whose body did not experience corruption. God raised this man Jesus to life, and all of us are witnesses to that. Now raised to the heights by God's right hand, he has received from the Father the Holy Spirit, who was promised, and what you see and hear is the outpouring of that Spirit.'

The Word of the Lord

All: Thanks be to God.

RESPONSORIAL PSALM

Psalm 15(16):1-2,5,7-11

The Response Is:

Lord, you will show us the path of life.

Preserve me, God, I take refuge in you.

I say to the Lord: 'You are my God.

O Lord, it is you who are my portion and cup; it is you yourself who are my prize.'

Lord, you will show us the path of life.

I will bless the Lord who gives me counsel, who even at night directs my heart.

I keep the Lord ever in my sight: since he is at my right hand, I shall stand firm.

Lord, you will show us the path of life.

And so my heart rejoices, my soul is glad; even my body shall rest in safety.

For you will not leave my soul among the dead, nor let your beloved know decay.

Lord, you will show us the path of life.

You will show me the path of life,

the fullness of joy in your presence,

at your right hand happiness for ever.

Lord, you will show us the path of life.

SECOND READING

1 Peter 1:17-21

If you are acknowledging as your Father one who has no favourites and judges everyone according to what he has done, you must be scrupulously careful as long as you are living away from your home. Remember, the ransom that was paid to free you from the useless way of life your ancestors handed down was not paid in anything corruptible, neither in silver nor gold, but in the precious blood of a lamb without spot or stain, namely Christ; who, though known since before the world was made, has been revealed only in our time, the end of the ages, for your sake. Through him you now have faith in God, who raised him from the dead and gave him glory for that very reason – so that you would have faith and hope in God.

The Word of the Lord

All: Thanks be to God.

Please stand for the Gospel Acclamation.

GOSPEL ACCLAMATION

Alleluia, alleluia!

Lord Jesus, make your word plain to us:

make our hearts burn with love when you speak.

Alleluia!

GOSPEL

JOHN 20:19-31

Luke 24:13-35

Two of the disciples of Jesus were on their way to a village called Emmaus, seven miles from Jerusalem, and they were talking together about all that had happened. Now as they talked this over, Jesus himself came up and walked by their side; but something prevented them from recognising him. He said to them, 'What matters are you discussing as you walk along?' They stopped short, their faces downcast.

Then one of them, called Cleopas, answered him, 'You must be the only person staying in Jerusalem who does not know the things that have been happening there these last few days.' 'What things?' he asked. 'All about Jesus of Nazareth' they answered 'who proved he was a great prophet by the things he said and did in the sight of God and of the whole people; and how our chief priests and our leaders handed him over to be sentenced to death, and had him crucified. Our own hope had been that he would be the one to set Israel free. And this is not all: two whole days have gone by since it all happened; and some women from our group have astounded us: they went to the tomb in the early morning, and when they did not find the body, they came back to tell us they had seen a vision of angels who declared he was alive. Some of our friends went to the tomb and found everything exactly as the women had reported, but of him they saw nothing.' Then he said to them, 'You foolish men! So slow to believe the full message of the prophets! Was it not ordained that the Christ should suffer and so enter into his glory?' Then, starting with Moses and

going through all the prophets, he explained to them the passages throughout the scriptures that were about himself.

When they drew near to the village to which they were going, he made as if to go on; but they pressed him to stay with them. 'It is nearly evening' they said 'and the day is almost over.' So he went in to stay with them. Now while he was with them at table, he took the bread and said the blessing; then he broke it and handed it to them. And their eyes were opened and they recognised him; but he had vanished from their sight. Then they said to each other, 'Did not our hearts burn within us as he talked to us on the road and explained the scriptures to us?'

They set out that instant and returned to Jerusalem. There they found the Eleven assembled together with their companions, who said to them, 'Yes, it is true. The Lord has risen and has appeared to Simon.' Then they told their story of what had happened on the road and how they had recognised him at the breaking of bread.

The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

THE NICENE CREED.

I believe in one God, the Father almighty, maker of heaven and earth,

of all things visible and invisible.

I believe in one Lord Jesus Christ,

the Only Begotten Son of God,

born of the Father before all ages.

God from God, Light from Light,

true God from true God, begotten, not

made, consubstantial with the Father;

through him all things were made.

For us men and for our salvation he came down from heaven,

(At the words that follow, up to and including 'and became man', all bow.)

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

COMMUNION ANTIPHON

The disciples recognized the Lord Jesus in the breaking of the bread, alleluia.